# Toward the Future

Taken together, this early picture of the links between child development and family support programs and welfare is both promising and sobering. It is promising in the many examples of creative commitments to foster healthy child and family development in the context of welfare changes. It is sobering in that so much more could be done to promote the success of young children and their families and the success of welfare reform. In particular, it is sobering that so many of the reported links across welfare and early childhood are informal, lacking the structural and resource supports necessary to sustain them. Below are a series of recommendations designed to strengthen programs, policies, and collaborations to ensure that low-income young children and their families benefit from welfare changes.

The recommendations are organized in three clusters. The first addresses what early childhood programs can do to facilitate economic security for young children, improved parenting, and stronger child development. The second addresses what steps those administering TANF can take to work more closely with the early childhood community. The third suggests what collaborations involving TANF, the early childhood community, and others can do to be more responsive to the needs of families with young children affected by welfare changes.



# What Early Childhood Programs Can Do

### Ensure that staff are knowledgeable about all relevant welfare-related policies and potential resources that might help participating families.

- Make sure that staff and families are knowledgeable about TANF provisions specific to their own state and community. Welfare recipients who are not aware or are misinformed about the new requirements are less likely to be able to make and sustain the transition to economic self-sufficiency successfully.
- Make sure that staff and families are knowledgeable about other incomerelated benefits to which families and children are entitled, such as the Earned Income Tax Credit, child support enforcement income, and food stamps.
- Make sure that staff and families are knowledgeable about child-related resources which families might access on behalf of their children, such as health benefits through Medicaid or the State Child Health Insurance Program, child care subsidies, and if appropriate, early intervention and special educational services.

# Assess how well early childhood programs are meeting the needs of families with young children affected by welfare changes.

- Create on-going mechanisms, such as focus groups or peer support groups, to get feedback from families about how well the program is meeting their needs and about how welfare policies are affecting them and their children.
- Assess whether child development and family support strategies are effective
  for families experiencing special burdens (e.g., teen families, immigrant
  families, families in which grandparents or other relatives are caring for
  children, and families with young children with special emotional, behavioral,
  or developmental needs).

# Adapt early childhood program strategies to meet the emerging needs of families with young children affected by welfare reform.

- Develop a support process for families transitioning to work to help them meet the dual demands of work and parenting.
- Whenever possible, provide support services to young children onsite to reduce the strain on overburdened parents.
- Expand outreach strategies to fathers whether they live with their children or not.

- Join with other community organizations (e.g., domestic violence, mental health, and substance abuse agencies) to better address prevention and treatment issues for those families who are most vulnerable.
- Reach out to informal care providers (e.g., grandparents, aunts, and neighbors) and offer them resources and training opportunities.<sup>25</sup>

### Strengthen staff training, supports, and compensation.

- Train early childhood program staff to provide clear information to families, help them take advantage of all resources available to them, and get help if they have questions about whether TANF procedures and polices are being fairly applied.
- Strengthen onsite mental health consultation to staff who may be overwhelmed by the level of need of the families and young children they serve. Provide opportunities for staff to discuss new job-related stresses and burnout.
- Recognizing that many staff in early childhood programs are themselves lowwage earners, work to increase subsidy reimbursement rates on their behalf.

# What TANF and Other Welfare-Related Programs Can Do

- Develop formal arrangements at the state and local levels for early childhood programs to carry out tasks related to families' self-sufficiency plans.
- Train TANF and related staff (e.g., child welfare) on a statewide and local basis in family-centered practices and to attend to the developmental needs of young children.
- Ensure that those implementing welfare reform are knowledgeable about child development and family support programs as well as child care resources, and make referrals to these programs where appropriate.
- Co-locate staff with special expertise (e.g., domestic violence workers, child welfare workers) within TANF offices to facilitate early intervention and prevention.
- Use TANF interviews and assessments to screen and identify those families for whom intensive services are needed (e.g., parents who are mentally ill) and where young children are likely to be affected adversely by welfare rules (e.g., cases in which families are sanctioned and income is reduced).

# What Early Childhood and TANF and Other Welfare-Related Programs Can Do Jointly

- Team together to develop formal and informal partnerships at both the state and local level to promote the well-being of young children while promoting the economic and parenting self-sufficiency of their parents.
- Develop a shared agenda focused on families with young children experiencing the most severe barriers to work. These families face the most difficulty in meeting work requirements, and their children are the most vulnerable to poor outcomes and most in need of child development support services.
- Convene joint state or community forums to provide feedback on welfare reform implementation in relation to families with young children; address challenges and identify strategic opportunities to work together.
- Engage the business and foundation communities in dialogue to strengthen the community support structure.
- Promote evaluations of the impact of welfare changes that include attention to indicators of young child well-being (e.g., health status, social and emotional development, school readiness).

Taken together, it is clear that there are programs, foundations, states, and communities that are actively engaged in efforts to create and strengthen family support and child development strategies for families affected by welfare reform. Efforts are still limited and scattered, but they exist, and there is much to celebrate and build on in this compilation of early responses from the early childhood community. This report sounds a challenge to develop and expand a joint agenda with those implementing welfare to promote economic security, secure parenting, and healthy child development at a time in young children's lives when there is most likely to be a long-term pay off.



### **Endnotes**

- 1. In 1994, about 67 percent of AFDC recipients were children, and 46 percent of these children were under age 6. Although comparable figures are not yet available for TANF, the figures remained fairly steady from year to year under AFDC.
- U.S. House of Representatives, Committee on Ways and Means. (1996). 1996 green book; Background material and data on programs within the jurisdiction of the Committee on Ways and Means. Washington, DC: U.S. House of Representatives, Committee on Ways and Means, pp. 471, 473.
- 2. Duncan, G. J. & Brooks-Gunn, J. (Eds.). (1997). Consequences of growing up poor [edited papers from a conference co-sponsored by the National Institute for Child Health and Human Development and the Russell Sage Foundation, February 2–3, 1995, at the National Academy of Sciences]. New York, NY: Russell Sage Foundation.
- **3.** Gomby, D. S. & Larner, M. B. (Eds.) (1995). Special issue: Long-term outcomes of early childhood programs. *The Future of Children*, 5(3), pp. 6–191, 212–221.
- 4. Shore, R. (1996). *Rethinking the brain: New insights into early development.* New York, NY: Families and Work Institute.

National Center for Children in Poverty. (1997). *Poverty and brain development in early child-hood* [Fact Sheet]. New York, NY: National Center for Children in Poverty, Columbia School of Public Health.

- 5. Evidence comes from the increasing number of statewide initiatives promoting child development and family support programs gathered every two years by the National Center for Children in Poverty for its *Map and Track* Series; from the establishment of the Starting Points initiative by the Carnegie Corporation of New York in 1996 to model the recommendations of its Task Force on Meeting the Needs of Young Children in 14 sites across the country; and the growth of child care, medical leave, and flextime policies in the workplace.
- Knitzer, J.; Collins, A; Oshinsky, C; Stout, L.; Weiss, H.; Schilder, D.; Riel, E.; Smith, J. C. & Strategic Partners from the Starting Points Sites. (1997). Starting points: Challenging the "quiet crisis:" A description of the Starting Points sites. New York, NY and Cambridge, MA: National Center for Children in Poverty, Columbia School of Public Health and Harvard Family Research Project, Harvard University Graduate School of Education.
- Knitzer, J. & Page, S. (1998). *Map and track: State initiatives for young children and families, 1998 edition*. New York, NY: National Center for Children in Poverty, Columbia School of Public Health.
- Knitzer, J. & Page, S. (1996). *Map and track: State initiatives for young children and families*. New York, NY: National Center for Children in Poverty, Columbia School of Public Health.

Families and Work Institute (1995). Women: The new providers: Whirlpool Foundation study, part one. New York: NY: Families and Work Institute.

- 6. Home visiting programs are diverse in structure and have a wide range of goals. These include promoting healthy parent-child relationships, enhancing children's cognitive and physical development, and preventing abuse and neglect. Many child development programs do not use home visiting exclusively, but rather as a strategy to supplement a broader set of activities to promote children's development and learning and family engagement. In a forthcoming report, the David and Lucile Packard Foundation present findings from an analysis of stand-alone home visiting programs that have been evaluated, which found that overall the results for children are less positive than had been hoped. The report discusses strategies for improving the effectiveness of such programs. See Gomby, D. S. & Culross, P. L. (Eds.). (1999). Home visiting: Recent program evaluations [special journal issue]. *The Future of Children*, 9(1). Available on the Web at: http://www.futureofchildren.org.
- 7. See Knitzer & Page (1998) and Knitzer & Page (1996) in Endnote 5. It is important to underscore that access to early childhood services varies by state and community, and by the child's age. Thus, three- and four-year olds, both because of the network of Head Start programs and the growing number of state-supported preschool programs, are more likely to have access to them. Programs for infants and toddlers, either through home-visiting efforts or through the network of Early Head Start programs, are growing, but still scattered. Further, we lack

national or state-by-state information on the percentage of young children who have access to child development programs.

- 8. Provisions include strengthening paternity support and child collection support provisions, and giving states the option of setting up special job-related programs for low-skilled, low-income fathers. Special funds have also been designated for adults experiencing "severe barriers to employment" including substance abuse, exposure to domestic violence, limited or no work experience, etc. For an analysis of provisions in PRWORA that relate to fathers and how states can use the welfare law to encourage responsible fatherhood, see: Bernard, S. (1998). Responsible fatherhood and welfare: How states can use the new law to help children (Children and Welfare Reform Issue Brief No. 4). New York, NY: National Center for Children in Poverty, Columbia School of Public Health.
- 9. Although not explicitly related to welfare changes, in recognition of the reality that many low-income young children are uninsured, Congress has also provided incentives to states to expand coverage to children in low-income families through a program known as the State Children's Health Insurance Program (CHIP). The program was created by The Balanced Budget Act of 1997 (P.L. 105-33) as part of Title XXI of the Social Security Act. It grants states \$48 billion over 10 years to use for insuring children, either through Medicaid expansions, a separate state program, or a combination of these approaches. Targeted will be uninsured children whose family incomes are over the Medicaid eligibility level but not high enough to afford private health insurance coverage. In addition, PRWORA authorized an allotment of \$500 million in federal Medicaid matching funds to the states for administrative activities to prevent children and parents from losing Medicaid coverage as a result of welfare reform. Both programs include funding for outreach and enrollment activities.
- 10. There are two references to young children. States have the option to exempt mothers with infants from work requirements for up to one year, although the lifetime limit for cash assistance remains unchanged. (About half the states have elected this option to date.) Additionally, if parents can not find appropriate child care for children under age six, they are not required to work.
- 11. Queries to the states in a recent national report documenting growing state initiatives on behalf of young children and families found that only ten states reported attempts to link these efforts with welfare implementation. See Knitzer & Page (1998) in Endnote 5.
- 12. Vermont is currently operating under a waiver from the AFDC program rather than participating in TANF.
- 13. See Endnote 4.
- 14. Yoshikawa, H. & Knitzer, J. (1997). Lessons from the field: Head Start mental health strategies to meet changing needs. New York, NY: National Center for Children in Poverty, Columbia School of Public Health.
- 15. Since these demonstration efforts were funded, there has been a subsequent initiative supported by SAMHSA, along with the Casey Family Foundation, that is focused on young children. Known as Starting Early Starting Smart, it supports integrated behavioral health services to young children and their families in both primary health care and early childhood settings.
- **16.** Typically, there are no services for such parents or their children, or the parents are offered substance abuse or mental health services, but their role as parents is ignored.
- See Knitzer, J. (forthcoming). Promoting resiliency among the most stressed young children and families: Toward more responsive welfare-linked policies and programs. New York, NY: National Center for Children in Poverty, The Joseph L. Mailman School of Public Health, Columbia University.
- Woolverton, M.; Wischmann, A.; McCarthy, J.; & Schulzinger, R. (1998). Welfare reform: Issues and implications for children and families who need mental health or substance abuse services. Washington, DC: National Technical Assistance Center for Children's Mental Health, Georgetown University Child Development Center.
- 17. The National Head Start Association was given a three-year grant by the W. K. Kellogg Foundation to promote partnerships between Head Start and other groups. For the third and final year of the grant, the priority was to encourage states to focus on facilitating the implementation of welfare reform.

- 18. Nelson, D. W. (1997). Making quality child care a reality for America's low-income working families. In: Annie E. Casey Foundation, *Kids Count data book: State profiles of child wellbeing*. Baltimore, MD: Annie E. Casey Foundation.
- Philadelphia Citizens for Children and Youth. (1997). Watching out for children in changing times. Philadelphia, PA: Philadelphia Citizens for Children and Youth.
- 19. For the national evaluation, the EHS Research Consortium conducts periodic interviews with about 3,000 low-income families who were eligible for EHS, half of whom were randomly selected to receive EHS services. Six months after families enrolled in the research, parents/caregivers were asked to complete a comprehensive interview about their use of community services, including child care, health, and employment services, and their understanding of welfare changes. The first 985 interviews conducted with parents/caregivers took place during the second half of 1997 and the first few months of 1998.
- **20.** In recognition of the widespread and serious nature of this challenge, NCCP is developing an issue brief highlighting both program and policy strategies that do exist, although many are in early stages of development. See Knitzer, J. in Endnote 16.
- 21. Under federal law, states are allowed to exempt 20 percent of their caseload from work requirements for serious disabilities.
- 22. Half-day programs, such as Head Start, also report difficulties, unless families at work can get care for the other part of the day. For this report, however, we did not speak directly with any Head Start programs that had not made arrangements to help families access the child care they needed.
- 23. This, of course, does not address the gaps in health insurance for adults. For state decisions regarding CHIP, see: National Governors' Association and National Conference of State Legislatures. (1999). *State Children's Health Insurance Program: 1998 annual report.* Washington, DC: National Governors' Association and National Conference of State Legislatures.
- 24. For examples of outreach strategies that seek to inform families about health insurance and enroll eligible children, see Ross, D. C. & Jacobson, W. (1998). Free and low-cost health insurance: Children you know are missing out. Washington, DC: Center on Budget and Policy Priorities.
- 25. See, for example, Collins, A. & Carlson, B. (1998). *Child care by kith and kin—Supporting family, friends, and neighbors caring for children* (Children and Welfare Reform Issue Brief No. 5). New York, NY: National Center for Children in Poverty, Columbia School of Public Health.

