

**Evaluation of the *Facing Forward:*  
*Life After Cancer Treatment* Booklet**

**Final Report**

**Submitted to:**  
**National Cancer Institute**  
**Office of Education and Special Initiatives**

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**September 27, 2006**

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## **Evaluation of the *Facing Forward: Life After Cancer Treatment* Booklet**

### **Executive Summary**

The Facing Forward Series for Survivors is a set of educational products that address the diverse and often unexpected challenges survivors and their families face after cancer treatment. As part of the Facing Forward Series, OESI developed the booklet *Facing Forward: Life After Cancer Treatment* as a patient and caregiver resource for survivorship during the 6-month period following cancer treatment. The booklet is designed to provide information to survivors about expectations during the post-cancer treatment period and how to cope with changes to their bodies, changes in their relationships, and other life issues.

A longitudinal evaluation was conducted at four cancer centers in 2005-2006 to determine patient perceptions of the booklet, and determine if reading the booklet increased the patient's knowledge about post-cancer treatment issues, perceived ability to cope with those issues, and intention to deal with life after their cancer treatment. Specifically, the evaluation was designed to answer the following research questions:

- Did awareness/knowledge of specific post-treatment issues increase?
- Did awareness/knowledge of specific post-treatment resources increase?
- Did awareness/knowledge of specific behavioral strategies to cope with and manage specific post-treatment issues increase? By how much?
- Did perceived ability to use behavioral strategies to cope with and manage specific post-treatment issues increase?
- Did intent to use behavioral strategies to cope with and manage specific post-treatment issues increase?
- Did perceived ability to use behavioral strategies to manage medical care increase?
- Did intent to use behavioral strategies to manage medical care increase?
- Did audiences find the booklet useful?

To answer these questions, three surveys were administered over time to patients who had recently completed a course of treatment. The goal was to have the first survey administered at the time the patient completed their treatment, the second survey was to be administered six weeks later and the last was to be administered three months after the first survey. This schedule was not strictly adhered to because of issues surrounding patient recruitment. Administration of the second survey, on average, occurred four months after administering the first survey. The third survey, on average, was administered six months after the first survey.

The results indicate that each of the research questions (noted above) can be answered affirmatively, but to varying degrees. Generally, a larger percentage of the patients reported an increase in knowledge of issues than confidence in handling those issues. Similarly, a larger percentage of the patients reported increased confidence in handling issues than intention to act upon those issues.

One reason for the three surveys was to determine whether the impact of reading the book upon patient attitudes and behaviors would change over time. The initial hypothesis was that the impact would diminish over time. Though the number of respondents who participated in all three surveys is small, there is no general indication that the percentages changed over time.

Approximately 80% of the respondents to the second survey had read the booklet, and of these 97% indicated the booklet was very or somewhat helpful. Specifically, 89% to 97% of the respondents who read the booklet agreed that the booklet was helpful for getting follow-up care, identifying common side effects, feelings, and understanding changes in relationships. Respondents reported that they did not know how to handle certain symptoms or side effects, even though the booklet specifically mentioned ways to relieve them. This and other findings will be used to revise the booklet.

## Introduction

In support of the NCI goal to eliminate suffering and death due to cancer, the Office of Education and Special Initiatives (OESI) develops, implements, and evaluates education programs across the cancer continuum. OESI also manages NCI initiatives and programs that focus upon NCI special priorities in cancer research and treatment in addition to cancer education models that best target these areas. The Facing Forward Series for Survivors is a set of educational products that address the diverse and often unexpected challenges survivors and their families face after cancer treatment.

OESI relies on patient and provider feedback to inform development and to improve existing products. This evaluation was conducted to determine whether *Facing Forward: Life After Treatment* is providing patients and/or providers with the information they need.

## Background on the Evaluation

*Facing Forward: Life After Treatment*, one of the booklets in the Facing Forward Series, was developed to provide information to survivors about expectations during the post-cancer treatment period, and how to cope with changes to their bodies, changes in their relationships, and other life issues. This evaluation was designed to determine patient perceptions of the booklet, and if it increased the patient's knowledge about post-cancer treatment issues, perceived ability to cope with those issues, and intention to deal with life after their cancer treatment.

This evaluation differed from previous studies conducted by OESI by being designed to examine both the short-term and long-term effects of the booklet. Short-term was defined as within 6 weeks of receiving the booklet and long-term was defined as within 6 months of receiving the booklet. To accomplish this, it was proposed that three survey instruments be administered during this six month time period to a cohort of patients completing their first course of treatment.

The instruments were designed to address the following eight research questions:

1. Did awareness/knowledge of specific post-treatment issues increase?
2. Did awareness/knowledge of specific post-treatment resources increase?
3. Did awareness/knowledge of specific behavioral strategies to cope with and manage specific post-treatment issues increase? By how much?
4. Did perceived ability to use specific behavioral strategies to cope with and manage specific post-treatment issues increase?
5. Did intent to use specific behavioral strategies to cope with and manage specific post-treatment issues increase?
6. Did perceived ability to use specific behavioral strategies to manage medical care increase?
7. Did intent to use specific behavioral strategies to manage medical care increase?
8. Did audiences find the booklet useful?

## Planning, Instrument Development, and Recruitment

Beginning in 2004, research questions and questionnaire items for the three instruments were developed using three key constructs from the Theory of Planned Behavior<sup>1</sup>: attitude toward the behavior, behavioral intention, and perceived behavioral control. The simplified logic model used for this evaluation assumes that increased knowledge will result in increased perceived ability, and therefore increased intention to act. Perceived ability was measured by confidence, and intent to act was measured by the person's likelihood of acting.

Funding for the study came from the NCI set-aside evaluation fund. OESI applied for these funds by developing and submitting: a methodology plan, draft questionnaires, a recruitment plan for the cancer centers, an analysis plan, and an explanation of the sampling assumptions. As described below, this plan and the actual administration of the study were quite divergent, because of numerous barriers encountered during the study. These barriers are discussed in greater detail with recommendations for future studies at the end of the report.

Early in 2005, development of the three survey instruments (one for each wave of the evaluation) was completed. The instrument for the first survey was then pilot tested with cancer patients at the National Institutes of Health Clinical Center, in Bethesda, MD. Changes recommended by these participants resulted in revisions that impacted all the instruments thereby improving their usability and hopefully respondent comprehension. The revised instruments and evaluation protocol were submitted for review to an independent Institutional Review Board (IRB). That IRB review resulted in slight modifications. Final versions of the instruments were also reviewed by NCI's Office of Management and Budget (OMB).

The first instrument was designed to provide background information on the patient and baseline data on whether the patients had experienced selected symptoms, their knowledge about handling those symptoms, their knowledge about cancer resources, and their likelihood to act on three follow-up issues. The second and third questionnaires asked whether the respondents had read the booklet and then did that change their knowledge, confidence, and likelihood of acting on a series of post-treatment issue.

Cancer centers were recruited to administer the surveys to their patients through announcements posted on the listservs of the Cancer Patient Education Network and the Association of Oncology Social Workers. One dozen organizations initially responded to the announcements. However, many of these centers were deemed ineligible because: 1) centers were unable to obtain the required 75 completed patient surveys during the first month of the study, 2) the center was concerned about obtaining IRB approval at their center, or 3) a combination of these and other factors. Participating centers had to have enough patients to meet the recruitment target, attend a one hour telephone training, and be willing to distribute two waves of the survey. Six centers were initially recruited, and four actually participated. One center dropped out because they could not get IRB approval, and another dropped out because their workload shifted and the time commitment for participation was too great.

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<sup>1</sup> Ajzen, I., & Driver, B. L. (1991). Prediction of leisure participation from behavioral, normative, and control beliefs: an application of the theory of planned behavior. *Leisure Science* 13, 185–204.

## Training and Survey Administration

Following recruitment, telephone training was conducted with the cancer center administrators to ensure that recruitment was handled properly and instruments were administered consistently. The training involved a review of the general instructions, recruitment criteria, instruments, tracking and coding procedures, and the informed consent process.

The original schedule had patient recruitment and administration of the initial survey taking place in June-July 2005, and data collection for the last survey was scheduled for January 2006. In early June 2005, each center was sent sufficient copies of the initial survey the *Facing Forward* booklets to handle their recruitment quota (90 patients). However, because of difficulty in recruiting patients, only slightly more than 200 completed copies of Survey I were obtained by October 2005. Additionally, one cancer center dropped out after recruiting their Survey I patients, because they could no longer meet the time commitment required for the study. Delays in patient recruitment for this initial survey also resulted in delays in administering the subsequent surveys. Administration of the second round of surveys began in October and a minimal attempt at obtaining data from the third round was completed by July 2006.

## Response Rates and Respondent Demographics

The number of respondents and the response rates between the surveys are shown in Exhibit 1. The original intent was to have six centers recruit 90 patients for the initial survey. Then we assumed a 75 response rate for the subsequent surveys, and that would result in 50 patients from each center completing all three surveys (n=300). In addition to having less centers, the cancer centers had difficulty meeting their quota of 90; thus the number of completed interviews for the initial survey is substantially less than anticipated (223 vs 540). The response rate for the second survey was slightly less than anticipated (66% versus 75%). The initial delay resulted in more extended time needing to be spent for initial recruitment, and therefore there was very little time remaining for recruitment and follow-up for the third survey. This is reflected in the low response rate.

**Exhibit 1**  
**Number of Respondents and Response Rates**

Survey #	# Respondents	Response Rate
1	223	
2	147	66%
3	58	39%

Compared with the general population,<sup>2</sup> respondents were more likely to be female (66%), older, better educated, and non-Hispanic. The largest single age group was made up of patients over age 65 (26%). However, 79% of respondents were over age 50. The majority of respondents had completed high school (96%), and more than one-third (38%) had completed college. The percentage of Caucasian respondents in this study was similar to the general population.

<sup>2</sup> U.S. Census Bureau. (2000). *Statistical Abstract of the United States*. Washington, DC.

Most respondents were new cancer patients (86%). The most common types of cancer reported were breast (38%) and prostate (14%). The most common type of treatment received was radiation therapy (79%), followed by both chemotherapy (60%) and surgery (60%).

## Effect of Reduced Sample Size

The reduced number of both patients and cancer centers resulted in substantially fewer respondents than projected, which lead to a concern about the quality of the data gathered. Two types of analyses were conducted to examine the statistical effect of having less respondents and lower than projected response rates. Specifically, we examined the robustness of the estimates (reliability) and potential sources of bias.

Reliability was examined by reviewing the size of the 95% confidence intervals associated with selected variables. None of the intervals overlapped either 0 or 1. For Survey I, the size of the confidence interval was approximately 0.13, while for Survey II, the size of the interval was approximately 0.15. Similarly, the estimated proportion ever having read the booklet is 0.80 with a 95% confidence interval of 0.74 to 0.87. Thus, the smaller sample size did not result in very large confidence intervals that would make the results unreliable.

Two sources for bias were also examined—sampling or selection bias and non-response bias. The results can technically only be applied to the population included in the sample. However, to the extent we believe there is nothing unusual about this population, we feel comfortable generalizing the results, which is similar to what has been done in previous studies.

Potential non-response bias in this evaluation comes from two sources. The first is the bias of those who responded compared with those who were asked to participate. Unfortunately, it was not possible to determine whether there was any overall non-respondent bias. The second source of potential bias relates to those who dropped out between the various waves of the evaluation. There were no statistically significant differences ( $p < .05$ ) by demographics (i.e., gender, race, ethnicity, and education), cancer status, or mean number of symptoms experienced (see Exhibit 2). Therefore, there does not appear to be any associated non-response bias from this population.

**Exhibit 2**  
**Distribution of Respondents by Selected Demographic Characteristics and Whether They Responded to Both Surveys**

Demographic	Completed both Surveys (n=147)	Completed only Survey I (n=76)
Males	37%	27%
Hispanic	2%	3%
White	80%	77%
At least some college education	68%	60%
Under 45 years of age	10%	16%
New cancer	86%	87%



## Findings

### Answers to Research Questions

On Surveys II & III, respondents were asked to judge for themselves if any increases in knowledge, confidence, or intent resulted from reading the booklet. Therefore, actual measured changes in knowledge, attitude, and behavior are not reported, only respondent judgments on whether a change took place after reading the booklet. Based upon this information each of the eight research questions (noted above) can be answered affirmatively to varying degrees. In addition, the percentage of respondents reporting increased knowledge is generally higher than the percentage of respondents reporting increased confidence. Similarly, the percentage of respondents reporting increased confidence is generally higher than the percentage of respondents reporting increased intention to act.

Specific results, based upon the second survey, for each of the eight research questions is presented below.

1. Most participants (83% to 87%) strongly agreed or agreed their knowledge of post-treatment issues increased.
2. Nearly all respondents (96%) strongly agreed or agreed their knowledge of post-treatment resources increased.
3. Approximately 90% of the respondents strongly agreed or agreed their knowledge of behavioral strategies to manage post-treatment issues increased.
4. Most respondents were confident in their ability to communicate with the doctors, 75% were confident in their ability to create a wellness plan, and 72% were confident in their ability to make lifestyle changes.
5. More than four-fifths said they were likely to use the booklet tips to talk with their doctor, yet only 57% were likely to contact any of the organizations listed in the booklet.
6. Many of the respondents (63% to 77%) were confident in their ability to use behavioral strategies to manage their medical care.
7. Three-quarters of the respondents indicated they were likely to use booklet tips to deal more effectively with physical symptoms (83%), feelings and fears (74%), and to improve their relationships (74%).
8. Nearly all respondents found the booklet helpful. Most respondents (89% to 97%) agreed that the booklet was helpful for getting follow-up care, identifying common side effects, feelings, and understanding changes in relationships.

