



Washington University in St. Louis  
SCHOOL OF MEDICINE



# Alzheimer's Disease and Related Dementias: Late-Breaking Research Findings.

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## Disclosure



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Editorial Board: The Journal of Prevention of Alzheimer's Disease, Journal of applied cognitive neuroscience, Journal of Alzheimer Disease.

-I own no stocks or equity in any pharmaceutical company  
-All financial relationships have been mitigated

*The content of this presentation is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health or other funding agencies.*

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## Agenda:

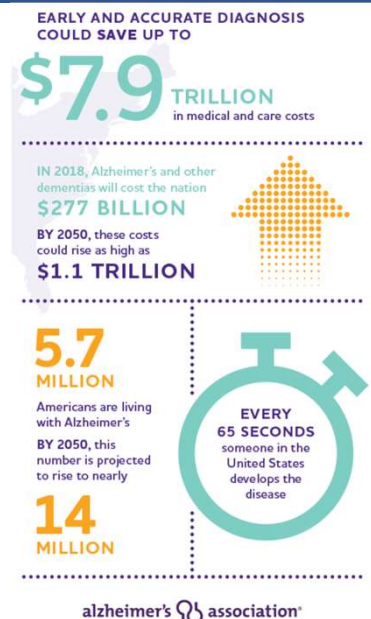
### Recent Developments in Alzheimer's Research (Late-breaking findings from AAIC 2024.)

- **Addressing Risk Factors and dementia trends**
- **Genetic Insights in Alzheimer's Disease**
  - Key results from the Alzheimer's Disease Sequencing Project (ADSP).
  - The critical role of genetic diversity in research.
- **Emerging Biomarkers for Alzheimer's**
  - Innovations in blood-based biomarkers for diagnosis.
  - Utilization of biomarkers in clinical settings and trials.
- **Prevention and Treatment Advances**
  - Overview of current strategies for prevention.
  - Preventive strategies to mitigate risk.
  - Recent advancements in therapeutic developments and clinical trials.

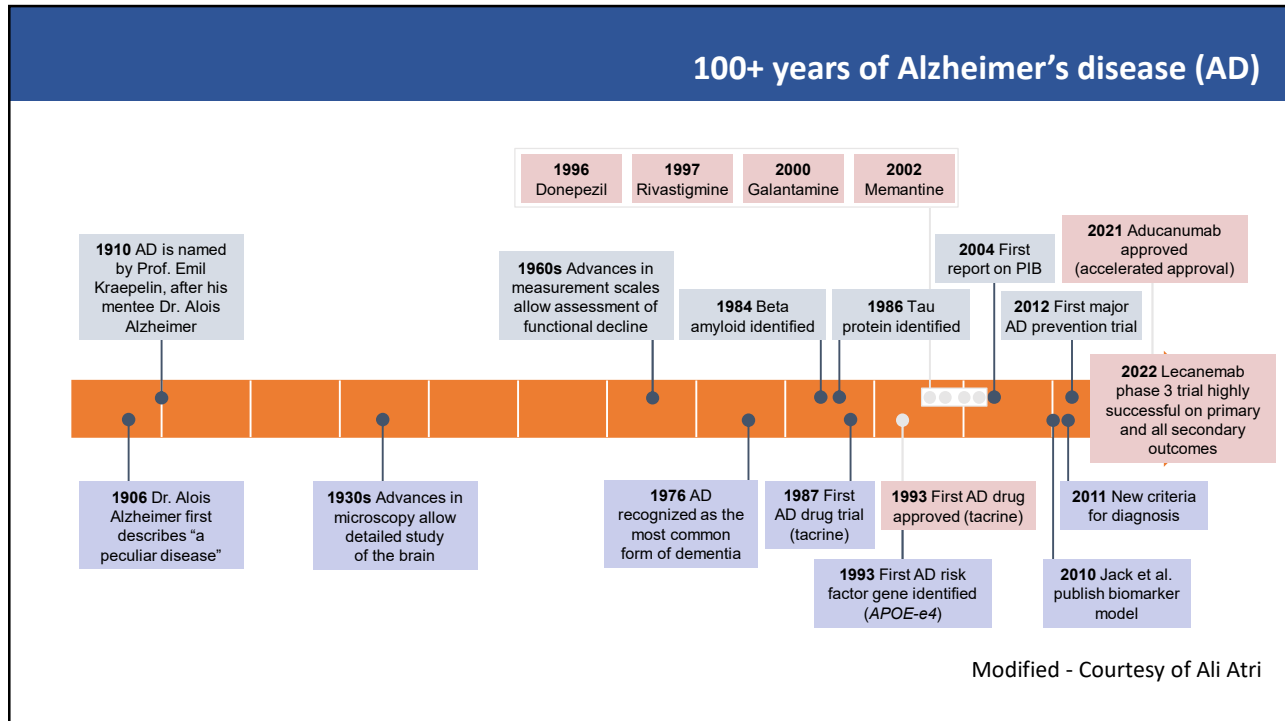
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## Alzheimer's disease – the challenge

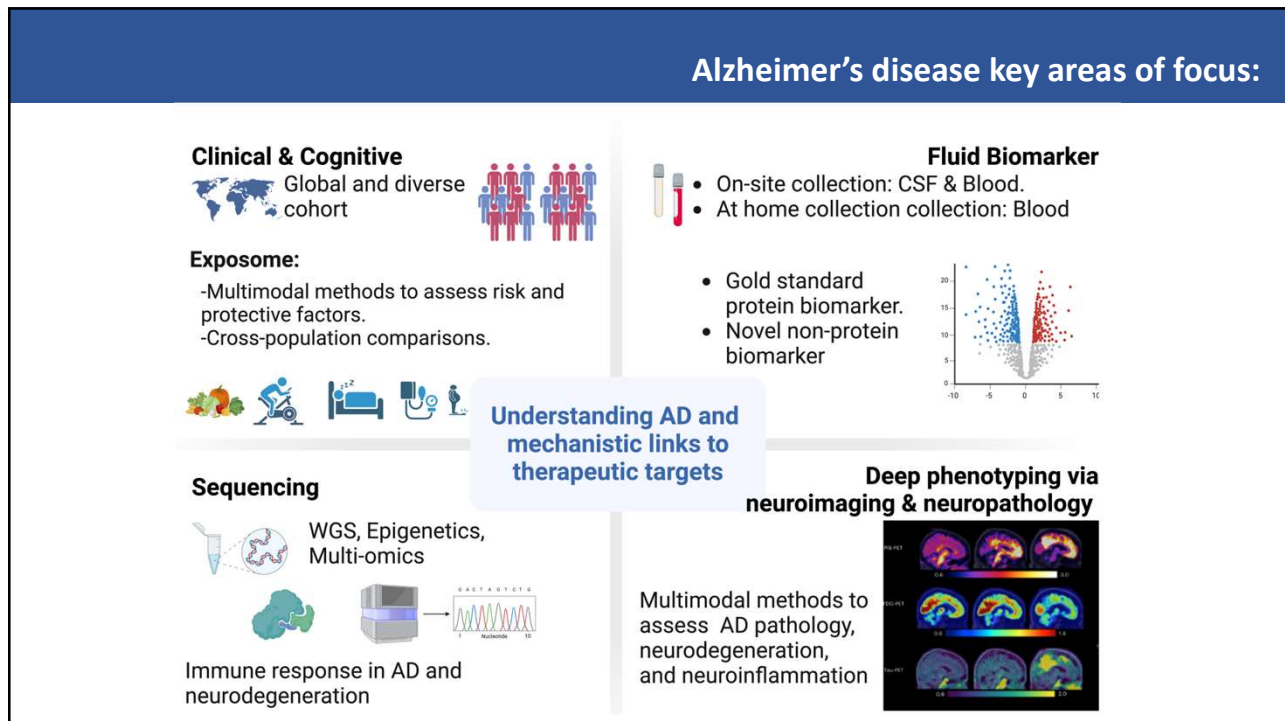
- The most common form of dementia
- No cure (**but now disease-modifying treatments!**) currently for Alzheimer's (universally fatal)
- Personal and societal impact
  - **>30 million patients** suffering from Alzheimer's worldwide.
  - **6<sup>th</sup> leading cause of death** and the only increasing major cause of death
  - **>\$200 billion** annual cost in US



