

PHYSICIAN-FOCUSED PAYMENT MODEL TECHNICAL
ADVISORY COMMITTEE (PTAC)

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PUBLIC MEETING

+ + + + +

The Great Hall
The Hubert H. Humphrey Building
200 Independence Avenue, S.W.
Washington, D.C. 20201

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MONDAY, SEPTEMBER 19, 2022

PTAC MEMBERS PRESENT

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LAURAN HARDIN, MSN, FAAN, Vice Chair
JAY S. FELDSTEIN, DO*
LAWRENCE R. KOSINSKI, MD, MBA
JOSHUA M. LIAO, MD, MSc
WALTER LIN, MD, MBA
TERRY L. MILLS JR., MD, MMM
SOIJANYA R. PULLURU, MD
ANGELO SINOPOLI, MD
BRUCE STEINWALD, MBA
JENNIFER L. WILER, MD, MBA

STAFF PRESENT

LISA SHATS, Designated Federal Officer (DFO),
Office of the Assistant Secretary for
Planning and Evaluation (ASPE)
AUDREY McDOWELL, ASPE
STEVEN SHEINGOLD, PhD, ASPE

*Present via Webex

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P-R-O-C-E-E-D-I-N-G-S

8:46 a.m.

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2
3 * CHAIR CASALE: I'd like to bring the
4 meeting to order.

5 Good morning and welcome to the
6 meeting of the Physician-Focused Payment Model
7 Technical Advisory Committee, known as PTAC.

8 I am Paul Casale, the Chair of PTAC.

9 As you may know, PTAC has been
10 looking across its portfolio to explore themes
11 that have emerged from proposals received from
12 the public. Last fall, as we were planning for
13 our next theme, the CMS¹ Innovation Center
14 released its strategy refresh for the next
15 decade. One of the objectives is to drive
16 accountable care with the goal of having all
17 Medicare beneficiaries with Parts A and B in a
18 care relationship with accountability for
19 quality and total cost of care by 2030.

20 In support of that goal, PTAC
21 launched a series of three public meetings on
22 population-based total cost of care models
23 earlier this year. CMS has been engaged with
24 us throughout this series on this important
25 topic.

1 Centers for Medicare & Medicaid Services

1 This morning, we are honored to have
2 opening remarks prerecorded from Chiquita
3 Brooks-LaSure, the Administrator of the Centers
4 for Medicare & Medicaid Services. She oversees
5 programs including Medicare, Medicaid, the
6 Children's Health Insurance Program, and the
7 healthcare.gov health insurance marketplace.

8 A former policy official who played
9 a key role in guiding the Affordable Care Act
10 through passage and implementation, Ms. Brooks-
11 LaSure has decades of experience in the federal
12 government, on Capitol Hill, and in the private
13 sector.

14 The Administrator had wanted to join
15 us in person, but because of scheduling
16 reasons, she recorded her remarks in advance.

17 So, at this time, I will turn it
18 over to the Administrator.

19 * **Chiquita Brooks-LaSure, MPP,**
20 **Administrator, Centers for Medicare &**
21 **Medicaid Services Remarks**

22 (The following remarks were
23 prerecorded by Administrator Brooks-LaSure.)

24 ADMINISTRATOR BROOKS-LaSURE: I'm
25 delighted to be able to join the Physician-
26 Focused Payment Model Technical Advisory

1 Committee's September 2022 public meeting, even
2 though I can't be there in person. And I hope
3 to meet everyone in the Great Hall of the
4 Humphrey Building at the next PTAC meeting in
5 December.

6 Today, I want to focus the spotlight
7 on CMS's priorities related to equity and
8 innovation. Through all of our efforts, we're
9 dedicated to advancing health equity, expanding
10 access to affordable coverage and care, and
11 improving health outcomes through all of our
12 programs.

13 Medicare, in particular, is the
14 largest single purchaser of health care in the
15 country, considered as a transformative force
16 in the U.S., and through it, CMS can play an
17 enormous role in aligning equity with the
18 systems of care and payment models.

19 That's why CMS is driving high-
20 quality, person-centered care which advances
21 equity by accelerating participation in value-
22 based care. And our care models are rewarding
23 better care, smarter spending, and improved
24 outcomes.

25 The promise of these models became
26 more clear during the pandemic. For example,
27 many Accountable Care Organizations, including

1 ACOs participating in the Medicare Shared
2 Savings Program and the Next Generation ACO
3 Model, invested in care managers and community
4 health workers who provided critical support to
5 communities struggling to stay healthy and
6 well.

7 They were also able to quickly
8 transition to telehealth and to continue to
9 provide needed access to care, and they
10 provided the team-based services needed to
11 address the full spectrum of issues arising
12 from the pandemic. They especially showed us
13 that better care coordination, providing care
14 not just within the four walls of the hospital,
15 but across a person's unique circumstances, is
16 key to keeping people healthy.

17 We're currently working across CMS
18 to enhance the movement towards this type of
19 value-based, high-quality care, so that 100
20 percent of people with original Medicare will
21 be in care relationships that are accountable
22 for quality and total cost of care by 2030.

23 Now, we know that when value-based
24 programs are not aligned, it can be confusing
25 and counterproductive for providers who see
26 patients that cross the spectrum of payers. It
27 can also create unnecessary confusion for

1 people with Medicare who would benefit from the
2 improvements in quality/support in managing
3 health and special needs, and coordination
4 across health care providers.

5 To help advance and enhance value-
6 based care, in July, CMS penned a blog for
7 Health Affairs, the Medicare Value-Based Care
8 Strategy: Alignment, Growth, and Equity, which
9 discussed the significant progress that's being
10 made nationally on value-based care.

11 And in our Innovation Center
12 strategy refresh and vision for Medicare, we
13 also formally announced our ambitious goal of
14 having all people with traditional Medicare in
15 an accountable relationship with health care
16 providers by 2030.

17 A key part of this strategy focuses
18 on aligning and coordinating the care models in
19 both original Medicare and Medicare Advantage.
20 Our Center for Medicare is working with our
21 Innovation Center to align accountable care
22 initiatives and to use the Innovation Center's
23 authority to test innovative payment and
24 service delivery models that could be scaled
25 into the Medicare Shared Savings Program.

26 Also, our Center for Clinical
27 Standards and Quality and the Innovation Center

1 are working together to help clinicians, both
2 primary care and specialists, who are part of
3 the Quality Payment Program to continue to
4 drive towards value-based, high-quality care.

5 Overall, CMS's Innovation Center
6 strategy refresh is driving our health care
7 delivery system towards more meaningful
8 transformation, including focusing on equity in
9 everything the Innovation Center does; paying
10 for health care based on value to the patient,
11 instead of volume of services provided; and
12 delivering person-centered care that meets
13 people where they are.

14 The Innovation Center will also be
15 engaging with providers who have not previously
16 participated in value-based care and ensuring
17 that eligibility criteria and application
18 processes do not exclude or disincentivize care
19 for specific populations, including people in
20 rural and underserved communities.

21 We're also actively engaging to
22 leverage stakeholder engagement through
23 listening sessions, for example, so that
24 beneficiaries and providers better understand
25 these care models and can provide more input on
26 how they're implemented.