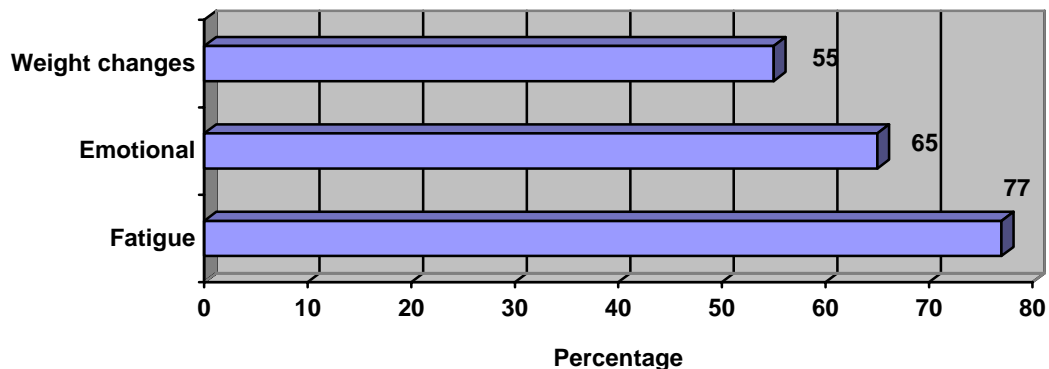
In addition to answering the research questions, the study gathered information about symptoms experienced, and knowledge of ways to manage the symptoms. This information is discussed in greater detail in the next section.

### Results from Survey I

The three most common symptoms reported on Survey I are shown in Exhibit 3. When asked about coping with their symptoms, between one-quarter and one-third of respondents knew many ways to manage their relationships, emotional symptoms, pain, and weight changes. However, many people reported not knowing any ways to manage their memory problems (41%), swelling (38%), sexual symptoms (38%), other symptoms (37%), and menopause symptoms (31%). Only

respondents who reported experiencing a symptom were asked whether they knew of ways to manage the symptom.

### Exhibit 3 Percentage of Respondents Reporting Top Three Symptoms on Survey I



Overwhelmingly, the most preferred source of information was a doctor or nurse (81%). Most patients (93%) agreed that they know where to go for more information, and 91% agreed that it would be helpful to have more information about what changes to expect following cancer treatment. When asked about intentions, slightly more than half (53%) felt they were likely to contact a cancer organization, while almost all felt they were likely to seek follow-up care or create a wellness plan (99.5% and 91%, respectively).

Most of the respondents did not plan on attending any counseling or support groups (65%). Of those who did, 56% planned to attend a support group, 35% planned on attending one-on-one counseling sessions, 22% did not know what type of counseling they planned to attend, and 10% planned to attend another type of counseling (multiple responses were allowed).

### Results from Survey II

Respondents were given the booklet when they were asked to complete the initial survey; and by the time they completed the second survey, most respondents (80%) had read the booklet. An overwhelming majority (97%) of those who read the booklet felt it was helpful. Exhibit 4 summarizes the results for changes in knowledge, perceived ability, and intent to act. Only respondents who reported reading the booklet were asked the questions on their change in knowledge, perceived ability, and intent to act. The data show that nearly all respondents agreed that their knowledge increased for each specified action. The data also show that a slightly smaller percentage felt an increase in confidence about their ability to perform the action, and even fewer reported an increase in their likelihood to perform the action. The pattern was especially pronounced for the last item about contacting cancer organizations.

**Exhibit 4**  
**Percentages of Respondents Reporting a Positive Change in Knowledge, Perceived Ability (Confidence), and Intent to Act (Likelihood) of Doing Selected Actions from Survey II**

Action	Knowledge about... (Q4)	Perceived ability (Q5)	Intent to act (Q6)
Communicating with doctor	91%	85%	83%
Create wellness plan	85%	75%	--
Changes I can make	92%	72%	--
Dealing with memory problems	83%	65%	--
Dealing with physical symptoms	87%	68%	83%
Dealing with feelings/fears	85%	63%	74%
Improving relationships	86%	77%	74%
Contacting cancer organizations	96%	79%	57%

The three most common symptoms reported by respondents in Survey II are identical to those from Survey I. Despite discussion in the booklet of specific tips for relieving these symptoms, respondents did not know any ways to manage their memory problems (24%), menopause symptoms (23%), or swelling (20%). As with the previous survey, only respondents who reported experiencing the symptom were asked whether they knew how to manage the symptom. These percentages were similar to those for the respondents who read the booklet, therefore knowing how to cope with these symptoms generally did not improve as a result of reading the booklet.

When asked about the counseling they attended since completing their cancer treatment, most respondents (68%) did not go to any one-on-one counseling sessions. Moreover, most respondents (81%) did not attend any support group meetings. Of those who attended counseling or support groups, 41% felt the counseling and support groups helped “very well” with issues faced during the cancer experience, 33% felt they accomplished this goal “somewhat well,” and 21% felt they accomplished this goal “well.” Only 5% of respondents who attended counseling or support groups felt they did not accomplish their goal well.

**Results from Survey III**

Though there were very few respondents to this survey, the results are presented for information purposes. The vast majority of respondents to Survey III read the booklet (86%). The three most common symptoms reported on Survey III changed slightly from the previous surveys, as memory or concentration problems replaced weight change as the third most common symptom or side effect experienced. As noted with the previous survey, despite discussion in the booklet, many respondents reported not knowing any ways to manage their swelling (35%). Generally, from Survey I through Survey III, the ability to manage symptoms and side effects seemed to increase from knowing few ways to knowing some or many ways to manage the symptoms.

When asked about the counseling they attended since completing their cancer treatment, most respondents did not go to any one-on-one counseling sessions (79%) or any support group meetings (83%). When asked if they had contacted any organizations in the past 6 months, 19%

of respondents said they had. An overwhelming number of respondents had obtained follow-up care (96%). However, only 33% created a wellness plan with their doctor.

### Results Across the Surveys – Short-term and Long-term Impact

The short and long term impact can be judged by comparing results from survey II with those for Survey III to determine whether the level of knowledge, perceived ability, and/or intent to act changed. Our initial hypothesis was that there would be a reduction of the impact on perceived ability and intent to act over time. The data indicate that there is a long-term effect, with only a small reduction in the effect over time. The same pattern of responses noted for Survey II, with respect to knowledge, confidence, and likelihood, emerged for Survey III.

There are some changes that are noted between the response patterns for each of the surveys. Though the top three symptoms are the same in Surveys I and II, there are some differences with respect to the number of symptoms experienced. For several symptoms, the prevalence in Survey III was higher than in Surveys I or II (e.g., changes in the mouth, changes in relationships, swelling, memory changes, and sexual side effects). This may have resulted from increased recognition of the side effects resulting from cancer treatment. Corroboration for this is found in the data on the mean number of symptoms reported by survey (see Exhibit 5).

A more impressive and statistically significant result is the difference in the mean number of symptoms reported by whether respondents read the booklet. For Survey II, the mean number of symptoms reported by patients who read the booklet was 61% greater than those who had not read the booklet. A similar pattern was noted for respondents to Survey III (the mean number being 45% higher for those having read the booklet versus those who had not). However, this result was not statistically significant.

**Exhibit 5**  
**Mean Number of Symptoms Reported Across Surveys**

	Survey I	Survey II (n=127)	Survey III (n=56)
Mean Number of Symptoms for Those Who Read Booklet	--	5.09 (n=108)	5.60 (n=47)
Mean Number of Symptoms for Those Who Did Not Read Booklet	--	3.16 (n=19)	3.86 (n=7)
Total Mean Number of Symptoms	5.26 (n=214)	4.89 (n=132)	5.35 (n=55)

\* Numbers might not add up to the total mean number because a few respondents did not respond to the question of whether they read the booklet.

Exhibit 6 shows the results from Surveys II and III for the knowledge, perceived ability, and intention items. There is a general trend toward slightly lower percentages from knowledge to perceived ability to intention, but nothing that resembles a consistent pattern of significant size. The data displayed in the exhibit also indicate that the short-term effects of knowledge, ability and intent from reading the booklet persist for several months after reading the booklet.

**Exhibit 6**  
**Percentages of Knowledge, Perceived Ability (Confidence), and Intent to Act (Likelihood) of Doing Several Key Actions from Surveys II & III**

Items Related to Increased Knowledge, Perceived Ability, and Intent to Act	Survey II Responses (n=147)	Survey III Responses (n=56)
<b>Knowledge</b>		
Communicating with doctor	91%	89%
Creating a wellness plan	85%	87%
Changes I can make	92%	85%
Dealing effectively with memory problems	83%	83%
Dealing effectively with physical symptoms	87%	87%
Dealing effectively with feelings/fears	85%	81%
Improving relationships	86%	89%
Contacting cancer organizations	96%	96%
<b>Perceived ability</b>		
Communicating with doctor	85%	89%
Creating a wellness plan	75%	70%
Changes I can make	72%	67%
Dealing effectively with memory problems	65%	62%
Dealing effectively with physical symptoms	68%	65%
Dealing effectively with feelings/fears	63%	67%
Improving relationships	77%	78%
Contacting cancer organizations	79%	86%
<b>Intent to act</b>		
Communicating with doctor	83%	76%
Dealing effectively with physical symptoms	83%	72%
Dealing effectively with feelings/fears	74%	66%
Improving relationships	74%	67%
Contacting cancer organizations	57%	45%

## Recommendations

The evaluation resulted in several key recommendations for revising the booklet. In learning how to cope with symptoms, respondents repeatedly answered that they did not know any ways to manage their memory or concentration problems, sexual symptoms, swelling or lymphedema, neuropathy or numbness, or dry eyes. It is recommended that these subjects be enhanced in future editions of the booklet. There was also a sharp drop off in the percentage of respondents reporting that the booklet resulted in an increased likelihood of action versus increased knowledge. Some other catalyst needs to be found to move people from knowledge to action. It is recommended that OESI' focus on its mission is to increase patient and provider knowledge, and allow others to move people from knowledge to action.

Lessons learned from this complex evaluation provide insights that will facilitate the design and implementation of future studies of this type. We learned from this study that with better planning and insight into the functioning of cancer centers a longitudinal analysis could be done. Longitudinal analysis provides a richer source of data. To accomplish this type of study the time

frame should allow at least 2 years for implementation. This study was supposed to be completed within 1 year, which was insufficient considering the barriers encountered in obtaining OMB clearance, IRB approval at the cancer centers, recruiting cancer centers, and recruiting patients. Other lessons include: recruiting more cancer centers than needed to allow for drop out, and increasing the recruitment period to facilitate recruitment objectives.

## Summary

This longitudinal evaluation showed that patients who read the booklet *Facing Forward: Life after Cancer Treatment* indicated increased knowledge, perceived ability, and intention to act with respect to post-treatment issues and behavioral strategies. There is an indication that this positive effect was present both in the short- and long-term.

In addition, respondents overwhelmingly felt the booklet was helpful in learning more about post-cancer treatment issues and coping strategies, however, it was not sufficient to consistently promote behavioral coping strategies and attendance at counseling or support groups among the respondents. Recommendations for enhancing future versions of the booklet were presented as well as ways to handle future evaluations.

## APPENDIXES

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**APPENDIX A:**  
**FREQUENCIES**

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## Frequencies From Survey I

### Bladder

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	1	.4	.5	.5
	Yes	107	47.3	48.2	48.6
	No	114	50.4	51.4	100.0
	Total	222	98.2	100.0	
Missing	System	4	1.8		
Total		226	100.0		

### Mouth

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	1	.4	.4	.4
	Yes	80	35.4	35.9	36.3
	No	142	62.8	63.7	100.0
	Total	223	98.7	100.0	
Missing	System	3	1.3		
Total		226	100.0		

### Social relationships

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	1	.4	.5	.5
	Yes	74	32.7	33.9	34.4
	No	143	63.3	65.6	100.0
	Total	218	96.5	100.0	
Missing	System	8	3.5		
Total		226	100.0		

### Emotions

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	144	63.7	65.2	65.2
	No	77	34.1	34.8	100.0
	Total	221	97.8	100.0	
Missing	System	5	2.2		
Total		226	100.0		

### Fatigue

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	169	74.8	77.5	77.5
	No	49	21.7	22.5	100.0
	Total	218	96.5	100.0	
Missing	System	8	3.5		
Total		226	100.0		

### Swelling

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	1	.4	.5	.5
	Yes	51	22.6	23.7	24.2
	No	163	72.1	75.8	100.0
	Total	215	95.1	100.0	
Missing	System	11	4.9		
Total		226	100.0		

### Memory

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	97	42.9	43.7	43.7
	No	125	55.3	56.3	100.0
	Total	222	98.2	100.0	
Missing	System	4	1.8		
Total		226	100.0		

### Menopause

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	1	.4	.5	.5
	Yes	62	27.4	29.8	30.3
	No	145	64.2	69.7	100.0
	Total	208	92.0	100.0	
Missing	System	18	8.0		
Total		226	100.0		

**Pain**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	1	.4	.5	.5
	Yes	120	53.1	54.1	54.5
	No	101	44.7	45.5	100.0
	Total	222	98.2	100.0	
Missing	System	4	1.8		
Total		226	100.0		

**Sexual symptoms**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	1	.4	.5	.5
	Yes	68	30.1	32.1	32.5
	No	143	63.3	67.5	100.0
	Total	212	93.8	100.0	
Missing	System	14	6.2		
Total		226	100.0		