# APPENDIX A: Summary Matrix of Programs and Initiatives

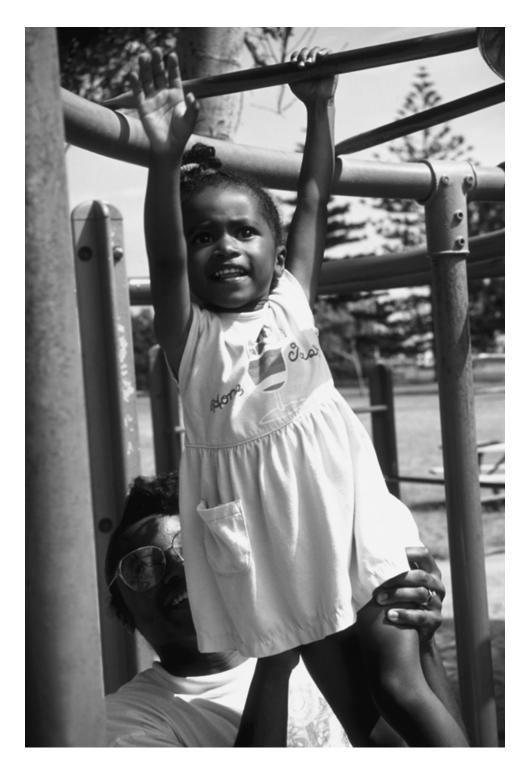
Evaluation	An evaluation is being conducted by the Board of Education and is in process.	cal-SAHF pilot sites are part of a statewide evaluation effort, which is in process. Includes outcome measures for the following domains: maternal well being, family violence, family functioning, substance abuse, and child health.	Although the county DHS is not currently conducting a formal evaluation, it sets measurable performance goals and collects statistics that will allow it to track what happens to families once they begin receving DHS services.	An evaluation of the overall initiative is being conducted by Abt Associates, Inc., and is in process. Each site is responsible for arranging an evaluation of its activities, using predetermined criteria.
Specific Strategies to Respond to Welfare Reform	Conducting a child care needs assessment     Training interested TANF recipients for careers in child care     Co-locating services to reduce transportation barriers     Working to coordinate service delivery across systems	Working to coordinate service delivery across systems     Training staff on welfare-related issues     Training families on welfare-related issues     Co-locating services to reduce transportation barriers     Retaining flexible program hours to accommodate family work schedules     Creating mechanisms for ongoing feedback as the implementation of welfare reform proceeds	Developing model approaches to meet emerging needs     Working to coordinate and integrate service delivery across systems     Training staff across systems and across agencies     Using TANF funds to promote better outcomes for young children and families     Working to improve the availability of high-quality child care	Working to improve the availability of high-quality child care     Co-locating services to reduce transportation barriers     Working to coordinate service delivery across systems     Training TANF staff on child care issues
Overall Approach to Welfare Reform	Creating community approaches to improving child care	Helping families who are coping with domestic violence, substance abuse, and other risk factors	Using the welfare agency to provide leadership and leadership coutreach to the early childhood community	Creating community approaches to improving child care
Funding Source(s)	Child care subsidies and TANF	Federal funding from Child Abuse Prevention and Treatment Act (CAPTA); state funding from the Child Abuse Prevention, Intervention, and Treatment Act (CAPIT)	TANF (federal, state, and county funds)	W.K. Kellogg Foundation, Skillman Foundation, and Frey Foundation
Administrative Auspice	Bibb County public/ private collaborative partnership; Depart- ment of Family and Children Services	California Department of Social Services, Office of Child Abuse Prevention	El Paso County Department of Human Services	Community grantees in the state of Michigan
Main Focus of Activities	Child care Training of child care providers	Family support Child development	Link between TANF and child welfare Family support	Child care systems building capacity
Name (Locale)	Bibb County Training/ Child Care Center (Bibb County, Georgia)	California Safe and Healthy Families (Cal-SAHF) (State of California)	El Paso County Department of Human Services (El Paso County, Colorado)	Joining Forces: Caring Communities Child Care Initiative (State of Michigan)

Evaluation	The state is conducting an evaluation, using data provided by participating counties. It assesses performance in three areas that affect child development: medical care, family environment, and support services accessible to children. Available data focus on the first two years of the program and do not reflect the TANF-funded expansion.	The program is participating in a national evaluation of Early Head Start, which is in process, and also works with the University of Pittsburgh's Graduate School of Public Health and the Office of Child Development to study the effects of policy changes on the community, program, as well as how the program's families, and children, as well as how the program's family support approach affects outcomes under well-fare reform.
Specific Strategies to Respond to Welfare Reform	Participating in state planning for welfare reform     Using TANF funds to promote better outcomes for young children and families     Adapting existing approaches to meet emerging needs     Working to coordinate and integrate service delivery across systems	Working to improve the availability of high-quality child care     Training staff on welfare-related issues     Providing increased supports to staff     Adjusting program hours to accommodate family work schedules
Overall Approach to Welfare Reform	Tailoring statewide child development and family support programs to meet the needs of families affected by TANF	Adapting a national program model, Early Head Start, to address welfare-related needs
Funding Source(s)	TANF (federal and state general revenues	Federal funding from the Head Start Bureau, Department of Health and Human Services; matching funds from the Howard Heinz Endowment
Administrative Auspice	Governor's Family and Children First Initiative; Ohio Department of Health, Early Intervention Services	University of Pitts- burgh, Office of Child Development
Main Focus of Activities	Child development Family support Early intervention	Child development Family support (Early Head Start)
Name (Locale)	Ohio Early Start (State of Ohio)	Pittsburgh Early Head Start (Pittsburgh, Pennsylvania)

Evaluation	An evaluation found significant increases in physical and behavioral health services utilization for both caregivers and children. It also found a significant reduction in changeable risk factors (e.g., violence, substance use, child abuse) and increases in protective factors for the children. At intake, less than 17 percent of the mothers were working or going to school. After six months, 67 percent were working and 19 percent were going to school. The rate of disengagement from the program was fess than for similar families in comparison programs.	The program is participating in a national evaluation of Early Head Start, which is in process, and also works with the Juniper Gardens Children's Project of the University of Kansas.
Specific Strategies to Respond to Welfare Reform	Promoting employment readiness     reaching out to local employers     Working to improve the availability of high-quality child care     Training staff on welfare-related issues     Providing increased supports to staff     Adjusting program hours to accommodate family work schedules	Assessing levels of knowledge about changes in welfare     Developing new tools to educate families about welfare reform     Training families and staff on welfare-related issues     Promoting employment readiness     Reaching out to local employers     Reaching out to fathers     Addressing paternity-related issues     Addressing program hours to accomodate family work schedules
Overall Approach to Welfare Reform	Helping families who are coping with domestic violence, substance abuse, and other risk factors	Adapting a national program model, garly Head Start, to address welfare-related needs
Funding Source(s)	Original demonstration funded by the Substance Abuse and Administration (SAMHSA), Department of Health and Human Services, supplemented by local funds support ongoing program activities	Federal funding from the Head Start Bureau, Department of Health and Human Services; state funding
Administrative Auspice	Labette Center for Mental Health Services	University of Kansas Medical Center, Child Development Unit
Main Focus of Activities	Family support Child development	Child development Family support Employment readiness (Early Head Start)
Name (Locale)	Project BEFORE (Southeast Kansas)	Project EAGLE (Kansas City, Kansas)

Name (Locale)	Main Focus of Activities	Administrative Auspice	Funding Source(s)	Overall Approach to Welfare Reform	Specific Strategies to Respond to Welfare Reform	Evaluation
Vermont Parent- Child Centers and the PCC Network (State of Vermont)	Family support Child development	Parent-Child Centers	State funds, which each center supplements with additional sources, such as federal funds, state contracts, United Way contributions, private donations, and foundation grants	Tailoring statewide child development and family support programs to meet the needs of families affected by TANF	Participating in state planning for welfare reform     Creating partnerships that formally link welfare agencies and early childhood programs     Cross training staff from child- and family-serving programs with state welfare workers     Reaching out to fathers     Developing model approaches to meet emerging needs     Creating mechanisms for ongoing feedback as the implementation of welfare reform proceeds	Some of the individual centers have been informally evaluated; the impact of the network has not been formally assessed.
Washington Partnership (State of Washington)	Child development Family support Child care Employment readiness	Partnership of federal, state, and local agencies	Existing budgets of the collaborating partners supplemented by funds provided by the Head Start State Collaboration Project	Developing formal partnerships linking early childhood programs and welfare agencies at the state and local levels	Developing model approaches to meet emerging needs     Working to coordinate and integrate service delivery across systems     Cross training staff from child- and family-serving programs with state welfare workers     Promoting employment readiness     Creating mechanisms for ongoing feedback as the implementation of welfare reform proceeds     Working to improve the availability of high-quality child care	The Evaluation Center of the University of Washington School of Social Work conducted a process evaluation of the Partnership. It found increased understanding among the partners, greater clarity about responsibilities, and an improved sense of efficacy among direct service providers. It also noted that basic institutional differences among the partners (public bureaucracies providing statutory services versus community-based agencies with more flexible programs) as well as varying resources and priorities were barriers to collaboration.
West Virginia Partnership Challenge Grant (State of West Virginia)	Child development Family support (Head Start)	West Virginia Head Start Association	Grant from the National Head Start Association with support from the W. K. Kellogg Foundation	Developing formal partnerships linking early childhood programs and welfare agencies at the state and local levels	Developing new tools to educate families about welfare reform     Cross training staff from child- and family-serving programs with state welfare workers     Working to coordinate services across systems     Reaching out to local employers	Formal evaluations are in process.

# APPENDIX B: Profiles of Programs and Initiatives



### **BIBB COUNTY TRAINING/CHILD CARE CENTER**

Bibb County, Georgia

The Bibb County Training/Child Care Center illustrates a county-level collaborative partnership that provides immediate access to child care and child development services to children of TANF recipients. It also provides training opportunities for those recipients interested in becoming child care providers. The program is a response to welfare reform, but planning predated enactment of the federal law.

### **Program Evolution and Description**

In existence since May 1996, the Bibb County Training/ Child Care Center is part of a network of five child care facilities run under the auspices of a public/private collaborative partnership. The collaborative includes the Department of Family and Children Services, the Housing Authority, the Board of Education, the Medical Center of Central Georgia, River Edge Behavioral Health Services, and the Macon/Bibb County Economic Opportunity Council, Macon Technical Institute and the Macon Rescue Mission. The collaborative was the outgrowth of a planning process, Macon Challenge for Change, that was established through the vision and leadership of a local social services administrator to respond to the changing welfare system almost two years before the 1996 federal law was enacted.

The Training/Child Care Center, the original and main center in the network, is key to the implementation of welfare reform in Bibb County. The Center has two main objectives: (1) to provide immediate, quality child care for families transitioning to work, and (2) to train interested TANF recipients for careers in child care. The Center is also a resource for young children in foster care. It has a capacity of up to 120 children from ages six weeks to five years. About 1,000 to 1,500 children are served each year. Children are offered care for at least 45 days, during which they receive onsite updates on immunizations, health screenings, and psychological testing, as well as speech and movement therapy, while parents seek employment. Once parents find jobs or become established in a work program, staff help them to make suitable child care arrangements in the private sector. The Center continues to provide care until an appropriate placement can be made. When children leave the Center, their health records are sent directly to their new caregivers to facilitate the transition. The Center also serves as a referral source for licensed child care providers.

The Training/Child Care Center also serves as an onthe-job training unit for Bibb County TANF recipients interested in child care employment. All interested TANFeligible clients are offered the opportunity to receive a 90day training placement at the Center. If they do well and decide they would like to pursue a career in child care, they are registered for the relevant coursework at Macon Technical Institute, where they earn a Child Development Associate Certificate. With this certification, they return to one of the child care centers in the network for internships and can eventually earn a Child Development Diploma. About 75 people have completed the training program, including over half the current staff of the Training/Child Care Center.

The success of the Training/Child Care Center has spurred the growth of four other centers, creating a network of five. Two of the newer centers target adolescent parents to help them continue their schooling. These parents can complete a semester of traditional coursework while also receiving training on pre- and post-natal care and family planning. The Teen Center focuses solely on supporting young mothers, while the Renaissance Center is open to young fathers as well. The remaining two centers were created by a joint effort between the Department of Family and Children Services and the Housing Authority. To deal with the problem of poor public transportation, centers were located within local public housing projects. At all of the centers, parents can participate in parenting classes, literacy labs, and household budgeting classes.