27 We'll also continue to build our

1 shared learning collaboratives, so that we can
2 encourage innovation and transformation in care
3 delivery by primary care and specialty care
4 providers.

5 Today's PTAC public meeting is
6 focused on full cost of care payment models.
7 It's of particular interest to CMS and our
8 Innovation Center, and I'm certain there will
9 be robust discussion among PTAC members,
10 invited experts, and public stakeholders.

11 And before ending, I want to
12 acknowledge that this is the last public
13 meeting for Chair Paul Casale and Bruce
14 Steinwald. Please accept my congratulations.
15 On behalf of the Secretary and CMS, thank you
16 for your work on behalf of the American people.

17 And thank you to the entire PTAC for
18 inviting me to share some thoughts, ideas, and
19 insights this morning. I wish you a very
20 productive meeting.

21 * **Welcome and Overview - Discussion on**
22 **Payment Considerations and Financial**
23 **Incentives Related to Population-**
24 **Based Total Cost of Care (PB-TCOC)**
25 **Models Day 1**

26 CHAIR CASALE: Our thanks to the
27 Administrator for providing those remarks.

1 That's helpful context, as we kick off today's
2 public meeting.

3 At our March meeting, we laid the
4 groundwork for this series by examining key
5 definitions, as well as the issues and
6 opportunities when developing and implementing
7 these models.

8 We focused our June agenda on care
9 delivery model design. We discussed how care
10 within population-based models can promote a
11 more high-touch, patient-centered health care
12 system. This can include investing in primary
13 care, building multidisciplinary teams to
14 proactively engage patients and create a
15 culture of accountability for improved quality,
16 cost, and outcomes. Today and tomorrow, we'll
17 focus on which payment methodologies and model
18 design features can best incentivize those care
19 delivery best practices.

20 We've developed an agenda to explore
21 topics including what is the broad vision for
22 developing successful population-based total
23 cost of care models? What are the most
24 important payment model design features and
25 financial incentives? How to encourage
26 clinical integration between primary care and
27 specialty providers? And which performance

1 metrics can best encourage value-based
2 transformation? How to promote equity and
3 address health-related personal needs? And
4 what are the transitional steps along the
5 journey of improving participation, provider
6 accountability, and outcomes in population-
7 based models?

8 Our materials online offer some
9 background on these topics, and throughout this
10 two-day meeting, we will hear from many
11 esteemed experts on these many topics.

12 We've worked hard to include a
13 variety of perspectives through the two-day
14 meeting, including the viewpoints of previous
15 PTAC proposal submitters who addressed relevant
16 issues in their proposed models.

17 Tomorrow morning, we will begin with
18 opening remarks from Liz Fowler, the Deputy
19 Administrator of CMS and the Director of the
20 Innovation Center.

21 After more expert presentations
22 tomorrow, we will have a public comment period.
23 Public comments will be limited to three
24 minutes each. If you're not yet registered to
25 give an oral public comment tomorrow, but would
26 like to, please email
27 ptacregistration@norc.org.

1 The discussions materials and public
2 comments of PTAC public meetings this year will
3 all feed into a report to the Secretary of HHS²
4 on population-based total cost of care models.
5 The agendas for today and tomorrow include time
6 for the Committee to discuss and shape our
7 comments for the upcoming report to the
8 Secretary of HHS.

9 Lastly, I'll note that, as always,
10 the Committee is poised and ready to receive
11 proposals from the public on a rolling basis.
12 We offer two proposal submission tracks for
13 submitters to provide flexibility, depending on
14 the level of detail available about their
15 payment methodology. You can find information
16 about how to submit a proposal online.

17 * **PTAC Member Introductions**

18 So, at this time, I'd like my fellow
19 PTAC members to please introduce themselves.
20 Please share your name and organization. If
21 you would like, feel free to share a brief word
22 about any experience you have with population-
23 based payment or total cost of care models.

24 First, we'll go around the table,
25 and then, I'll ask our member joining remotely

2 Health and Human Services

1 to introduce himself.

2 So, I'll start.

3 I'm Paul Casale. I'm a cardiologist.
4 I do population health at New York-Presbyterian
5 and lead an Accountable Care Organization for
6 Weill Cornell, Columbia, and New York-
7 Presbyterian.

8 Next, I'll turn to Lauran.

9 VICE CHAIR HARDIN: Good morning.

10 I'm Lauran Hardin. I'm a nurse and
11 Senior Advisor and Vice President of National
12 Healthcare & Housing Advisors. And I partner
13 with health systems, communities, payers, and
14 government to design models for underserved
15 populations.

16 DR. KOSINSKI: I'm Larry Kosinski.
17 I'm a gastroenterologist who's been involved in
18 value-based care for the last decade. I'm the
19 Founder and Chief Medical Officer of SonarMD,
20 which was, actually, the first PTAC-recommended
21 physician-focused payment model back in 2017.
22 I'm honored to be on the Committee.

23 DR. WILER: Hi. I'm Jennifer Wiler,
24 an emergency physician by training. I'm the
25 Chief Quality and Patient Safety Officer for
26 UHealth Denver Metro. I'm a Professor of
27 Emergency Medicine at the University of

1 Colorado School of Medicine and co-founder of
2 UHealth CARE Innovation Center, where we
3 partner with digital health companies to grow
4 and scale their solutions. I'm also a co-
5 developer in an Alternative Payment Model that
6 was considered by PTAC focused on acute
7 unscheduled care.

8 Thank you.

9 DR. LIAO: Good morning.

10 Josh Liao. I'm an internal medicine
11 physician at the University of Washington-
12 Seattle, where I also serve as the Associate
13 Chair for Health Systems in the Department of
14 Medicine. I am fortunate to serve as the
15 Enterprise Medical Director for Payment
16 Strategy for our health system, and I lead a
17 unit called the Value and Systems Science Lab,
18 where we study and evaluate issues like payment
19 models.

20 DR. SINOPOLI: Angelo Sinopoli, a
21 pulmonary critical care physician, presently
22 the Chief Network Officer for Upstream, which
23 is a value-based, risk-bearing organization
24 that partners with primary care docs and
25 delivery systems to provide value-based
26 services.

27 Prior to that, I was the Chief

1 Clinical Officer for Prisma Health and ran a
2 large, integrated delivery system, and founded
3 the Care Coordination Institute, which was an
4 enablement company for networks.

5 Thank you.

6 DR. LIN: Good morning.

7 I'm Walter Lin, founder and CEO of
8 Generation Clinical Partners; also, Public
9 Policy Committee Member for the Society of
10 Post-Acute and Long-Term Care. Our medical
11 practice cares for frail Medicare beneficiaries
12 in senior living organizations, primarily
13 nursing homes and assisted living facilities.

14 DR. PULLURU: Hi. Chinni Pulluru.
15 Good morning.

16 I'm a family physician by trade. I
17 am the Vice President of Clinical Operations
18 for Walmart Health & Wellness Omnichannel Care.
19 The things that touch care delivery are clinics
20 and telehealth, as well as all of the sort of
21 policies around value-based care and
22 transformation sit within my organization.

23 Prior to that, I led, as an
24 Executive Medical Director, all things care
25 delivery for DuPage Medical Group, now Duly,
26 one of the largest, integrated multispecialty
27 groups in the country, and led their value-

1 based care transformation platform to a total
2 top cost of care.