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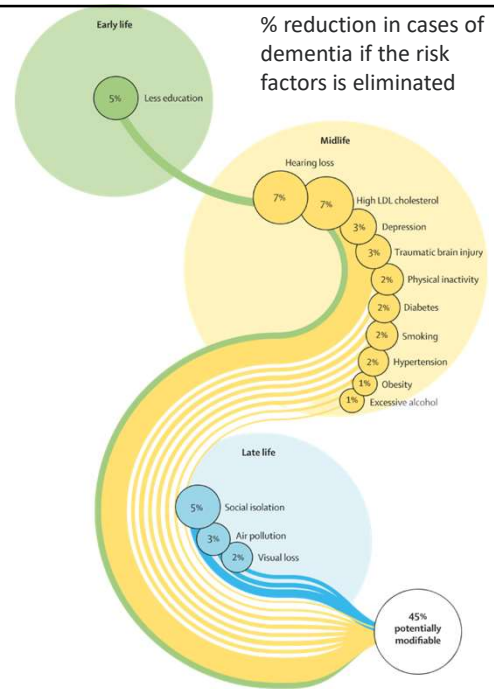
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## Risk factors for dementia — 2024 update

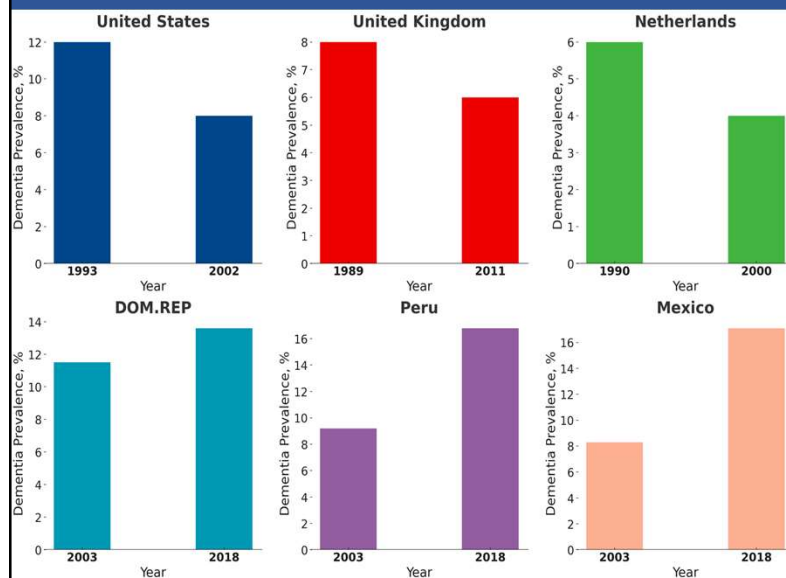
- Evidence is increasing and is now stronger than before that tackling the many risk factors for dementia reduces the risk of developing dementia.
- 45% of cases of dementia could potentially be delayed or reduced.



Livingston G et al. *Lancet*. 2024; 390: 2673-2734

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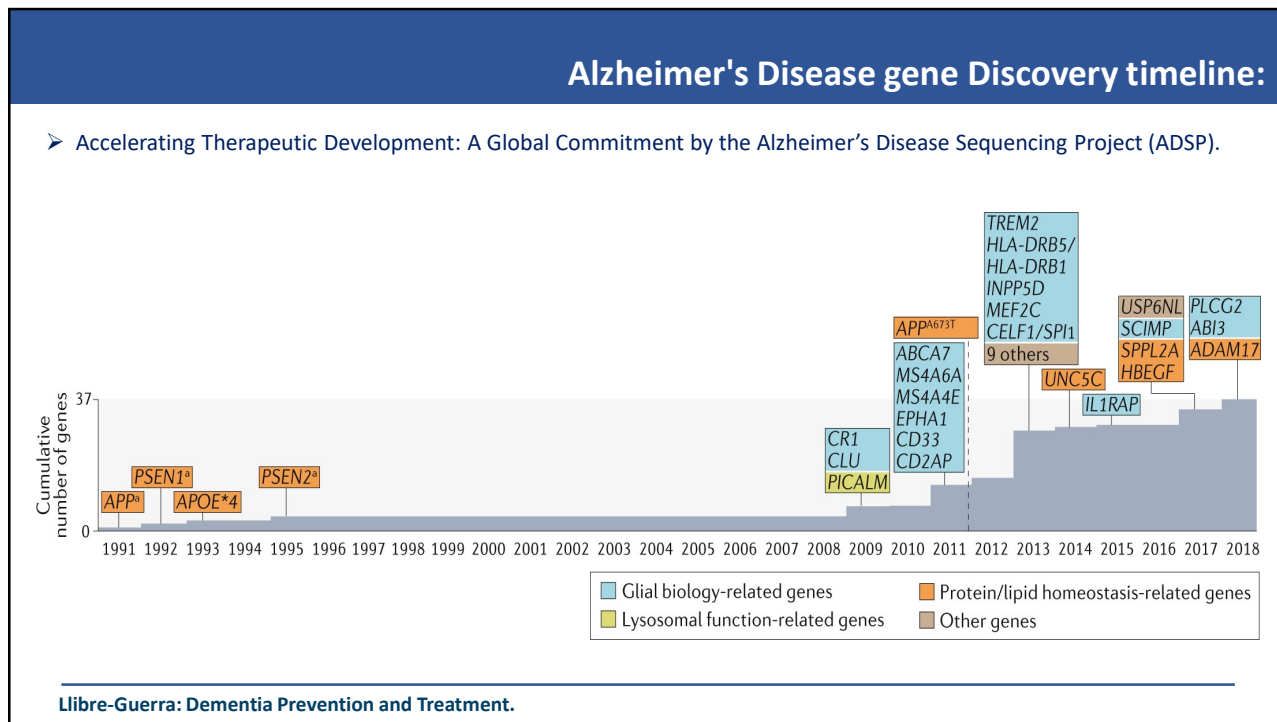
## Recent Trends in Dementia:



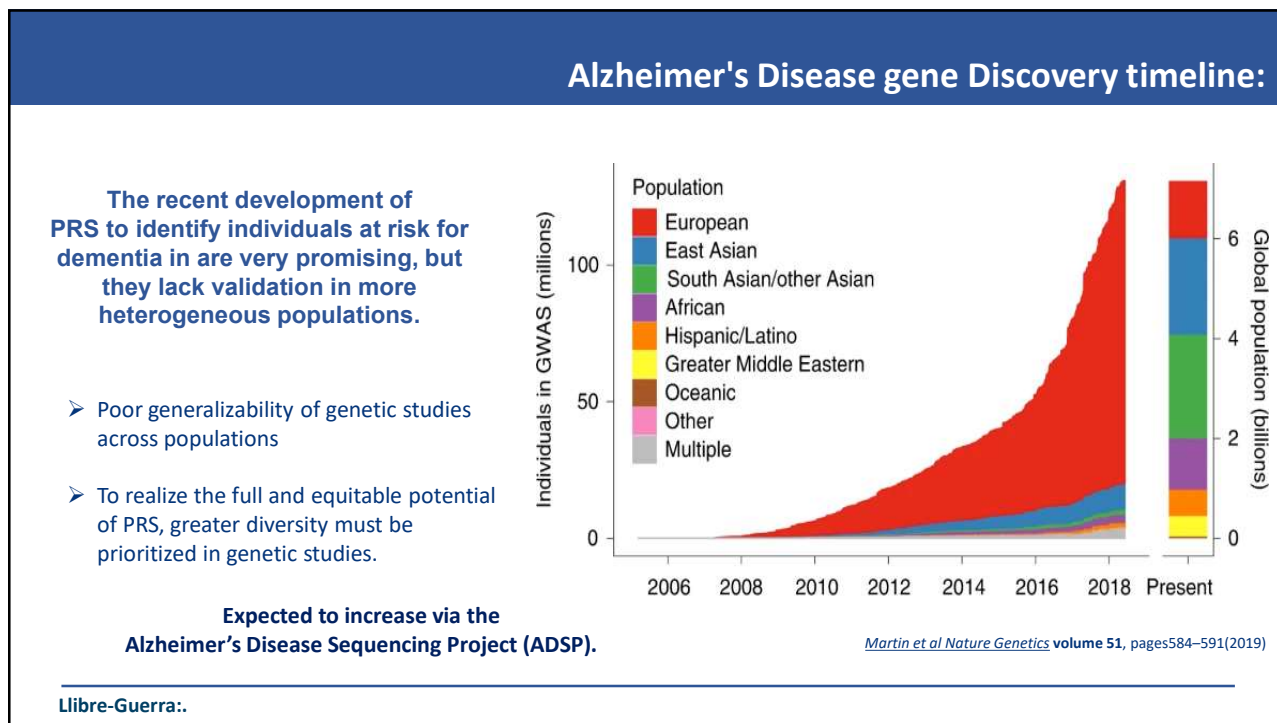
Langa et al, *Alzheimer's & Dementia*, 2008; Shrijvers et al, *Neurology*, 2012; Qiu et al, *Neurology*, 2013; Matthews et al, *The Lancet*, 2013; Llibre et al, *The Lancet*, 2024 (under review)

Lower or stable incidence of cognitive impairment or dementia in several countries but not across all populations or ethnic groups.