Members of the collaborative are directly involved in both service provision and administration for the network. The Department of Family and Children Services houses the Training/Child Care Center, works with families seeking welfare benefits and helps them to access services. The Macon Housing Authority provided the space in public housing facilities to create the onsite centers. The Board of Education oversees both the Teen Center and the Renaissance Center. It also reviews the developmental screenings of all three-year olds cared for within the network and makes referrals when needed. The Medical Center of Central Georgia provides nurses and nurse practitioners to conduct health screenings and to monitor immunization records, while River Edge Behavioral Health Services provides behavioral and psychological testing. Macon Technical Institute provides training in child care and certification in child development. The Macon Rescue Mission evaluates the programs, approves expenditures, and handles staff recruitment and evaluation, while the Bibb County Commissioner acts as the fiscal manager for all the centers. Through its close involvement with both service provision and administration, the collaborative is able to identify and respond quickly to emerging needs for child care. Currently, for example, the collaborative is considering whether to convert some existing spaces for preschoolers to infant and toddler care as the private sector spaces tend to largely accommodate the older age group.

The approach of the Bibb County child care network has been replicated in two other counties, Twiggs and Clayton.

### **Funding**

Child care costs are covered by the subsidies families receive through the child care block grant, and training is paid for with TANF funds. All other services, such as health care and developmental screenings, are administered through partnerships that the Department of Family and Children Services has with other collaborating agencies and financed primarily by those agencies.

### **Evaluation**

Although a complete analysis is not yet available, preliminary evaluations conducted by the Board of Education suggest that children who have gone through the Bibb County Child Care Center have been more prepared for school than those who have not. Further, the county reports that the job participation rate of TANF recipients is almost twice that of the state rate.

### Strategic Responses to Welfare Changes

- Conducting a child care needs assessment. Several years ago, expecting that child care would pose a significant problem for people transitioning off cash assistance, the director of the Department of Family and Children Services conducted a needs assessment. She found that over 60 child care centers had a total of only 20 to 30 openings, yet nearly 3,000 children needed care. Given TANF's emphasis on placing recipients in work activities, it was clear that the need to accommodate more children would only become more urgent. This was the main impetus for opening the Training/Child Care Center and developing the collaborative.
- Training interested TANF recipients for careers in child care. Child care centers reported that they were having difficulty finding sufficient numbers of qualified staff. From the beginning, the Training/Child Care Center combined the goal of increasing the supply of child care for TANF recipients with the need to provide them with skill training and viable employment opportunities.
- Co-locating services to reduce transportation barriers. The Training/Child Care Center was purposefully located next to the Department of Family and Children Services to make it easier for parents to avoid additional transportation challenges.
- Working to coordinate service delivery across systems.
   As a means of breaking down barriers that families often experience in their attempts to access services, each family works with a multidisciplinary team comprised of an intake worker, a child protective services worker, an employability worker, and a child care worker.

### **Issues and Concerns**

Program leaders raised several concerns about child care. If parents are to remain in the workforce, quality child care must be affordable and accommodating to work schedules. Yet the state provides subsidies for only one year after families leave TANF, raising questions about how families will be able to continue to afford care. And parents who work late shifts and weekends often have difficulty finding a child care provider. (The Bibb County collaborative is currently assessing whether there is sufficient demand to offer 24-hour care.)

Program leaders also raised larger concerns about finding and maintaining employment for TANF recipients. There are insufficient numbers of jobs to meet the increased demand, and those who find employment face an inadequate public transportation system. In addition, some families receiving cash assistance face enormous barriers to employment; many have not completed high school and some are not literate. Program leaders also expressed concern about what will happen to "hard core cases" when they reach the state's four-year lifetime limit for TANF benefits.

**Contact(s):** Greg Jarres, Program Coordinator, Department of Family and Children Services

Cheryl Sweat, Day Care Facilities Coordinator

Bibb County Training/Child Care Center 502 Ogelthorp Street Macon, GA 31201

Tel: (912) 752-3271 or (912) 752-1772

Fax: (912) 751-6578

The California Safe and Healthy Families (Cal-SAHF) program illustrates how a comprehensive family support home visiting model which targets "overburdened" families is responding to changes in welfare.

### **Program Evolution and Description**

Started in 1997, Cal-SAHF evolved out of the Healthy Families San Diego Project. Administered by the California Department of Social Services, Office of Child Abuse Prevention, the program is aimed at "overburdened families," i.e., families with multiple problems in personal, economic, and social areas. Cal-SAHF families receive individualized help in their own homes, where a home visitor provides support, modeling, and information and education; the visitor also assists the family with identifying and utilizing appropriate community resources. Families are encouraged to supplement their home visits with center-based services that include weekly groups for parents and children and other supports; child care and transportation are provided as needed.

The overarching goals of the program are to protect children and to improve overall family functioning and selfsufficiency. Specific objectives include:

- Reduced need for intervention by child welfare officials, law enforcement, and the courts;
- Reduced hospitalization costs and avoidable medical costs;
- Improved child health and developmental outcomes;
- Positive parenting and optimal child development;
- Reduced dependence on public assistance benefits.

Cal-SAHF is based on a "best-practices" approach; the program attempts to use the best elements of many nationally-recognized home visiting models. The program is designed to promote community flexibility in its implementation, while providing a framework for setting minimum standards, training, supervision, and maintaining long term program quality. Five components are considered essential to the functioning of the Cal-SAHF model:

- 1. A comprehensive service array. Services include:
  - Systematic assessment with standardized instruments.
  - An individualized family-centered service plan developed jointly by the home visitor and family and reviewed regularly by the home visitor and team leader.
  - Intensive home visits, which occur 3 to 4 times per month for the first 6 months but which may then be reduced according to need; visits may continue for up to three years. Home visitors are supported by

- specialists in parent education and development, child development, and health.
- Child health and development monitoring and intervention by specialists who evaluate the parent/child relationship and observe the child's functioning. When problems are identified, the child development specialist works with the home visitor and the parent to develop a intervention plan.
- Center-based services, which include structured parenting classes and parent support groups, a children's group, transportation, and child care.
- Establishing access to primary health care as well as teaching the family basic self-care practices.
- Increasing access to community resources.
- On-going problem solving and case coordination, which involves the home visitor and the team of specialists that supports the family.
- Multi-disciplinary team service delivery. A team consists of:
  - One Team Leader, who is either a Licensed Clinical Social Worker or a Registered Nurse with a good knowledge of human development and family dynamics.
  - Four to five Home Visitors, both professional and paraprofessional.
  - One Nurse/RN, who consults with home visitors. The nurse is also responsible for outreach to primary health care providers and serves as a liaison between the family support team and medical providers.
  - One Child Development Specialist, who serves as a resource for parents, home visitors, and other team members.
  - One Group Coordinator, who develops and updates the curriculum for parenting groups and provides quidance to the group facilitators.
  - One Child Care Aide, who provides care for children five years old and under while parents are in groups and/or classes. The aide also observes child behavior and informs the team leader and home visitor of any concerns.
- Balanced caseload size and intensity. Caseloads are limited to a maximum of 20 to 25 families and include families receiving services at different levels of intensity.
- 4. Ongoing training and skill development. Staff receive intensive pre-service training and then continue to receive ongoing training (a minimum of one training per month). They are also encouraged to attend one or more of the home visiting conferences held annually within the state.

Local flexibility. Although the key components outlined above are essential to the model, they may need
to be modified in accordance with local variations in
needs, available staff and resources, and costs.

The Cal-SAHF model can be utilized as part of primary, secondary, and tertiary prevention approaches. Currently California is funding seven primary prevention Cal-SAHF sites working with families in which there is a pregnant woman or a child three years of age or younger. An additional fifteen counties have implemented the model integrating multiple funding sources, including TANF. In addition, the state Office of Child Abuse Prevention, in collaboration with the Office of Criminal Justice Planning, has recently developed a statewide initiative that embeds the Cal-SAHF model within a comprehensive prevention and treatment program. This initiative, called Answers Benefiting Children (ABC), requires counties to engage in comprehensive planning that results in integrated services and funding, countywide collaboration among providers, and systemic change. Services to be integrated include the Cal-SAHF family support home visiting model, family resource centers, and child abuse treatment services. The project will provide integrated prevention services to families with children from birth to 5 years of age and treatment for families with children from birth to 18. It is anticipated that 15 counties in California will be awarded contracts for this project in the summer of 1999.

### **Funding**

The seven Cal-SAHF pilot sites are funded by the federal Child Abuse Prevention and Treatment Act (CAPTA) and by the state Child Abuse Prevention, Intervention, and Treatment Act (CAPIT). Each of the seven Cal-SAHF sites is funded for three years, with a maximum first year grant of \$350,000 followed by \$302,000 in each of the subsequent two years. The seven sites are also piloting an experiment in capitating prevention programs.

The ABC initiative, which incorporates the CAL-SAHF model, also combines federal and state funds. Federal grants include CAPTA, Community Based Family Resource and Support (CBFRS), and the Victim of Crimes Act (VOCA). State sources include the state General Fund, CAPIT, and the State Children's Trust Fund (SCTF). Funding for the ABC initiative includes: (1) \$50,000 per county for planning, (2) \$325,000 per site for each of two years for prevention services combining Cal-SAHF with a family resource center, and (3) up to \$200,000 per site for each of two years for child abuse treatment services. In addition, six rural outreach projects will be funded with \$200,000 per site using SCTF dollars for two years.

### **Evaluation**

The Cal-SAHF pilot sites are part of a statewide evaluation effort which is linked to the ongoing Healthy Families San

Diego Randomized Clinical Trial. Outcome measures for the following domains are being tested: maternal well being, family violence, family functioning, substance abuse, and child health. The interview protocols have been developed in coordination with an existing randomized clinical trial being conducted by The Johns Hopkins University on the Healthy Families model in Hawaii.

The year two data for Healthy Families San Diego are currently being analyzed. This clinical trial includes a randomized control group (N=241), and an intervention group (N=247) with baseline, year one, year two, and year three interviews. Process data on Healthy Families San Diego are being collected in a database, which is being used by the seven Cal-SAHF sites. The Healthy Families San Diego project cohort is also part of a linked study on welfare reform and health care reform funded by the Public Health Service's Agency for Health Care Policy and Research. It is anticipated that the new ABC initiative will be linked to the Healthy Families San Diego clinical trial and the Cal-SAHF program evaluation.

### Strategic Responses to Welfare Changes

- Working to coordinate service delivery across systems.
   Cal-SAHF uses its multidisciplinary team approach to streamline and coordinate the provision of services to families who are likely to be involved with multiple systems and multiple service providers. As a result of the changes in welfare, many of these teams now include a CalWORKS (California's TANF program) staff person.
- Training staff on welfare-related issues. County welfare staff conducted multiple trainings on the changes in welfare for Cal-SAHF staff. Program staff took this knowledge and incorporated it into elements of the program.
- Training families on welfare-related issues. Families can now learn about CalWORKS requirements as well as welfare-related resources through Cal-SAHF parenting classes and home visits. Additionally, CalWORKS staff periodically make presentations to parent groups in the center-based component of Cal-SAHF to keep parents up to date on welfare changes and how to access services.
- Co-locating services to reduce transportation barriers. A
  conscious effort was made to co-locate Cal-SAHF program sites with a CalWORKS office, where possible. This
  physical proximity allows not only for increased access
  for families to both Cal-SAHF center-based activities and
  welfare services, but it has also facilitated collaboration
  and the sharing of information between the two programs.
- Retaining flexible program hours to accommodate family work schedules. The hours for Cal-SAHF home visiting have always been flexible to accommodate the schedules of families returning to work. The changes in welfare have made this aspect of the program even more crucial.

 Creating mechanisms for ongoing feedback as the implementation of welfare reform proceeds. One of the strategies used by the program has been to provide state policymakers and their representatives with opportunities to talk to individual families and to attend parent support groups so that they can better understand the issues faced by families affected by welfare policies, especially those families with multiple barriers to employment.

### Issues and Concerns

Program leaders are concerned about welfare information sharing and learning. Because the changes in welfare have been rapid and complex, information has not been uniformly available; it filters to different parts of the public welfare and community service systems at different rates. There have been times when state welfare administrators have given program staff information about resources of which the local CalWORKS staff and administrators were unaware. Also, because complex legislative changes have been communicated to diverse audiences, confusion and oversimplification have often resulted. This has meant that critical information has often not been available to staff or clients, creating unintentional barriers to accessing services and resources.

Another concern stems from the nature of the problems experienced by many overburdened families. For many, their financial burdens are "bundled" with a complex array of environmental and psychosocial problems, making it difficult, at times, to balance the goal of getting parents to work with the realities of their everyday lives.

At the policy level, there has been a debate about which families should be eligible for services funded by TANF. The legislature narrowed the definition to include only those families who are eligible for CalWORKS. Program leaders would like to see the definition expanded so that TANF funds could be used to provide Cal-SAHF services to families at risk of needing cash assistance and those transitioning to employment.

Contact(s):

Terry Eisenberg Carrilio, Director, Policy Institute San Diego State University School of Social Work

9245 Sky Park Court, Suite 228

San Diego, CA 92123 Tel: (619) 594-8610 Fax: (619) 594-8600

Email: TBEAR1009@aol.com

Eileen Carroll, Director

Office of Child Abuse Prevention California Department of Social Services 744 P Street, MS 19-82 Sacramento, CA 95814

Tel: (916) 445-2839 Fax: (916) 445-2907 Email: ecarroll@dss.ca.gov

### EL PASO COUNTY DEPARTMENT OF HUMAN SERVICES

El Paso County, Colorado

The efforts of the El Paso County, Colorado Department of Human Services illustrate a county-level strategy to use TANF dollars in creative and flexible ways. The county views TANF as a prevention program for child welfare, to prevent family disruption and out-of-home care. TANF funds are being used to integrate and coordinate services across agencies and to build strong community partnerships to improve the success of welfare reform.