3 DR. MILLS: Good morning.

4 I'm Terry Lee Mills. I'm a family
5 physician, and I am Senior Vice President and
6 Chief Medical Officer at Community Care of
7 Oklahoma, a provider-led health plan.

8 My work has primarily, over the last
9 15 years, been in primary care practice
10 transformation and quality improvement, and
11 through that, I've had the opportunity to help
12 lead and pilot four different CMMI³ pilots, as
13 well as two different ACOs, over multiple
14 states.

15 So, pleased to be involved.

16 MR. STEINWALD: I'm Bruce Steinwald.
17 I'm a health economist based right here in
18 Washington, D.C. I've spent over 50 years
19 doing health economics and health policy in
20 private sector, academic, and government
21 settings.

22 CHAIR CASALE: Jay is joining is
23 remotely.

24 Jay, please introduce yourself.

25 DR. FELDSTEIN: Sure. My name is

1 Jay Feldstein. I'm trained as an emergency
2 medicine physician. And currently, I'm the
3 President and CEO of Philadelphia College of
4 Osteopathic Medicine.

5 Prior to this position, I spent 15
6 years in the health insurance industry, in both
7 commercial and government products.

8 CHAIR CASALE: Thank you.

9 * **Presentation: Payment Issues Related**
10 **to Population-Based Total Cost of**
11 **Care Models**

12 So now, let's move to our first
13 presentation. Five PTAC members served on the
14 Preliminary Comments Development Team, or PCDT,
15 which has worked closely with staff to prepare
16 for this meeting. Josh led the PCDT and I
17 participated, along with Chinni, Walter, Lee,
18 and Larry.

19 I'm thankful for the time and effort
20 they put into organizing today's agenda.

21 We'll begin with the PCDT presenting
22 some of the findings from their background
23 materials, available on the ASPE PTAC website.

24 PTAC Members, you will have an
25 opportunity to ask the PCDT any follow-up
26 questions afterward.

27 So now, I'll turn it over to the

1 PCDT Lead. Josh?

2 DR. LIAO: Thanks, Paul.

3 I'm honored to give this
4 presentation on behalf of the PCDT. While I'm
5 the one giving the remarks, of course, this
6 presentation is the product of a large amount
7 of work from a number of people, including the
8 PCDT co-members that you heard Paul just
9 mention, as well as Dr. Lee Mills.

10 I also want to note the work and
11 support of ASPE staff, as well as the team at
12 NORC, for supporting the preparation of the
13 materials and this presentation.

14 Next slide, please.

15 So, as Paul mentioned in his opening
16 remarks, this public meeting and this PCDT
17 presentation within it is really the third in a
18 series of three meetings really focused on
19 examining key issues related to the development
20 and implementation of population-based total
21 cost of care models, or PB-TCOC for short.

22 In March, as Paul mentioned, we, as
23 a Committee, focused on foundational issues,
24 definitions, and opportunities, following that
25 up in June by focusing, in particular, on care
26 delivery innovations within a PB-TCOC
27 framework. Now, in September, we'll focus on

1 payment issues and methodology considerations.

2 The unifying objective of this
3 series of meetings really is to explore options
4 for incentivizing the desired care delivery
5 innovations within PB-TCOC models and
6 encouraging specialty integration. That is
7 subjective, and this series of meetings is
8 highly relevant to the work of PTAC, which
9 deliberated on 28 proposed physician-focused
10 payment models, many of which have sought to
11 reduce TCOC and have raised issues regarding
12 the issue of specialty integration.

13 In reviewing these proposals, the
14 Committee has sought to understand the extent
15 to which these proposals have met the
16 Secretary's 10 regulatory criteria, including
17 Criterion 2 related to Quality and Cost.

18 Next slide, please.

19 So, what are PB-TCOC models? Here,
20 you see now PTAC's working definition, which is
21 "an Alternative Payment Model in which
22 participating entities assume accountability
23 for quality and total cost of care and receive
24 payments for all covered health care costs for
25 a broadly-defined population with varying
26 health care needs over the course of a year."
27 We want to note that this definition will

1 likely continue to evolve as the Committee
2 collects additional information from
3 stakeholders.

4 Next slide, please.

5 So, as it pertains to payment
6 features, one can imagine a whole host of model
7 considerations and design features that bear
8 careful consideration/deliberation, and I think
9 we hope to get into many of these issues with
10 our subject matter experts at this meeting.

11 But the PCDT also felt it was very
12 important to begin with a proverbial end in
13 sight at the beginning, to think about aligning
14 this work and the conversation to come, in view
15 of what we hope to achieve through these
16 models.

17 And that's what you see here on this
18 slide, not just the desired payment features,
19 but also those desired care delivery features
20 that these models may encourage, as well as,
21 ultimately, the desired vision and culture for
22 total cost of care accountability in the
23 context of populations.

24 So, you see a list of each of those
25 here. Now, this is not meant to be an
26 exhaustive list, but simply high-priority items
27 that the PCDT felt were important to elevate to

1 stimulate conversation.

2 You'll also notice a set of
3 enablers, which are not perhaps themselves
4 features per se, but were important elements
5 that the PCDT felt, if present, could really
6 enable and speed our progress in creating these
7 features and, if absent, might potentially
8 undercut our ability to do so.

9 So, under payment features that are
10 desired, you see:

11 First, provider accountability and
12 risk-bearing features, at the MD level
13 actuarial risk.

14 Second, comprehensive participation
15 strategy that encompasses both voluntary, as
16 well as mandatory participation.

17 And third, as our feature is
18 contemporaneous value-based payments, and by
19 that, really timely payments that can be
20 coupled to care transformation and redesign.

21 Fourth, financial accountability for
22 not just quality, but also equity outcomes.

23 And fifth, provider and beneficiary
24 incentives.

25 Identified enablers include
26 flexibility for the accountable entities
27 participating to determine how to structure

1 care delivery and integration between primary
2 care, specialists, and subspecialists/
3 clinicians; multi-payer alignment on payment
4 approaches and rules, and rewarding both
5 improvement, as well as absolute levels of
6 performance within these TCOC models.

7 Moving over to desired care delivery
8 features, the first identified by the PCDT
9 included multidisciplinary, team-based,
10 patient-centered care; followed by balanced use
11 of, and coordination between, primary and
12 subspecialty care.

13 The team also identified targeted,
14 population-based interventions to prevent or
15 mitigate the populations' risk from developing
16 adverse health outcomes, particularly those
17 populations with complex needs.

18 And fourth, identification of
19 health-related social needs and appropriate
20 connection to resources and referrals.

21 Enablers that the PCDT identified
22 included real-time access to actionable data;
23 forums for sharing best practices, and access
24 to information and metrics on them;
25 infrastructure investments and staff, and
26 things like information technology to enable
27 value-based care; multi-payer alignment on

1 performance metrics; and incentivize
2 improvements for quality, outcomes, and patient
3 experience.

4 And finally, desired vision and
5 culture. There were a number here.

6 First, a culture of accountability
7 for clinical quality, equity, and cost outcomes
8 simultaneously.

9 Second, a proactive and preventive
10 care approach that prevents or mitigates
11 populations' risks of developing adverse health
12 outcomes.