**Weight change**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	1	.4	.5	.5
	Yes	121	53.5	54.8	55.2
	No	99	43.8	44.8	100.0
	Total	221	97.8	100.0	
Missing	System	5	2.2		
Total		226	100.0		

**Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	33	14.6	58.9	58.9
	No	23	10.2	41.1	100.0
	Total	56	24.8	100.0	
Missing	System	170	75.2		
Total		226	100.0		

### Bladder

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	26	11.5	24.8	24.8
	Some ways	63	27.9	60.0	84.8
	Not any ways	16	7.1	15.2	100.0
	Total	105	46.5	100.0	
Missing	System	121	53.5		
Total		226	100.0		

### Mouth

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	13	5.8	17.6	17.6
	Some ways	46	20.4	62.2	79.7
	Not any ways	15	6.6	20.3	100.0
	Total	74	32.7	100.0	
Missing	System	152	67.3		
Total		226	100.0		

### Social relationships

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	20	8.8	29.0	29.0
	Some ways	44	19.5	63.8	92.8
	Not any ways	5	2.2	7.2	100.0
	Total	69	30.5	100.0	
Missing	System	157	69.5		
Total		226	100.0		

### Emotions

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	41	18.1	29.5	29.5
	Some ways	88	38.9	63.3	92.8
	Not any ways	10	4.4	7.2	100.0
	Total	139	61.5	100.0	
Missing	System	87	38.5		
Total		226	100.0		

### Fatigue

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	33	14.6	20.5	20.5
	Some ways	116	51.3	72.0	92.5
	Not any ways	12	5.3	7.5	100.0
	Total	161	71.2	100.0	
Missing	System	65	28.8		
Total		226	100.0		

### Swelling

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	7	3.1	14.6	14.6
	Some ways	23	10.2	47.9	62.5
	Not any ways	18	8.0	37.5	100.0
	Total	48	21.2	100.0	
Missing	System	178	78.8		
Total		226	100.0		

### Memory

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	7	3.1	7.5	7.5
	Some ways	48	21.2	51.6	59.1
	Not any ways	38	16.8	40.9	100.0
	Total	93	41.2	100.0	
Missing	System	133	58.8		
Total		226	100.0		

### Menopause

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	11	4.9	18.6	18.6
	Some ways	30	13.3	50.8	69.5
	Not any ways	18	8.0	30.5	100.0
	Total	59	26.1	100.0	
Missing	System	167	73.9		
Total		226	100.0		

**Pain**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	30	13.3	28.0	28.0
	Some ways	71	31.4	66.4	94.4
	Not any ways	6	2.7	5.6	100.0
	Total	107	47.3	100.0	
Missing	System	119	52.7		
Total		226	100.0		

**Sexual symptoms**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	7	3.1	11.1	11.1
	Some ways	32	14.2	50.8	61.9
	Not any ways	24	10.6	38.1	100.0
	Total	63	27.9	100.0	
Missing	System	163	72.1		
Total		226	100.0		

**Weight change**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	38	16.8	33.0	33.0
	Some ways	66	29.2	57.4	90.4
	Not any ways	11	4.9	9.6	100.0
	Total	115	50.9	100.0	
Missing	System	111	49.1		
Total		226	100.0		

**Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	6	2.7	22.2	22.2
	Some ways	11	4.9	40.7	63.0
	Not any ways	10	4.4	37.0	100.0
	Total	27	11.9	100.0	
Missing	System	199	88.1		
Total		226	100.0		

**Preferred sources: Dr./Nurse**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	174	77.0	80.6	80.6
	No	42	18.6	19.4	100.0
	Total	216	95.6	100.0	
Missing	System	10	4.4		
Total		226	100.0		

**Preferred sources: Another provider**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	21	9.3	9.7	9.7
	No	195	86.3	90.3	100.0
	Total	216	95.6	100.0	
Missing	System	10	4.4		
Total		226	100.0		

**Preferred sources: Patient**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	63	27.9	29.2	29.2
	No	153	67.7	70.8	100.0
	Total	216	95.6	100.0	
Missing	System	10	4.4		
Total		226	100.0		

**Preferred sources: Support group**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	25	11.1	11.6	11.6
	No	191	84.5	88.4	100.0
	Total	216	95.6	100.0	
Missing	System	10	4.4		
Total		226	100.0		

**Preferred sources: Internet**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	38	16.8	17.6	17.6
	No	178	78.8	82.4	100.0
	Total	216	95.6	100.0	
Missing	System	10	4.4		
Total		226	100.0		

**Preferred sources: Print**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	50	22.1	23.1	23.1
	No	166	73.5	76.9	100.0
	Total	216	95.6	100.0	
Missing	System	10	4.4		
Total		226	100.0		

**Preferred sources: Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	12	5.3	5.6	5.6
	No	204	90.3	94.4	100.0
	Total	216	95.6	100.0	
Missing	System	10	4.4		
Total		226	100.0		

**Preferred sources: None**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	13	5.8	6.0	6.0
	No	203	89.8	94.0	100.0
	Total	216	95.6	100.0	
Missing	System	10	4.4		
Total		226	100.0		



**Preferred sources: Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	23	10.2	10.6	10.6
	No	193	85.4	89.4	100.0
	Total	216	95.6	100.0	
Missing	System	10	4.4		
Total		226	100.0		

**Know where to get info.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	105	46.5	49.5	49.5
	Agree	93	41.2	43.9	93.4
	Disagree	12	5.3	5.7	99.1
	Strongly disagree	2	.9	.9	100.0
	Total	212	93.8	100.0	
Missing	System	14	6.2		
Total		226	100.0		

**Helpful to have more info.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	88	38.9	41.3	41.3
	Agree	105	46.5	49.3	90.6
	Disagree	20	8.8	9.4	100.0
	Total	213	94.2	100.0	
Missing	System	13	5.8		
Total		226	100.0		

**Likely to contact orgs?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very likely	45	19.9	21.2	21.2
	Somewhat likely	24	10.6	11.3	32.5
	Likely	44	19.5	20.8	53.3
	Less likely	23	10.2	10.8	64.2
	Not at all likely	44	19.5	20.8	84.9
	Don't know	32	14.2	15.1	100.0
	Total	212	93.8	100.0	
Missing	System	14	6.2		
Total		226	100.0		

**Likely to seek follow-up**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very likely	197	87.2	90.4	90.4
	Somewhat likely	9	4.0	4.1	94.5
	Likely	11	4.9	5.0	99.5
	Not at all likely	1	.4	.5	100.0
	Total	218	96.5	100.0	
Missing	System	8	3.5		
Total		226	100.0		

**Likely to create wellness plan**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very likely	144	63.7	65.5	65.5
	Somewhat likely	28	12.4	12.7	78.2
	Likely	27	11.9	12.3	90.5
	Less likely	6	2.7	2.7	93.2
	Not at all likely	4	1.8	1.8	95.0
	Don't know	11	4.9	5.0	100.0
	Total	220	97.3	100.0	
Missing	System	6	2.7		
Total		226	100.0		

**Gender**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Female	148	65.5	66.1	66.1
	Male	76	33.6	33.9	100.0
	Total	224	99.1	100.0	
Missing	System	2	.9		
Total		226	100.0		

### Age

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	21-29	4	1.8	1.8	1.8
	30-39	16	7.1	7.2	9.0
	40-44	6	2.7	2.7	11.7
	45-49	21	9.3	9.4	21.1
	50-54	39	17.3	17.5	38.6
	55-59	38	16.8	17.0	55.6
	60-64	41	18.1	18.4	74.0
	65+	58	25.7	26.0	100.0
	Total	223	98.7	100.0	
Missing	System	3	1.3		
Total		226	100.0		

### Education

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Grade school	1	.4	.5	.5
	Some high school	9	4.0	4.1	4.5
	High school	67	29.6	30.2	34.7
	Some college	60	26.5	27.0	61.7
	College or greater	85	37.6	38.3	100.0
	Total	222	98.2	100.0	
Missing	System	4	1.8		
Total		226	100.0		

**Date**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	06/07/05	1	.4	.4	.4
	06/21/05	5	2.2	2.2	2.7
	06/22/05	4	1.8	1.8	4.5
	06/23/05	5	2.2	2.2	6.7
	06/24/05	2	.9	.9	7.6
	06/26/05	1	.4	.4	8.0
	06/27/05	2	.9	.9	8.9
	06/30/05	4	1.8	1.8	10.7
	07/01/05	6	2.7	2.7	13.4
	07/05/05	3	1.3	1.3	14.7
	07/06/05	7	3.1	3.1	17.9
	07/07/05	3	1.3	1.3	19.2
	07/08/05	2	.9	.9	20.1
	07/11/05	5	2.2	2.2	22.3
	07/12/05	2	.9	.9	23.2
	07/13/05	3	1.3	1.3	24.6
	07/14/05	1	.4	.4	25.0
	07/15/05	2	.9	.9	25.9
	07/18/05	2	.9	.9	26.8
	07/20/05	3	1.3	1.3	28.1
	07/26/05	5	2.2	2.2	30.4
	07/27/05	3	1.3	1.3	31.7
	07/28/05	4	1.8	1.8	33.5
	07/29/05	2	.9	.9	34.4
	08/01/05	2	.9	.9	35.3
	08/02/05	1	.4	.4	35.7
	08/04/05	2	.9	.9	36.6
	08/05/05	1	.4	.4	37.1
	08/07/05	1	.4	.4	37.5
	08/08/05	1	.4	.4	37.9
	08/10/05	3	1.3	1.3	39.3
	08/11/05	2	.9	.9	40.2
	08/15/05	3	1.3	1.3	41.5
	08/16/05	1	.4	.4	42.0
	08/17/05	3	1.3	1.3	43.3
	08/19/05	3	1.3	1.3	44.6
	08/22/05	2	.9	.9	45.5
	08/23/05	1	.4	.4	46.0
	08/24/05	2	.9	.9	46.9
	08/25/05	2	.9	.9	47.8
	08/26/05	1	.4	.4	48.2
	08/29/05	1	.4	.4	48.7

**Date Continued**

	Frequency	Percent	Valid Percent	Cumulative Percent
08/31/05	1	.4	.4	49.1
09/06/05	1	.4	.4	49.6
09/09/05	1	.4	.4	50.0
09/12/05	3	1.3	1.3	51.3
09/13/05	2	.9	.9	52.2
09/14/05	1	.4	.4	52.7
09/19/05	1	.4	.4	53.1
09/21/05	3	1.3	1.3	54.5
09/22/05	1	.4	.4	54.9
09/23/05	1	.4	.4	55.4
09/27/05	1	.4	.4	55.8
09/28/05	1	.4	.4	56.3
09/29/05	1	.4	.4	56.7
09/30/05	1	.4	.4	57.1
10/04/05	6	2.7	2.7	59.8
10/05/05	2	.9	.9	60.7
10/06/05	1	.4	.4	61.2
10/12/05	3	1.3	1.3	62.5
10/13/05	2	.9	.9	63.4
10/14/05	1	.4	.4	63.8
10/17/05	1	.4	.4	64.3
10/18/05	1	.4	.4	64.7
10/19/05	5	2.2	2.2	67.0
10/20/05	3	1.3	1.3	68.3
10/24/05	2	.9	.9	69.2
11/04/05	1	.4	.4	69.6
11/07/05	1	.4	.4	70.1
11/09/05	1	.4	.4	70.5
11/10/05	5	2.2	2.2	72.8
11/14/05	1	.4	.4	73.2
11/16/05	1	.4	.4	73.7
11/21/05	1	.4	.4	74.1
11/22/05	2	.9	.9	75.0
11/30/05	2	.9	.9	75.9
12/07/05	1	.4	.4	76.3
12/12/05	1	.4	.4	76.8
12/15/05	2	.9	.9	77.7
12/19/05	1	.4	.4	78.1
12/21/05	2	.9	.9	79.0
01/05/06	2	.9	.9	79.9
01/06/06	1	.4	.4	80.4

**Date Continued**

	Frequency	Percent	Valid Percent	Cumulative Percent
01/09/06	1	.4	.4	80.8
01/10/06	4	1.8	1.8	82.6
01/11/06	1	.4	.4	83.0
01/12/06	1	.4	.4	83.5
01/21/06	1	.4	.4	83.9
01/24/06	1	.4	.4	84.4
01/25/06	1	.4	.4	84.8
01/26/06	2	.9	.9	85.7
01/30/06	1	.4	.4	86.2
02/01/06	1	.4	.4	86.6
02/08/06	2	.9	.9	87.5
02/09/06	1	.4	.4	87.9
02/10/06	2	.9	.9	88.8
02/13/06	1	.4	.4	89.3
02/15/06	2	.9	.9	90.2
02/16/06	2	.9	.9	91.1
02/23/06	4	1.8	1.8	92.9
02/26/06	1	.4	.4	93.3
02/28/06	3	1.3	1.3	94.6
03/01/06	1	.4	.4	95.1
03/16/06	3	1.3	1.3	96.4
03/21/06	1	.4	.4	96.9
03/22/06	1	.4	.4	97.3
03/27/06	2	.9	.9	98.2
03/30/06	3	1.3	1.3	99.6
04/13/06	1	.4	.4	100.0
Total	224	99.1	100.0	
Missing System	2	.9		
Total	226	100.0		

**Hispanic**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Yes	5	2.2	2.3	2.3
No	214	94.7	97.7	100.0
Total	219	96.9	100.0	
Missing System	7	3.1		
Total	226	100.0		