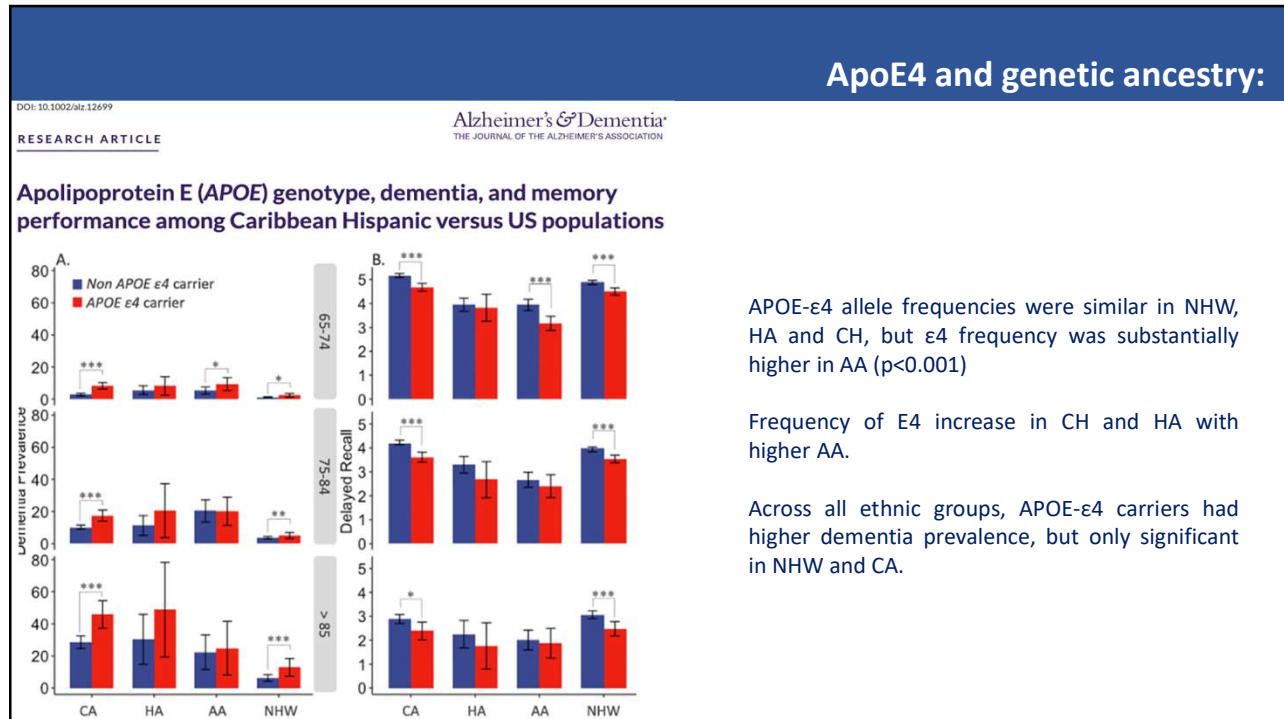
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## ApoE4 and genetic ancestry:

	1 e4 allele	2 e4 alleles
Peruvian <sup>1</sup>	--	5.0 (2.3-12.5)
Ecuadorian <sup>2</sup>		7.286 (2.824-18.799)
Cuba, Dominican Republic and Puerto Rico <sup>3</sup>	1.64 (1.30-2.67)	2.84 (1.51-5.35)
Yoruba <sup>4</sup>	1.21 (0.88-1.67)	2.95(1.67-5.19)
Caucasian <sup>5</sup>	2.7 (2.2-3.2)	12.5 (8.8-17.7)

<sup>1</sup>Cornejo-Olivas et al. BioRxiv 2020  
<sup>2</sup>Montufar S et al. Int J of Alz Disease 2017  
<sup>3</sup>Libre et al. Dementia & Neurop  
<sup>4</sup>Hendrie HC et al. Int Psychogeriatr. 2014  
<sup>5</sup>Farrer et al. Meta-analysis. JAMA. 1997

**Blacks Caribbean Hispanics are about 1.4 times more likely than whites to carry APOEε4 gene variant. However, the association between APOE genotype and dementia is weaker in those self-identify as blacks.**

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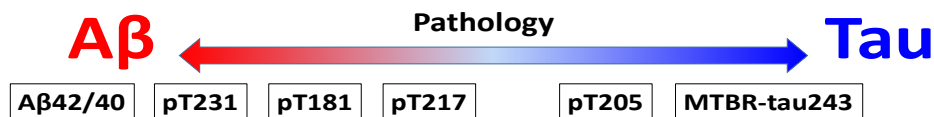
## A blood test for AD brain pathology:

### • Scientific advantages of a blood test

- Multiple proteins can be measured with a single blood sample.
- Results are a number, rather than a more subjective “read,” facilitating interpretation.

### • Potential impact of a blood test on clinical trials and clinical practice

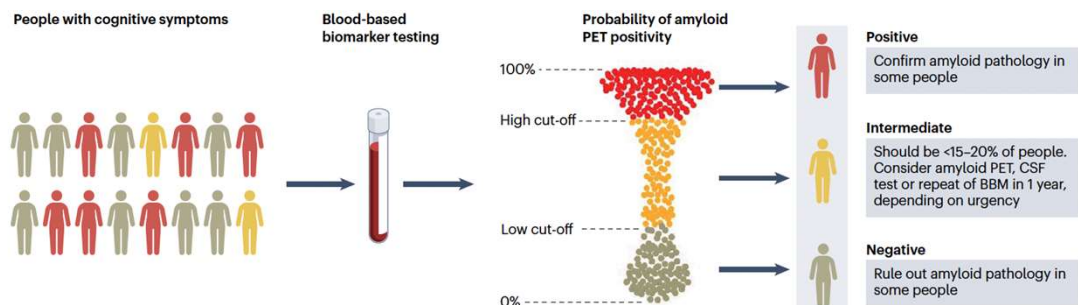
- Participants in clinical trials could be screened/recruited more rapidly and cost-effectively
- A blood test is likely to be more widely used in the clinic compared to amyloid PET or CSF biomarkers.
- Anti-amyloid treatments for early symptomatic Alzheimer disease have recently become clinically available in some countries, which has greatly increased the need for biomarker confirmation of amyloid pathology.



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## Blood Biomarkers from Research Use to Clinical Practice:

- Timely detection of cognitive impairment, and accurate etiologic diagnosis are notoriously poor in primary care clinics.
- In many areas, most AD care is still provided by non-memory specialists, even more so in regions with low access to specialty care.
- As more AD-specific treatments (e.g., anti-amyloid) are approved and become widely accessible, the need for detection and accurate diagnosis will be amplified.