13 Third, optimal outcomes and
14 eradicated racial and socioeconomic health care
15 disparities and inequity.

16 Fourth, care coordination that meets
17 the needs of all populations, but, in
18 particular, those that are underserved or
19 historically marginalized.

20 Fifth, the use of evidence-based
21 diagnostic and treatment protocols;
22 dissemination and uptake of best practices; and
23 participation in these TCOC models among a
24 broad range of providers.

25 And, of course, in thinking through
26 these, the PCDT recognizes that stakeholders
27 have a number of options and a number of

1 different methodologies that can be used to
2 achieve these and other population-based total
3 cost of care goals.

4 Next slide, please.

5 In view of that, this slide really
6 tries to encapsulate this point and list a set
7 of salient opportunities and challenges that
8 are associated with payment methodologies that
9 could be used to drive population-based total
10 cost of care models.

11 On the left, you see payment
12 methodologies conceptualized along the
13 spectrum, running from prospective capitation-
14 based approaches on top running down to
15 retrospective fee-for-service-based approaches
16 that incorporate elements such as shared
17 savings, plus or minus losses at the bottom.

18 Running along the spectrum,
19 opportunities include incentives for providers
20 to engage in care delivery transformation;
21 clarity of provider and population alignment;
22 flexibilities with respect to care delivery
23 innovations and care networks; balancing
24 between access and reduction in avoidable
25 services; and ramp-up for providers that may
26 have less population-based total cost of care
27 model experience.

1 Likewise, challenges can span the
2 spectrum and range from risk of under-provision
3 of care and lower access to determining
4 prospective budgets; risk adjustment;
5 progressive difficulty performing against
6 benchmarks; time delays; understanding
7 performance and delivering financial
8 incentives; and lastly, risk of over-provision
9 of care.

10 Now, like the information on the
11 prior slide, this is not meant to be an
12 exhaustive list, but simply those that are
13 high-priority and that PCDT wanted to surface
14 for discussion. And any particular opportunity
15 or challenge can exist in multiple
16 methodologies and perhaps variations of those
17 methodologies, but I think perhaps instructive
18 is the ability to consider multiple
19 opportunities and challenges simultaneously and
20 to consider how relevant, more or less, these
21 things may be in different payment
22 methodologies.

23 Finally, as the comment at the
24 bottom notes, certain elements here of
25 opportunities and challenges may be
26 characterized in some cases as more conceptual;
27 in other cases as operational, but perhaps in

1 many cases, elements of both.

2 Next slide, please.

3 So, this slide applies that
4 framework that I just reviewed, but puts it in
5 table form and highlights a few select examples
6 of methodologies for the full Committee's
7 consideration.

8 In the first row, we have full
9 capitation. The second is partial capitation,
10 and the third is retrospective fee-for-service
11 methods.

12 The opportunities and challenges in
13 the middle columns are largely similar to those
14 I just listed -- so, I won't review them here -
15 - but are meant to, again, reflect how they
16 exist along a spectrum across different
17 methodologies.

18 In this table, you notice on the far
19 right column that the PCDT has provided an
20 example in real-world settings for each of
21 these different payment methodologies, not
22 because any example maybe fully encapsulates
23 every opportunity or challenge, but to really
24 comfortize this frame for the Committee and
25 listeners' benefit.

26 Next slide, please.

27 So, extending that just one more

1 slide here, what you're seeing here is a
2 similar framework looking at a spectrum of
3 methodologies and opportunities and challenges,
4 but here we've focused, as a PCDT, on episode-
5 based payment methodologies as opposed to
6 population-based methodologies.

7 Now, the reasons for highlighting
8 these episode-based payment methodologies are
9 at least twofold.

10 The first, as you remember in my
11 earlier remarks, was that one of the
12 overarching objectives is to address this issue
13 of specialty integration, and with that
14 perspective, thinking about how many
15 population-based total cost of care models have
16 engaged and addressed primary care
17 infrastructure. But episode-based payments
18 have been an important way that subspecialists
19 have been engaged as well, so relevant to our
20 conversation and consideration.

21 And second, many of these episode-
22 based models have actually sought directly to
23 address total cost of care, including a number
24 of proposals that this Committee has
25 entertained. And so, as we think about ways of
26 integrating specialties within a population
27 focus, the PCDT believes that this framework

1 applied to episode-based methodologies may be
2 useful as well.

3 And we've given two examples from
4 large Medicare programs, the Bundled Payments
5 for Care Improvement Initiative, as well as
6 Employer Centers of Excellence Networks
7 examples, for everyone's consideration.

8 Next slide, please.

9 So now that we have discussed the
10 design features, methodologies for how we might
11 want to achieve them, the comparative
12 opportunities and challenges that exist, I want
13 to now focus on a number of model design
14 considerations related to population-based
15 total cost of care models.

16 The first, participation incentives
17 and organizational requirements. Those include
18 size and capabilities of accountable entities.

19 Second, up-front resources and
20 infrastructure to support desired care delivery
21 transformation.

22 The third is level of financial
23 accountability for a range of outcomes,
24 including clinical, quality, equity, and cost.
25 And these outcomes can be at the level of
26 clinician, entity, or perhaps another level.

27 Fourth, attribution, benchmarking,

1 and risk adjustment as key payment model
2 features.

3 Next, selection and use of
4 performance metrics.

5 Duration of accountability. So, 365
6 days, as often defined, or perhaps a different
7 duration, shorter or longer.

8 Incentives to encourage clinical
9 integration and integration between primary and
10 subspecialty care.

11 Overlap between population-based
12 total cost of care and other models, using a
13 range of strategies, including things that have
14 been proposed like nesting or carve-outs.

15 Incentives for screening and
16 referral for health-related social needs.

17 And finally, encouragement of multi-
18 payer alignment on model design components.

19 Now, each of these is important and
20 could take up a long discussion unto
21 themselves, but the PCDT felt that, in
22 particular, the top five, as denoted by the
23 asterisk, were of particular importance, and to
24 support the conversation over the next few
25 days, we wanted to highlight those. And we'll
26 do that in the subsequent slides.

27 Next slide, please.

1 So, first off here, design
2 considerations related to participation
3 incentives and up-front resources and
4 infrastructure. And by this, we mean that a
5 major factor that can influence providers'
6 decisions to participate in population-based
7 total cost of care models is whether up-front
8 resources and infrastructure are sufficient to
9 support care delivery changes. Now, that's
10 just one factor; there are others that are
11 relevant as well.

12 One is the appropriateness of rules
13 related to performance and accountability.

14 Second, consistency between model
15 requirements and organizational capacities.

16 Third, whether payment appears
17 reasonable and sufficient to cover the cost of
18 services within these models.

19 And finally, whether participants
20 are financially rewarded for improving patient
21 outcomes and experience.

22 Next slide, please.

23 Considerations associated with the
24 level of financial accountability, and by that,
25 we mean the accountability related to the
26 amount of financial upside or increased
27 payments or downside, decreased payments, that

1 providers assume as participants in these TCOC
2 models.