### Race

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	AI/AN	2	.9	.9	.9
	Asian	2	.9	.9	1.8
	African American	41	18.1	18.9	20.7
	White/Caucasian	172	76.1	79.3	100.0
	Total	217	96.0	100.0	
Missing	System	9	4.0		
Total		226	100.0		

### Cancer status

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	New Cancer	188	83.2	86.2	86.2
	A recurrence	19	8.4	8.7	95.0
	A metastasis	8	3.5	3.7	98.6
	Don't know	3	1.3	1.4	100.0
	Total	218	96.5	100.0	
Missing	System	8	3.5		
Total		226	100.0		

### Had biological therapy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	6	2.7	2.8	2.8
	No	211	93.4	97.2	100.0
	Total	217	96.0	100.0	
Missing	System	9	4.0		
Total		226	100.0		

### Had chemotherapy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	130	57.5	59.9	59.9
	No	87	38.5	40.1	100.0
	Total	217	96.0	100.0	
Missing	System	9	4.0		
Total		226	100.0		

### Had radiation therapy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	172	76.1	79.3	79.3
	No	45	19.9	20.7	100.0
	Total	217	96.0	100.0	
Missing	System	9	4.0		
Total		226	100.0		

### Had surgery

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	130	57.5	59.9	59.9
	No	87	38.5	40.1	100.0
	Total	217	96.0	100.0	
Missing	System	9	4.0		
Total		226	100.0		

### Had another treatment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	29	12.8	13.4	13.4
	No	188	83.2	86.6	100.0
	Total	217	96.0	100.0	
Missing	System	9	4.0		
Total		226	100.0		

### Don't know about treatment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	.9	.9	.9
	No	215	95.1	99.1	100.0
	Total	217	96.0	100.0	
Missing	System	9	4.0		
Total		226	100.0		



**Plan on attending counseling or support groups**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	75	33.2	35.0	35.0
	No	139	61.5	65.0	100.0
	Total	214	94.7	100.0	
Missing	System	12	5.3		
Total		226	100.0		

**Will attend One-on-one sessions**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	27	11.9	35.1	35.1
	No	50	22.1	64.9	100.0
	Total	77	34.1	100.0	
Missing	System	149	65.9		
Total		226	100.0		

**Will attend support groups**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	43	19.0	55.8	55.8
	No	34	15.0	44.2	100.0
	Total	77	34.1	100.0	
Missing	System	149	65.9		
Total		226	100.0		

**Will attend another type of counseling**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	8	3.5	10.4	10.4
	No	69	30.5	89.6	100.0
	Total	77	34.1	100.0	
Missing	System	149	65.9		
Total		226	100.0		

**Will attend none**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	.9	2.6	2.6
	No	75	33.2	97.4	100.0
	Total	77	34.1	100.0	
Missing	System	149	65.9		
Total		226	100.0		

**Don't know which I will attend**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	17	7.5	22.1	22.1
	No	60	26.5	77.9	100.0
	Total	77	34.1	100.0	
Missing	System	149	65.9		
Total		226	100.0		

**Had biological therapy**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	40	17.7	100.0	100.0
Missing	System	186	82.3		
Total		226	100.0		

**Had chemotherapy**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	12	5.3	30.0	30.0
	No	28	12.4	70.0	100.0
	Total	40	17.7	100.0	
Missing	System	186	82.3		
Total		226	100.0		

### Had radiation therapy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	21	9.3	52.5	52.5
	No	19	8.4	47.5	100.0
	Total	40	17.7	100.0	
Missing	System	186	82.3		
Total		226	100.0		

### Had surgery

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	27	11.9	67.5	67.5
	No	13	5.8	32.5	100.0
	Total	40	17.7	100.0	
Missing	System	186	82.3		
Total		226	100.0		

### Had another treatment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	.4	2.5	2.5
	No	39	17.3	97.5	100.0
	Total	40	17.7	100.0	
Missing	System	186	82.3		
Total		226	100.0		

### Don't know about treatment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	40	17.7	100.0	100.0
Missing	System	186	82.3		
Total		226	100.0		

**When did you complete treatment**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	6 months or less	9	4.0	23.1	23.1
	6 months-1 year	7	3.1	17.9	41.0
	1-2 years	3	1.3	7.7	48.7
	2-5 years	6	2.7	15.4	64.1
	More than 5 years	14	6.2	35.9	100.0
	Total	39	17.3	100.0	
Missing	System	187	82.7		
Total		226	100.0		

**Attended One-on-one sessions**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	6	2.7	17.6	17.6
	No	28	12.4	82.4	100.0
	Total	34	15.0	100.0	
Missing	System	192	85.0		
Total		226	100.0		

**Attended support groups**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	.9	5.9	5.9
	No	32	14.2	94.1	100.0
	Total	34	15.0	100.0	
Missing	System	192	85.0		
Total		226	100.0		

**Attended another type of counseling**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	3	1.3	8.8	8.8
	No	31	13.7	91.2	100.0
	Total	34	15.0	100.0	
Missing	System	192	85.0		
Total		226	100.0		

**Attended none**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	22	9.7	64.7	64.7
	No	12	5.3	35.3	100.0
	Total	34	15.0	100.0	
Missing	System	192	85.0		
Total		226	100.0		

**Don't know which I attended**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	3	1.3	8.8	8.8
	No	31	13.7	91.2	100.0
	Total	34	15.0	100.0	
Missing	System	192	85.0		
Total		226	100.0		

## Frequencies From Survey II

### Q1 Read booklet

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	117	51.8	79.6	79.6
	No	23	10.2	15.6	95.2
	Don't know	7	3.1	4.8	100.0
	Total	147	65.0	100.0	
Missing	System	79	35.0		
Total		226	100.0		

### Q2 Helpful?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very	61	27.0	53.0	53.0
	Somewhat	50	22.1	43.5	96.5
	Not very	4	1.8	3.5	100.0
	Total	115	50.9	100.0	
Missing	System	111	49.1		
Total		226	100.0		

### Q3a Helpful for checkups

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very	66	29.2	56.4	56.4
	Somewhat	40	17.7	34.2	90.6
	Not very	9	4.0	7.7	98.3
	Don't know	2	.9	1.7	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

### Q3b Helpful for side effects

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very	75	33.2	64.1	64.1
	Somewhat	39	17.3	33.3	97.4
	Not very	3	1.3	2.6	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q3c Helpful for feelings**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very	73	32.3	62.4	62.4
	Somewhat	35	15.5	29.9	92.3
	Not very	9	4.0	7.7	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q3d Helpful with relations**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very	62	27.4	53.4	53.4
	Somewhat	41	18.1	35.3	88.8
	Not very	9	4.0	7.8	96.6
	Don't know	4	1.8	3.4	100.0
	Total	116	51.3	100.0	
Missing	System	110	48.7		
Total		226	100.0		

**Q4a Knowledge for communication with doctor**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	41	18.1	35.0	35.0
	Agree	65	28.8	55.6	90.6
	Disagree	7	3.1	6.0	96.6
	Strongly disagree	1	.4	.9	97.4
	Don't know	3	1.3	2.6	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q4b Knowledge for wellness plan**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	33	14.6	28.2	28.2
	Agree	66	29.2	56.4	84.6
	Disagree	11	4.9	9.4	94.0
	Don't know	7	3.1	6.0	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q4c Knowledge for making changes**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	41	18.1	35.0	35.0
	Agree	66	29.2	56.4	91.5
	Disagree	4	1.8	3.4	94.9
	Strongly disagree	1	.4	.9	95.7
	Don't know	5	2.2	4.3	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q4d Knowledge for concentration**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	30	13.3	25.9	25.9
	Agree	66	29.2	56.9	82.8
	Disagree	10	4.4	8.6	91.4
	Strongly disagree	2	.9	1.7	93.1
	Don't know	8	3.5	6.9	100.0
	Total	116	51.3	100.0	
Missing	System	110	48.7		
Total		226	100.0		



**Q4e Knowledge for physical symptoms**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	36	15.9	30.8	30.8
	Agree	66	29.2	56.4	87.2
	Disagree	8	3.5	6.8	94.0
	Strongly disagree	1	.4	.9	94.9
	Don't know	6	2.7	5.1	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q4f Knowledge for feelings**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	35	15.5	30.4	30.4
	Agree	63	27.9	54.8	85.2
	Disagree	6	2.7	5.2	90.4
	Strongly disagree	2	.9	1.7	92.2
	Don't know	9	4.0	7.8	100.0
	Total	115	50.9	100.0	
Missing	System	111	49.1		
Total		226	100.0		

**Q4g Knowledge for relationships**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	35	15.5	30.4	30.4
	Agree	64	28.3	55.7	86.1
	Disagree	5	2.2	4.3	90.4
	Strongly disagree	2	.9	1.7	92.2
	Don't know	9	4.0	7.8	100.0
	Total	115	50.9	100.0	
Missing	System	111	49.1		
Total		226	100.0		

**Q4h Knowledge about resources**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	49	21.7	42.2	42.2
	Agree	62	27.4	53.4	95.7
	Disagree	1	.4	.9	96.6
	Don't know	4	1.8	3.4	100.0
	Total	116	51.3	100.0	
Missing	System	110	48.7		
Total		226	100.0		

**Q5a Confidence for Communication with doctor**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	57	25.2	48.7	48.7
	Somewhat confident	42	18.6	35.9	84.6
	Confident	17	7.5	14.5	99.1
	Don't Know	1	.4	.9	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q5b Confidence for wellness plan**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	45	19.9	38.8	38.8
	Somewhat confident	42	18.6	36.2	75.0
	Confident	20	8.8	17.2	92.2
	Less disagree	2	.9	1.7	94.0
	Don't Know	7	3.1	6.0	100.0
	Total	116	51.3	100.0	
Missing	System	110	48.7		
Total		226	100.0		

**Q5c Confidence for making changes**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	47	20.8	40.2	40.2
	Somewhat confident	37	16.4	31.6	71.8
	Confident	25	11.1	21.4	93.2
	Less disagree	3	1.3	2.6	95.7
	Don't Know	5	2.2	4.3	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q5d Confidence for concentration**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	35	15.5	31.3	31.3
	Somewhat confident	38	16.8	33.9	65.2
	Confident	24	10.6	21.4	86.6
	Less disagree	7	3.1	6.3	92.9
	No confidence	1	.4	.9	93.8
	Don't Know	7	3.1	6.3	100.0
	Total	112	49.6	100.0	
Missing	System	114	50.4		
Total		226	100.0		

**Q5e Confidence for physical symptoms**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	36	15.9	30.8	30.8
	Somewhat confident	43	19.0	36.8	67.5
	Confident	29	12.8	24.8	92.3
	Less disagree	3	1.3	2.6	94.9
	Don't Know	6	2.7	5.1	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q5f Confidence for feelings**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	35	15.5	29.9	29.9
	Somewhat confident	39	17.3	33.3	63.2
	Confident	34	15.0	29.1	92.3
	Less disagree	2	.9	1.7	94.0
	Don't Know	7	3.1	6.0	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q5g Confidence for relationships**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	40	17.7	34.5	34.5
	Somewhat confident	49	21.7	42.2	76.7
	Confident	18	8.0	15.5	92.2
	Less disagree	4	1.8	3.4	95.7
	Don't Know	5	2.2	4.3	100.0
	Total	116	51.3	100.0	
Missing	System	110	48.7		
Total		226	100.0		

**Q5h Confidence about resources**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	50	22.1	42.7	42.7
	Somewhat confident	42	18.6	35.9	78.6
	Confident	12	5.3	10.3	88.9
	Less disagree	4	1.8	3.4	92.3
	No confidence	2	.9	1.7	94.0
	Don't Know	7	3.1	6.0	100.0
	Total	117	51.8	100.0	
Missing	System	109	48.2		
Total		226	100.0		

**Q6a Likelihood of talking with Dr.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	68	30.1	59.1	59.1
	Somewhat likely	27	11.9	23.5	82.6
	Likely	12	5.3	10.4	93.0
	Not very likely	2	.9	1.7	94.8
	Not at all likely	2	.9	1.7	96.5
	Don't know	4	1.8	3.5	100.0
	Total	115	50.9	100.0	
Missing	System	111	49.1		
Total		226	100.0		

**Q6b Likelihood dealing w/ symptoms**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	53	23.5	46.5	46.5
	Somewhat likely	42	18.6	36.8	83.3
	Likely	12	5.3	10.5	93.9
	Not very likely	4	1.8	3.5	97.4
	Not at all likely	2	.9	1.8	99.1
	Don't know	1	.4	.9	100.0
	Total	114	50.4	100.0	
Missing	System	112	49.6		
Total		226	100.0		

**Q6c Likelihood dealing w/ feelings**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	44	19.5	38.6	38.6
	Somewhat likely	40	17.7	35.1	73.7
	Likely	19	8.4	16.7	90.4
	Not very likely	4	1.8	3.5	93.9
	Not at all likely	2	.9	1.8	95.6
	Don't know	5	2.2	4.4	100.0
	Total	114	50.4	100.0	
Missing	System	112	49.6		
Total		226	100.0		

**Q6d Likelihood improving relationships**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	47	20.8	41.2	41.2
	Somewhat likely	37	16.4	32.5	73.7
	Likely	18	8.0	15.8	89.5
	Not very likely	3	1.3	2.6	92.1
	Not at all likely	4	1.8	3.5	95.6
	Don't know	5	2.2	4.4	100.0
	Total	114	50.4	100.0	
Missing	System	112	49.6		
Total		226	100.0		

