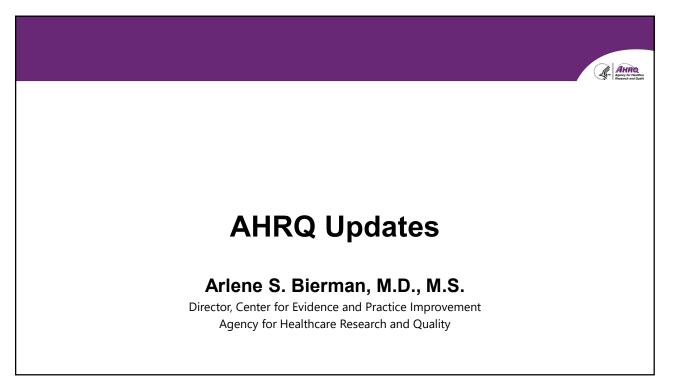
# Advisory Council on Alzheimer's Research, Care, and Services

Fall 2024 Meeting

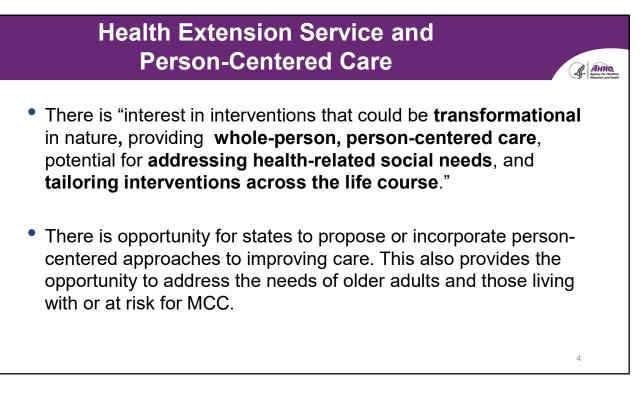
October 21, 2024 U.S. Department of Health and Human Services Materials available at: http://tinyurl.com/NAPAmeetings