3 Now, these can be beset by a number
4 of challenges, including those listed here. In
5 particular, the PCDT believes that one of the
6 challenges is including assigning
7 accountability at different levels with a TCOC
8 participant. This can happen at the overall
9 entity level. It could happen at a lower level
10 of entities within a TCOC participant, as well
11 as at the level of individual clinicians or a
12 smaller group of clinicians participating
13 within a participating entity. And there are
14 trade-offs, perhaps, to each of these.

15 Next slide, please.

16 Next, we'll talk about design
17 considerations associated with attribution --
18 attribution being the effort to identify those
19 individuals and beneficiaries whose care a
20 participating entity is accountable for
21 managing.

22 Challenges include ensuring clarity
23 and consistency of that relationship between
24 beneficiaries and the accountable PB-TCOC
25 participant, particularly when beneficiaries
26 are being seen regularly by multiple providers
27 and groups.

1 Next slide.

2 With respect to benchmarks and risk
3 adjustment, benchmarks, which are often based
4 on historical averages, can establish
5 incentives for participation in population-
6 based total cost of care models and attempt to
7 constrain spending growth. However, benchmarks
8 can be challenged by the need to set and update
9 benchmarks using a range of different factors,
10 including geographic factors, organization-type
11 factors, program factors, and the like.

12 Similarly, risk adjustment is the
13 effort that seeks to enable fair comparison
14 across entities and minimize risk selection;
15 that is, actions by entities to select
16 healthier or lower-cost patients. While this
17 is a worthwhile effort, challenges can include
18 capturing risk appropriately without
19 inappropriately capturing coding changes, an
20 issue observed in prior models.

21 Next slide, please.

22 Finally, considerations associated
23 with the selection and use of performance
24 metrics. While these population-based total
25 cost of care models are typically focused on
26 rewarding absolute achievement and performance,
27 rewarding improvement and performance can

1 encourage a provider engagement and care
2 delivery innovation. And this point
3 acknowledges that different participants may
4 begin at different levels, but that
5 participation should encourage achievement, as
6 well as improvement.

7 And the second point is to note
8 that, even though not all metrics may be used
9 for formal performance evaluation, given the
10 risk of having too many metrics, that even if
11 they're not used in determining payment, there
12 are certain metrics that could be used to
13 capture processes. For instance, the number of
14 primary care and overall encounters. And these
15 may be useful to monitor what's happening in
16 population-based total cost of care models for
17 the purposes of understanding what processes
18 are related to achievement and improvement.

19 Next slide, please.

20 So, with this framing and context, I
21 want to end this presentation by reviewing a
22 few areas of focus for our discussion during
23 this public meeting. These include a long-term
24 vision of population-based total cost of care
25 payment methodologies; payment model design
26 considerations and financial incentives that
27 are most important for encouraging provider

1 accountability; and successful care
2 transformation in these TCOC models.

3 We'll also discuss strategies for
4 improving clinical integration of primary care
5 and subspecialty care; care delivery
6 innovations for higher-cost or higher-risk
7 populations; selection of performance metrics
8 for these population-based total cost of care
9 models; and finally, most important steps for
10 maximizing the impact of these TCOC models on
11 outcomes.

12 And collectively, I believe these
13 are critical discussions as a group of issues
14 for achieving that overarching goal that was
15 discussed earlier, which is to examine the
16 options for incentivizing the desired care
17 delivery innovations within these total cost of
18 care models and addressing the issue of
19 specialty integration.

20 And with that, I'll pass it back to
21 you, Paul.

22 CHAIR CASALE: Thank you, Josh, for
23 a very comprehensive presentation.

24 So, before I open it up to the full
25 Committee, do any of the PCDT members have
26 anything to add?

27 Okay. And if not, then, PTAC

1 Members, any follow-up comments or questions
2 for the PCDT?

3 And just as a reminder, if you have
4 questions or comments, if you could just flip
5 your name placard on its end? Thanks.

6 Angelo?

7 DR. SINOPOLI: Yes. Excellent oral
8 presentation.

9 And as I heard you walk through and
10 make some of the comments, in addition to what
11 was on the slides, it triggered more, several
12 comments from me than questions, but, as we
13 hear SMEs⁴ present today and tomorrow, just
14 things that I think we ought to be looking for.

15 So, the first is, how do these
16 practices pay for these initially? Over time,
17 hopefully, they're generating enough shared
18 savings, that this is an effective model. But
19 those start-up costs are significant. And what
20 can we look for in these models that can help
21 those practices ramp up quickly and be
22 successful quickly? That's one.

23 The second thing is, I think that
24 there's going to have to be somewhere an effort
25 around organizing the community beyond what the

4 Subject matter experts

1 primary care practice can do to affect the
2 community-based organizations, the state
3 agencies, et cetera. That is such an important
4 part of the model, and we're not really
5 spending a lot of time on that. I think that's
6 much more important than I think the amount of
7 time that we're devoting to it.

8 And then, you mentioned something
9 about, where does the level of risk sit with
10 the delivery system, the ACO, the provider, et
11 cetera? I would just advise us not to miss the
12 opportunity to think about this as we don't
13 want these models to turn into a PPO⁵ model,
14 where the network or the system is taking the
15 risk, but the practicing doctor is just fee-
16 for-service practices. And we have an
17 opportunity here to make sure that they are
18 being either incentivized or put at risk in
19 some reasonable way that incentivizes them to
20 participate in these models, and they're just
21 not the fee-for-service model, that somebody
22 else up here is getting the capitated payment
23 and taking the risk.

24 So, those are the three comments
25 that I would make.

5 Preferred Provider Organization

1 CHAIR CASALE: Thanks, Angelo. Very
2 helpful.

3 Lee, do have a -- no?

4 Other comments or questions for the
5 PCDT?

6 MR. STEINWALD: I have one. Would
7 you say that your perspective is multi-payer,
8 as you kind of examine all of these issues, or
9 more focused on Medicare populations?

10 DR. LIAO: Well, I'll certainly
11 share my thoughts, and I welcome other PCDT
12 members to share as well.

13 I think, from my perspective,
14 absolutely, it's multi-payer. I think that's an
15 easy thing to say and much more challenging to
16 do. But, in multiple slides, we've highlighted
17 where I think it's important to pursue things
18 like payer alignment, not just in general, but
19 specifically, payment approaches and rules, so
20 that clinicians and organizations can redesign
21 care and transform it in a way, and not have to
22 address that variation.

23 We also highlight multi-payer
24 alignment in performance metrics, and as I
25 assume many people around the table know, that
26 can be itself challenging. So, from my
27 perspective, absolutely, multi-payer would be

1 the goal.

2 CHAIR CASALE: Great.

3 Just a few comments. Again, a lot
4 in that presentation, all really helpful.

5 The slide, particularly, around the
6 challenges and opportunities and that grade
7 between capitation and fee-for-service is at
8 least helpful in my thinking around this. And
9 it also visually highlights that tremendous
10 tension between that and how do you move that
11 along.

12 And I think underlying a lot of the
13 points -- and you did mention it -- is about
14 having access to sort of timely and actionable
15 data. Data is clearly going to be so important
16 to move, you know, to both address the
17 challenges and opportunities in moving towards
18 these total cost of care models.