### Initiative Evolution and Description

El Paso County, which includes Colorado Springs, has a population of about one half million. An estimated 2,700 families receive TANF and about 2,500 families are involved with child welfare services. The county Department of Human Services (DHS) administers both TANF and child welfare programs. Prior to TANF, counties in Colorado already had considerable discretion in implementing child welfare policies. With the implementation of TANF, counties were granted maximum flexibility as well; each was given a block grant of federal and state TANF funds. Counties were also required to pay their portions of the "maintenance of effort" (MOE) spending before accessing state and federal TANF funds, which means that any expenditure above the MOE comes from state and federal funds.

With declining caseloads, the county anticipates a surplus of about \$6 million in the annual TANF budget. Rather than leave these funds in reserve, the county chose to spend the money on preventative measures as an investment in children, their families, and the community. Using TANF dollars in flexible ways, the county DHS is designing initiatives to create a seamless set of supports for families receiving TANF or at risk of out-of-home placement through child welfare.

The DHS began the process of unifying TANF and child welfare programs by identifying and embracing a set of operating principles and vision for the common system of care. This vision is reflected in a commitment to strengthening families, assuring safety, promoting self-sufficiency, eliminating poverty, and improving the quality of life in the county. This vision is also being applied to other programs administered by the DHS, including food stamps, Medicaid, child care, and other related programs. These, too, are being redefined as a set of supports to strengthen families and to contribute to their successful development.

To support this vision, resources have been reallocated to promote the goal of family-centered prevention. This means that welfare workers have access to additional resources and supports through TANF with which to assist their families, for example, providing a range of family-centered, flexible, wraparound services to them, tailored to meet individual needs. Further, families are key stake-

holders in designing, selecting, and managing needed services, regardless of how they enter the system.

Both prior to the implementation of welfare reform and since, the El Paso County DHS has been driven by a commitment to building community partnerships. These are seen as key to successfully meeting the short- and long-term goals of family self-sufficiency. This has included outreach to the faith-based community, which provides a mentoring program. Other partnerships involve the Center on Fathering, which the DHS helped to create, and a republican women's organization, which offers a clothes and make-up fair for women transitioning to work. This is in addition to the outreach to the early care and education community, described below.

Of the new initiatives implemented by the El Paso County DHS and supported with TANF funds, the following are especially likely to affect young children.

- One Stop Access to Support Services For Families. The El Paso County DHS has created a one stop Family Independence Agency, where families can find, co-located in one place, child care resource and referral staff, domestic violence and substance abuse counselors, and information about jobs. Families can choose the individuals they most want to work with, pursuant to an Individualized Family Contract.
- Special Strategies for High Risk Families. The El Paso County DHS has created an empowerment team focusing on two groups of high risk families: teen parents and "child only" cases, which comprise about 30 percent of the caseload and primarily include children being raised by their grandparents or other relatives. The empowerment team is comprised of senior level child welfare workers experienced in family support and child safety issues. They also provide consultation to the two units of TANF workers serving other families. Staff have access to flexible funding to assist families, similar to wraparound services in child welfare, but with a TANF funding base. Designed as an alternative to child welfare, the program supports preventive service options for children at low to moderate levels of risk, intervening before escalating crises require intensive intervention. The county DHS is now expanding the approach to provide services to relatives connected with ongoing child welfare cases. It is also in the process of adding a subsidized permanent custody program for grandparents who have had a grandchild for an extended period of time and who are currently receiving foster care payments.
- Expanding and Improving Child Care. The DHS played a key role in strengthening the early care and education network. In preparation for the implementation of welfare reform, the Deputy Director convened a task force on child care and welfare reform. The work of this task

force has focused on increasing provider reimbursement rates for child care services to low-income families; offering onsite enrollment for low-income child care programs in child care centers and homes where parents drop off and pick up their children; developing a child care resource and referral database for all relevant families, including families receiving child welfare services; and guaranteeing child care slots and full-day, full-year care so parents can move effectively from welfare to work. The success of the group led participants to form a new group, the Alliance for Kids, which continues to work with the DHS, even while framing a broader strategic agenda to improve outcomes for all young children and families in the county.

### **Funding**

The county is currently using about \$6 million of its \$18 million annual TANF budget (\$3 million of which are county funds) to fund its new TANF-related activities.

### **Evaluation**

Although the El Paso County DHS is not currently conducting a formal evaluation of the initiatives profiled, the Department is collecting statistics that will allow it to track what happens to families once they begin receiving DHS services. It has also set measurable performance goals. Examples include a goal to prevent 80 percent of kinship and teen parent TANF cases from entering the child welfare system, as well as a goal that children in 85 percent of kinship cases will remain with the same relatives or return to their parents. To help assess how well the DHS is meeting such goals, the Department documents the services provided to families (both through the DHS and community services) and continues to track cases over time. The DHS is also tracking, at six-month intervals, the movement of cases between systems. For example, the Department tracks the number of TANF cases that become child welfare cases, and the number of those that become foster care cases, as well as the movement of cases from child welfare to TANF.

### Strategic Responses to Welfare Changes

- Developing model approaches to meet emerging needs.
  By using TANF as a prevention program for child welfare, El Paso County is modeling an innovative cross-systems approach. It is designed to provide families entering the system from either side—child welfare or TANF—with comprehensive, strength-based services with the lowest possible level of intrusion into the family.
- Working to coordinate and integrate service delivery across systems. Creating a one stop environment for families to access support services is key to the El Paso County effort. In addition, the Department is now combining family preservation and foster care placement

- prevention services (which provide more intensive supports to families) with prevention focused TANF services to create a service continuum which bridges both the funding and service philosophy gaps between child welfare and welfare.
- Training staff across systems and across agencies. In collaboration with four universities (Colorado State University, University of Utah, New Mexico State University, and the University of Nevada) and four states (Colorado, Utah, New Mexico, and Nevada), the county DHS is implementing cross-system training, assessment, and services. The effort includes child welfare and TANF but also incorporates substance abuse, domestic violence, and the mental health system. Funded by the U.S. Department of Health and Human Services, this initiative provides training in leadership skills, systems change, and training strategies.
- Using TANF funds to promote better outcomes for young children and families. El Paso County's cross-systems approach takes maximum advantage of the funding flexibility allowed under TANF. The Departments' fiscal creativity combined with its catalytic role in creating the Alliance for Kids has established long-term mechanisms to focus attention on the needs of low-income young children in the county.
- Working to improve the availability of high-quality child care. To support families making the transition off cash assistance, the county DHS has promoted multiple strategies to improve both the supply and quality of child care available to low-income families, including raising provider reimbursement rates, increasing the number of full-day, full-year slots, and providing easily accessible resource and referral services to families affected by TANF.

### **Issues and Concerns**

The El Paso County DHS continues to have concerns about the low-paying jobs that TANF recipients are finding. Such jobs often provide more income than TANF but frequently in insufficient amounts to move families out of poverty. Appropriate strategies need to be implemented to formulate and support long-term self-sufficiency goals: to develop skills that will provide access to higher-paying jobs, to manage family demands competently given the day-to-day requirements of work, and to attend to family development tasks so that the next generation can build on the successes of this one. Department leaders stressed that addressing these complex challenges are ultimately more important to the long-term success of TANF, and the families it serves, than simply getting people off cash assistance.

Concerns were also expressed about what the future holds at the policy level. The flexibility currently extended to the county level in Colorado has enabled the DHS to make a commitment to support families headed by nonparent relatives. The future of such supports depends on continued local flexibility.

Contact(s): David Berns, Director

Barbara Drake, Deputy Director

El Paso County Department of Human Services 105 N. Spruce (80905)

PO Box 2692

Colorado Springs, CO 80901

Tel: (719) 444-5532 Fax: (719) 444-5598

Email: David.Berns@state.co.us Barbara.Drake@state.co.us State of Michigan

The Joining Forces initiative illustrates a collaborative foundation effort to develop community-level partnerships to increase the supply of quality child care for low-income families. The Initiative predated the 1996 federal welfare changes.

### Initiative Evolution and Description

In 1994, three Michigan foundations—W. K. Kellogg, Skillman, and Frey-decided to collaborate on a grantmaking effort called Joining Forces to improve the supply and quality of child care for low-income families in Michigan. Committed to building community capacity to address child care needs, the foundations funded nine sites across the state to facilitate local planning and collaboration. Programmatic goals include increasing the quantity and quality of child care serving low-income families, expanding infant care, offering care during non-traditional hours, providing child care for sick children, and ensuring the inclusion of children with special needs in child care options. Each site has a specific programmatic focus within these broader goals. An overarching goal of the Joining Forces initiative is to create a shared sense of responsibility for and commitment to children and child care that extends beyond individual families.

Each site has engaged a broad array of community stakeholders to develop plans for building a local child care system that addresses the needs of low-income families. The first year of each five-year project was devoted to planning, including the development of a comprehensive implementation plan. The grantees were chosen for their creative approaches to reforming child care, commitment to long-term improvement, and the potential of staff to accomplish their objectives. The sites represent urban, rural, and village areas across the state.

Current grantees and participating communities include:

- Allegan County School District
- Charlevoix-Emmet Intermediate School District
- Child Care Coordinating Council of Detroit/Wayne County, Inc.
- Downriver Guidance Clinic (Southgate, River Rouge, Ecorse, and Romulus)
- Fremont Area Foundation (Newaygo County)
- Kent County Regional Community Coordinated Child Care (4C)
- Michigan State University-Saginaw Extension Service
- Oakland County Community Coordinated Child Care (4C) Council
- Community Foundation for Muskegon County

The child care system building strategies used by the grantees are wide-ranging, depending on the needs of the community and the state of existing child care resources. These strategies include:

- Conducting a comprehensive needs assessment.
- Facilitating collaborative partnerships among community housing, early care and education, and business entities to develop new family day care homes.
- Increasing the number of child care slots, especially for infants and toddlers, by providing information, training, technical assistance, and individual consultation to existing and potential providers.
- Encouraging child care providers to become licensed by providing information and support services.
- Initiating before- and after-school programs for schoolaged children.
- Providing education and support to encourage providers to offer care during non-traditional hours.
- Helping child care providers offer care for children with special needs by providing training, support services, and money to purchase or rent equipment.
- Providing resource and referral services to link families with appropriate child care providers.
- Working with public agencies to streamline eligibility and payment processes for child care subsidies.
- Developing career paths for child care providers by increasing training and educational opportunities and developing standards for certification and promotion.
- Increasing retention among child care workers by raising salaries and increasing opportunities for recognition and validation.
- Facilitating community consensus regarding quality standards for child care.
- Linking local child care quality standards to child care information and referral services.

Joining Forces has also focused on building the infrastructure necessary to address issues of child care capacity, quality, and affordability beyond the life of the initiative. One of the primary infrastructure strategies has been to build local partnerships among the relevant stakeholders, including parents, child care providers, state licensing administrators, Head Start programs, public schools, state welfare offices, and employers. The Joining Forces teams bring stakeholders together and work on building relationships; several teams have created ongoing forums for communication and planning. Another set of strategies has focused on creating mechanisms for financing child care reforms. Strategies include establishing

child care endowment funds, creating loan programs to assist providers, and tapping non-traditional funding sources, such as community development block grants, the integration of funds for employment training and youth development with child care subsidies, and the provision of pre-tax child care accounts through employers.

Ongoing planning and technical assistance to the initiative and to individual sites is provided by SmartWORKS, Inc., a Michigan-based firm. Technical assistance has included the development of planning and reflection tools designed to promote and facilitate continuous learning and subsequent refinement of initiative activities. A state advocacy organization, Michigan's Children, is working to link local initiatives to state policymaking. This includes an examination of how state policies are being implemented locally, as well as providing feedback to state policymakers about lessons learned at the local level.

### **Funding**

The Skillman, Kellogg, and Frey Foundations expect to award \$5.1 million over five years to Joining Forces grantees. Each site received up to \$100,000 for the first year for planning and initial implementation. Funding in subsequent years depends on the site's progress toward its goals, which will be carefully monitored by the funders. First year grants were made in 1995 and 1996.

Each foundation is making direct grants to individual sites rather than pooling the funds, as well as funding discrete initiative components, such as initiative coordination, communications, evaluation, and networking.

### **Evaluation**

An evaluation of the overall initiative, which is being conducted by Abt Associates Inc., is in process. It will assess the child care systems building capacity developed by the initiative. In addition, each site is responsible for arranging an evaluation of its activities, using pre-determined criteria.

### Strategic Responses to Welfare Changes

- Working to improve the availability of high-quality child care. All of the Joining Forces sites are helping families affected by the changes in welfare by working to improve child care for all low-income families, using the strategies listed above. Some of the sites, however, are responding directly to the specific child care needs of families on TANF and those leaving TANF. Their strategies are listed below.
- Co-locating services to reduce transportation barriers. One
  of the sites is establishing child care resource and referral services onsite at the Family Independence Agency,
  which administers TANF. Many of the families served by
  the agency must travel great distances for their appointments. Joining Forces staff plan to hold informational
  sessions for TANF families who are working to educate

them about available child care options. Their goal is to better link families with child care providers near where they live or work.

- Working to coordinate service delivery across systems.
   One site facilitates collaboration between the Family Independence Agency and Child Care Resource and Referral to link families with licensed child care providers.
- Training TANF staff on child care issues. Several sites
  are developing training for TANF workers to educate them
  about the full range of child care options available and
  about how to help families access these services.