Schindler S et al, Nature Reviews Neurology | Volume 20 | July 2024 | 426–439

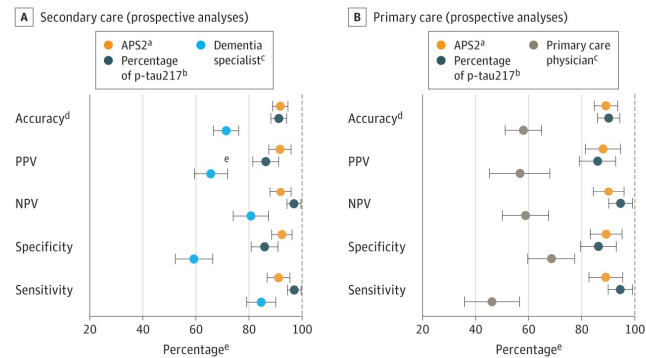
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## Blood Biomarkers from Research Use to Clinical Practice:

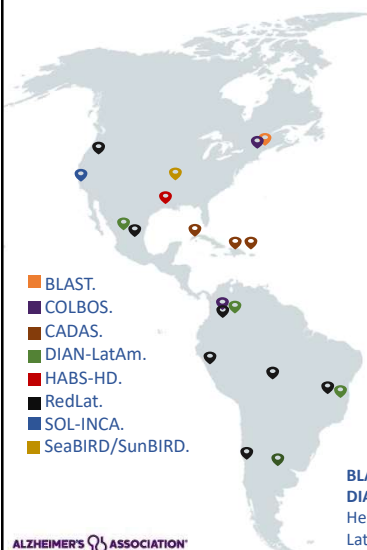
- A blood test was around 90% accurate in identifying Alzheimer's disease in patients with cognitive symptoms seen in primary care and at specialized memory care clinics.
  - In the research study, primary care physicians were 63% accurate and specialists were 73% accurate when not using the blood test.

Once confirmed, blood tests could enhance recruitment for Alzheimer's clinical trials and clinical practice.



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## AD biomarkers in diverse populations (Ongoing efforts):



A simple, inexpensive, non-invasive test for AD can accelerate observational epidemiological, genetic, and clinical trial research in diverse populations.

Factors governing the clinical robustness of a biomarker:

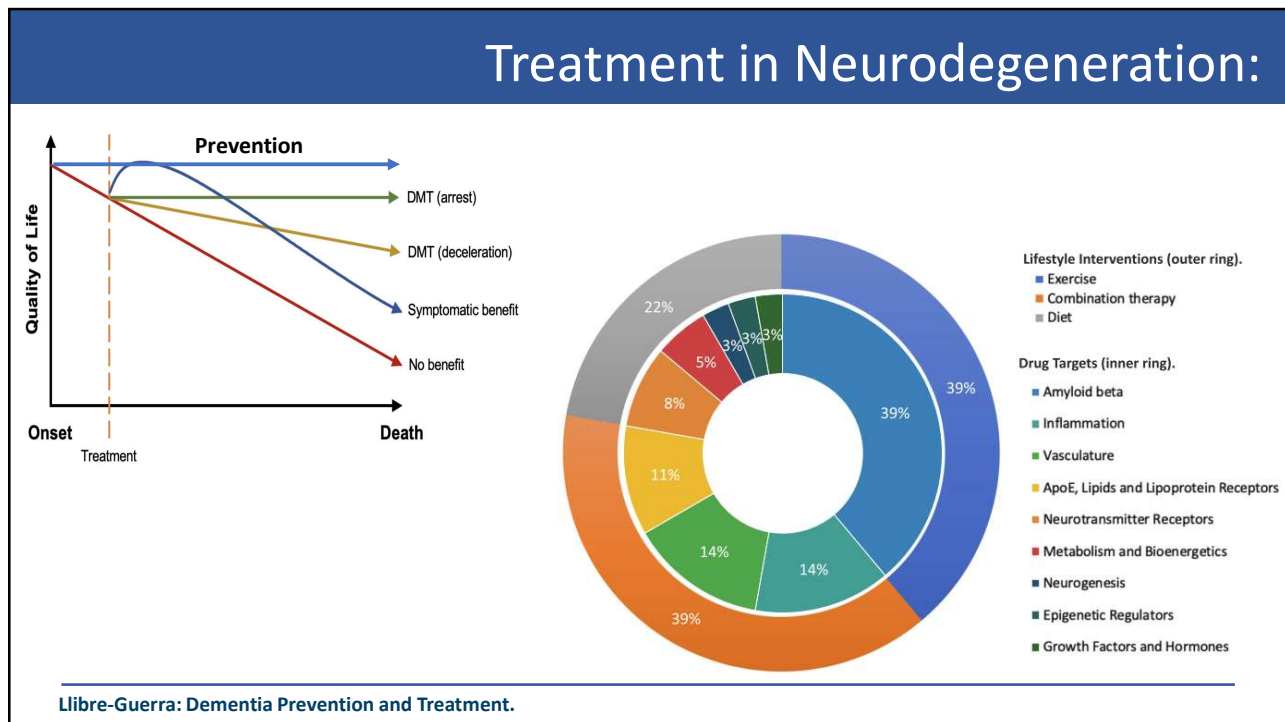
- Age
- Sex
- Ethnicity and ancestry
- Genetics (e.g., *APOE* genotype)
- Obesity
- Comorbidities (e.g., kidney dysfunction)
- Cardiovascular Risk factors

**BLAST.** Boston Latino Aging Study, **COLBOS.** Colombia-Boston biomarker study, **CADAS.** Caribbean Aging and Dementia Study, **DIAN-LatAm.** Dominantly Inherited Alzheimer Network Latin America Initiative, **HABS-HD.** The Health & Aging Brain Study - Health Disparities **RedLat.** Multi-Partner Consortium to Expand Dementia Research in Latin America, **SOL-INCA.** Study of Latinos-investigation of Neurocognitive aging. **SeaBIRD/SunBIRD.** Study to Evaluate Amyloid in Blood and Imaging Related to Dementia.

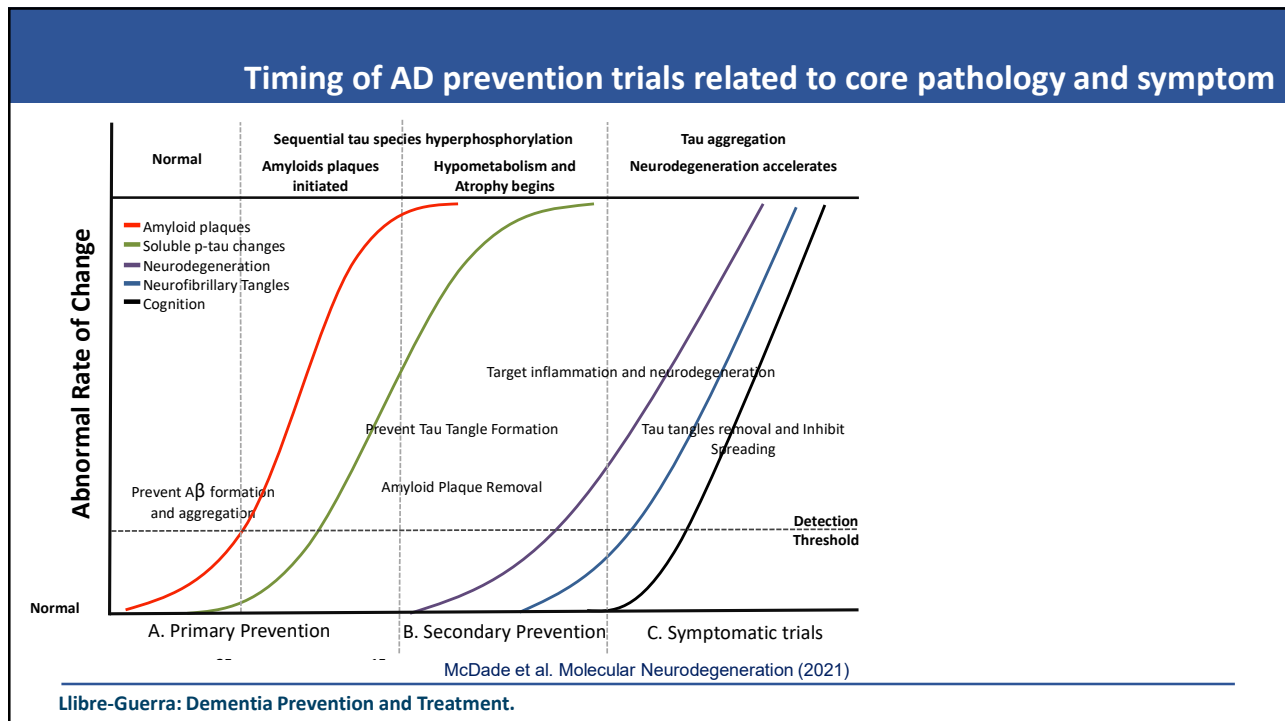


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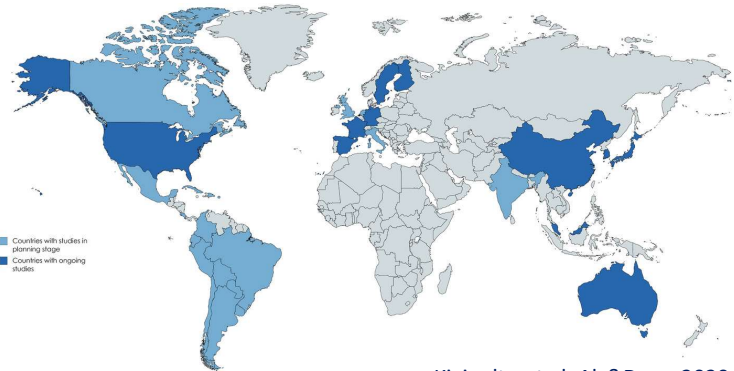
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## World-Wide FINGERS Network: A global approach to risk reduction and prevention of dementia.