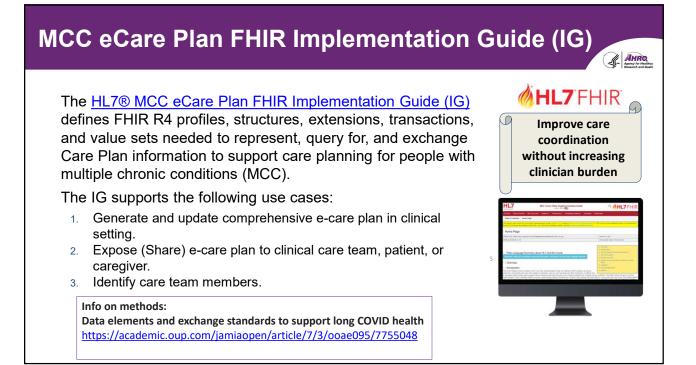


OFFICE OF BEHAVIORAL HEALTH, DISABILITY, AND AGING POLICY



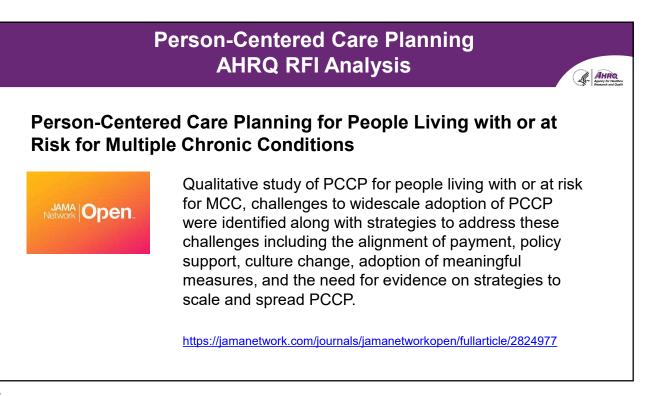


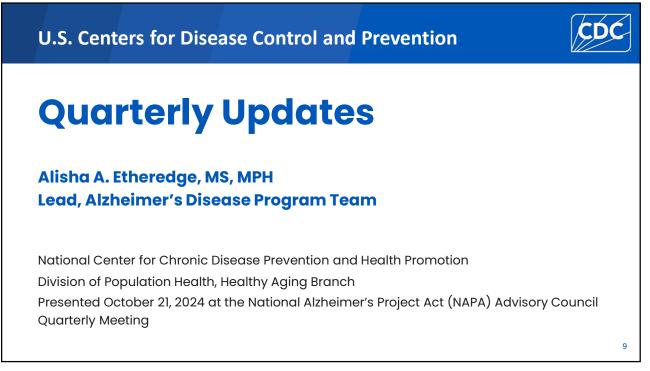




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- 18 years in CDC's Division of Cancer Prevention and Control as Senior Epidemiologist, Lead of Epidemiology Team, and Acting Branch Chief in Epidemiology and Applied Research Branch
- BS from University of Central Florida
- MPH in Epidemiology from University of Florida
- MS in Research Methods and Statistics from Georgia State University
- PhD in Behavioral, Social, and Health Education Sciences from Emory University

# **CDC Caregiver Publication**

Changes in Health Indicators Among Caregivers — United States, 2015–2016 to 2021–2022



Morbidity and Mortality Weekly Report

Changes in Health Indicators Among Caregivers — United States, 2015–2016 to 2021–2022

Greta Kilmer, MS<sup>1</sup>; John D. Omura, MD<sup>1</sup>; Erin D. Bouldin, PhD<sup>1,2</sup>; Jenny Walker, MS<sup>1,3</sup>; Katie Spears, MPH<sup>1,3</sup>; Janelle Gore, MPH<sup>4</sup>; Akilah R. Ali, MPH<sup>1</sup>; Lisa C. McGuire, PhD<sup>1</sup>

#### Abstract

Caregivers provide support to persons who might otherwise require placement in long-term care facilities. Approximately one in five U.S. adults provides care to family members or friends who have a chronic health condition or disability. Promoting the well-being of this large segment of the population is a public health priority as recognized by the 2022 National Strategy to Support Family Caregivers. Although negative associations between caregiving and caregiver health are known, changes in the health status of caregivers over time are not. Data from the 2015–2016 and 2021–2022 Behavioral Risk Factor Surveillance of 19 health indicators among cross-sectional samples of caregivers and noncaregivers at different time points. Caregivers apprecise, although supported. Some health indicators, such as cigarette smoking, improved for both caregivers and noncaregivers, although smoking prevalence remained higher for caregivers, (16.6%) caregivers (2). During 2015–2017, caregivers in the generation born during 1946–1964 had more chronic health conditions and more frequent mental distress than noncaregivers of the same age (3). Although studies have described differences in health indicators between caregivers and noncaregivers (4,5), this report compares changes in the prevalence of 19 health indicators among caregivers and noncaregivers from 2015–2016 to 2021–2022.

#### Methods

Data Source The Behavioral Rick Factor Surveillance System (BRESS) is an annual, state-based, random-digit-dialed telephone survey of the noninstitutionalized U.S. adult population aged 218 years in all 50 states, the District of Columbia, and U.S. territories," In addition to core questions administered to all participants, states can include optional modules. Data from the core BRESS questionnaire and the optional caregiver module during 2015-2016 and 2021-2022 were assessed

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Public Health Strategies to Address Alzheimer's Disease and Related Dementias: The National Healthy Brain Initiative, BOLD Public Health Centers of Excellence, and Public Health Adoption Accelerator

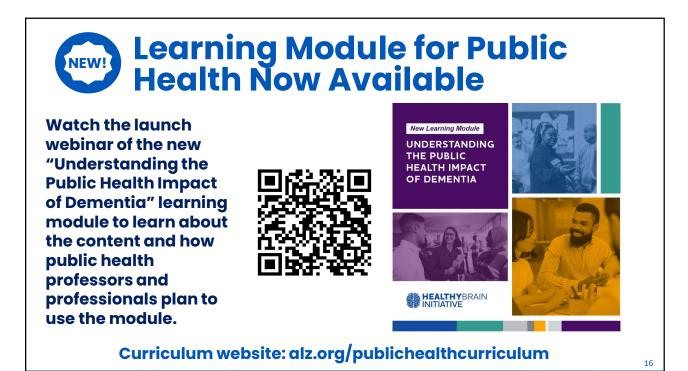












# HBI Road Map for American Indian and Alaska Native Peoples

- Development of the next edition of the Road Map for Indian Country - renamed the Healthy Brain Initiative: Road Map for **American Indian and Alaska Native Peoples** is complete.
- New Road Map is under review in CDC clearance and will be released in November 2024
- Progress Update available on the Alzheimer's Association website