### Issues and Concerns

Although many of the sites are providing training to community child care providers, such training does not count toward TANF work requirements, making it difficult for TANF recipients to participate in training. The administration of TANF is decentralized in Michigan, and Joining Forces sites have experienced varying levels of responsiveness from the county-level Family Independence Agencies (FIAs), which administer TANF. For example, several sites reported difficulties with the local FIA's eligibility and payment processes for child care subsidies. Notification to providers of who is eligible for subsidies is often delayed, as are payments, creating problems for providers.

Contact(s): Kari Schlachtenhaufen, Vice President for Programs

Carol Goss, Senior Program Officer

The Skillman Foundation

600 Renaissance Center, Suite 1700

Detroit, MI 48243
Tel: (313) 568-6360
Fax: (313) 568-1101

Email: kschlachtenhaufen@skillman.org

cgoss@skillman.org

Marvin H. McKinney, Program Director, Youth and Education/Higher Education

W. K. Kellogg Foundation One Michigan Avenue East Battle Creek, MI 49017-4058

Tel: (616) 969-2621 Fax: (616) 969-2188 Email: mhm.wkkf.org

Kim Krasevac-Szekely, Program Director

Frev Foundation

48 Fountain Street, NW, Suite 200 Grand Rapids, MI 49503-3023

Tel: (616) 451-0303 Fax: (616) 451-8481 State of Ohio

Ohio Early Start illustrates how an existing early intervention program for infants and toddlers has been expanded for use with TANF families who have children from birth to age three. The program is now available statewide, supported largely by TANF funds.

### **Program Evolution and Description**

In 1996, the state of Ohio developed an early intervention program called Early Start that targets infants and tod-dlers at high risk for developmental delays, abuse, or neglect. Specifically, the program targets families with children between birth and age three in which there are multiple risk factors, such as a teen parent, a low birth weight infant, a history of child abuse, drug addiction, poverty, and/or substandard housing. The program seeks to improve parenting skills, increase parental knowledge of child development, help parents deal more effectively with stress, and link families with community resources. Early Start was initially available in 30 of Ohio's 88 counties.

With the enactment of the 1996 federal welfare law, the state decided to use TANF funds to expand Early Start to target families with very young children who are enrolled in Ohio Works First (OWF, the state's TANF program), especially families headed by teen mothers. As of February 1999, 74 of the state's 88 counties had approved plans to participate in Early Start; most are in the early stages of implementation. The state estimates that from the fall of 1998 through spring of 1999, Early Start will serve about 8,000 young children in families receiving cash assistance. In addition, one-third of the counties have opted to continue Early Start for newly employed families.

Counties have some discretion about the Early Start services they provide, the families they target, and the mechanism through which they access TANF funds. They may serve eligible families either as part of the self-sufficiency contract required by Ohio Works First or with flexible TANF funds (Prevention, Retention, and Contingency Funds), which counties can use at their discretion. For OWF families that participate in Early Start as part of their self-sufficiency contract, Early Start activities can help fulfill work requirements. Ohio requires adult OWF recipients to engage in 30 hours of work activities each week, 10 of which may include Early Start, parenting classes, high school or GED classes, or other developmental activities.

Early Start has six core components:

- Screening of child health and development, with appropriate linkages to health and other care.
- An individualized family service plan to provide direct services to the child and family (including extended family and other important adults in the child's life).

- Referrals to appropriate service providers (e.g., primary health care providers, mental health services, transportation).
- Service coordination.
- Access to appropriate family supports (e.g., respite care for parents, links with parent mentors, educational tutoring programs, other home visiting programs, centerbased activities such as Even Start).
- *Home visits* provided weekly for the first six weeks of enrollment, biweekly for the next three months, and then monthly until a family exits the program.

The program requires that ongoing clinical and administrative supervision be available to home visitors, whose caseloads range from 25 to 45 families.

### Early Start at the Local Level: Ashtabula County

Ashtabula County is one of the 30 counties in Ohio that provided Early Start services prior to the TANF-funded expansion of the program. The county has opted to provide Early Start to eligible OWF families through the self-sufficiency contract. Prior to the expansion, Ashtabula County had already begun to coordinate early childhood programs and services, starting with a shared pre-enrollment form. Early Start, Early Intervention, and Head Start use a common Individual Family Services Plan (IFSP). Since the integration of Early Start and OWF, a section of the plan has been enhanced to address family goals and individual parent goals, in addition to the goals for the child. The coordination of early childhood services is further strengthened by their co-location in the Head Start Child and Family Development Center, where Early Start, Early Intervention, and Head Start share a common headquarters and common reception area. This arrangement facilitates daily interaction among the staff of the three programs, and some staff share responsibilities across programs. For example, the Head Start home visitor may also provide Early Start services to Head Start-enrolled families who also have a child under three who is eligible for Early Start.

Access to the Adult Learning Center at the Head Start Family Center is one of the support services available to Early Start parents. The Adult Learning Center provides English as a Second Language (ESL) classes, GED preparation, and a new job skills preparation program. An onsite Resources Manager is also available to parents. This person works with the home visitor to support self-sufficiency goals; these efforts are coordinated with the OWF staff person assigned to the parent.

Once the Individual Family Services Plan is completed or the eligible child reaches age three, transition services are provided to the family. Transition services may include any of the Early Start core services, child care, employment assistance, and other services, depending on family needs. Children leaving Early Start are often eligible for Head Start services—a transition which is facilitated by the common IFSP.

### **Funding**

For fiscal year 1998–99, the state allocated \$6 million from general revenues for Early Start. An additional \$28 million was allocated from federal and state TANF funds.

### **Evaluation**

Ohio Early Start is being evaluated statewide through an analysis of data provided by participating counties. The evaluation will assess performance in three areas that affect child development: medical care, family environment, and support services accessible to the children. The state sets measurable target goals in each of these areas. The data currently available focus on the first two years of Early Start and, for the most part, do not reflect the TANF-funded expansion of the program. Preliminary data indicate that about 7,100 children were enrolled in Early Start between January 1996 and January 1998. Of enrolled families, 85 percent reported that their needs on the IFSP were being met. Eighty-six percent of families reported receiving some form of well-baby care once enrolled, and 85 percent of enrolled children were current on their immunizations. Utilization of services was reported at 59 percent; the reasons for this are being investigated. Possible explanations for under-utilization include waiting lists, family refusal, and families not at home for home visits. These early data reveal that most of the initial performance goals were met. One exception was the percentage of children having health care after enrollment, which was lower than expected. It is hoped that the new children's health insurance program will increase access to care. Plans are underway to collect and analyze outcome data for Early Start, beginning in fall 1999.

### Strategic Responses to Welfare Reform

- Participating in state planning for welfare reform. The
  administration of Ohio Works First is relatively decentralized, as is the implementation of Early Start. Thus,
  many decisions—such as whether to integrate Early Start
  into OWF—are made at the county level. To encourage
  counties to pay attention to the needs of infants and toddlers whose families are affected by welfare reform, the
  state held a series of regional forums with county directors of human services, the chairs and coordinators of
  the local Family and Children First Councils (collaborative planning and coordinating bodies), and existing Early
  Start providers. The state continues to provide training
  and technical assistance to counties to support the expansion of Early Start.
- Using TANF funds to promote better outcomes for young children. Ohio is taking advantage of the new flexibility built into TANF to better meet the needs of infants and toddlers. By using TANF funds to expand Early Start,

- Ohio's approach to welfare reform emphasizes strong parent-child relationships and healthy child development along with family economic self-sufficiency.
- Adapting existing approaches to meet emerging needs.
   In its efforts to target infants and toddlers in families receiving OWF cash assistance, Ohio has been able to build on the planning, training, strategies, and experience of the first phase of Early Start.
- Working to coordinate and integrate service delivery across systems. Early Start home visitors attend to the health and developmental needs of infants and toddlers while also helping families work toward their goals for economic self-sufficiency. OWF families who participate in Early Start as part of their self-sufficiency contract can count participation in home visits and parenting classes towards their OWF work requirements.

### **Issues and Concerns**

Adapting Early Start to a new population and to a broader purpose has presented several challenges. The original program did not emphasize economic self-sufficiency. The shift has required some additional technical assistance and training to help staff become more sensitive and responsive to the needs of families trying to transition off cash assistance. Expanding Early Start to OWF families has also created some conflicts in program philosophy. Early Start was designed to be a voluntary program, yet participation is mandatory for OWF families if Early Start is included in their self-sufficiency contracts. They can be sanctioned if they fail to participate. In addition, the pressure to get adults on OWF into work activities imposes time constraints not envisioned by the original designers of Early Start.

Because the administration of OWF is decentralized in Ohio, the state has had to generate understanding about the importance of integrating Early Start into OWF on a county-by-county basis. Using TANF funds to target infants and toddlers has required a shift in orientation for welfare programs that have focused almost exclusively on adults in the past.

Contact(s):

Linda McCart, Executive Director, Ohio Family

and Children First Initiative

Office of the Governor 77 South High Street, 30tth Floor Columbus, OH 43266-0601

Tel: (614) 752-4044 Fax: (614) 728-9441

Email: mccarl@odhs.state.oh.us

Debbie Cheatham, Health Planning Administrator

Ohio Department of Health Bureau of Early Intervention Services

246 North High Street Columbus, OH 43266-0118

Tel: (614) 644-8389 Fax: (614) 728-9163

Email: dcheatha@gw.odh.state.oh.us

### PITTSBURGH EARLY HEAD START

Pittsburgh, Pennsylvania

The Pittsburgh Early Head Start illustrates how a primarily home-based, federally-funded Early Head Start program serving pregnant women, infants, toddlers, and their families is responding to needs that have emerged as a result of welfare changes. The program was funded prior to welfare reform.

### **Program Evolution and Description**

The University of Pittsburgh's Office of Child Development operates the Pittsburgh Early Head Start program in four centers in three diverse communities in the Pittsburgh area for 140 families with pregnant women, infants, or toddlers. The Pittsburgh Early Head Start program is a home visiting program which is supplemented by group activities for parents and families at each center. Child development services focus on working with parents to improve their interactions with their children. Across the four centers, the program serves mainly African American and white families headed by single parents, two-thirds of whom were receiving cash assistance when they enrolled in the program.

Working closely with Pittsburgh Early Head Start staff, families enrolled in the program choose their own objectives and decide what they would like to focus on. Although staffing patterns vary across the centers, two home visitors typically work with each family—one conducts weekly visits to families to address child development issues, while a second visits families every other week to focus on family development issues. Other staff members, such as the child development specialist, the nurse, and the nutritionist, make periodic visits to families' homes. In addition, staff support families by helping them apply for jobs, connecting them with other service providers, assisting them with social services applications, and providing other supports as needed.

The Pittsburgh Early Head Start program does not provide child care services directly to families, but it is working to ensure that its infants and toddlers have access to quality child care whether that care is center-based or provided by neighbors and relatives. Currently, about half of enrolled families are using child care, mostly relative/neighbor care. The program has developed a new formal collaboration with the Allegheny Intermediate Unit Head Start Expansion project to create slots for Early Head Start children in Head Start family child care homes (in two of the three program communities). The program anticipates that there will be enough slots to meet the demand. The program will pay \$150 per month per child on top of the state child care subsidy to support high-quality care in the Head Start family child care homes. The program has also made arrangements with a child care center in the third program community to accept Early Head Start children and to provide incentives for the center to meet Head Start performance standards. Early Head Start staff will do quality assessments, develop Quality Improvement Plans with family child care providers and center staff, and support staff getting Child Development Associate certificates.

Staff members are developing strategies to support families and children who are using relative/neighbor child care. Home visitors will serve as a liaison between parents and child care providers, trying to strengthen that relationship; they will also visit children in family child care. Early Head Start is also collaborating with the local resource and referral agency to provide training for relative/neighbor caregivers in CPR, first aid, child development, and developmentally appropriate practices, and to provide toys. The program is considering the use of financial incentives to encourage relative/neighbor caregivers to participate in the training and to work with the Early Head Start program.

The Pittsburgh Early Head Start program provides many staff training opportunities, both formal and informal. Most training opportunities are open to all staff members to promote cross training, so that the work with families is more integrated. All staff members have individual staff development plans that include training provided by the program as well as conference and outside training opportunities.

The Allegheny County Health Department contributes the services of two public health nurses to Pittsburgh Early Head Start. The nurses conduct health assessments and make bi-weekly visits to pregnant women and women who have just given birth. They work with family development specialists to monitor families' health care and to ensure that children are immunized.

The program collaborates with other service providers in the community to arrange services for families. It also participates in community collaborations. For example, the program director is on the Single Point of Contact (SPOC) program management committee which operates the city's employment and training program. The TANF agency is also part of this committee.

The Pittsburgh Early Head Start program is part of a family support movement throughout Allegheny County. Family support centers belonging to the network work together to get information, influence policy, and develop relationships with other service providers. As part of the network, the Pittsburgh Early Head Start program can have a bigger impact on policies and services than it can by itself.

### **Funding**

The Pittsburgh Early Head Start program is a federally-funded program administered by the Office of Child De-

velopment of the University of Pittsburgh. The program also receives matching funds from the Howard Heinz Endowment.

### **Evaluation**

Pittsburgh Early Head Start is participating in a national evaluation of the Early Head Start program. The program also works with a team of researchers from the University of Pittsburgh's Graduate School of Public Health and the Office of Child Development on continuous program improvement activities and local research studies. The local researchers are studying the effects of policy changes on the community, program, families, and children, and they are learning about how the program's family support approach affects child and family outcomes in the climate of welfare reform.