➤ **U.S. study to Protect Brain Health through a Lifestyle Intervention to Reduce Risk (U.S. POINTER)**

1. 2000 cognitively normal adults at risk for cognitive decline and dementia in later life.
2. Randomly assigned to a self-guided or structured lifestyle intervention program.
3. The primary outcome is change in global cognition.

- **MIND-Europe**
- **MIND-China**
- **Australia—AU-ARROW**
- **LatAm FINGER**



Kivipelto et al. Alz&Dem, 2020



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## June 21, 2021, Jan 6, 2023, June 2, 2024

**FDA NEWS RELEASE**

### FDA Grants Accelerated Approval for Alzheimer's Drug

For Immediate Release: June 01, 2021

Today, the U.S. Food and Drug Administration approved Aducanumab (aducanumab) for the treatment of Alzheimer's, a debilitating disease affecting 6.2 million Americans. Aducanumab was approved using the accelerated approval pathway, which can be used for a drug for a serious or life-threatening disease that provides a meaningful therapeutic advantage over existing treatments. Accelerated approval can be based on the drug's effect on a surrogate endpoint that is reasonably likely to predict a clinical benefit to patients, with a required post-approval trial to verify that the drug provides the expected clinical benefit.

Content correct as of: 06/01/2021

Regulated Product(s): None

Follow FDA: [Follow FDA on Twitter](#), [Follow FDA on Facebook](#), [Follow FDA on YouTube](#), [Follow FDA on LinkedIn](#), [Follow FDA on Instagram](#), [Follow FDA on RSS](#)

**FDA NEWS RELEASE**

### FDA approves treatment for adults with Alzheimer's disease

Action

The U.S. Food and Drug Administration (FDA) today approved the first intravenous injection for the treatment of Alzheimer's disease, initiated in patients with mild to moderate Alzheimer's disease in a population in which treatment was previously limited to oral medications. Kisinda is administered intravenously and is administered as a 30-minute infusion. Kisinda is administered as a 30-minute infusion. Kisinda is administered as a 30-minute infusion.

**FDA NEWS RELEASE**

### FDA Converts Novel Alzheimer's Disease Treatment to Traditional Approval

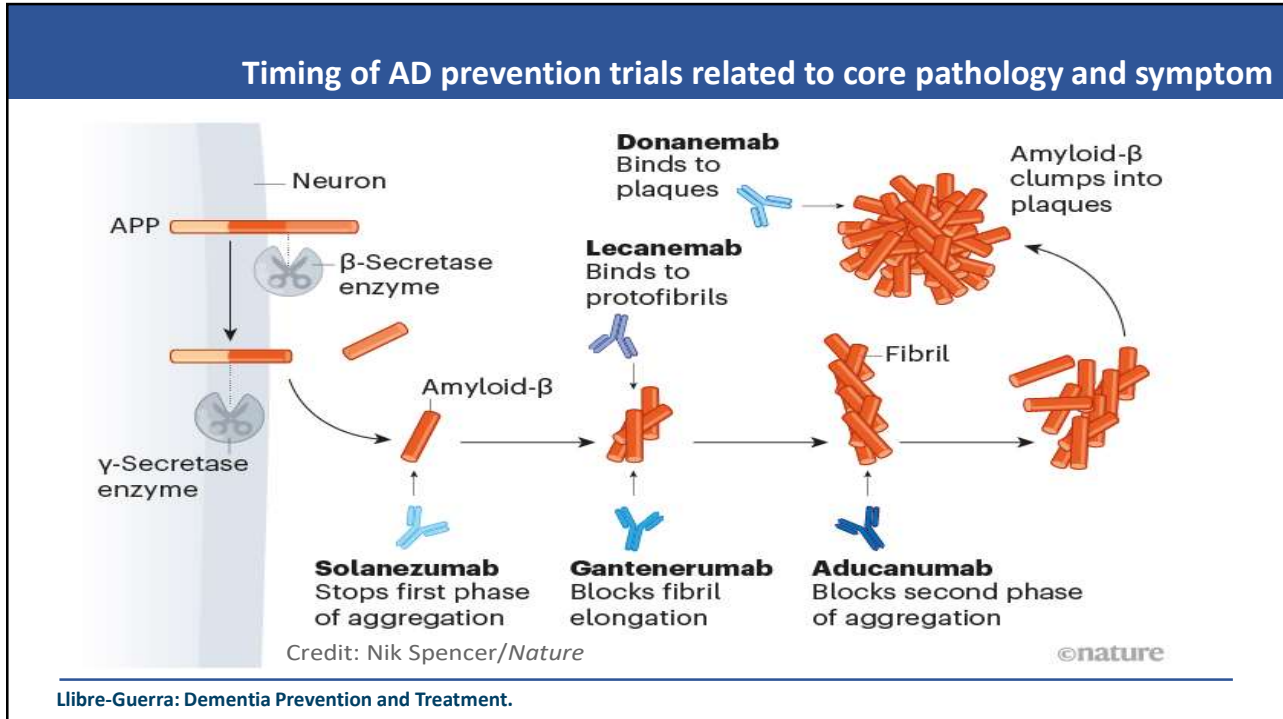
Action Follows Confirmatory Trial to Verify Clinical Benefit

For Immediate Release: July 06, 2023

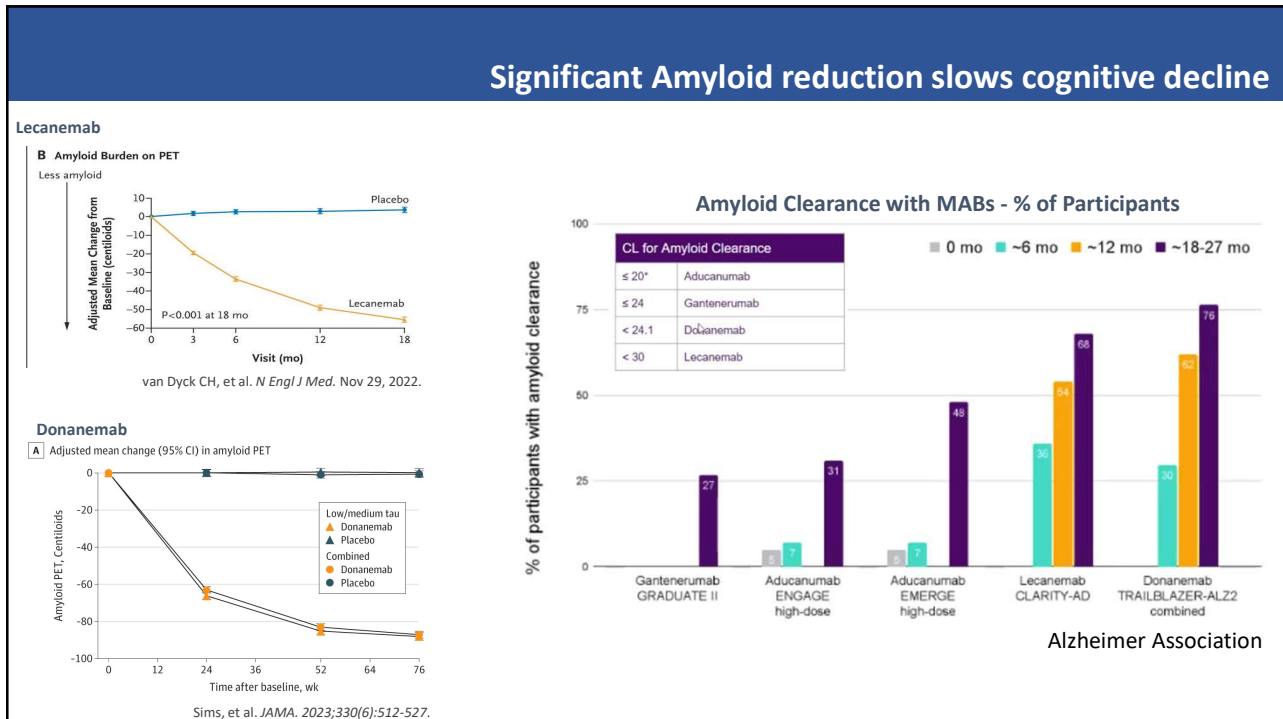
Today, the U.S. Food and Drug Administration converted Lecanemab (lecanemab-irmb), indicated to treat adult patients with Alzheimer's Disease, to traditional approval following a determination that a confirmatory trial verified clinical benefit. Lecanemab is the first amyloid beta-directed antibody to be converted from an accelerated approval to a traditional approval for the treatment of Alzheimer's disease. The drug works by reducing amyloid plaques that form in the brain, a defining pathophysiological feature of the disease.