**Q6e Likelihood of contacting orgs**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	36	15.9	31.3	31.3
	Somewhat likely	29	12.8	25.2	56.5
	Likely	20	8.8	17.4	73.9
	Not very likely	14	6.2	12.2	86.1
	Not at all likely	8	3.5	7.0	93.0
	Don't know	8	3.5	7.0	100.0
	Total	115	50.9	100.0	
Missing	System	111	49.1		
Total		226	100.0		

**Q7a Bladder**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	59	26.1	42.4	42.4
	Yes	54	23.9	38.8	81.3
	No	26	11.5	18.7	100.0
	Total	139	61.5	100.0	
Missing	System	87	38.5		
Total		226	100.0		

**Q7b Mouth**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	71	31.4	50.4	50.4
	Yes	44	19.5	31.2	81.6
	No	26	11.5	18.4	100.0
	Total	141	62.4	100.0	
Missing	System	85	37.6		
Total		226	100.0		

**Q7c Relationships**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	66	29.2	47.1	47.1
	Yes	46	20.4	32.9	80.0
	No	28	12.4	20.0	100.0
	Total	140	61.9	100.0	
Missing	System	86	38.1		
Total		226	100.0		

**Q7d Emotions**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	35	15.5	25.2	25.2
	Yes	88	38.9	63.3	88.5
	No	16	7.1	11.5	100.0
	Total	139	61.5	100.0	
Missing	System	87	38.5		
Total		226	100.0		

**Q7e Fatigue**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	30	13.3	21.3	21.3
	Yes	98	43.4	69.5	90.8
	No	13	5.8	9.2	100.0
	Total	141	62.4	100.0	
Missing	System	85	37.6		
Total		226	100.0		

**Q7f Swelling**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	72	31.9	52.2	52.2
	Yes	32	14.2	23.2	75.4
	No	34	15.0	24.6	100.0
	Total	138	61.1	100.0	
Missing	System	88	38.9		
Total		226	100.0		

**Q7g Memory**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	49	21.7	35.3	35.3
	Yes	67	29.6	48.2	83.5
	No	23	10.2	16.5	100.0
	Total	139	61.5	100.0	
Missing	System	87	38.5		
Total		226	100.0		

**Q7h Menopause**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	66	29.2	50.4	50.4
	Yes	31	13.7	23.7	74.0
	No	34	15.0	26.0	100.0
	Total	131	58.0	100.0	
Missing	System	95	42.0		
Total		226	100.0		



**Q7i Pain**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	55	24.3	39.6	39.6
	Yes	59	26.1	42.4	82.0
	No	25	11.1	18.0	100.0
	Total	139	61.5	100.0	
Missing	System	87	38.5		
Total		226	100.0		

**Q7j Sexual symptoms**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	65	28.8	47.1	47.1
	Yes	49	21.7	35.5	82.6
	No	24	10.6	17.4	100.0
	Total	138	61.1	100.0	
Missing	System	88	38.9		
Total		226	100.0		

**Q7k Weight change**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	49	21.7	35.0	35.0
	Yes	74	32.7	52.9	87.9
	No	17	7.5	12.1	100.0
	Total	140	61.9	100.0	
Missing	System	86	38.1		
Total		226	100.0		

**Q7l Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	19	8.4	50.0	50.0
	Yes	12	5.3	31.6	81.6
	No	7	3.1	18.4	100.0
	Total	38	16.8	100.0	
Missing	System	188	83.2		
Total		226	100.0		

**Q7a\_a Bladder**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	9	4.0	16.4	16.4
	Some ways	39	17.3	70.9	87.3
	Not any ways	7	3.1	12.7	100.0
	Total	55	24.3	100.0	
Missing	System	171	75.7		
Total		226	100.0		

**Q7b\_b Mouth**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	13	5.8	30.2	30.2
	Some ways	24	10.6	55.8	86.0
	Not any ways	6	2.7	14.0	100.0
	Total	43	19.0	100.0	
Missing	System	183	81.0		
Total		226	100.0		

**Q7c\_c Relationships**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	17	7.5	34.7	34.7
	Some ways	29	12.8	59.2	93.9
	Not any ways	3	1.3	6.1	100.0
	Total	49	21.7	100.0	
Missing	System	177	78.3		
Total		226	100.0		

**Q7d\_d Emotions**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	29	12.8	33.0	33.0
	Some ways	54	23.9	61.4	94.3
	Not any ways	5	2.2	5.7	100.0
	Total	88	38.9	100.0	
Missing	System	138	61.1		
Total		226	100.0		

**Q7e\_e Fatigue**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	30	13.3	30.9	30.9
	Some ways	60	26.5	61.9	92.8
	Not any ways	7	3.1	7.2	100.0
	Total	97	42.9	100.0	
Missing	System	129	57.1		
Total		226	100.0		

**Q7f\_f Swelling**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	10	4.4	28.6	28.6
	Some ways	18	8.0	51.4	80.0
	Not any ways	7	3.1	20.0	100.0
	Total	35	15.5	100.0	
Missing	System	191	84.5		
Total		226	100.0		

**Q7g\_g Memory**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	14	6.2	20.3	20.3
	Some ways	38	16.8	55.1	75.4
	Not any ways	17	7.5	24.6	100.0
	Total	69	30.5	100.0	
Missing	System	157	69.5		
Total		226	100.0		

**Q7h\_h Menopause**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	7	3.1	23.3	23.3
	Some ways	16	7.1	53.3	76.7
	Not any ways	7	3.1	23.3	100.0
	Total	30	13.3	100.0	
Missing	System	196	86.7		
Total		226	100.0		

**Q7i\_i Pain**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	19	8.4	32.2	32.2
	Some ways	36	15.9	61.0	93.2
	Not any ways	4	1.8	6.8	100.0
	Total	59	26.1	100.0	
Missing	System	167	73.9		
Total		226	100.0		

**Q7j\_j Sexual symptoms**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	7	3.1	14.0	14.0
	Some ways	35	15.5	70.0	84.0
	Not any ways	8	3.5	16.0	100.0
	Total	50	22.1	100.0	
Missing	System	176	77.9		
Total		226	100.0		

**Q7k\_k Weight change**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	25	11.1	35.2	35.2
	Some ways	40	17.7	56.3	91.5
	Not any ways	6	2.7	8.5	100.0
	Total	71	31.4	100.0	
Missing	System	155	68.6		
Total		226	100.0		

**Q7l\_l Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Many ways	1	.4	9.1	9.1
	Some ways	7	3.1	63.6	72.7
	Not any ways	3	1.3	27.3	100.0
	Total	11	4.9	100.0	
Missing	System	215	95.1		
Total		226	100.0		

**Q8a Number of counseling sessions**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid	98	43.4	43.4	43.4
0	101	44.7	44.7	88.1
1	12	5.3	5.3	93.4
10	2	.9	.9	94.2
2	3	1.3	1.3	95.6
26	1	.4	.4	96.0
3	1	.4	.4	96.5
4	2	.9	.9	97.3
5	3	1.3	1.3	98.7
6	2	.9	.9	99.6
8	1	.4	.4	100.0
Total	226	100.0	100.0	

**Q8b Number of support group meetings**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 0	103	45.6	80.5	80.5
1	9	4.0	7.0	87.5
2	7	3.1	5.5	93.0
3	1	.4	.8	93.8
4	1	.4	.8	94.5
5	1	.4	.8	95.3
6	1	.4	.8	96.1
8	1	.4	.8	96.9
10	2	.9	1.6	98.4
12	1	.4	.8	99.2
25	1	.4	.8	100.0
Total	128	56.6	100.0	
Missing System	98	43.4		
Total	226	100.0		

**Q9 Sessions accomplished goals**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very well	19	8.4	21.6	21.6
	Somewhat well	14	6.2	15.9	37.5
	Well	9	4.0	10.2	47.7
	Not very well	3	1.3	3.4	51.1
	Don't know	43	19.0	48.9	100.0
	Total	88	38.9	100.0	
Missing	System	138	61.1		
Total		226	100.0		

**Q10 Date**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	10/08/05	1	.4	.7	.7
	10/21/05	1	.4	.7	1.5
	10/25/05	1	.4	.7	2.2
	10/26/05	1	.4	.7	2.9
	11/03/05	1	.4	.7	3.6
	11/08/05	1	.4	.7	4.4
	11/21/05	2	.9	1.5	5.8
	11/29/05	2	.9	1.5	7.3
	11/30/05	1	.4	.7	8.0
	12/01/05	1	.4	.7	8.8
	12/05/05	1	.4	.7	9.5
	12/09/05	2	.9	1.5	10.9
	12/10/05	1	.4	.7	11.7
	12/12/05	1	.4	.7	12.4
	12/13/05	2	.9	1.5	13.9
	12/16/05	1	.4	.7	14.6
	12/19/05	2	.9	1.5	16.1
	12/20/05	2	.9	1.5	17.5
	12/21/05	4	1.8	2.9	20.4
	12/22/05	2	.9	1.5	21.9
	12/26/05	1	.4	.7	22.6
	12/27/05	1	.4	.7	23.4
	12/29/05	1	.4	.7	24.1
	12/30/05	2	.9	1.5	25.5
	12/31/05	1	.4	.7	26.3
	01/05/06	2	.9	1.5	27.7
	01/06/06	3	1.3	2.2	29.9
	01/09/06	3	1.3	2.2	32.1
01/10/06	4	1.8	2.9	35.0	

**Q10 Date Continued**

	Frequency	Percent	Valid Percent	Cumulative Percent
01/11/06	1	.4	.7	35.8
01/14/06	1	.4	.7	36.5
01/16/06	1	.4	.7	37.2
01/18/06	2	.9	1.5	38.7
01/25/06	1	.4	.7	39.4
02/01/06	2	.9	1.5	40.9
02/07/06	1	.4	.7	41.6
02/17/06	1	.4	.7	42.3
02/21/06	1	.4	.7	43.1
02/22/06	1	.4	.7	43.8
02/23/06	1	.4	.7	44.5
02/27/06	1	.4	.7	45.3
03/01/06	3	1.3	2.2	47.4
03/03/06	1	.4	.7	48.2
03/04/06	1	.4	.7	48.9
03/06/06	1	.4	.7	49.6
03/07/06	1	.4	.7	50.4
03/08/06	1	.4	.7	51.1
03/16/06	1	.4	.7	51.8
03/17/06	1	.4	.7	52.6
03/18/06	3	1.3	2.2	54.7
03/20/06	5	2.2	3.6	58.4
03/21/06	6	2.7	4.4	62.8
03/22/06	4	1.8	2.9	65.7
03/23/06	3	1.3	2.2	67.9
03/25/06	1	.4	.7	68.6
03/27/06	1	.4	.7	69.3
03/29/06	2	.9	1.5	70.8
03/30/06	3	1.3	2.2	73.0
03/31/06	4	1.8	2.9	75.9
04/01/06	2	.9	1.5	77.4
04/02/06	3	1.3	2.2	79.6
04/03/06	1	.4	.7	80.3
04/04/06	2	.9	1.5	81.8
04/06/06	1	.4	.7	82.5
04/07/06	2	.9	1.5	83.9
04/08/06	1	.4	.7	84.7
04/09/06	1	.4	.7	85.4
04/11/06	2	.9	1.5	86.9
04/13/06	2	.9	1.5	88.3
04/16/06	2	.9	1.5	89.8
04/19/06	1	.4	.7	90.5
04/20/06	1	.4	.7	91.2

**Q10 Date Continued**

	Frequency	Percent	Valid Percent	Cumulative Percent
04/22/06	1	.4	.7	92.0
04/27/06	1	.4	.7	92.7
05/04/06	1	.4	.7	93.4
05/05/06	1	.4	.7	94.2
05/08/06	1	.4	.7	94.9
05/09/06	2	.9	1.5	96.4
05/10/06	1	.4	.7	97.1
05/11/06	1	.4	.7	97.8
06/01/06	2	.9	1.5	99.3
06/08/06	1	.4	.7	100.0
Total	137	60.6	100.0	
Missing System	89	39.4		
Total	226	100.0		



## Frequencies From Survey III

### Read booklet?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	50	22.1	86.2	86.2
	No	7	3.1	12.1	98.3
	Don't know	1	.4	1.7	100.0
	Total	58	25.7	100.0	
Missing	System	168	74.3		
Total		226	100.0		

### Knowledge-Communicate with Dr.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	18	8.0	37.5	37.5
	Agree	25	11.1	52.1	89.6
	Disagree	1	.4	2.1	91.7
	Strongly Disagree	1	.4	2.1	93.8
	Don't know	3	1.3	6.3	100.0
	Total	48	21.2	100.0	
Missing	System	178	78.8		
Total		226	100.0		

### Knowledge-Wellness plan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	13	5.8	27.1	27.1
	Agree	29	12.8	60.4	87.5
	Disagree	1	.4	2.1	89.6
	Strongly Disagree	1	.4	2.1	91.7
	Don't know	4	1.8	8.3	100.0
	Total	48	21.2	100.0	
Missing	System	178	78.8		
Total		226	100.0		

### Knowledge-make changes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	12	5.3	25.0	25.0
	Agree	29	12.8	60.4	85.4
	Disagree	1	.4	2.1	87.5
	Strongly Disagree	1	.4	2.1	89.6
	Don't know	5	2.2	10.4	100.0
	Total	48	21.2	100.0	
Missing	System	178	78.8		
Total		226	100.0		