### Strategic Responses to Welfare Changes

- Training staff on welfare-related issues. To prepare staff
  to work most effectively with families affected by the
  changes in welfare, the program holds periodic all-staff
  trainings on both welfare reform and mandated Medicaid managed care, and encourages staff to attend workshops and trainings offered by other community organizations and advocacy groups.
- Providing increased supports to staff. There is increased need for administrative support to direct-service staff to prevent their own demoralization given the limited options available to families, and to help them develop new strategies for supporting families through immediate transitions without losing sight of longer-term family and child development goals.
- Adjusting program hours to accommodate family work schedules. Staff members have adjusted their hours to accommodate parents' schedules. Some staff members now work mostly during evenings and weekends, while others have more daytime hours.
- Working to improve the availability of high-quality child care. In addition to efforts to improve the quality of relative/neighbor care highlighted earlier, Pittsburgh Early Head Start is involved in the Early Childhood Initiative, which was formed by the United Way of Allegheny County and several foundations to develop community-based child care. (In two of the three program communities, Pittsburgh Early Head Start is a partner in a grant for the initiative, and a proposal is currently being developed in the third community.) The Initiative requires community groups to collaborate to apply for funds for child care. The program's goal is to encourage families to use the Early Childhood Initiative child care programs and to provide support and resources so these programs meet Early Head Start standards.

### **Issues and Concerns**

Welfare reform is one of many policy changes in the Pittsburgh area; major changes in public housing and health care are also occurring. In one community, a Hope VI program is dismantling most of the existing housing in a very large public housing development for poor families and rebuilding to meet the needs of a more diverse population. The Hope VI program is being introduced into portions of the other two communities served by Pittsburgh Early Head Start. Mandatory Medicaid managed care took effect in January 1999. These policy changes are placing more external demands and limits on the program than ever before.

Pittsburgh Early Head Start staff members have had to make a philosophical shift in response to welfare reform. Previously, they focused on helping families dream—step back, think about who they are and where they'd like to be, map out their futures, and consider education or training. Now staff are struggling to help families do the things they need to do in the short run (for example, meet welfare requirements for job search and work) as well as to help them dream and plan for the long run. Staff members are still working out how to support children given the narrowing of options for parents. For example, most parents can no longer choose to stay at home and work on parenting.

Program staff members are concerned about the effects of welfare reform on children. The local area does not yet offer high quality child care. Many Early Head Start children are in patchwork arrangements with several caregivers, and caregivers change often due to parents' work schedules.

Many families are more stressed now, both by the new welfare requirements and uncertainty about their futures. Some parents are finding it difficult to plan ahead. Because they want—and need—to meet new welfare requirements, they often take the first job they find even if it can't adequately support their family or is unlikely to lead to long-term career options. The jobs tend to be part-time and without fringe benefits, and they rarely pay a living wage. Many are swing shift jobs or night jobs with variable ending times, exacerbating child care and transportation problems. In many cases, parents work at night and care for their children during the day, leaving little time for sleep.

Some families are experiencing stress from having to do multiple things, including balancing parenting and other activities and participating in program services. Due to new time pressures, the program has had trouble getting families involved in program governance. In the past, governance activities have extended into broader community involvement, but families no longer have time for these activities.

In March 1999, the first families in Pennsylvania will start getting terminated from cash assistance if they are not meeting work requirements. Although most Early Head Start families have jobs, staff are concerned about what will happen when families reach the five-year limit on cash benefits. The state and local TANF agencies have not made decisions about potential exemptions to the time limits. Moreover, the service package for supporting families who go to work is still not in place. For example, the state child care plan has not been approved (it is two years late), and families still face a fragmented child care system. In general, there is a lack of clarity about welfare reform which increases the insecurity that families feel and limits the capacity of staff to support families through the process.

**Contact(s):** Laurie Mulvey, Administrator

Flora Woratschek, Director

University of Pittsburgh Office of Child Development Early Head Start Program 5600 Penn Avenue

Penn Plaza Apartments, Suite 208

Pittsburgh, PA 15206 Tel: (412) 661-9280 Fax: (412) 661-9288

### PROJECT BEFORE (BRIDGING EMPOWERS FAMILIES TO OVERCOME RISKS AND EXCEL)

Cherokee, Crawford, Labette, and Montgomery Counties, Kansas

Project BEFORE illustrates how a behavioral health home visiting program that supports families with young children in which there are substance abuse and mental health disorders has evolved in response to welfare reform. The BEFORE intervention combines case management/home visiting with a whole family wraparound process. The case management approach is family-centered and strength-based, and the whole family wraparound process supports family developed goals. Welfare reform has focused family priorities on goals for employment and education.

### **Program Evolution and Description**

Southeast Kansas families, community leaders, and providers of health, behavioral health, education, social, and juvenile justice systems have been developing a rural integrated system of care since 1991. The initial focus of this system of care was children with severe emotional or behavioral disorders. In 1994 concentrated efforts began to focus on early intervention and prevention and to include the providers of services and supports for very young children. BEFORE (Bridging Empowers Families to Overcome Risks and Excel) home visiting/case management is one of the evolving interventions within this developing system of care. Prevention and early intervention efforts are based on a risk and resiliency model. Families in which a caregiver is substance dependent or has a mental illness are overburdened with the complex demands of everyday life. Young children within these families are at high risk for future school failure, mental illness, juvenile crime, and violence. These are the families targeted for support through Project BEFORE. During the past three years, 205 families with children under six years of age and at least one caregiver who has problems with substance abuse or mental illness have received services through this project.

The BEFORE intervention combines case management (home visitation) with individualized whole family wraparound planning. All families receiving services through Project BEFORE have a home visitor. BEFORE case management is based on the principles of home visiting of the Healthy Families America program, which involve strengthbased assessment and relationship building. This intervention has been adapted to meet the unique needs of caregivers with substance dependency and mental illness by wrapping a support network around the families, made up of both their own family and friends and other providers. The whole family wraparound planning process begins with strength-based assessment and evaluation to determine the strengths, preferences, and cultural practices of the child and family. Risks, needs, and protective factors are identified, and each person, particularly parents, recommends goals and services. As families are engaged, they begin to address changeable risks and protective factors for the children. The process focuses on problem solving and parenting skills in those areas most important for the children and family. Services are provided based on the strengths and needs of every member of the family and encourage each family member to participate in the intervention process. Specific goals and objectives are developed and evaluated by the family and home visitor/case manager to ensure that services meet their needs. Natural family supports (relatives, friends, and neighbors) and community organizations (12 step programs, support groups, and other community support systems) are integral parts of each plan.

The multi-disciplinary team, consisting of the family and people identified by the family, generally consists of the parents, home visitor, and only one or two other people. For example, a vocational counselor might be a team member. If young children are showing social, developmental, or cognitive delays, an early childhood specialist might be a team member. Efforts are made to keep the teams small as large teams are often intimidating to the families and coordination can be handled most cost efficiently through collaborative contacts. The team develops a vision of the future for the family based on the their interests, preferences, and strengths. Using this vision, the team develops a system of services and supports to help the family achieve their goals. Each whole family wraparound plan describes the specific mix of services, level of intensity for each service, and person responsible for each service. The plans also provide a forum for consensus or disagreement.

The case manager is key to carrying out these wrap around plans, which are periodically revised. Project BE-FORE has had considerable success in recruiting home visitors who are themselves in successful recovery. Access to consistent group and individual clinical supervision and peer support is also key to making the service strategy effective.

Many of the parents and children targeted for this project have economic, health, housing, transportation, dental, vocational, education, and legal problems. In addition, the children in these families also have educational, developmental, nutritional, and mental health needs. Providing holistic support requires coordination with the providers of support and services in each of these areas. In recognition of this, Project BEFORE has been a catalyst for expanding a network of early childhood services providers to include over 30 agencies who meet on a monthly basis to plan and implement the system of care.

### **Funding**

Project BEFORE was initially funded through a grant of \$275,000 per year from the Substance Abuse and Mental Health Services Administration (SAMHSA) and \$92,000 of funding through four local non-profit mental health centers. As the federal funding for this grant has ended, funding from family support, juvenile justice prevention, and community health departments has sustained some of the program activities. New state funds have recently been allocated for Project BEFORE. (In addition, the philosophy and approach of the program have been incorporated into other systems of care and early intervention services.)

### **Evaluation**

During the past three and a half years, BEFORE services have been provided for more than 300 adults and 350 children in 205 families. The evaluation has shown significant increases in the utilization of physical and behavioral health services for both caregivers and children. The evaluation has also shown a significant reduction in changeable risk factors and increases in protective factors for the children. For example, it found significant reductions in violence, substance use, child abuse, and arrests for these families. The rate of disengagement from the program was less than for similar populations of families from Healthy Families America and Parents as Teachers programs. Moreover, work-related behaviors increased substantially. At the time of intake, less than 17 percent of the women were working or going to school. After six months of receiving support, 67 percent were working and 19 percent were going to school. An extensive process review is currently underway to isolate factors that contributed to the success of this approach.

### Strategic Responses to Welfare Changes

- Promoting employment readiness. The whole family
  wraparound process focuses on goals that are priorities
  for families. As welfare reform has focused on getting
  jobs, family goals have focused more in this area. Focus
  groups for teenage parents and other families have included sessions on employment goals and strategies.
- Working to improve the availability of high-quality child care. The community assessment used for planning purposes for the overall system of care identified lack of affordable child care as a primary barrier to work and school for families—especially night and weekend child care and also infant child care. This led to an increased priority on the development of child care resources and funding of several new child care programs.
- Training staff on welfare-related issues. Staff from early intervention providers received cross training to better their understand roles and responsibilities. This included specific training in the new TANF program.

- Providing increased supports to staff. This is very challenging work for staff—as stresses on families increase, sometimes related to welfare reform, the stress on staff also increases. For this reason, weekly (and more often as needed) sessions with mental health supervisors, weekly peer review sessions, and monthly cross project staff meetings provide support for staff.
- Adjusting program hours to accommodate family work schedules. The case managers have flexible schedules to meet with families where and when it works best for them. This is especially important as parents begin to work.
- Reaching out to local employers. One goal of the system
  of care effort was to more fully engage the business
  community, which offered jobs and flexible resources.

### **Issues and Concerns**

The primary concerns center around a lack of community resources to support welfare to work. Although progress has been made to increase child care, there are still significant shortages. Without adequate, affordable child care options, people often turn to other family members. This is of special concern for these children because of the intergenerational nature of many of the risk factors. The second limited resource is transportation. In a rural area without any public transportation, this is a barrier for many families. Finally, this area is economically depressed and there are few jobs available that pay above the minimum wage. This often means that working does not provide more disposable income.

TANF rules that require work within a short period of time are increasing stress for already overburdened families. For people with mental illness and substance dependency, the stress and challenges are even greater. Finally, some families have lost Medicaid benefits without getting comparable private health insurance. Project staff are concerned that this will result in decreased utilization of preventative health care and behavioral health services.

Contact(s): Jim Rast, Ph.D., Kan Focus

1730 Belmont Avenue Parsons, KS 67357

Tel: (316) 421-3736 Fax: (316) 421-4583 Email: jrast@terraworld.net

### PROJECT EAGLE (EARLY ACTION AND GUIDANCE LEADING TO EMPOWERMENT)

Kansas City, Kansas

Project EAGLE illustrates how one federally-funded Early Head Start program serving pregnant women, infants, toddlers, and their families is responding to needs that have emerged as a result of welfare changes. The program was funded prior to welfare reform.

### **Program Evolution and Description**

Project EAGLE (Early Action and Guidance Leading to Empowerment) was one of 24 Comprehensive Child Development Research Programs developed by the Head Start Bureau beginning in 1989. In 1995, the program was selected to become one of the first Early Head Start sites. Eligible families include those living at or below the federal poverty level in which there is a child between the ages of birth and three years or a pregnant woman. Approximately 200 children are served annually. The majority of families are African American, although the program also serves white and Hispanic families.

The goals of Project EAGLE are "to enhance the growth and development of infants, toddlers, and children; to support families as they achieve their personal goals for parenting and self sufficiency; to collaborate with existing community agencies in supporting the comprehensive needs of families; and to contribute to local, state, and national knowledge, policy, and practice." The expectation is that by the time families graduate from the program, their children will have received developmentally appropriate early childhood education and the experience necessary to succeed in school. Additionally, it is expected that adult family members will have obtained a GED or high school diploma, as well as the skills necessary to obtain a job that provides a livable wage and benefits. Parents also receive support to set and work toward goals for housing, savings, and investments and to meet transportation needs.

To achieve these goals, staff members work with families to develop an Individualized Family Support Plan (IFSP). This includes information about vocational interests, pre-employment skills, training needs, self-esteem, and parent-child relationships and needs. Family support advocates develop action plans based on the IFSP for each family member, including each young child, and make weekly home visits. All families receive comprehensive family support services, including access to health care, dental care, transportation, job placement services, formal education programs, and basic life skills training. They are also offered family as well as personal counseling and developmentally appropriate child care. As in all Early Head Start (and Head Start) programs, parents are involved in the program through their work on the Policy Council.

A team of coordinators who specialize in different ar-

eas—self-sufficiency, early childhood education, child care, family relations (specifically mental health issues), family support, and health—provide back up and assistance to family support advocates. To help the advocates with their complex and often stressful jobs, coordinators are available to meet with them after particularly difficult or stressful family visits. A counselor is also available to them (as well as families)—although only for 10 hours per month, which is not enough time in the view of the staff. The program also builds in staff "relax time" to provide some fun and relief from the stress inherent in their work.