Libre-Guerra: Dementia Prevention and Treatment.

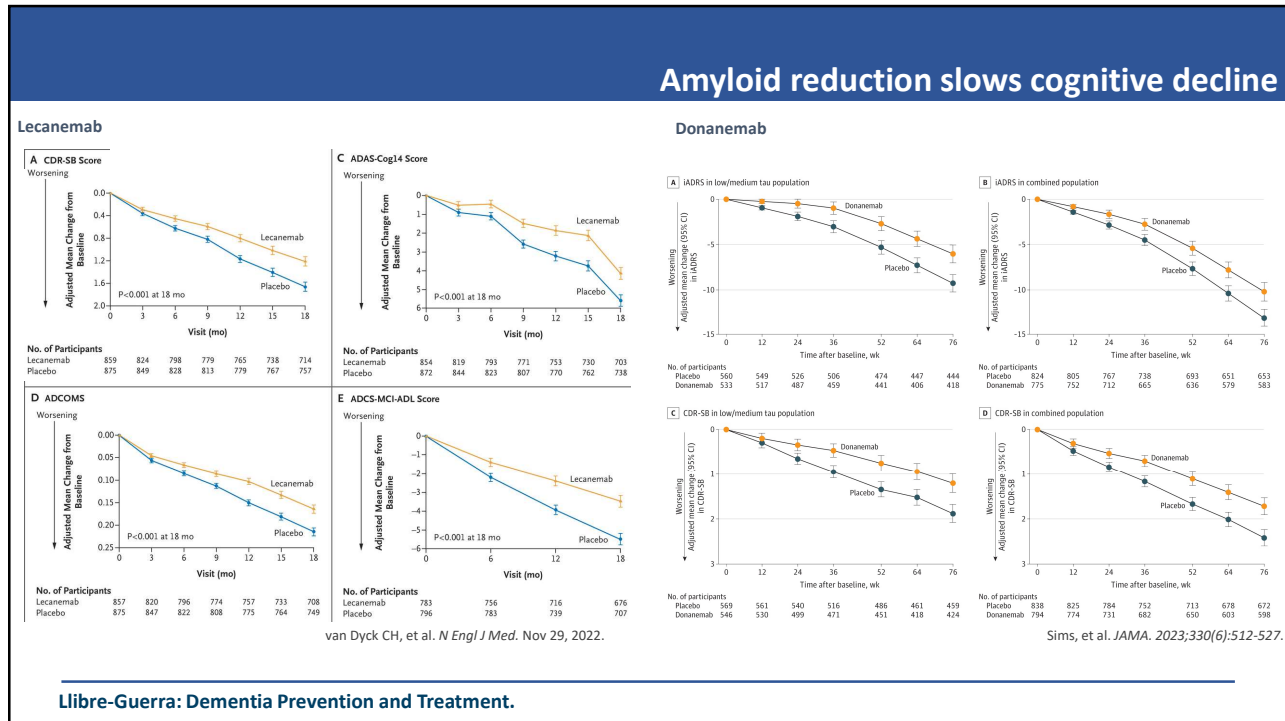
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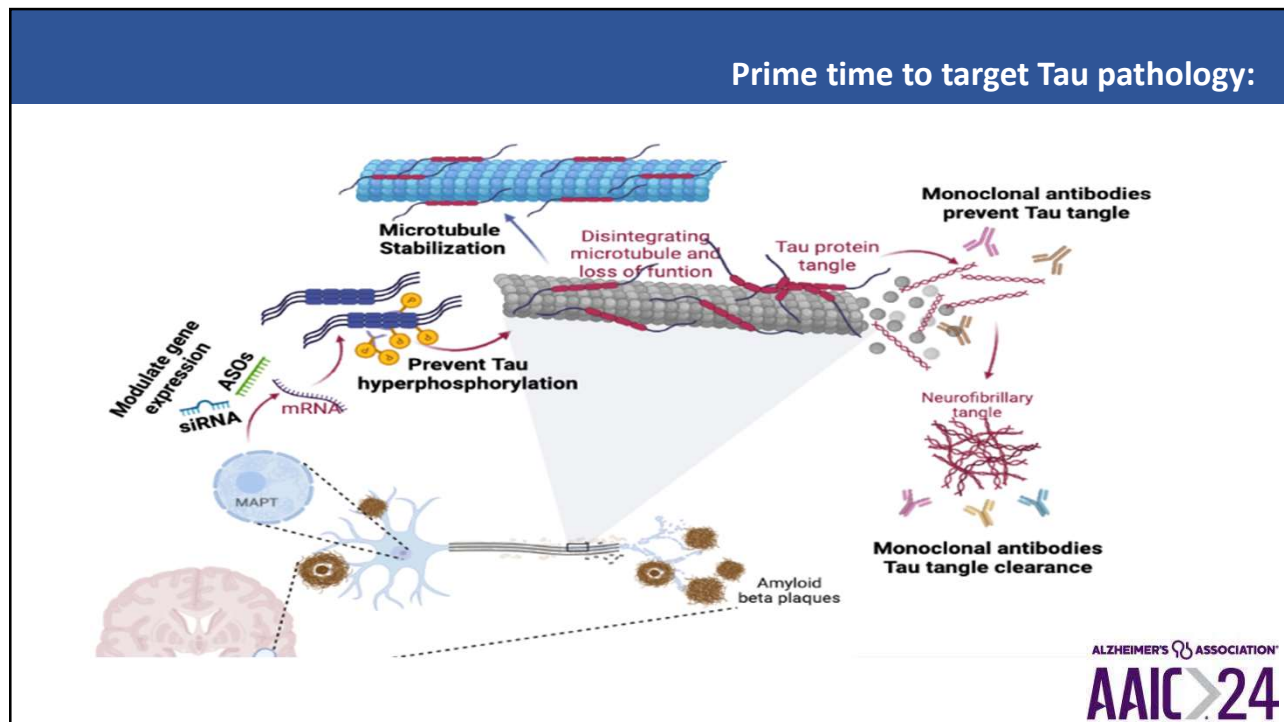