### Knowledge-Dealing with memory

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	11	4.9	22.9	22.9
	Agree	28	12.4	58.3	81.3
	Disagree	4	1.8	8.3	89.6
	Strongly Disagree	1	.4	2.1	91.7
	Don't know	4	1.8	8.3	100.0
	Total	48	21.2	100.0	
Missing	System	178	78.8		
Total		226	100.0		

### Knowledge-physical

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	12	5.3	25.0	25.0
	Agree	29	12.8	60.4	85.4
	Disagree	2	.9	4.2	89.6
	Strongly Disagree	1	.4	2.1	91.7
	Don't know	4	1.8	8.3	100.0
	Total	48	21.2	100.0	
Missing	System	178	78.8		
Total		226	100.0		

### Knowledge-feelings

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	11	4.9	22.4	22.4
	Agree	28	12.4	57.1	79.6
	Disagree	4	1.8	8.2	87.8
	Strongly Disagree	1	.4	2.0	89.8
	Don't know	5	2.2	10.2	100.0
	Total	49	21.7	100.0	
Missing	System	177	78.3		
Total		226	100.0		

### Knowledge-relationships

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	12	5.3	24.5	24.5
	Agree	31	13.7	63.3	87.8
	Disagree	2	.9	4.1	91.8
	Strongly Disagree	1	.4	2.0	93.9
	Don't know	3	1.3	6.1	100.0
	Total	49	21.7	100.0	
Missing	System	177	78.3		
Total		226	100.0		

### Knowledge Contact orgs

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly agree	18	8.0	36.7	36.7
	Agree	28	12.4	57.1	93.9
	Strongly Disagree	1	.4	2.0	95.9
	Don't know	2	.9	4.1	100.0
	Total	49	21.7	100.0	
Missing	System	177	78.3		
Total		226	100.0		

**Confident-Communicate with Dr.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	23	10.2	47.9	47.9
	Somewhat confident	20	8.8	41.7	89.6
	Confident	4	1.8	8.3	97.9
	Less than confident	1	.4	2.1	100.0
	Total	48	21.2	100.0	
Missing	System	178	78.8		
Total		226	100.0		

**Confident-Wellness plan**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	14	6.2	29.8	29.8
	Somewhat confident	18	8.0	38.3	68.1
	Confident	10	4.4	21.3	89.4
	Not at all confident	2	.9	4.3	93.6
	Don't know	3	1.3	6.4	100.0
	Total	47	20.8	100.0	
Missing	System	179	79.2		
Total		226	100.0		

**Confident-make changes**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	16	7.1	33.3	33.3
	Somewhat confident	16	7.1	33.3	66.7
	Confident	13	5.8	27.1	93.8
	Not at all confident	1	.4	2.1	95.8
	Don't know	2	.9	4.2	100.0
	Total	48	21.2	100.0	
Missing	System	178	78.8		
Total		226	100.0		

**Confident-Deal with memory**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	11	4.9	23.4	23.4
	Somewhat confident	18	8.0	38.3	61.7
	Confident	12	5.3	25.5	87.2
	Less than confident	3	1.3	6.4	93.6
	Not at all confident	1	.4	2.1	95.7
	Don't know	2	.9	4.3	100.0
	Total	47	20.8	100.0	
Missing	System	179	79.2		
Total		226	100.0		

**Confident-Deal with physical**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	15	6.6	31.3	31.3
	Somewhat confident	17	7.5	35.4	66.7
	Confident	12	5.3	25.0	91.7
	Less than confident	3	1.3	6.3	97.9
	Don't know	1	.4	2.1	100.0
	Total	48	21.2	100.0	
	Missing	System	178	78.8	
Total		226	100.0		

**Confident-Deal with feelings**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	9	4.0	19.1	19.1
	Somewhat confident	23	10.2	48.9	68.1
	Confident	10	4.4	21.3	89.4
	Less than confident	1	.4	2.1	91.5
	Don't know	4	1.8	8.5	100.0
	Total	47	20.8	100.0	
	Missing	System	179	79.2	
Total		226	100.0		

### Confident-Relationships

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	15	6.6	31.3	31.3
	Somewhat confident	22	9.7	45.8	77.1
	Confident	7	3.1	14.6	91.7
	Less than confident	2	.9	4.2	95.8
	Don't know	2	.9	4.2	100.0
	Total	48	21.2	100.0	
Missing	System	178	78.8		
Total		226	100.0		

### Confident-Contact orgs

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Extremely confident	22	9.7	47.8	47.8
	Somewhat confident	17	7.5	37.0	84.8
	Confident	5	2.2	10.9	95.7
	Not at all confident	2	.9	4.3	100.0
	Total	46	20.4	100.0	
Missing	System	180	79.6		
Total		226	100.0		

### Bladder

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	24	10.6	42.9	42.9
	No	32	14.2	57.1	100.0
	Total	56	24.8	100.0	
Missing	System	170	75.2		
Total		226	100.0		

### Mouth

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	25	11.1	43.1	43.1
	No	33	14.6	56.9	100.0
	Total	58	25.7	100.0	
Missing	System	168	74.3		
Total		226	100.0		

### Relationships

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	23	10.2	39.7	39.7
	No	35	15.5	60.3	100.0
	Total	58	25.7	100.0	
Missing	System	168	74.3		
Total		226	100.0		

### Emotions

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	34	15.0	58.6	58.6
	No	24	10.6	41.4	100.0
	Total	58	25.7	100.0	
Missing	System	168	74.3		
Total		226	100.0		

### Fatigue

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	40	17.7	69.0	69.0
	No	18	8.0	31.0	100.0
	Total	58	25.7	100.0	
Missing	System	168	74.3		
Total		226	100.0		

### Swelling

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	18	8.0	31.6	31.6
	No	39	17.3	68.4	100.0
	Total	57	25.2	100.0	
Missing	System	169	74.8		
Total		226	100.0		

### Memory

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	29	12.8	50.0	50.0
	No	29	12.8	50.0	100.0
	Total	58	25.7	100.0	
Missing	System	168	74.3		
Total		226	100.0		

### Menopause

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	14	6.2	25.9	25.9
	No	40	17.7	74.1	100.0
	Total	54	23.9	100.0	
Missing	System	172	76.1		
Total		226	100.0		

### Pain

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	25	11.1	43.1	43.1
	No	33	14.6	56.9	100.0
	Total	58	25.7	100.0	
Missing	System	168	74.3		
Total		226	100.0		

### Sexual symptoms

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	27	11.9	49.1	49.1
	No	28	12.4	50.9	100.0
	Total	55	24.3	100.0	
Missing	System	171	75.7		
Total		226	100.0		



### Weight change

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	28	12.4	49.1	49.1
	No	29	12.8	50.9	100.0
	Total	57	25.2	100.0	
Missing	System	169	74.8		
Total		226	100.0		

### Other

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	7	3.1	46.7	46.7
	No	8	3.5	53.3	100.0
	Total	15	6.6	100.0	
Missing	System	211	93.4		
Total		226	100.0		

### Bladder

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	8	3.5	34.8	34.8
	Know some ways	14	6.2	60.9	95.7
	Do not know any ways	1	.4	4.3	100.0
	Total	23	10.2	100.0	
Missing	System	203	89.8		
Total		226	100.0		

### Mouth

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	5	2.2	20.0	20.0
	Know some ways	18	8.0	72.0	92.0
	Do not know any ways	2	.9	8.0	100.0
	Total	25	11.1	100.0	
Missing	System	201	88.9		
Total		226	100.0		

### Relationships

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	6	2.7	27.3	27.3
	Know some ways	15	6.6	68.2	95.5
	Do not know any ways	1	.4	4.5	100.0
	Total	22	9.7	100.0	
Missing	System	204	90.3		
Total		226	100.0		

### Emotions

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	9	4.0	28.1	28.1
	Know some ways	21	9.3	65.6	93.8
	Do not know any ways	2	.9	6.3	100.0
	Total	32	14.2	100.0	
Missing	System	194	85.8		
Total		226	100.0		

### Fatigue

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	9	4.0	23.7	23.7
	Know some ways	26	11.5	68.4	92.1
	Do not know any ways	3	1.3	7.9	100.0
	Total	38	16.8	100.0	
Missing	System	188	83.2		
Total		226	100.0		

### Swelling

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	1	.4	5.6	5.6
	Know some ways	10	4.4	55.6	61.1
	Do not know any ways	7	3.1	38.9	100.0
	Total	18	8.0	100.0	
Missing	System	208	92.0		
Total		226	100.0		

### Memory

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	3	1.3	10.3	10.3
	Know some ways	21	9.3	72.4	82.8
	Do not know any ways	5	2.2	17.2	100.0
	Total	29	12.8	100.0	
Missing	System	197	87.2		
Total		226	100.0		

### Menopause

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	2	.9	15.4	15.4
	Know some ways	10	4.4	76.9	92.3
	Do not know any ways	1	.4	7.7	100.0
	Total	13	5.8	100.0	
Missing	System	213	94.2		
Total		226	100.0		

### Pain

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	7	3.1	29.2	29.2
	Know some ways	14	6.2	58.3	87.5
	Do not know any ways	3	1.3	12.5	100.0
	Total	24	10.6	100.0	
Missing	System	202	89.4		
Total		226	100.0		

### Sexual symptoms

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	2	.9	9.1	9.1
	Know some ways	17	7.5	77.3	86.4
	Do not know any ways	3	1.3	13.6	100.0
	Total	22	9.7	100.0	
Missing	System	204	90.3		
Total		226	100.0		

**Weight change**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know many ways	11	4.9	42.3	42.3
	Know some ways	11	4.9	42.3	84.6
	Do not know any ways	4	1.8	15.4	100.0
	Total	26	11.5	100.0	
Missing	System	200	88.5		
Total		226	100.0		

**Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Know some ways	4	1.8	66.7	66.7
	Do not know any ways	2	.9	33.3	100.0
	Total	6	2.7	100.0	
Missing	System	220	97.3		
Total		226	100.0		

**Number of Counseling sessions**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	43	19.0	79.6	79.6
	1	4	1.8	7.4	87.0
	2	2	.9	3.7	90.7
	3	1	.4	1.9	92.6
	4	1	.4	1.9	94.4
	8	1	.4	1.9	96.3
	10	1	.4	1.9	98.1
	15	1	.4	1.9	100.0
	Total	54	23.9	100.0	
	Missing	System	172	76.1	
Total		226	100.0		

**Number of support groups**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	46	20.4	83.6	83.6
	1	2	.9	3.6	87.3
	2	1	.4	1.8	89.1
	4	1	.4	1.8	90.9
	6	1	.4	1.8	92.7
	10	2	.9	3.6	96.4
	12	1	.4	1.8	98.2
	20	1	.4	1.8	100.0
	Total	55	24.3	100.0	
	Missing	System	171	75.7	
Total		226	100.0		

**Did you contact orgs?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	11	4.9	20.4	20.4
	No	43	19.0	79.6	100.0
	Total	54	23.9	100.0	
Missing	System	172	76.1		
Total		226	100.0		

**Did you get check-up?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	51	22.6	96.2	96.2
	No	2	.9	3.8	100.0
	Total	53	23.5	100.0	
Missing	System	173	76.5		
Total		226	100.0		

**Did you create wellness plan?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	18	8.0	34.0	34.0
	No	35	15.5	66.0	100.0
	Total	53	23.5	100.0	
Missing	System	173	76.5		
Total		226	100.0		

**Likelihood-Talking to Dr?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	29	12.8	51.8	51.8
	Somewhat likely	14	6.2	25.0	76.8
	Likely	5	2.2	8.9	85.7
	Less than likely	2	.9	3.6	89.3
	Not at all likely	3	1.3	5.4	94.6
	Don't know/NA	3	1.3	5.4	100.0
	Total	56	24.8	100.0	
Missing	System	170	75.2		
Total		226	100.0		

**Likelihood-Dealing with physical?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	27	11.9	49.1	49.1
	Somewhat likely	13	5.8	23.6	72.7
	Likely	7	3.1	12.7	85.5
	Less than likely	1	.4	1.8	87.3
	Not at all likely	5	2.2	9.1	96.4
	Don't know/NA	2	.9	3.6	100.0
	Total	55	24.3	100.0	
Missing	System	171	75.7		
Total		226	100.0		

**Likelihood-Dealing with feelings?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	20	8.8	37.0	37.0
	Somewhat likely	16	7.1	29.6	66.7
	Likely	10	4.4	18.5	85.2
	Less than likely	1	.4	1.9	87.0
	Not at all likely	4	1.8	7.4	94.4
	Don't know/NA	3	1.3	5.6	100.0
	Total	54	23.9	100.0	
Missing	System	172	76.1		
Total		226	100.0		

**Likelihood-Improving relationships?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	21	9.3	37.5	37.5
	Somewhat likely	17	7.5	30.4	67.9
	Likely	9	4.0	16.1	83.9
	Less than likely	3	1.3	5.4	89.3
	Not at all likely	3	1.3	5.4	94.6
	Don't know/NA	3	1.3	5.4	100.0
	Total	56	24.8	100.0	
Missing	System	170	75.2		
Total		226	100.0		

**Likelihood-Contact orgs?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	16	7.1	29.1	29.1
	Somewhat likely	9	4.0	16.4	45.5
	Likely	8	3.5	14.5	60.0
	Less than likely	6	2.7	10.9	70.9
	Not at all likely	12	5.3	21.8	92.7
	Don't know/NA	4	1.8	7.3	100.0
	Total	55	24.3	100.0	
Missing	System	171	75.7		
Total		226	100.0		