#### HBI Road Map for Indian Countr **Progress Update**

USAGAINSTALZHEIMER'S CENTER for **BRAIN HEALTH EQUITY** 

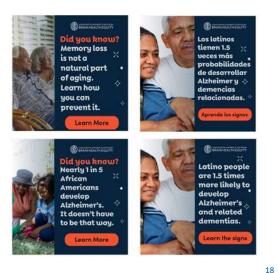
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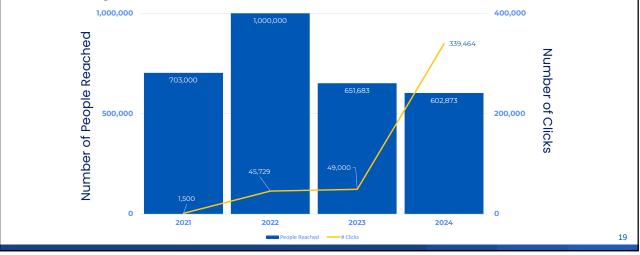
## **Community Education: Digital Media Campaign** Serving Black and Latino Communities

- UsAgainstAlzheimer's used NADEX<sup>1</sup> and PLACES<sup>2</sup> to identify 6 cities/metropolitan areas as focus areas for disseminating ADRD prevention messaging
- Disseminated 2 culturally tailored messages per priority population
- Ads lead to custom-created landing page on BrainGuide site with culturally tailored information

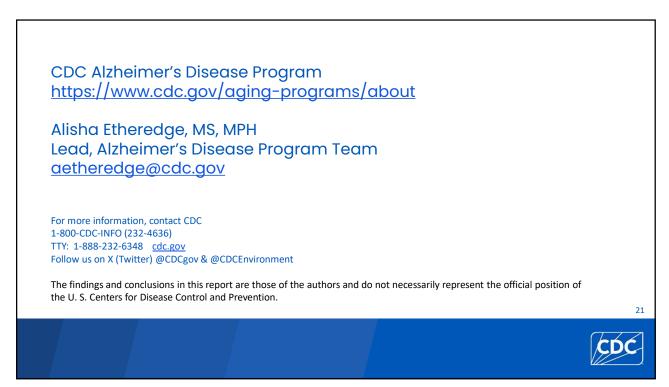
<sup>1</sup> National Alzheimer's Disease Index (NADEX) <sup>2</sup> Population Level Analysis and Community Estimates (PLACES)

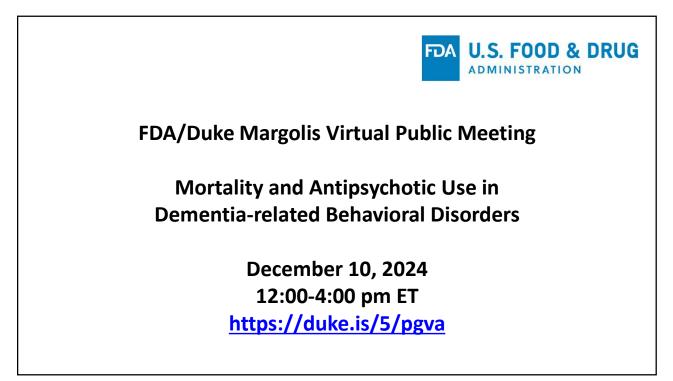


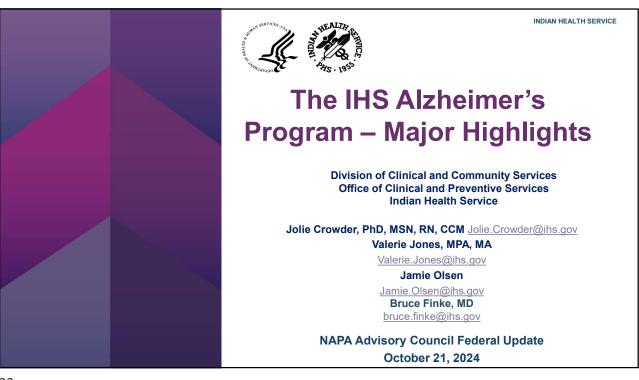
Despite a decrease in the number of people reached in 2023 and 2024 compared to 2022, the 2024 campaign saw a significant increase in engagement, with over 339,000 clicks — a dramatic rise from previous years, indicating improved effectiveness in capturing audience interest and driving action.