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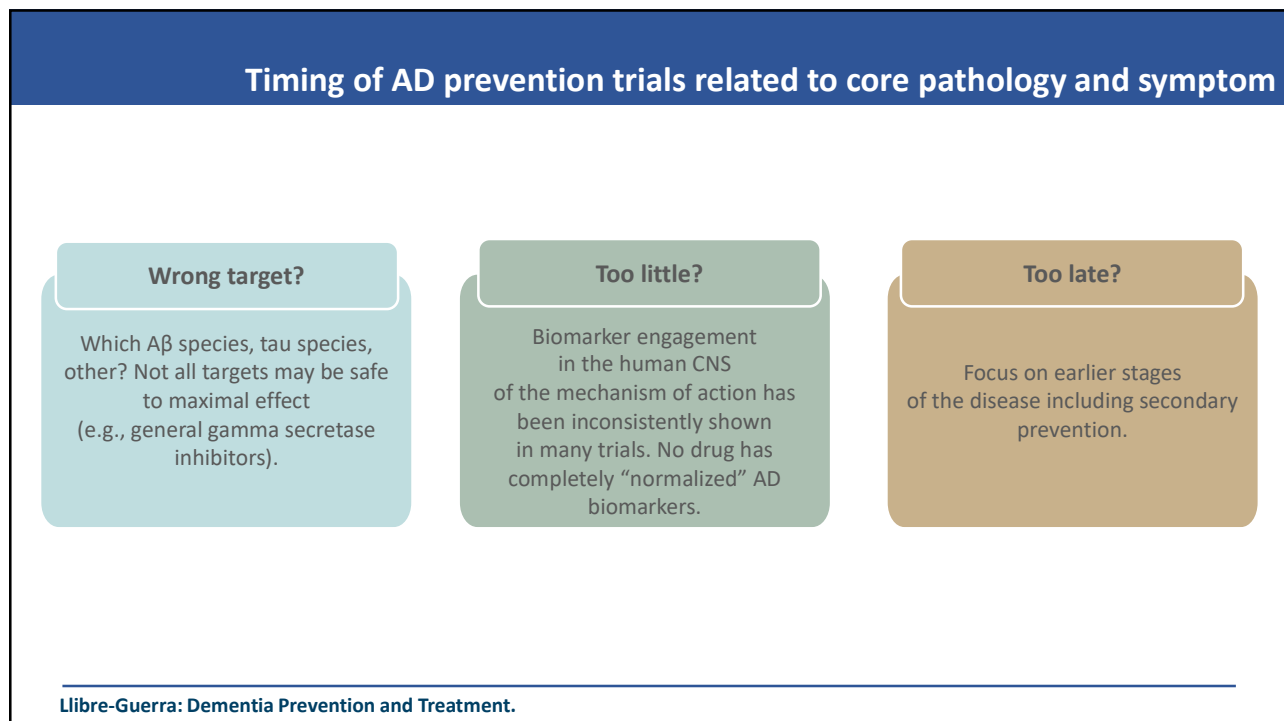


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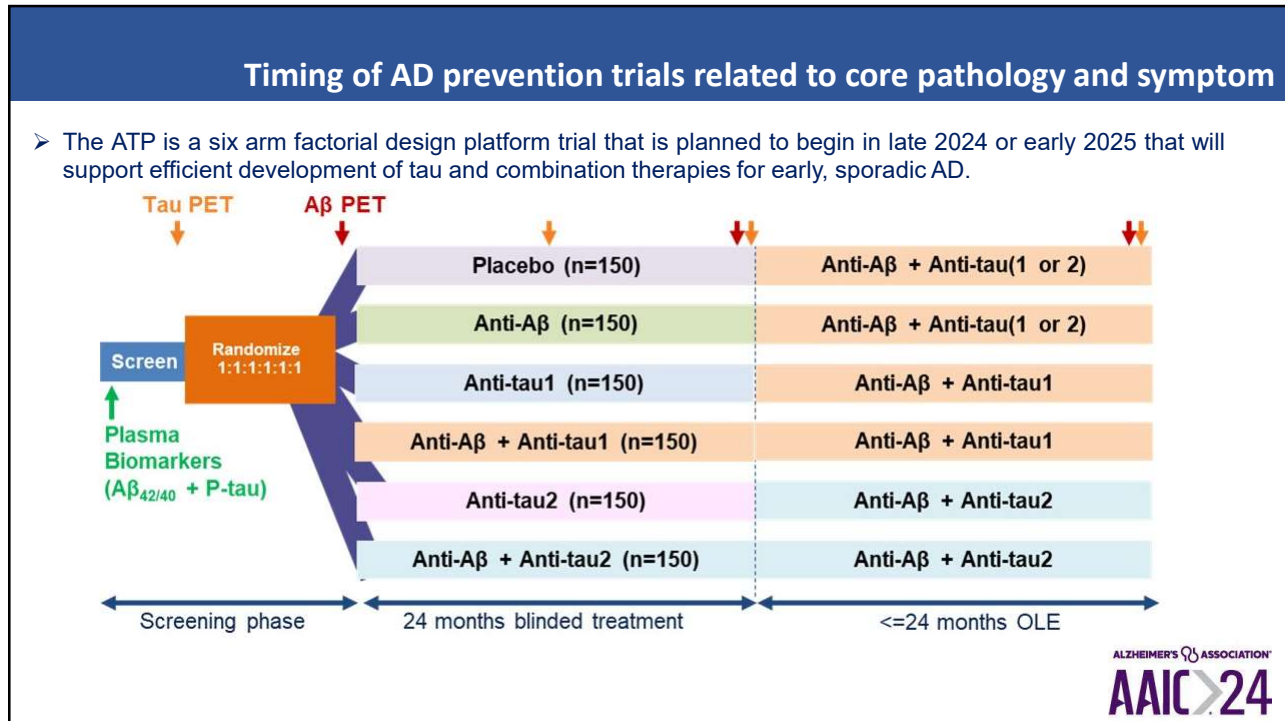




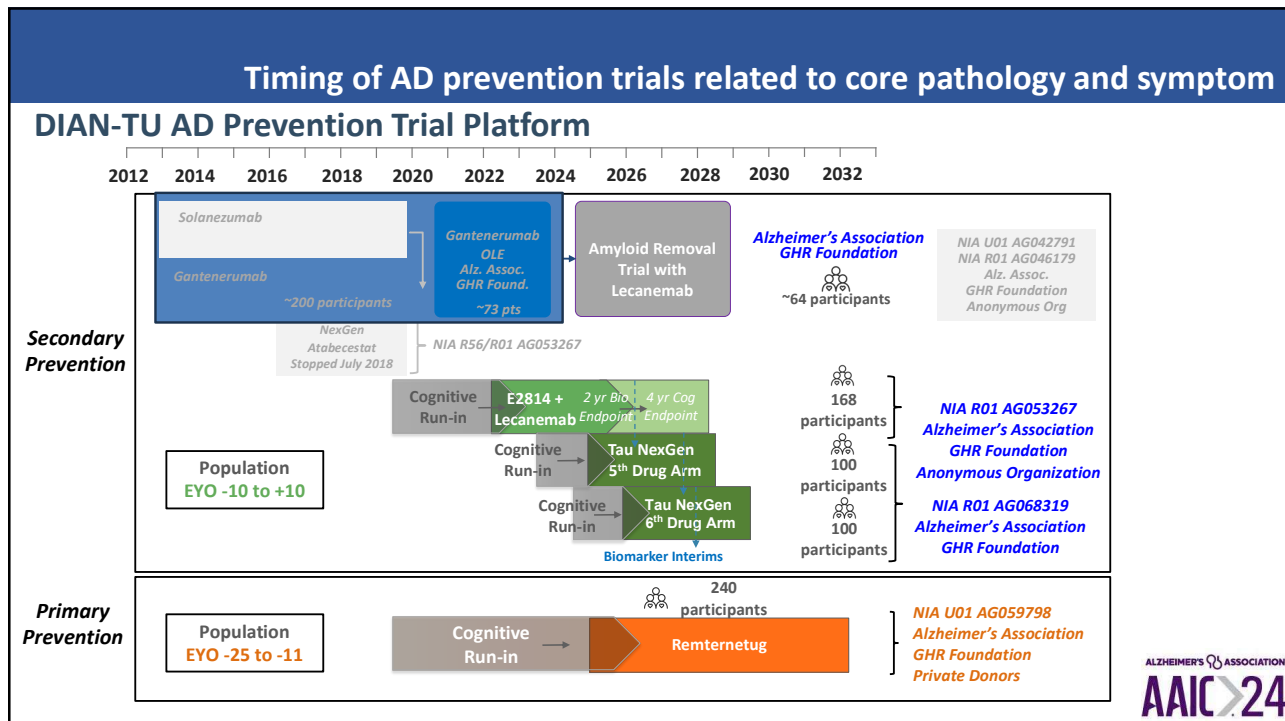
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## Summary of comparisons of DIAD vs. SAD trials