**Date**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	01/06/06	1	.4	1.8	1.8
	02/06/06	3	1.3	5.3	7.0
	02/07/06	4	1.8	7.0	14.0
	02/10/06	1	.4	1.8	15.8
	02/11/06	1	.4	1.8	17.5
	02/13/06	1	.4	1.8	19.3
	02/15/06	1	.4	1.8	21.1
	02/18/06	1	.4	1.8	22.8
	02/28/06	1	.4	1.8	24.6
	03/08/06	1	.4	1.8	26.3
	03/10/06	1	.4	1.8	28.1
	03/14/06	1	.4	1.8	29.8
	03/17/06	1	.4	1.8	31.6
	03/18/06	1	.4	1.8	33.3

**Date Continued**

	Frequency	Percent	Valid Percent	Cumulative Percent
03/19/06	1	.4	1.8	35.1
03/20/06	1	.4	1.8	36.8
03/26/06	1	.4	1.8	38.6
03/28/06	1	.4	1.8	40.4
03/29/06	1	.4	1.8	42.1
04/01/06	1	.4	1.8	43.9
04/03/06	2	.9	3.5	47.4
04/05/06	2	.9	3.5	50.9
04/07/06	1	.4	1.8	52.6
04/10/06	2	.9	3.5	56.1
04/11/06	1	.4	1.8	57.9
04/12/06	1	.4	1.8	59.6
04/18/06	1	.4	1.8	61.4
04/21/06	3	1.3	5.3	66.7
04/22/06	1	.4	1.8	68.4
04/24/06	1	.4	1.8	70.2
05/03/06	1	.4	1.8	71.9
05/04/06	1	.4	1.8	73.7
05/05/06	1	.4	1.8	75.4
05/09/06	1	.4	1.8	77.2
05/29/06	1	.4	1.8	78.9
06/19/06	2	.9	3.5	82.5
06/20/06	3	1.3	5.3	87.7
06/28/06	1	.4	1.8	89.5
07/01/06	1	.4	1.8	91.2
07/02/06	1	.4	1.8	93.0
07/04/06	1	.4	1.8	94.7
07/05/06	1	.4	1.8	96.5
07/10/06	1	.4	1.8	98.2
07/15/06	1	.4	1.8	100.0
Total	57	25.2	100.0	
Missing System	169	74.8		
Total	226	100.0		



**APPENDIX B:**

**INSTRUMENTS**

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## NCI Post Cancer Treatment Survey I

Dear Volunteer,

Thank you for agreeing to provide feedback on one of NCI's publications about life after cancer treatment. Before you begin, please answer these three questions:

- |  |  |
|--|--|
| Do you read and understand English?  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Are you over the age of 21?  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Are you receiving treatment or did you receive treatment at this facility? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

If you said "No" to any of these questions, please stop here and return the survey to the person who gave it to you. If you said "Yes" to all three questions, please continue.

This survey should take approximately 10 minutes to complete and can be done while you are waiting to be seen. The National Cancer Institute (NCI), a cancer research agency that is part of the Federal government, is conducting the survey. NCI would like to know your thoughts and expectations following your cancer treatment. Please keep these things in mind:

- Your participation in this survey is completely voluntary.
- If you agree to participate in this survey, we will also ask you to participate in two additional surveys after this one (one about 6 weeks from now and another about 5 months after that).
- Your decision to complete or not to complete this or any of the follow-up surveys on this topic will not have any effect on your treatment at this facility or any other.
- All responses will be kept confidential and will not be disclosed to anyone but the people conducting the survey, except as otherwise required by law.
- Data will be used and reported without identifying any individuals.
- The only potential risk involved in participating in this survey is any emotional discomfort you may feel when asked to remember details of your cancer treatment.
- You may skip any questions that you prefer not to answer.

Your answers to these questions will help us improve NCI's resources, and therefore make them more useful to cancer patients completing their treatment. To participate in the survey:

1. Tear off and keep this top page so that you have information about the survey, your rights and responsibilities as a participant, as well as NCI's telephone number and Web site address.
2. Read, sign, and tear off the second page, which is a shortened version of this page. It will be retained by this facility.
3. Answer the questions on the following pages.
4. Seal the completed survey in the envelope provided.
5. Return the envelope and the signed consent form to the person who gave you this packet.

If you decide not to complete the survey, tear off the top page to keep NCI's contact information and return the packet to the person who gave it to you. If you have questions while you are completing the survey, please talk to the person who gave you this packet. You are also welcome to contact Joanne Milne, who is overseeing this survey, at (301) 572-0886. Please do not take the survey home.

To learn more about NCI resources, you can call NCI toll-free at 1-800-4-CANCER (1-800-422-6237) or visit NCI's Web site at: [www.cancer.gov](http://www.cancer.gov)



## NCI Post Cancer Treatment Survey I

Dear Volunteer,

Thank you for agreeing to give us input for an educational resource following cancer treatment. This survey should take approximately 10 minutes to complete and can be done while you are waiting to be seen. The National Cancer Institute (NCI), a cancer research agency that is part of the Federal government, is conducting the survey. NCI would like to know your thoughts and expectations following your cancer treatment. Please keep these things in mind:

- Your participation in this survey is completely voluntary.
- If you agree to participate in this survey, we will also ask you to participate in two additional surveys after this one (one about 6 weeks from now and another about 5 months after that).
- Your decision to complete or not to complete this or any of the follow-up surveys on this topic will not have any effect on your treatment at this facility or any other.
- All responses will be kept confidential and will not be disclosed to anyone but the people conducting the survey, except as otherwise required by law.
- Data will be used and reported without identifying any individuals.
- The only potential risk involved in participating in this survey is any emotional discomfort you may feel when asked to remember details of your cancer treatment.
- You may skip any questions that you prefer not to answer.

Your answers to these questions will help us improve NCI's resources, and therefore make them more useful to cancer patients completing their treatment. To participate in the survey:

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4. Seal the completed survey in the envelope provided.
5. Return the envelope and the signed consent form to the person who gave you this packet.

If you have questions while you are completing the survey, please talk to the person who gave you this packet. You are also welcome to contact Joanne Milne, who is overseeing this survey, at: (301) 572-0886. Please do not take the survey home. If you understand the rights and responsibilities as outlined above, and are willing to participate in this brief survey, please write your name and sign below. Tear off this sheet, complete the rest of the survey, and give them both back to the person who gave them to you.

---

**Please Print Your Name**

---

**Signature**

## NCI Post Cancer Treatment Survey I

**Thank you for participating in this study. Your participation will help us create resources that will help other cancer survivors better understand what to expect after cancer treatment. Please answer each question by marking the appropriate box. When completed, please seal this survey in the envelope provided and return it to the person who gave it to you.**

1. The table below lists common symptoms or side effects people may experience after cancer treatment. Please indicate if you have experienced each symptom/side effect and if so, if you know of ways to manage it.

	No	Yes ↳	If Yes, Do You Know How To Manage The Symptoms Or Side Effects?		
			<i>I know of many ways</i>	<i>I know of some ways</i>	<i>I do not know any ways</i>
a) Bladder or bowel control symptoms	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Changes with my mouth or teeth	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Changes in social relationships	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Emotional symptoms (e.g., stress, depression, anxiety, anger)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Fatigue (i.e., extreme tiredness)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Lymphedema or swelling	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) Memory/concentration changes	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) Menopause symptoms	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i) Pain	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j) Sexual side effects	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k) Weight changes (e.g., gain or loss)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l) Other (Please specify: _____)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. What information sources have you preferred to use since your cancer treatment ended? (Please select no more than two).

- Doctor and/or Nurse
- Another type of health care provider (Please specify: \_\_\_\_\_)
- Patient/survivor
- Support group meeting
- Internet (Primary website(s): \_\_\_\_\_)
- Printed material(s) (Title: \_\_\_\_\_)
- Other (Please specify: \_\_\_\_\_)
- None
- Do not know/Not applicable

3. Please tell us how strongly you agree or disagree with the following statement:

	<b>I Strongly Agree</b>	<b>I Agree</b>	<b>I Disagree</b>	<b>I Strongly Disagree</b>
Now that my cancer treatment has ended, I know where to go for more information if I have questions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It would be helpful to have more information about what changes to expect from my body, mind and feelings, and social relationships after cancer treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. How likely are you to do each of the following?

	Very Likely					Not At All Likely	Don't know
	5	4	3	2	1		
a) Contact a cancer organization?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Seek follow-up care (e.g., regular check-ups)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Work out a wellness plan with your doctor to take care of your health?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5. What is your gender?

Female

Male

6. How old are you?

.....21-29

.....45-49

.....60-64

.....30-39

.....50-54

.....65+

.....40-44

.....55-59

7. What is the highest level of education you have completed?

Grade school or less

Some high school

High school

Some college/Two-year degree

Four-year college degree or above

8. What is today's date?

\_\_\_\_\_Month    \_\_\_\_\_Day    \_\_\_\_\_Year

9. Are you of Hispanic or Latino origin?

Yes

No

10. Please check the box or boxes that best describe your race.

American Indian or Alaska Native

Asian

Black/African American

Native Hawaiian or Other Pacific Islander

White

11. What type of cancer did you just complete your treatment for? [*Please indicate each site if there are multiple sites.*] \_\_\_\_\_

12. Is this?

A new cancer

A recurrence

A metastasis

Don't know

13. What type of treatment did you receive for the cancer indicated in question 11? Please include any treatment received as part of a clinical trial. (Check all that apply.)

- Biological therapy (e.g., monoclonal antibody, interferons, interleukins)
- Chemotherapy
- Radiation therapy
- Surgery (e.g., mastectomy, lumpectomy, prostatectomy, excision, or removal of tumors)
- Other (Please specify: \_\_\_\_\_)
- Don't know

14a. Do you plan on attending any post-treatment counseling or support groups?

- Yes
- No [**Skip to the bottom of the page.**]

14b. If yes, what type of post-treatment counseling do you plan on attending? (Check all that apply.)

- One-on-one sessions
- Support groups
- Other (Please specify: \_\_\_\_\_)
- None
- Don't know

**If this is the first cancer you have been treated for**, you are done with the survey. Thank you for taking the time to complete this questionnaire and share your views. You will be contacted in 6-8 weeks about filling out a follow-up questionnaire.

**If you have been treated for a cancer prior to this one**, please continue to Question 15 on the next page.



If you had another form of cancer prior to this one, please answer the following questions:

15. What type of cancer did you complete your treatment for in the past? [*Please indicate each site if there were multiple sites.*] \_\_\_\_\_

16. What type of treatment did you receive for this other cancer? (Check all that apply.)

- Biological therapy (e.g., monoclonal antibody, interferons, interleukins)
- Chemotherapy
- Radiation therapy
- Surgery (e.g., mastectomy, lumpectomy, prostatectomy, excision, or removal of tumors)
- Other (Please specify: \_\_\_\_\_)
- Don't know

17. How long ago did you complete treatment for this cancer?

- Less than 6 months
- Between 6 months and 1 year
- 1-2 years
- 2-5 years
- More than 5 years

18. If you received follow-up counseling, what type did you receive? (Check all that apply.)

- One-on-one sessions
- Support groups
- Other (Please specify: \_\_\_\_\_)
- None
- Don't know

**Thank you for taking the time to complete this questionnaire and share your views. You will be contacted in 6-8 weeks about filling out a follow-up questionnaire.**

## NCI Post Cancer Treatment Survey II

Dear Volunteer,

You may recall participating in a survey for the National Cancer Institute (NCI) a few weeks ago. In that survey, we mentioned that we would ask you to participate in two follow-up surveys. This is the first of those surveys examining your thoughts and expectations following cancer treatment. Your participation in this survey will help the NCI improve their materials for life after cancer. This survey should take approximately 10 minutes to complete and can be done while you are waiting to be seen. Please keep these things in mind:

- Your participation in this survey is completely voluntary.
- If you agree to participate in this survey, we will also ask you to participate in one additional survey about 5 months from now.
- Your decision to complete or not to complete this or the follow-up survey will not have any effect on your treatment at this facility or any other.
- All responses will be kept confidential and will not be disclosed to anyone but the people conducting the survey, except as otherwise required by law.
- Data will be used and reported without identifying any individuals.
- The only potential risk involved in participating in this survey is any emotional discomfort you may feel when asked to remember details of your cancer treatment.
- You may skip any questions that you prefer not to answer.

Your answers to these questions will help us improve NCI's resources, and therefore make them more useful to cancer patients completing their treatment. To participate in the survey:

1. Tear off and keep this top page so that you have information about the survey, your rights and responsibilities as a participant, as well as NCI's telephone number and Web site address.
2. Read, sign, and tear off the second page, which is a shortened version of this page. It will be retained by this facility.
3. Answer the questions on the following pages.
4. Seal the completed survey in the envelope provided.
5. Return the envelope and the signed consent form to the person who gave you this packet.

If you decide not to complete the survey, tear off the top page to keep NCI's contact information and return the packet to the person who gave it to you. If you have questions while you are completing the survey, please talk to the person who gave you this packet. **You are also welcome to contact Joanne Milne, who is overseeing this survey, at: (301) 572-0886. Please do not take the survey home.**

To learn more about NCI resources, you can call NCI toll-free at 1-800-4-CANCER (1-800-422-6237) or visit NCI's Web site at: [www.cancer.gov](http://www.cancer.gov)

## NCI Post Cancer Treatment Survey II

Dear Volunteer,

Thank you for providing feedback on one of NCI's publications. Your participation in this survey will help the NCI improve their materials about life after cancer. This survey should take approximately 10 minutes to complete and can be done while you are waiting to be seen. Please keep these things in mind:

- Your participation in this survey is completely voluntary.
- If you agree to participate in this survey, we will also ask you to participate in one additional survey about 5 months from now.
- Your decision to complete or not to complete this or the follow-up survey will not have any effect on your treatment at this facility or any other.
- All responses will be kept confidential and will not be disclosed to anyone but the people conducting the survey, except as otherwise required by law.
- Data will be used and reported without identifying any individuals.
- The only potential risk involved in participating in this survey is any emotional discomfort you may feel when asked to remember details of your cancer treatment.
- You may skip any questions that you prefer not to answer.