Project EAGLE emphasizes staff training. The entire staff participates in a two-hour training every Monday morning, which qualifies for continuing education credits. Staff may also be awarded up to \$500 for professional development; the money is often used for conferences. Staff also receive discounts on classes at the University of Kansas. Quarterly staff retreats address team building and stress management, as well as the development and monitoring of each staff member's IFSPs. Project EAGLE is also developing a manual of best practices, created in response to an early review of charts which suggested that families were not receiving the same interventions. The aim is to use the best practice manual to guide family support advocates in their interactions with families and to ensure consistency of approach.

The program has active connections with many community agencies and committees. Project EAGLE contracts with 12 child care agencies and homes and works with staff at each site to create individual development plans to improve the quality of child care. Project EAGLE has also sponsored cross training between social service agencies and area businesses, as well as job fairs which bring together employers and families involved in the program.

### **Funding**

Project EAGLE is a federally- and state-funded program administered by the Child Development Unit of the University of Kansas Medical Center.

### **Evaluation**

Project EAGLE is participating in a national Early Head Start evaluation and working with a team of local researchers from the Juniper Gardens Children's Project of the University of Kansas.

### Strategic Responses to Welfare Changes

Assessing levels of knowledge about changes in welfare.
 In 1996, Project EAGLE surveyed participant families to assess their understanding of welfare reform and its im-

pacts. Through informal discussions during home visits, family support advocates found that most families were confused about time limits, work requirements, and sanctions. They used this information to guide the development of new program strategies.

- Developing new tools to educate families about welfare reform. To address families' need for clear information about the new welfare rules, Project EAGLE produced a document, written in question and answer format, that provides basic information about cash assistance, child care subsidies, SSI, and child support enforcement. The last section of the document, entitled "Planning for Your Future," helps families develop a specific plan and timetable given their individual circumstances. The guide continues to be used with new families who enter the program.
- Training families on welfare-related issues. Project EAGLE trains its Policy Council on welfare-related issues so that parents will be knowledgeable about welfare changes and their implications for the program.
- Training staff on welfare-related issues. To ensure that family support advocates fully understand the Kansas welfare structure, they participate in training provided by the Kansas Department of Social and Rehabilitation Services, as well as internal staff training.
- Promoting employment readiness. Kansas exempts parents of infants from TANF work requirements for a year. Project EAGLE views this as a "window of opportunity" to help get families job ready (a goal that predated welfare reform). To that end, the program worked out an agreement with the Kansas Department of Social and Rehabilitation Services (SRS) to permit families to receive Project EAGLE's pre-employment skills training instead of that provided by SRS. Project EAGLE has also increased the functions of its Self-Sufficiency Coordinator to provide more services onsite. For example, with the agreement of SRS, the Self-Sufficiency Coordinator can conduct skills testing with families rather than sending them to SRS.
- Adjusting program hours to accommodate family work schedules. As more parents find employment, they are often not home on weekdays, i.e., during the traditional hours for home visiting. Because of this, program staff have expanded their hours, visiting in the evenings and on weekends when necessary.
- Reaching out to fathers. Fathers are asked to be present when their families enroll in the program. The program has also hired a "father facilitator" to further encourage paternal involvement. (About 40% of the program's families have the on-going involvement of the father.)
- Addressing paternity-related issues. Given the strong emphasis on identifying fathers as part of welfare reform, Project EAGLE has begun to do training on paternity issues to help both the staff and families.

Reaching out to local employers. Project EAGLE sees a
need for employers to be educated about hiring former
TANF recipients—what to expect as well as how they
can support newly working parents and their families.
To that end, staff have already conducted one training
targeting employers and hope to conduct more in the
future.

### **Issues and Concerns**

Families working in partnership with Project EAGLE have complex needs and it is important that TANF administrators understand the complexity of issues that families face.

Project EAGLE is concerned about the limited availability of infant and toddler care and the availability of funds for families whose children may be at risk of abuse but don't meet state criteria for being at risk. As a result, the program currently uses its own funds to provide child care for these children and to provide continuity of care for families that lose their state-subsidized care.

Contact(s): Martha Staker, Director

Project EAGLE Gateway Centre Tower II, Suite 1001 4th & State Avenue Kansas City, KS 66101

Tel: (913) 281-2648 Ext. 105 Fax: (913) 281-2680 Email: mstaker@kumc.edu

### VERMONT PARENT-CHILD CENTERS AND PARENT-CHILD CENTER NETWORK

State of Vermont

This approach illustrates how a pre-existing network of child development programs for infants and toddlers, the Vermont Parent-Child Center Network, has modified its strategies in response to welfare changes (in this case stemming from a waiver under AFDC). It also illustrates how a state is using a network of statewide early childhood services deliberately as a resource to meet the state's welfare goals for families with young children.

### **Program Evolution and Description**

In 1980, the first Parent-Child Center in Vermont was created in Addison County. The center provided home visiting and a variety of onsite services primarily to teen parents and their young children. The approach quickly spread to other parts of the state which sought to implement programs with similar philosophies and service components. In 1986, Vermont's Parent-Child Centers joined together to form a statewide network. This network, currently comprised of 16 centers, forms the hub of early childhood and family support services throughout the state. Although the Parent-Child Centers preceded welfare reform, all have been actively involved in its implementation. State agencies contract with the centers to provide case management services for young families receiving cash assistance as well as related support services, including home visiting for healthy babies and referral services for child care. Some centers, such as the one in Addison County, have developed new program components in direct response to changes in welfare. Both the network and the Addison County Center are described below.

The Parent-Child Centers share a core philosophy and each provides, either directly or through referral, eight core services: home visiting, early childhood services, parent education, parent support, onsite services, playgroups, information and referral, and community development. These sometimes overlapping services include:

- *Home Visits*: Staff provide home visits tailored to family need for families who request them.
- Early Childhood Services: Each Center offers full-day, developmentally appropriate child care either onsite or through other early childhood service providers in the community. A child development specialist is available to evaluate infants and toddlers and, in consultation with the parents, develop a specialized service plan.
- Parent Education: Centers offer parent education on a range of topics, using a variety of formats.
- Parent Support: Centers facilitate opportunities for families with similar experiences and interests to support one
  another in a peer group setting. Trained and experienced
  counselors are available to work with troubled families.

- Onsite Services: All families have access to a welcoming environment which offers support, information, recreation, and help accessing services and resources, as well as staff who can respond to immediate needs.
- Playgroups: Each center provides opportunities for parents and children to come together on a regular basis for socialization, peer support, snacks, information, and resource sharing.
- Information and Referral: Each center serves as a clearinghouse for general information about child and family issues as well as information about statewide resources.
   Centers link families with outside services as needed.
- Community Development: Centers advocate and lobby for family-centered services by taking a leadership role in broad-based prevention and early intervention efforts in the community.

Each Parent-Child Center designates a representative to participate in the network and attend meetings. Much of the work of the network is carried out through two primary committees, the Executive Committee and the Legislative Committee. Representation on each and the focus of the committee's work are decided upon annually. The Executive Committee participates in peer program reviews and oversees the ongoing work of the network. Peer program reviews are designed to: provide centers with technical assistance; assess each center's fiscal health; review each center's process of self-evaluation; provide professional and emotional support to center directors; promote accountability; and assure funders of regular program review. The Legislative Committee represents the network in legislative matters and keeps it apprised of relevant legislative developments. Ad Hoc Work Groups are created as needed to represent the network on specific projects, such as Reach Up (Vermont's welfare-to-work program) and Healthy Babies (a home visiting program). Directors of the Parent-Child Centers meet monthly to discuss opportunities and concerns and to develop common approaches. To inform these discussions, directors solicit information on a weekly basis from program participants.

### Activities of the Addison County Parent-Child Center

The Addison County Parent-Child Center has two additional components that are not yet common to the other centers: Learning Together, an employment readiness program, and DADS (Diapers, Autos, Daughters, and Sons), a program specifically targeting fathers. Learning Together combines professional development, consisting of classroom instruction, on-the-job training, and pre-vocational or educational preparation, with personal development, which includes group and individual counseling and parenting skills training. While program participants may choose to attend

classes at either the local high school (one block away), the Community College, or the center itself, job training occurs under the direct supervision of a staff member within the center. Participants receive job training in child care, office administration, cooking, or building maintenance, and are paid a small stipend for their work. Upon successful completion of the program, participants may move to transitional job placements within the community, which are set up in partnership with local employers, until permanent employment is obtained.

Recognizing that the Learning Together program did not work effectively for young, non-custodial fathers, the Addison County Center created DADS (Diapers, Autos, Daughters, and Sons). DADS participants work in a small, onsite car detailing business, learning to professionally clean, wash, and wax vehicles for local residents. The DADS program includes the job readiness and personal development components of Learning Together. In addition, DADS participants are expected to take part in a men's counseling group aimed at developing interpersonal skills, anger management, and conflict resolution.

### **Funding**

Vermont's Parent-Child network receives about \$600,000 to \$700,000 annually from the state, which is divided among member centers. State dollars are supplemented at each center by a variety of funding sources. For example, the Addison County Center's \$850,000 annual budget is derived from more than 25 sources, including federal and state monies, United Way contributions, private donations, and foundation grants. Each funding source has an in-house "point person" responsible for understanding and interpreting the relevant guidelines and regulations for the staff. This allows caseworkers to blend funds to piece together appropriate services for each family.

### **Evaluation**

There have been several local positive evaluations of the Parent-Child Centers. The work of the network has not been formally evaluated.

### Strategic Responses to Welfare Changes

Note: Vermont's welfare program does not currently operate under the TANF rules but rather under a waiver granted from the AFDC program.

Participating in state planning for welfare reform. The
network participated in planning for Vermont's welfare
reform effort and brings ongoing issues of concern to
the attention of state officials. It worked with the Department of Social Welfare to help the state adopt an encouraging rather than punitive approach to ensuring that
teen welfare recipients continue their education. The
original plan would have penalized young parents who
did not complete GEDs. Instead, drawing on the experi-

- ences of the Parent-Child Centers, state officials decided to offer financial rewards for successful GED completion. This has been a particularly effective strategy for teens not accustomed to having their accomplishments acknowledged or celebrated.
- Creating partnerships that formally link welfare agencies and early childhood programs. The Department of Social Welfare contracts with the Parent-Child Centers to provide case management services to young parents, especially teens, participating in the state's welfare-to-work program, called Reach Up. Reach Up workers are employed by the centers, where they work onsite.
- Cross training staff from child- and family-serving programs with state welfare workers. Reach-Up workers who are employed by the centers receive the same training and orientation as other center staff in addition to state training provided to all Reach-Up workers. Through the network, Reach-Up and other Parent-Child Center staff are called upon to participate in statewide trainings for all welfare workers. A recent workshop focused on helping other welfare workers understand family-focused services.
- Reaching out to fathers. Through the DADS program, the Addison County Parent-Child Center is actively engaging young fathers, who work on building their parenting skills in addition to participating in job readiness and personal development activities.
- Developing model approaches to meet emerging needs.
   The Parent-Child Center Network hopes to implement the Learning Together program and the DADS program at other sites as part of its efforts to improve the wellbeing of young families affected by welfare reform.
- Creating mechanisms for ongoing feedback as the implementation of welfare reform proceeds. The network provides feedback, both from center staff and from families, to the state's welfare implementation team on an ongoing basis.

### **Issues and Concerns**

Although there have been statewide efforts to reform welfare in a manner consistent with the principles of adult and child development, the staff of the Addison County Parent-Child Center expressed several concerns. Although many more young parents have entered the workforce, the jobs they obtain rarely provide a livable wage. Some have successfully transitioned off cash assistance only to join the ranks of the working poor. Parents who find jobs are also having trouble accessing quality child care. Care is often not available when needed (e.g., for late shifts or variable hours) and available care is sometimes unaffordable. Program leaders reported seeing young parents who are forced to rely on their own families for child care even when those families were abusive or otherwise dysfunctional. They also expressed concern for the group

of young parents who will never be employable because of developmental or emotional limitations; there has been little planning for the needs of this population.

Contact(s): Susan Harding, Director

Addison County Parent-Child Center

PO Box 646

Middlebury, VT 05753 Tel: (802) 388-3171 Fax: (802) 388-1590

Vermont Parent-Child Center Network

PO Box 545

Mountpelier, VT 05602 Tel: (802) 828-8782 Fax: (802) 828-8796

### **WASHINGTON PARTNERSHIP**

State of Washington

The Washington Partnership illustrates a federal, state, and local partnership across agencies to improve, coordinate, and integrate services for families with young children transitioning from welfare to work. The initiative is a response to welfare changes. Planning predated enactment of the 1996 federal welfare law.

### Initiative Evolution and Description

Anticipating the challenges of welfare reform, the Region X branch of the federal Administration for Children and Families, Department of Health and Human Services, and the Washington State Economic Services Administration formed the Washington Partnership in 1995. They sought to model a federal, state, and local collaborative effort that would support low-income families working toward economic self-sufficiency. To do so, they built on existing collaborative efforts at the local level between the Puget Sound Head Start and several state agencies. The Partnership grew to include:

- Federal level: Region X Head Start and Child Care
- State level: Department of Social and Health Services (DSHS), Department of Employment Security, Department of Community Trade and Economic Development (which funds the Early Childhood Education and Assistance Program, or ECEAP, the state funded pre-kindergarten program), and the Head Start State Collaboration Project
- Local level: Puget Sound Educational Service District

A local pilot project was initiated in two counties, King and Pierce, to explore service improvements and to build rapport among agencies serving many of the same families. The local pilot project is a collaboration between WorkFirst (Washington's TANF program) and Head Start and ECEAP. In 1997, the partners in this collaboration signed a Memorandum of Understanding which articulates a shared vision and their common goals: to improve access to and the quality of services for the mutual clientele of WorkFirst and Head Start and ECEAP. The memorandum also expresses the partners' commitment to integrated service delivery.