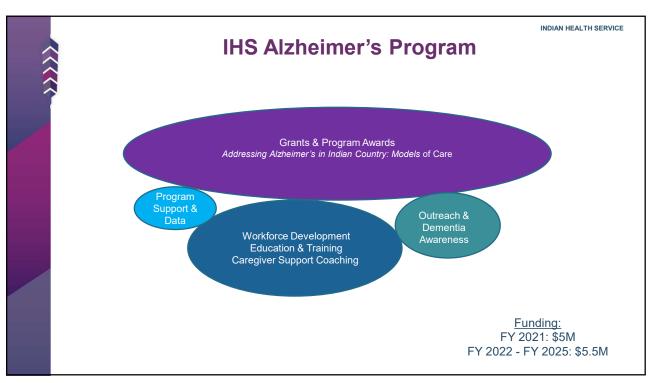


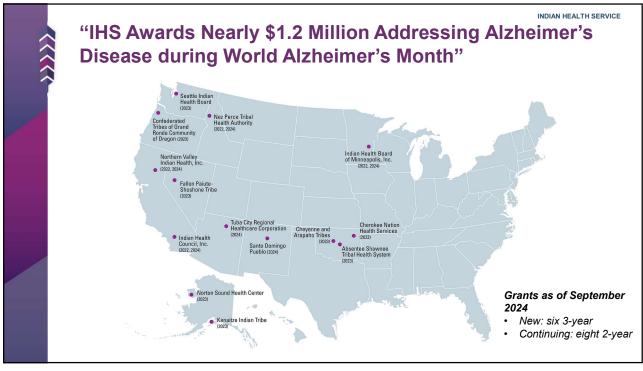












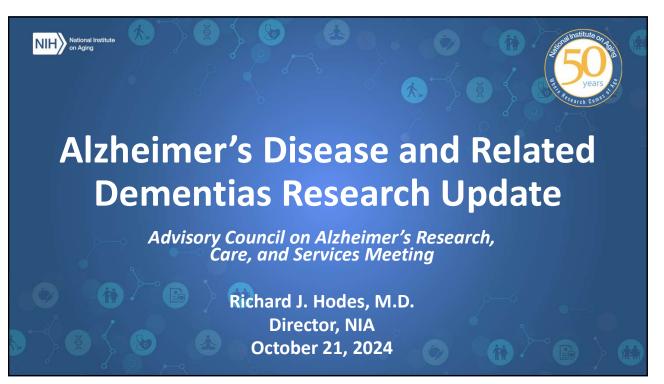






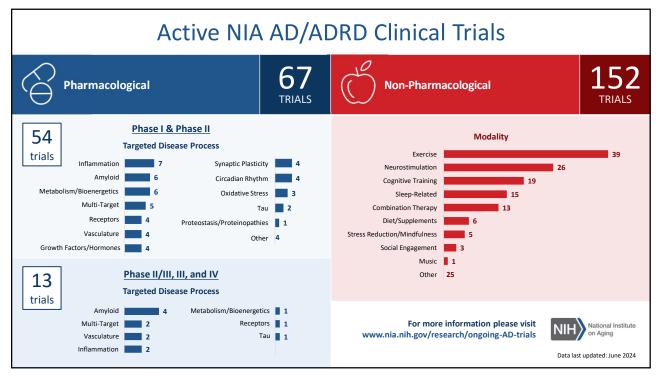


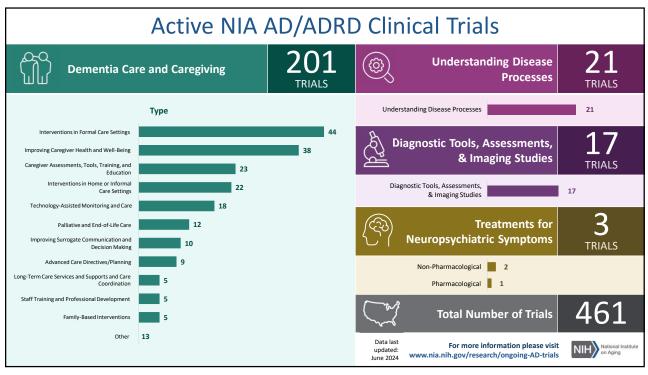


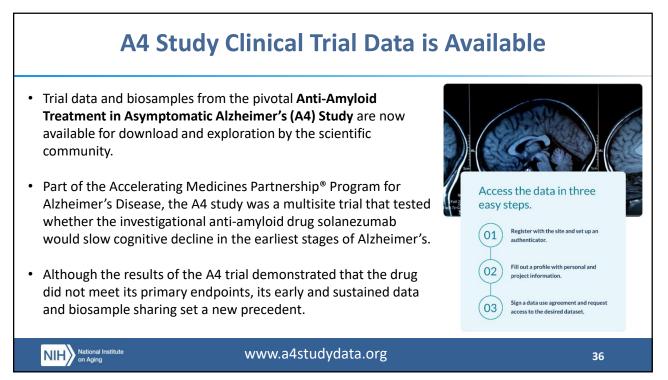




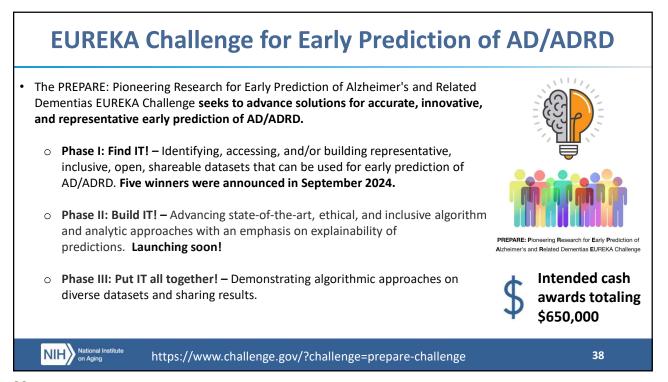




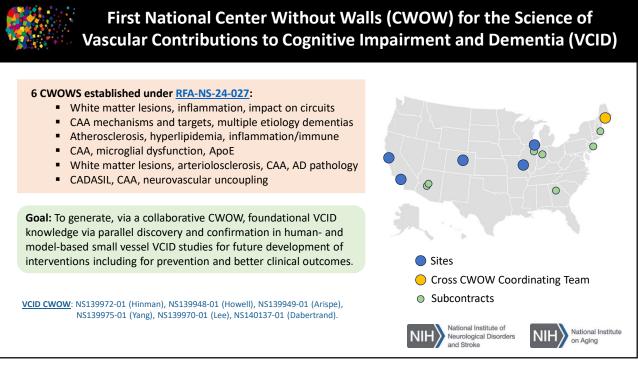




### **Recent AD/ADRD Cleared Concepts From NACA Meetings** Approved concepts indicate areas of special interest for NIA and often evolve into funding opportunity announcements to spur activity in given areas of research. Select Concepts: Digital Technologies as Tools to Screen and Monitor AD/ADRD Data Coordinating Center for the Aging and Alzheimer's Disease Mouse Brain Atlas (AD-MBA) • Dementia Care and Caregiver Support Intervention Research — Stage I Only Dementia Care and Caregiver Support Intervention Research — Stages II through V Interdisciplinary Research to Understand the Complex Biology of Resilience to AD/ADRD Disease Risk Institutional Research Training Award for AD/ADRD And Aging Research in Low- and Middle-Income Countries (LMICs) National Alzheimer's Coordinating Center (NACC) National Centralized Repository for Alzheimer's Disease and Related Dementias (NCRAD) Translational Center for Accelerating the Use of Digital Technologies in AD/ADRD Research NIH) For the full list of cleared concepts: https://www.nia.nih.gov/approved-concepts 37







## **Alzheimer's Disease-Related Dementias Summit 2025**

Scientific Chair: Dr. Katherine Possin, UCSF



The purpose of the Alzheimer's Disease-Related Dementias (ADRD) Summit is to set consensus national research recommendations that reflect critical scientific priorities for ADRD research.

## Save the Date: March 25th-26th, 2025

NIH Lead: Dr. Amber McCartney (amber.mccartney@nih.gov) Summit website: https://www.ninds.nih.gov/news-events/events/adrd-summit-2025



National Institute of Neurological Disorders and Stroke

NINDS ADRD funding opportunities: https://www.ninds.nih.gov/current-research/focusdisorders/focus-alzheimers-disease-and-related-dementias



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