Your answers to these questions will help us improve NCI's resources, and therefore make them more useful to cancer patients completing their treatment. To participate in the survey:

1. Tear off and keep the top page so that you have information about the survey, your rights and responsibilities as a participant, as well as NCI's telephone number and Web site address.
2. Read, sign, and tear off the second page, which is a shortened version of the cover page. It will be retained by this facility.
3. Answer the questions on the following pages.
4. Seal the completed survey in the envelope provided.
5. Return the envelope and the signed consent form to the person who gave you this packet.

If you have questions while you are completing the survey, please talk to the person who gave you this packet. You are also welcome to contact Joanne Milne, who is overseeing this survey, at: (301) 572-0886. Please do not take the survey home. If you understand the rights and responsibilities as outlined above, and are willing to participate in this brief survey, please write your name and sign below. Tear off this sheet, complete the rest of the survey, and give them both back to the person who gave them to you.

---

**Please Print Your Name**

---

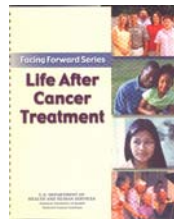
**Signature**

## NCI Post Cancer Treatment Survey II

Please answer each question by marking the appropriate box. Answer the questions based on your reading and use of the booklet *Facing Forward: Life After Cancer Treatment* that was given to you at the end of your last doctor appointment. Please read each question carefully. Unless otherwise instructed, select only one answer for each question. When completed, please seal this survey in the envelope provided and return it to the person who gave it you.

1. Have you read the NCI booklet, *Facing Forward: Life After Cancer Treatment*? If you are not sure, please ask the person who gave you this survey for a copy of the booklet.

- Yes
- No [Skip to Question 7.]
- Don't know [Skip to Question 7.]



2. Overall, how helpful was this booklet?

- It was very helpful.
- It was somewhat helpful.
- It was not very helpful.
- It was not helpful at all.

3. How helpful was the information you read in the Facing Forward booklet for...

	<b>It Was Very Helpful</b>	<b>It Was Somewhat Helpful</b>	<b>It Was Not Very Helpful</b>	<b>Don't Know</b>
a) getting follow-up care (e.g., regular check-ups), after cancer treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) identifying the common side effects of treatment on your body (e.g., fatigue, pain)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) identifying the common feelings you may have after cancer treatment (e.g., fear, stress, anger)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) understanding changes in the way family, friends, or co-workers may relate to you after cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. After reading the Facing Forward booklet, I felt I knew more about...

	<b>I Strongly Agree</b>	<b>I Agree</b>	<b>I Disagree</b>	<b>I Strongly Disagree</b>	<b>Don't Know</b>
a) communicating with my doctor to get the most out of my visits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) creating a wellness plan with my doctor to improve my health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) changes I can make in my life to lower my chances of having other health problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) how to deal effectively with memory and concentration problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) how to deal effectively with physical symptoms I may have now or in the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) how to deal effectively with feelings and fears that I may have as a result of treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) ways to improve how I relate to family, friends, and co-workers after cancer treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) cancer organizations and resources that are available to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5. After reading the Facing Forward booklet, how confident are you about your ability to...

	<b>Extremely Confident</b>		<b>Not At All Confident</b>			<b>Don't know</b>
	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>	
a) communicate with your doctor to get the most out of visits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) create a wellness plan with your doctor to improve your health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) make changes in your life to lower your chance of having other health problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) deal effectively with memory and concentration problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) deal effectively with physical symptoms you may have now or in the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) deal effectively with feelings or fears you may have now or in the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) improve the way you relate to family, friends, and co-workers after cancer treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) contact cancer organizations to obtain resources.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6. During the next 6 months, how likely are you to try some of the tips or suggestions in the booklet about...

	<b>Very Likely</b>		<b>Not At All Likely</b>			
	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>Don't know</b>
a) talking to your doctor?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) dealing effectively with physical symptoms or side effects you may have now or in the future?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) dealing effectively with feelings or fears you may have now or in the future?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) improving the way you relate to family, friends, or co-workers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) contacting any of the organizations listed in the resources section booklet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

7. The table below lists common symptoms or side effects people may experience after cancer treatment. Please indicate if you have experienced each symptom/side effect and if so, if you know of ways to manage it.

			If Yes, Do You Know How To Manage The Symptoms Or Side Effects?		
			No	Yes ↳	<i>I know of many ways</i>
a) Bladder or bowel control symptoms	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Changes with my mouth or teeth	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Changes in social relationships	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Emotional symptoms (e.g., stress, depression, anxiety, anger)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Fatigue (i.e., extreme tiredness)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Lymphedema or swelling	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) Memory/concentration changes	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) Menopause symptoms	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i) Pain	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j) Sexual side effects	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k) Weight changes (e.g., gain or loss)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l) Other (Please specify: _____)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



8. Since completing treatment, how many one-on-one counseling sessions and/or a support group meetings have you attended?

# of one-on-one sessions \_\_\_\_\_

# of support group meetings \_\_\_\_\_

9. Counseling and support group sessions are designed to help with issues you face during your cancer experience. Generally, how well did these sessions accomplish this goal?

<b>Very Well</b>		<b>Not Well At All</b>			
5	4	3	2	1	<b>Don't know/ Not Applicable</b>

10. What is today's date?

\_\_\_\_\_Month    \_\_\_\_\_ Day    \_\_\_\_\_Year

11. Please share any additional comments or suggestions you have for changing or improving the booklet.

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12. We greatly appreciate your feedback. If you are willing to complete another survey in about 5 months on this same topic, please provide us with the information below.

**Name:** \_\_\_\_\_

**Mailing address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip code:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Thank you for completing this survey.  
Please remember to return it to the person who gave it to you.**



## NCI Post Cancer Treatment Survey III

December XX, 2005

Name  
Street address  
City, state and zip code

Dear Mr/Mrs/Ms \_\_\_\_\_,

You may recall participating in a survey for the National Cancer Institute (NCI) several months ago. In that survey, you shared your thoughts about dealing with life after cancer treatment. We also asked if you would be willing to participate in another survey. You agreed to participate, and gave us your mailing address. Through this follow-up survey, NCI is measuring any changes in your thoughts and expectations following your cancer treatment. We are asking for your participation in this survey to help NCI improve their materials for life after cancer. This survey should take approximately 10 minutes to complete. Please keep these things in mind:

- Your participation in this survey is completely voluntary.
- Your decision to complete or not to complete this survey will not impact your ability to seek follow-up care or treatment.
- All responses will be kept confidential and will not be disclosed to anyone but the people conducting the survey, except as otherwise required by law.
- Data will be used and reported without identifying any individuals.
- The only potential risk involved in participating in this survey is any emotional discomfort you may feel when asked to remember details of your cancer treatment.
- You may skip any questions that you prefer not to answer.

Your answers to these questions will help us improve NCI's resources, and therefore to make them more useful to cancer patients completing their treatment. To participate in the survey:

1. Tear off and keep this top page so that you have information about the survey, your rights and responsibilities as a participant, as well as NCI's telephone number and Web site address.
2. Read and sign the second page, which is a shortened version of this page.
3. Answer the questions on the following pages.
4. Seal the completed survey in the self-addressed stamped envelope provided.
5. Place it in the mail to be returned to us.

If you have questions while you are completing the survey, you are welcome to contact Joanne Milne, who is overseeing this survey, at: (301) 572-0886.

To learn more about NCI resources, you can call NCI toll-free at 1-800-4-CANCER (1-800-422-6237) or visit NCI's Web site at: [www.cancer.gov](http://www.cancer.gov)



## NCI Post Cancer Treatment Survey III

Dear Mr/Mrs/Ms \_\_\_\_\_,

Through this follow-up survey, NCI is measuring any changes in your thoughts and expectations following your cancer treatment. We are asking for your participation in this survey to help NCI improve their materials for life after cancer. This survey should take approximately 10 minutes to complete. Please keep these things in mind:

- Your participation in this survey is completely voluntary.
- Your decision to complete or not to complete this survey will not impact your ability to seek follow-up care or treatment.
- All responses will be kept confidential and will not be disclosed to anyone but the people conducting the survey, except as otherwise required by law.
- Data will be used and reported without identifying any individuals.
- The only potential risk involved in participating in this survey is any emotional discomfort you may feel when asked to remember details of your cancer treatment.
- You may skip any questions that you prefer not to answer.

Your answers to these questions will help us improve NCI's resources, and therefore make them more useful to cancer patients completing their treatment. To participate in the survey:

1. Tear off and keep the top page so that you have information about the survey, your rights and responsibilities as a participant, as well as NCI's telephone number and Web site address.
2. Read and sign this page, which is a shortened version of the cover page.
3. Answer the questions on the following pages.
4. Seal the completed survey in the self-addressed stamped envelope provided.
5. Place it in the mail to be returned to us.

If you have questions while you are completing the survey, you are welcome to contact Joanne Milne, who is overseeing this survey, at: (301) 572-0886. If you understand the rights and responsibilities as outlined above, and are willing to participate in this brief survey, please write your name and sign below.

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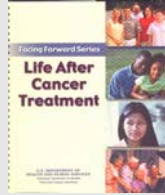
**Please Print Your Name**

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**Signature**

### NCI Post Cancer Treatment Survey III

Please answer each question by marking the appropriate box. When completed, please return the questionnaire in the self-addressed stamped envelope provided. All references to the booklet are to the NCI booklet, *Facing Forward: Life After Cancer Treatment*. To help refresh your memory, the cover of the booklet looks like this:



1. Have you read the NCI booklet, *Facing Forward: Life After Cancer Treatment*?

- Yes
- No [Skip to Question 4.]
- Don't Know [Skip to Question 4.]

2. After reading the booklet, I felt I knew more about ...

	I Strongly Agree	I Agree	I Disagree	I Strongly Disagree	I Don't Know
a) communicating with my doctor to get the most out of my visits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) creating a wellness plan with my doctor to improve my health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) changes I can make in my life to lower my chances of having other health problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) how to deal effectively with memory and concentration problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) how to deal effectively with physical symptoms I may have now or in the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) how to deal effectively with feelings and fears that I may have as a result of treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) ways to improve how I relate to family, friends, and co-workers after cancer treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) cancer organizations and resources that are available to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. After reading the booklet, how confident are you in your ability to...

	Extremely Confident			Not At All Confident		Don't know
	5	4	3	2	1	
a) communicate with your doctor to get the most out of visits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) create a wellness plan with your doctor to improve your health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) make changes in your life to lower your chance of having other health problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) deal effectively with memory and concentration problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) deal effectively with physical symptoms you may have now or in the future	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) deal effectively with feelings or fears you may have now or in the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) improve the way you relate to family, friends, and co-workers after cancer treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) contact cancer organizations to obtain resources.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. The table below lists common symptoms or side effects people may experience after cancer treatment. Please indicate if you have experienced each symptom/side effect and if so, if you know of ways to manage it.

	No	Yes ↳	If Yes, Do You Know How To Manage The Symptoms Or Side Effects?		
			<i>I know of many ways</i>	<i>I know of some ways</i>	<i>I do not know any ways</i>
a) Bladder or bowel control symptoms	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Changes with my mouth or teeth	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Changes in social relationships	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Emotional symptoms (e.g., stress, depression, anxiety, anger)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Fatigue (i.e., extreme tiredness)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Lymphedema or swelling	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) Memory/concentration changes	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) Menopause symptoms	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i) Pain	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j) Sexual side effects	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k) Weight changes (e.g., gain or loss)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l) Other (Please specify: _____)	<input type="checkbox"/>	<input type="checkbox"/> ↳	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5. Since completing treatment, how many one-on-one counseling sessions and/or a support group meetings have you attended?

# of one-on-one sessions \_\_\_\_\_

# of support group meetings \_\_\_\_\_

6. In the past 6 months, did you...

	Yes	No
a) contact any of the organizations listed in the resources section of the booklet?	<input type="checkbox"/>	<input type="checkbox"/>
b) seek follow-up care (e.g., regular check-ups)?	<input type="checkbox"/>	<input type="checkbox"/>
c) create a wellness plan with your doctor to improve your health?	<input type="checkbox"/>	<input type="checkbox"/>

7. During the next 6 months, how likely are you to try some of the tips or suggestions in the booklet about...

	Very Likely		Not At All Likely			Don't know/Did not read the booklet
	5	4	3	2	1	
a) talking to your doctor?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) dealing effectively with physical symptoms or side effects you may have now or in the future?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) dealing effectively with feelings or fears you may have now or in the future?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) improving the way you relate to family, friends, or co-workers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) contacting any of the organizations listed in the resources section of the booklet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

8. What is today's date?

\_\_\_\_\_Month    \_\_\_\_\_Day    \_\_\_\_\_Year



9. What additional information would you like to see made available to help patients deal with life after cancer treatment?

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**The National Cancer Institute would like to thank you for taking the time to complete this questionnaire and share your views. With your help, we are able to constantly improve the materials we provide to patients, their families, and healthcare providers.**