19 Yes, Lee?

20 DR. MILLS: Yes, thanks, Josh.
21 Great presentation.

22 I'm just really struck by and
23 highlighting the slide on page 6, which,
24 essentially, is the continual tension in the
25 concepts of attribution, benchmark, and risk
26 adjustment, which, for a population-based
27 model, is the framework and the skeleton that

1 makes it all work. But there will always be a
2 tension between the fidelity, precision, and
3 accuracy of those three inputs that went into
4 the tension and wanting the perfect model, and
5 the other end of the tension is
6 contemporaneous, actionable data in a timescale
7 you can act on it, and complexity, such that
8 providers can actually operate to it.

9 And so, I just want to highlight
10 those three foundational concepts. It's always
11 going to be best fitting to the population in
12 the context you're working in, that there
13 really is no perfect model. And I'm really
14 looking forward to hearing our subject matter
15 experts comment on that.

16 CHAIR CASALE: Yes. Yes, thanks,
17 Lee.

18 Chinni?

19 DR. PULLURU: I wanted to double-
20 click on what Josh said as far as multi-payer
21 involvement. I think that these models need to
22 absolutely be multi-payer, but I think that
23 Medicare can play a role in being a force for
24 metric alignment, as well as, as everyone said,
25 data-sharing. I think timeliness of data-
26 sharing should be a fundamental sort of rite of
27 entry into total cost of care platforms.

1 CHAIR CASALE: Great. Yes, thanks
2 for that comment. Other thoughts or questions?

3 I know we will be delving into a lot
4 of these areas with all our SMEs throughout the
5 next couple of days, but I think this is a
6 great foundational setting to begin the day.

7 Okay. So, again, thank you, Josh,
8 and the rest of the PCDT. Very helpful
9 background for our discussion.

10 So, at this time, we have a break
11 until 9:55 a.m. Eastern time. Please join us
12 then. We have a great lineup of guests for our
13 first listening session of the day on the
14 vision for developing successful PB-TCOC
15 models.

16 Thank you.

17 (Whereupon, the above-entitled
18 matter went off the record at 9:27 a.m. and
19 resumed at 9:55 a.m.)

20 CHAIR CASALE: Welcome back.

21 I'm excited to welcome our first
22 listening session. Josh and the PCDT helped us
23 level-set with background information and our
24 goals for this public meeting. Now, we've
25 invited three outside experts to give short
26 presentations on their vision for developing
27 successful population-based total cost of care

1 models based on their experience.

2 Their full biographies are on the
3 ASPE PTAC website. Their slides will be posted
4 there after the public meeting as well.

5 After all three have presented, our
6 Committee members will have plenty of time to
7 ask questions.

8 * **Listening Session 1: Vision for**
9 **Developing Successful PB-TCOC Models**

10 Presenting first, we have Dr. Mark
11 Miller, who is the Executive Vice President of
12 Health Care at Arnold Ventures.

13 Please begin, Mark.

14 DR. MILLER: Okay. Thank you for
15 having me here.

16 We can move to the next slide.

17 I don't have any financial conflicts
18 of interest, and the opinions I express here
19 are my own. But, in this particular instance,
20 the opinions also reflect the organization.

21 We can go to the next slide and just
22 give you a little sense of who we are. So,
23 Arnold Ventures is a philanthropy. We give out
24 money for research, develop policy, technical
25 assistance, communication, education, and that
26 type of thing.

27 My particular portfolio is focused

1 on containing health care expenditures, and
2 it's aimed at the three parties that end up
3 paying for health care, which are employers,
4 taxpayers, and then, households.

5 If we could go -- well, before we go
6 to the next slide, I have portfolios that
7 address issues in the commercial sector, price
8 issues in the commercial sector; drug prices;
9 incentives for providers and Medicare
10 sustainability; also, care for complex
11 populations. And in this context, a way to
12 think about the last one is care for those
13 beneficiaries who are dually eligible for
14 Medicare and Medicaid.

15 We'll go to the next slide.

16 In the portfolio that is most
17 relevant to the conversation here, we're
18 interested in increasing the share of spending
19 and enrollees in population-based models. We
20 want to hold the providers -- we want to give
21 the providers a financial incentive to provide
22 high-quality care, but to also contain costs.
23 And I also have research running trying to
24 identify low-value care, so that that kind of
25 information can be put in front of providers to
26 help them to perform inside capitated systems,
27 Accountable Care Organizations, and the like.

1 Another element of our strategy here
2 is also to reduce fee-for-service payments for
3 low-value care and, generally, make fee-for-
4 service a less profitable environment to
5 encourage providers to move into more
6 population-based total cost of care models.

7 And then, finally, we also think an
8 element of this is to align the consumer, the
9 beneficiaries' incentive in this instance, so
10 that they also are participatory in the
11 incentives of the system of quality and
12 containing cost.

13 We'll go to the next slide.

14 And so, then, I'll just walk through
15 a set of principles here that guides the
16 research and policy that we have been driving
17 towards. As I said, we fund a tremendous
18 amount of research, and then, we also talk to
19 federal policymakers, both on the legislative
20 side and on the executive side.

21 So, our work emphasizes a shift to
22 population-based payment models. We have less
23 interest in pursuing more of the episode-based
24 types of models. We're concerned that going to
25 those types of models is just fragmenting fee-
26 for-service in a different form, and we think
27 that the best incentive structure is to have

1 population-based models.

2 As I said, I think models that are
3 more targeted or, in my opinion, more
4 fragmented, dilute the incentives to contain
5 cost and to improve quality.

6 We do think that there is a role for
7 some of those kinds of elements in a
8 population-based model, but it should be
9 relatively limited, and that the emphasis
10 should be on improving quality and controlling
11 cost to the population level.

12 We think there should be a
13 relatively limited set of tracks for people to
14 get into the population-based models. We
15 believe that the CMMI developed a lot of
16 different models, and we think that that should
17 be streamlined and directed towards population-
18 based models. But we also think there should
19 be tracks to help and encourage different kinds
20 of providers and organizations to get into
21 those models, lower-risk models. And when you
22 have lower-risk models, you also have lower
23 reward, but ways to kind of wrap providers and
24 organizations in. But, ultimately, driving
25 towards a two-sided risk model.

26 We also think that there are other
27 ways to strengthen and simplify incentives for

1 participation in models. These are things like
2 financial support for an organization or a set
3 of providers to develop their systems,
4 technical assistance. We also think there are
5 some instances in which you may want to think
6 about mandatory models.

7 And then, as I said -- and that's
8 less about the conversation here -- we would
9 also make fee-for-service, continue to make
10 fee-for-service a less comfortable place to be
11 for providers. And that could involve things
12 like greater differentiation in what you get
13 paid in the fee-for-service setting versus
14 entering a population-based model, and also,
15 things like allowing much greater flexibility
16 when you go into a provider-based model, such
17 as using telemedicine, those types of services.

18 We'll go to the next slide.

19 We also think that there are both
20 immediate improvements to the benchmarks that
21 need to be undertaken here -- I will leave this
22 conversation to Mike [McWilliams] and to Mike
23 [Chernew]-- but this is things like addressing
24 the ratchet effect, the rural issues, regional
25 adjustments. So, we think there are
26 improvements there.

27 But, ultimately, I like the idea --

1 and again, I think the Mikes are responsible
2 for a lot of this -- the notion of moving to
3 more of an administrative benchmark that is a
4 lot more predictable and stable.

