

# Dementia Family Caregiving: Recommendations from a Conference to Advance Interventions in Diverse Populations

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#DementiaCareSummit

## Alzheimer's Disease Diversity and disparities in family caregiving: Progress and future directions



### Conference attendees will learn:

- The current caregiving climate for Alzheimer's Disease caregivers and how to foster resilience
- Cutting-edge research, evidence-based interventions and novel cultural adaptations for diverse caregivers and their families
- Future directions in the field of disparities and caregiving

### Additional conference highlights include:

- Scientific presentations by leading experts
- Networking opportunities for scholars, funding agencies, and associations
- A poster session featuring work on theory, research, practice, and training/education issues in Alzheimer's Disease caregiving, particularly as it relates to diversity and disparities (Contact Dr. Oanh Meyer (oimeyer@ucdavis.edu) with poster questions)
- The participation of multiple NIA Resource Centers for Minority Aging Research (RCMARs) and Alzheimer's Disease Centers (ADCs)

Note: The conference has been designated as a Pre-Summit activity to inform the National Summit on Alzheimer's Research, Care, and Services to be held in Washington, DC in October 2017.

WEDNESDAY  
May 3, 2017

8:30 a.m. – 5 p.m.  
UC Davis Conference Center  
550 Alumni Lane  
Davis, CA 95616

**Register today!**  
Registration is FREE and includes continental breakfast and lunch.

Registration:  
<http://bit.ly/2jWvqij>  
Poster submission:  
<http://bit.ly/2ktuLe>

Registration will remain open until Saturday, April 15th, or until the event capacity has been reached.

Contact Dr. Lauren Berger (lberger@ucdavis.edu) with registration questions.

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UC Davis Latino Aging Research Resource Center  
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UC Davis Alzheimer's Disease Center, The Betty Irene Moore School of Nursing at UC Davis and NIA Office of Special Populations



## Conference Speakers

Maria Carrillo, PhD  
Hongtu Chen, PhD  
**Fawn Cothran, PhD, RN, GCNS-BC**  
**Sara J. Czaja, PhD**  
Charles S. DeCarli, MD, FAAN  
**Peggye Dilworth-Anderson, PhD**  
**Dolores Gallagher-Thompson, PhD**  
Carl Hill, PhD, MPH  
**Ladson Hinton, MD**  
Meghan Jernigan, MPH  
**Jennifer Merrilees, RN, PhD**  
**Oanh Meyer, PhD, MAS**  
**Anna Maria Napoles, PhD, MPH**  
Jessica M. Nunez de Ybarra, MD, MPH  
Liz Schwarte, MPH  
**Anita L. Stewart, PhD**  
**William A. Vega, PhD**  
**Heather M. Young, PhD, RN, FAAN**  
**Julie M. Zissimopoulos, PhD**

**Bolded names contributed directly to the writing of the recommendations.**

## Main Themes/Domains

1. Beginning an Intervention
2. The People Involved – Participants and Researchers
3. Conceptualizing the Problem/Theorizing
4. Intervention Development, Measures, and Adaptation
5. Analytical Models and Evaluation
6. Use of Technology
7. Sustainability

## Recommendations

- The People Involved
  - Diverse and underrepresented populations
  - Recruit and train diverse investigators
- Conceptualizing the Problem/Theorizing
  - New conceptual models that incorporate social determinants of health
- Intervention Development, Measures, and Adaptation
  - Equivalence of measures; Alternatives to the RCT

## Recommendations

- Analytical Models and Evaluation
  - Advanced analytical models – multiple caregivers, family-centered approach
- Use of Technology
  - Opportunities for reaching underserved populations
- Sustainability
  - Embed the intervention into existing systems of care

## Acknowledgements

- Full set of recommendations can be found at [<https://aspe.hhs.gov/national-research-summit-care-services-and-supports-persons-dementia-and-their-caregivers>]
- Sponsors
  - UC Davis Latino Aging Research Resource Center
  - UC Davis Alzheimer's Disease Center
  - UC Davis School of Nursing
  - National Institute on Aging
- Caregivers and their families