The Partnership's pilot project built on and enhanced ongoing activities at the local level. A local Head Start program, which had been developing and delivering new economic self-sufficiency services, worked together with regional and state officials, who had the authority to remove policy and funding impediments to successful comprehensive services. The pilot project also brought together the local staffs of participating state agencies, who were often working with the same families but rarely knew each other or coordinated their activities.

Two key activities of the Partnership at the local level include local "triads" and cross training. There are nine active local triads comprised of contact persons from the local DSHS Community Service Offices, which are the local administrators of the WorkFirst program, the local Employment Security Offices, and the local Head Start and ECEAP programs. The triads meet a minimum of three times a year to assure ongoing quality of service. The Partnership has also initiated cross trainings. These trainings, which have occurred annually for the past three years, bring representatives from the participating state and local agencies together to learn about each other's agency culture and services as well as to provide updates about changes in service delivery.

The Partnership has also worked to eliminate barriers to providing full-day and full-year child care services to low-income working families by blending child care subsidies and the pre-kindergarten programs (Head Start and ECEAP). The Partnership's child care working group explored regulations, performance and licensing standards, models, and practices to enable early care and education programs to provide comprehensive full-day services at one site. A joint letter to Head Start grantees and ECEAP providers outlining provisions for a blended funding and service model was issued in 1997. The working group is developing a Memorandum of Understanding to update and formalize the provisions of the joint letter.

A steering committee of the Partnership, comprised of representatives of participating agencies and organizations, meets monthly to exchange information, oversee implementation, plan, and evaluate progress.

# Activities of the Puget Sound Educational Service District

The Puget Sound Educational Service District (PSESD) serves approximately 3,500 children in Head Start and ECEAP and their families in King and Pierce Counties, which make up the metropolitan area around Seattle and Tacoma; a majority of the families receive TANF support. Since 1994, the agency has provided a variety of employment-related services to participating families, which is why it was selected as the pilot site for local implementation of the Washington Partnership.

The PSESD currently offers a range of employment and training services to all Head Start and ECEAP families. These include training for specific occupations (such as bus driver and child care provider), internships, and work experience, as well as programs to promote job retention and career advancement. The PSESD provides additional services that are specifically designed for families on TANF. The state contracts with the agency to provide employment and training services for qualifying individuals who

have received cash assistance within the last year. The services, which satisfy WorkFirst requirements, require close coordination with the WorkFirst case manager assigned to the family. They include:

- Work Experience (WEX): Participants work an average of 20 hours per week for up to 13 weeks at approved sites to gain unpaid experience and transferable skills.
- Employment Retention: For TANF recipients who find employment, this program provides up to 12 months of post-employment services, including assistance with transportation and child care, mentoring, and job coaching. An Employment and Training Advocate is available to recipients and their employers for problem solving.
- Community Jobs: This program provides work experience through subsidized job placements while also providing supplementary income. It also assists individuals in obtaining unsubsidized employment. Services include job placement, employer/supervisor orientation, and other support services.
- TANF Child Care: Participants receive training to become
  a child care teacher or home child care provider; they
  enroll in courses which meet Washington State requirements for working in a child care setting. Services include transportation assistance, case management, and
  job placement. Participants can also receive assistance
  to establish a family child care center.

### **Funding**

The Washington Partnership is supported with the existing budgets of the participating agencies and supplementary funds provided by the Head Start State Collaboration Project. The latter are used to provide administrative support (e.g., facilitate meetings, produce and distribute minutes, and send out announcements), evaluate the project (through a \$30,000 contract with the University of Washington School of Social Work), and fund ongoing community-based activities through a \$9,000 mini-grant to the Puget Sound Educational Service District. The PSESD provides staff expertise on best practices for employment training and full-day child development services. The cost of cross training is shared by the partners.

### **Evaluation**

The Evaluation Center of the University of Washington School of Social Work conducted a process evaluation of the Partnership. The evaluation found increased understanding among the partners, greater clarity about responsibilities, and an improved sense of efficacy among direct service providers. It also noted that basic institutional differences among the partners (public bureaucracies providing statutory services versus community-based agencies with more flexible programs), as well as varying resources and priorities, were barriers to collaboration. The evaluation results helped in planning more effective cross

training. It also provided guidance for clarifying the vision and goals of the Partnership, incorporating new partners, and replicating the initiative in other locations across the state.

### Strategic Responses to Welfare Changes

- Developing model approaches to meet emerging needs.
   The Washington Partnership's pilot project represents an effort to bring the local representatives of federal and state agencies together with local organizations to coordinate and integrate the provision of early childhood and welfare-related services. One of the goals of this endeavor is to create a model of multi-level interagency collaboration that can be replicated elsewhere in an effort to improve the delivery of services to low-income families.
- Working to coordinate and integrate service delivery across systems. The partners have explored administrative, policy, and technological ways to simplify processes, remove unnecessary and duplicative tasks, and communicate among agencies. Although the partners have differing philosophies and priorities, all agree on the importance of work readiness, work retention, and wage progression for low-income parents and providing quality child care for their children. The partners built on their commitment to these common goals to begin to overcome barriers to service coordination and integration.
- Creating partnerships that formally link welfare agencies and early childhood programs. Recognizing that the majority of families participating in Head Start and ECEAP are TANF eligible, the state Department of Social and Health Services built on the case management capabilities of Head Start and ECEAP and the strong relationships established with their clients by strengthening coordination with WorkFirst workers and recognizing the PSESD's employment and training activities as meeting Work First requirements.
- Cross training staff from child- and family-serving programs with state welfare workers. Cross training has helped to provide the partners with a common philosophical framework and vocabulary. Informal cross training occurs on an ongoing basis through the work of the local triads.
- Creating mechanisms for ongoing feedback as the implementation of welfare reform proceeds. The Partnership provides a mechanism through which local programs can give feedback to DSHS on welfare issues. Head Start Policy Councils provide a forum for families to express their needs and concerns, and this information is fed back to the state via the Partnership.
- Working to improve the availability of high-quality child care. Blending funding for child care subsidies and Head Start has allowed low-income families to receive fullday child care services that meet Head Start performance standards.

### Issues and Concerns

Although the partners believe that the Washington Partnership has been successful in accomplishing it's goals, there were concerns voiced at both the state and local levels about the impact of the changing welfare system and the obstacles that have arisen. At issue is the need to understand and accommodate differences in program cultures, practices, and resources. For instance, TANF is based on a system which ultimately sanctions participants who do not carry out required activities, while Head Start is an entirely voluntary program. The changes necessary to implement welfare reform were very taxing on the Community Service Office (CSO) Case Managers and the Head Start/ECEAP Family Service Workers as well as parents. For example, CSO staff had previously emphasized functions such as eligibility determination and monitoring and making payments; they were not accustomed to thinking about case management, family support, and employment readiness and retention. The caseloads and job change demands limited their availability for training and collaboration. Differences in values and attitudes jeopardized the building of collaborative relationships. Jealousies over resource differences and territory, historic biases about service delivery, and conflicting priorities have created tensions.

Partners also voiced concerns about the incompatibility of regulations and funding for the various programs. The complex and conflicting regulations for child care funding, Head Start, and ECEAP are barriers to blending funds to provide the most effective services to parents and children. Further, funding for employment and training is done on a fee-for-service basis, making it difficult to plan for staffing needs over time. The Washington Partnership continues to address these issues.

Contact(s): Nancy Hutchins, Team Leader

> Region X Head Start Branch 2201 6th Avenue, Suite 600 Seattle, WA 98121-1827

Tel: (206) 615-2557 Ext. 3067

Fax: (206) 615-2575

Terry Liddell, Director

Washington Head Start State Collaboration Project

P.O. Box 45015

Olympia, WA 98504-5015

Tel: (360) 902-7579 Fax: (360) 902-7853

John Bancroft, Executive Director Dan McFadyean, Employment and Training Manager

Puget Sound Educational Service District 400 SW 152nd Street

Burien, WA 98166-2209

Tel: (206) 439-6910 Fax: (206) 439-6942

Email: jbancroft@psesd.wednet.edu dmcfadyean@psesd.wednet.edu

### WEST VIRGINIA PARTNERSHIP CHALLENGE GRANT

State of West Virginia

The West Virginia Partnership Challenge Grant illustrates a state-level partnership among a state Head Start association, Head Start State Collaboration Project, TANF agency, and a welfare reform coalition. The initiative is a response to changes in welfare, in particular, the need to better inform families about the new rules and expectations.

### Initiative Evolution and Description

When West Virginia Works, the state's new welfare program, was first implemented, Head Start programs began to report widespread confusion among families about the new rules and regulations. To address the confusion, the West Virginia Head Start Association, the Department of Health and Human Resources' Office of Family Support, the state's Welfare Reform Coalition, and the Head Start State Collaboration Project formed a partnership funded by a \$10,000 grant from the National Head Start Association. The Partnership became a state-level mechanism for educating families, government staff, service agencies, and local businesses about the new legislation and for fostering collaboration.

The Partnership has implemented several statewide educational efforts. The main activity, which targets families, began with the development and dissemination of an education package comprised of print and audiovisual materials. Head Start families receive information about West Virginia Works during home visits and parent training sessions. Families receiving cash assistance learn about Head Start during visits to the Office of Family Support. A second effort involves statewide cross-training of Head Start and Office of Family Support staff to educate them about the new welfare legislation and about how they can better help families access needed services.

To foster local activities, the Partnership provides minigrants to individual Head Start sites. The funds are used to sponsor community-level informational meetings for non-Head Start families, employers, and community service agencies, and to encourage collaboration. For example, the North Central Community Action Head Start used a mini-grant to convene a workshop involving Head Start, the Family Resource Network, local businesses, and the Chamber of Commerce. The purpose of the meeting was to share information about the changes in welfare legislation and to plan how the participants could work together to maximize job opportunities and employer support for families transitioning off cash assistance. Another meeting is being planned for Head Start case managers, the local Department of Health and Human Resources offices, and parents to assess parents' needs and to develop strategies to support them more fully. If awarded a third minigrant, the North Central Community Action Head Start intends to convene a meeting of local social service agencies to educate one another about their respective activities and the possibilities for sharing resources and enhancing collaboration.

### **Funding**

The Partnership received a \$10,000 grant from the National Head Start Association; the grant is administered by the West Virginia Head Start Association. From this, minigrants of \$200 were offered to each of the 24 state Head Start grantees who participated in the project to offset the costs of community informational meetings. The project has been extended through March 31, 1999.

### **Evaluation**

Formal evaluations of the Partnership are in progress. Informal feedback from Head Start families about the information packets has been positive, as have anecdotal reports from Head Start and Office of Family Support staff regarding the increased communication and collaboration between the two agencies.

### Strategic Responses to Welfare Changes

- Developing new tools to educate families about welfare reform. The Partnership developed and widely disseminated print and audiovisual materials to inform families about the changes in West Virginia's welfare program and their implications. The Partnership sought to make the materials easily understandable and "family friendly."
- Creating partnerships that formally link welfare agencies and early childhood programs. West Virginia Head Start and the Office of Family Support established a Memorandum of Understanding to underscore their shared vision for families. The Office of Family Support encourages those seeking assistance to participate in Head Start and to use the program for child care and education, parenting classes, and the development of job readiness and literacy skills.
- Cross training staff from child- and family-serving programs with state welfare workers. The Partnership provided training to Head Start staff so they would be knowledgeable about changes in the state's welfare program and trained staff from the Office of Family Support so they would be knowledgeable about the services that Head Start could provide to families on cash assistance.
- Working to coordinate services across systems. Head Start and the Office of Family Support are working to ensure that the OFS Personal Responsibility Contact signed by families seeking assistance complements the Head Start Individualized Family Service Plan.

Reaching out to local employers. Mini-grants to individual
Head Start programs have been used to educate local
employers about West Virginia Works and how they might
become involved in efforts to link welfare recipients with
jobs.

### **Issues and Concerns**

There are deep concerns surrounding issues of community development. The growth of industry and job availability has not kept pace with the increase in numbers of people seeking employment. Also, the jobs that are available often require training and skills lacked by those on cash assistance. Hence, workforce development and job training need to be emphasized along with the search for employment.

In addition, child care has become a critical issue. With more parents entering the labor market, a great strain has been placed on available quality child care programs. This has driven more parents to place their children in informal and non-regulated care settings. In West Virginia, Head Start and their partners in the early care and education community are working to develop multiple strategies to address families' needs for full-day services.

 ${\bf Contact}(s){\bf :} \quad \hbox{William Huebner, Head Start State Collaboration}$ 

Coordinator

Governor's Cabinet on Children and Families Building 5, Room 218 1900 Kanawha Boulevard, East

1900 Kanawha Boulevard, Easi Charleston, WV 25305

Tel: (304) 558-4638 Fax: (304) 558-0596

Email: bhuebner@wvnvm.wvnet.edu

Susan Stafford, Director

West Virginia Head Start Association PO Box 1509 Oceana, WV 24870

Tel: (304) 682-8271 Fax: (304) 682-8074

### APPENDIX C: Resource List for Programs and Agencies

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