5 Okay. And I also think that, in
6 moving to that, you would have to take steps to
7 assure that the Medicare program gets its
8 savings as part of that.

9 And I also think an administrative
10 benchmark would allow you to adjust to achieve
11 certain policy objectives, like if there were
12 issues around equity and those types of issues.

13 I think risk adjustment needs to be
14 improved. And this is true of both if you're
15 going to move to more of a capitated, two-sided
16 risk arrangement and the Accountable Care
17 Organization models, but also for managed care
18 plans.

19 And I think part of the changes in
20 the risk models should involve moving to
21 factors that are less gameable in order to
22 limit profits from coding.

23 And the model might ultimately have
24 fewer factors that are less subject to gaming
25 and depend more on reinsurance as a way to
26 address variation in risk across different
27 models.

1 Finally, I think that we need to
2 improve how we pay primary care. Even outside
3 of the accountable care models, I would have
4 the fee schedule not pay primary care, or at
5 least a good portion of primary care, on a
6 service-by-service basis, and instead, pay more
7 on a per-member-per-month basis, and would also
8 try and incorporate those kinds of thoughts
9 into a total cost of care model.

10 I think that primary care providers
11 should probably have a greater role --
12 "should," not "probably" -- should have a
13 greater role in steering patients through the
14 care that they need. And I think paying more
15 on a per-member-per-month basis, or not paying
16 on a service-by-service basis, is a better way
17 to reimburse primary care.

18 With that, I'll stop and that will
19 be it. Thank you.

20 CHAIR CASALE: Thank you, Mark.

21 We're saving all questions for
22 later.

23 So now, we have Dr. Michael
24 McWilliams, the Warren Alpert Foundation
25 Professor of Health Care Policy, who joins us
26 from Harvard Medical School.

27 Please go ahead.

1 DR. McWILLIAMS: Thanks very much.
2 It's really a pleasure to join you today, and
3 thanks for inviting me to be part of this
4 meeting.

5 You can just go ahead and advance to
6 the next slide.

7 I just wanted to mention my
8 disclosures. No real relevant financial
9 conflicts. I did want to point out, however,
10 that I serve as a Senior Advisor to CMMI. I am
11 here in my other capacity today. So, nothing I
12 say today should be construed as representing
13 the views of CMMI or CMS.

14 If you would, then, move to the next
15 one?

16 Okay. Just taking a step back and
17 thinking about what we can and can't achieve
18 through a population-based payment model, I
19 think there are sort of more realistic and less
20 realistic expectations.

21 In terms of the more realistic
22 category, clearly, we can control spending
23 growth, discourage overuse and smooth revenue
24 during demand shocks such as pandemics. And we
25 can also give providers more flexibility to
26 select the right services for patients.

27 So, with revenue decoupled from

1 service selection, getting rid of those
2 interfering fee-for-service incentives,
3 providers are then freer to choose the right
4 service for their patients. So, as a PCP⁶, for
5 example, I don't have to do 120 office visits a
6 week to cover my practice expenses and salary,
7 if that's not what serves my patients best. I
8 tend to think of this flexibility as sort of a
9 precondition for care delivery transformation.

10 In the less realistic category I
11 think is, first, the notion that these models
12 make prevention or improving health profitable.
13 There's a fair amount of magical thinking out
14 there that, simply by putting spending under a
15 budget, we perfectly align the financial
16 incentives in our system with the production of
17 better health. And while it's certainly true
18 that healthier populations need less care,
19 making populations healthier is costly; the
20 number that need to be treated is often high,
21 and preventive efforts can induce utilization.
22 So, the savings for prevention generally
23 constitute partial offsets at best.

24 There is, similarly, overzealous
25 thinking, I think, around pay-for-performance.

6 Primary care provider

1 Quality is just not nearly as contractable
2 through the payable system as the emphasis in
3 policy would suggest. The evidence on pay-for-
4 performance is not encouraging. It's very hard
5 to establish strong incentives to improve
6 quality because quality is such a complex,
7 multidimensional construct and a lot can go
8 wrong, including wasteful responses like gaming
9 or teaching to the test, diverting resources
10 away from harder-to-measure, but important
11 aspects of care, or exacerbating disparities
12 because of inadequate risk adjustment.

13 But I think it's also important to
14 note that it's okay that we can't contract
15 directly for quality very well. We have lots
16 of other reasons and ways to improve quality
17 and make patients healthy. We just shouldn't
18 sort of distract ourselves by thinking that
19 everything can be programmed with payment
20 incentives.

21 Quality will always be largely
22 determined by the intrinsic motivation of
23 providers and extrinsic competitive pressures
24 to attract patients and clinicians. That is
25 something I think we not only have to
26 acknowledge when thinking about these payment
27 models, but also actually embrace, as we think

1 about how to improve quality.

2 So, I generally see the total cost
3 of care or the population-based payment
4 component of ACO models, for example, as far
5 more important and promising than the P4P⁷ for
6 component.

7 On the quality front, with the
8 flexibility in place from that population-based
9 payment, I tend to think that we should be
10 spending more time and effort identifying
11 changes in delivery that work. I refer to this
12 as a shift from seeking successful measures to
13 seeking measurable success.

14 If we can go to the next slide?

15 Briefly -- and this is something to
16 cover a lot of ground here -- the evidence on
17 ACOs. Much of what we know is from the first
18 four years or so of the ACO programs because
19 rigorous evaluation has just become harder and
20 harder in recent years.

21 In terms of savings, there has
22 clearly been behavioral change that has lowered
23 spending. That is unambiguous, but the savings
24 have also been unambiguously small.

25 However, it's really hard to

7 Pay-for-performance

1 interpret that because the incentives in these
2 models have been very weak. So, ACOs have
3 never really had a strong incentive to save.
4 And we have seen larger savings where
5 incentives are stronger, and I'm happy to go
6 into more detail about that pattern, but the
7 key point is that the pattern of savings
8 suggests that, if we strengthen incentives, we
9 could save more.

10 The savings seem to be driven more
11 by a story of waste reduction than a story of
12 integration, coordination, and prevention. I'm
13 happy to talk about that more as well.

14 In terms of selection, there has
15 been minimal patient-level risk selection, but
16 ever since benchmarks started to converge from
17 an ACO's own history to the regional rate,
18 which is necessary at some point, we've seen
19 pretty dramatic selective participation at the
20 ACO and Tax ID participant level, favoring
21 those with already low spending. That means
22 that in recent years, the savings have been
23 overstated by program comparisons of spending
24 with benchmarks, and the resulting subsidies
25 have probably negated much, if not all, of the
26 true savings.

27 In terms of quality, the evidence is

1 limited, in part, because of data constraints.
2 Certainly no evidence of quality getting worse,
3 but improvements have been fairly small and
4 scattered.

5 Patient experiences have been one
6 bright spot. We've seen improvement in some
7 domains there, but it's not clearly
8 attributable to the pay-for-performance
9 incentives. For example, our team found that
10 improved overall care ratings were entirely
11 concentrated among high-risk patients, and that
12 suggests a potential effect of high-risk case
13 management, which has probably been more
14 motivated by the total cost of care component
15 than the pay-for-performance component.