Population	Sporadic AD	Dominantly Inherited mutations (DIAN-TU, API)	Comparison of Clinical and Biomarker Results between DIAD and SAD
Soluble A $\beta$ antibody	Solanezumab (A4) - little effect on plaques, clinical trend towards worsening	Solanezumab (DIAN-TU) – little effect on plaques, clinical trend towards worsening	DIAN-TU = SAD A4 (negative clinical and biomarker) DIAN-TU=SAD Expedition 3 (negative clinical and biomarker)
Oligomeric A $\beta$ antibody	Crenezumab (CREAD) – little effect on plaques or clinical progression	Crenezumab (API) – little effect on plaques or clinical progression	API Crenezumab = SAD CREAD (negative clinical and biomarker)
	Lecanemab - AHEAD (A45) – Pending Results	Lecanemab - DIAN-TU prevention trials - Pending Results	AHEAD A45 ?= DIAN-TU lecanemab trial TBD
Fibrillar A $\beta$ antibody	Graduate 1 & 2 trials – moderate effect on plaques – minimal clinical effect	Gantenerumab – moderate effect on plaques in symptomatic – minimal clinical effect	DIAN-TU= SAD Graduate in symptomatic (negative clinical and moderate biomarker)
	Lecanemab - AHEAD (A45) – Donanemab – Trailblazer4 – Pending Results	Gantenerumab – large effect on plaques in pre-symptomatic – possible clinical effect	DIAN-TU amyloid removal in asymptomatic suggests 50% risk reduction ?= Sporadic AD TBD

AAIC July 2024

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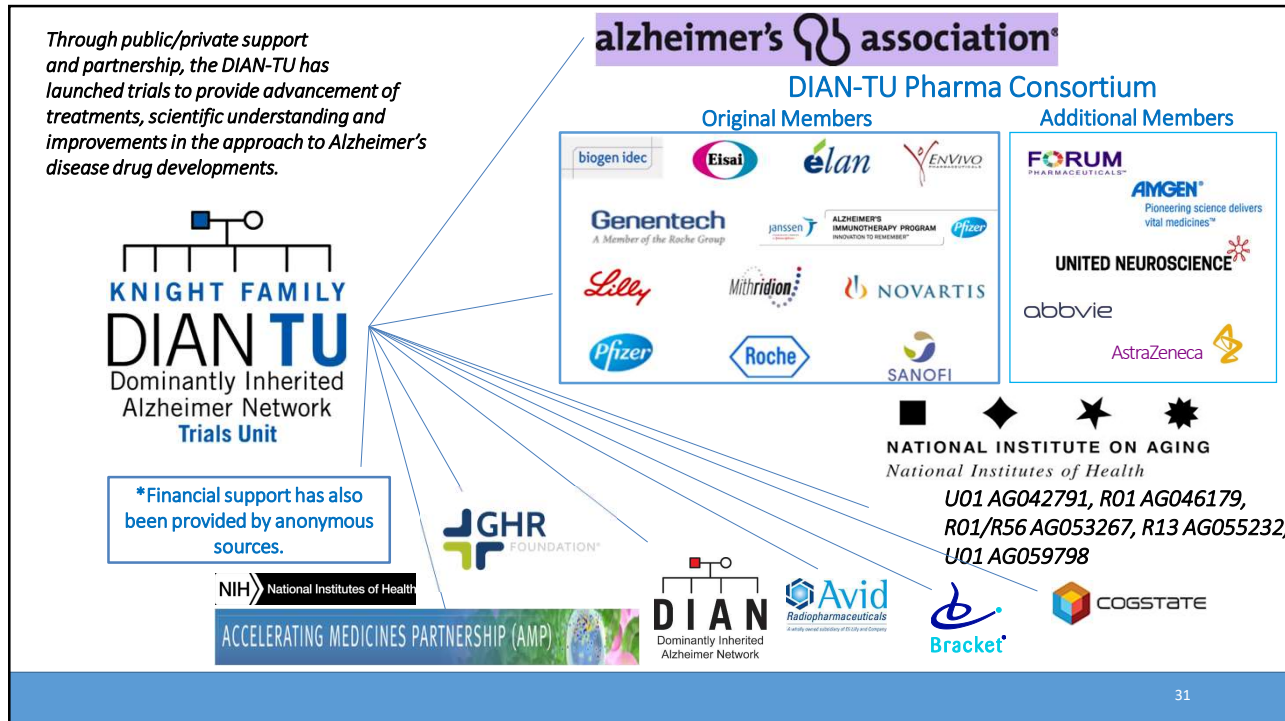
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### Take home message:

- Recent trends show lower or stable incidence of cognitive impairment or dementia in several countries but not across all populations or ethnic groups.
- Evidence is increasing and is now stronger than before that tackling risk factors for dementia (ie, lower education, hypertension, smoking, obesity, depression, physical inactivity, diabetes, among others) reduces the risk of developing dementia.
- Timely and accurate diagnosis of Alzheimer’s disease (AD) in clinical practice remains challenging, BUT emerging blood-based markers have the potential to be accurate, cost-effective, and easily accessible for widespread clinical use, and could facilitate timely diagnosis.
- Significant Amyloid reduction slowed cognitive decline, leading to the approval of Anti-amyloid treatments for early symptomatic Alzheimer disease. In pre-symptomatic autosomal dominant AD, removing amyloid plaques for an average of 8 years before symptom onset may provide a 50% decrease in the risk of conversion to symptomatic dementia and dementia progression rate.
- It is prime time for anti-Tau therapies and the Next Generation of combination trials in AD, aimed at stopping or significantly delaying disease onset and progression.

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**SAO**

**The Knight Family DIAN-TU Administrative and Clinical Operations**

*Randall Bateman – Director and PI | Eric McDade, Co-Director*

*David Clifford, Associate and Medical Director | Jorge Llibre-Guerra, Assistant Medical Director*

*S. Alexander, E. Andrews, N. Angeloff, J. Bartzel, J. Beatty, J. Bur, D. Burgdorf, T. Carril, R. Carrow, E. Cook, K. Ferguson, A. Fuqua, E. Gruebbeling, A. Hageman, E. Hart, R. Hawley, M. Jany, M. Jorke, B. King, N. Landers, J. Mallmann, T. Mayhew, K. McCann, I. Meshulam, D. Morrison, J. Murphy, M. Nies, J. Portell, M. Qassem, L. Sawicki, J. Schillizzi, W. Simpson, A. Stiebel, A. Stueve, S. Sweeney, E. Ziegemeier*

**Cores**

Administrative: R.J. Bateman, C. Supnet-Bell, A. Santacruz and team  
 Clinical: D. Clifford, J. Llibre-Guerra, E. McDade  
 Clinical Operations: S. Mills, S. Belyew and team  
 Biomarkers: L. Ibanez, S. Preminger, J. Stauber and team  
 Biostatistics: G. Wang, Y. Li, C. Xiong and team  
 Cognition: J. Hassenstab, A. Aschenbrenner, J. Smith and team  
 Genetics: C. Cruchaga, A. Renton and team  
 Imaging: T. Benzinger, B. Gordon, R. Hornbeck and team  
 Neuropathology: R. Perrin, E. Franklin and team

**Collaborators**

Project Arm Leaders: A. Atri, L. Schneider, O. Hansson, A. Porsteinsson (Former S. Salloway, M. Farlow)  
 DIAN-TU Therapy Evaluation Committee: P. Aisen, R. J. Bateman, J. Chhatwal, D. Clifford, D. Cribbs, K. Dineen, N. Fox, D. Holtzman, J. Kelly, C. Lemere, J. Llibre-Guerra, E. M. McDade, S. Mead, C. Mummery, E. Musiek, E. Roberson, C. Supnet-Bell, R. Vassar  
 DSMB Members: S. Evans, S. Greenberg, S. Kim, D. Knopman, K. Yaffe (Former: G. Cutter, K. Kiebertz)  
 ADCS: R. Thomas  
 ATRI: P. Aisen  
 University of Michigan: R. Koeppe  
 Mayo Clinic: C. Jack

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## Slide 32

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**SAO** Should we include Lantheus and Flywheel?

Alexander, Silvy, 2024-07-18T17:27:21.050

**MSO 0** [@Santacruz, Anna] - do we want all trial vendors or was there a rationale for which ones to include here?

Mills, Susan, 2024-07-24T14:19:32.709

**0 1** [@Mills, Susan] I personally think we should remove - in addition to the consultants. This started with adding IQVIA and maybe Cogstate and Signant (Bracket at the time) several years ago because they wanted recognition as collaborators. I think because they were giving us some services "pro bono". But I agree that if we are going to list some, we should list all. Some consultants may be good because they actually contribute to our design (mainly Berry and Janice). For the OLE related slides, we should probably keep Berry and Janice, but remove them for future presentations.

Santacruz, Anna, 2024-07-24T14:28:05.926

**MSO 2** removed

Mills, Susan, 2024-07-26T18:19:08.714