16 Next slide, please.

17 Okay. So, how can we design these
18 models better? A lot to talk about here. And
19 for a more detailed discussion, I'd refer you
20 to this white paper I authored with Alice Chen
21 and Michael Chernew. This was supported by
22 Arnold Ventures and published by the USC⁸-
23 Brookings Schaeffer Initiative for Health
24 Policy.

25 Very briefly, first, I agree with

8 University of Southern California

1 Mark entirely about the need for a
2 parsimonious, multi-tracked structure that
3 accommodates different types of providers. And
4 that would include a little-risk track for
5 smaller organizations that provide less of the
6 spectrum of care. Those organizations don't
7 need as much, if any, downside risk to have
8 strong incentives to lower spending. A low-
9 risk track also helps promote entry and
10 competition.

11 The key point here is that the same
12 risk contract, the same terms can establish
13 vastly different incentives, depending on the
14 type of organization, because the incentives
15 are stronger to reduce care provided by other
16 providers.

17 In terms of downside risk, I think
18 here the upsides tend to get overstated. The
19 benefits really depend on participation
20 incentive. When the model is voluntary and the
21 fee-for-service alternative is not too bad,
22 downside risk really just discourages
23 participation. If you think about it,
24 basically, if an ACO faces losses, it will exit
25 a voluntary model. So, it is never really
26 exposed to the downside risk anyway. So, its
27 incentives are really not that strengthened by

1 it.

2 Making the population-based payment
3 fully prospective, meaning -- all these models
4 have a prospective element -- but, by this, I
5 mean sort of up-front payments in advance,
6 that's a feature that some providers or
7 conveners desire. It can certainly have some
8 behavioral effects, for example, due to loss
9 aversion. It may also offer some advantages in
10 terms of cash flow. But it's really not
11 crucial to establishing incentives.

12 And a fee-for-service chassis with
13 reconciliation does offer some advantages in
14 terms of transaction cost. I think Mike
15 Chernew is going to talk more about this.

16 Risk adjustment. So, what I'd like
17 to stress here is that, traditionally, the
18 emphasis on risk adjustment has been predicted
19 accuracy or model fit, but we really need to
20 trade off predictive accuracy to support the
21 broader goals of the payment system.

22 For example, spending for
23 historically marginalized populations tends to
24 be similar or lower than for other populations.
25 So, if you want to reallocate resources to
26 providers serving those populations -- I would
27 argue that we would do -- then we don't

1 necessarily want to add indicators of those
2 groups to the risk adjustment model. That
3 could make the model more predictive and set
4 payment closer to current spending for those
5 groups, more accurate, but that's not what we
6 want.

7 We want to set payment above current
8 spending for those groups. In some cases, we
9 can do that simply by omitting indicators from
10 the model, and in other cases, by taking
11 additional steps to set payment above what's
12 predicted by the model, as was done in the ACO
13 REACH⁹ Model.

14 Similarly, we'll need to do some
15 things to the risk adjustment system to
16 mitigate coding incentives. That might
17 compromise fit or predictive accuracy, but it's
18 a good trade-off to make.

19 I also agree with Mark about the
20 importance of primary care capitation payments
21 within a total cost of care model as a way to
22 both dial up primary care spending and give
23 primary care providers more flexibility and
24 resources to leverage primary care in a way
25 that can reduce waste and improve quality.

9 Realizing Equity, Access, and Community Health

1 And then, last, but certainly not
2 least, is the importance of benchmarks. To
3 date, benchmarks have been set according to
4 observed or realized fee-for-service spending.
5 You can think of that as sort of internal
6 benchmark. That creates various ratchet
7 effects that Mark mentioned. Those weaken ACO
8 incentives to participate and save.

9 There are ACO-specific ratchets in
10 which an ACO's own savings behavior pulls down
11 its benchmark. So, it never has an incentive
12 to save. That happens through the regional
13 adjustments and rebasing between contract
14 periods.

15 And there's a program-wide ratchet
16 effect whereby ACOs' collective savings drag
17 down benchmarks by slowing national or regional
18 spending growth.

19 So, if benchmarks are set at a
20 spending average, the realized spending
21 average, by definition, about half of ACOs will
22 always have spending above their benchmarks.
23 This collective ratchet also means that, as
24 ACOs save or they're not really given the room
25 to innovate off a fee schedule, which is
26 something that we want providers to be able to
27 do in these models, if they do that, then their

1 benchmarks fall.

2 So, in the white paper, we advocate
3 for decoupling benchmarks from observed
4 spending, making them external or so-called
5 administratively-set benchmarks.

6 In the next few slides, maybe if you
7 could just sort of click through the animation
8 here to let it wash over those in attendance?
9 I think I'm probably almost out of time. So, I
10 can come back to these, if you want, but
11 perhaps just seeing this animation can sort of
12 help let this concept sink in. And then, I
13 just have a few comments on group- versus
14 clinician-level incentives, and then, I'll
15 stop.

16 All right. So, if you could pause
17 here?

18 Given the physician focus of PTAC, I
19 just wanted to touch on some theory about
20 group-level versus clinician-level incentives.
21 The purpose of contracting with groups is to
22 pool risk and to encourage organizations to do
23 what clinicians cannot, such as organizing care
24 practices, making joint decisions about
25 capacity, and managing the workforce
26 professionals.

27 In general, devolving risk from the

1 group to the clinician level based on the
2 clinician's own performance defeats that
3 purpose. And alternatively, sharing risk with
4 clinicians based on their collective
5 performance, also, that doesn't affect
6 clinician incentives much because of free-rider
7 problems emerging. So, I have limited
8 incentive to improve my own performance if my
9 reward is determined largely by the performance
10 of others.

11 Often, organizations will,
12 nevertheless, do that or transmit very nominal
13 risk to clinicians, as sort of a signal of
14 organizational priorities. But, to be clear,
15 neither of those really changes clinician
16 incentives much.

17 So, in the end, beyond shifting
18 internal competition from fee-for-service
19 towards salary, changing clinician behavior is
20 really largely a matter of non-financial
21 incentives. It's a management challenge.

22 Next slide, please.

23 I have some thoughts here about
24 issues in episode-based payment models, but why
25 don't we skip ahead, because I think I'm out of
26 time?

27 And I just wanted to note at the end

1 here that there have been very promising recent
2 developments in the ACO REACH Model. I think
3 the health equity benchmark adjustments really
4 is a paradigm in Medicare payment policy.

5 Also, a number of changes proposed
6 in the physician fee schedule proposed rule for
7 the Shared Savings Programs are quite
8 important, but, obviously, some areas that we
9 still need to work on are listed here.

10 So, thanks very much, and I look
11 forward to further discussion.

12 DR. CHERNEW: So, there, for
13 example, is the Mount Auburn Physician
14 Association, part of a bigger system. And then
15 that gets funneled down to an individual
16 provider. It could be a doctor, or some other
17 clinician.

18 Some of these steps can be skipped,
19 and the incentives can vary by steps. So, let
20 me expand on these two bullet points for a
21 second.

22 Next slide. So, for example, in an
23 ACO, and I think this is really some of the
24 original motivation for ACOs, the goal was to
25 skip past the insurance carrier.

26 So to some extent, the original
27 vision was to skip past the conveners and go

1 directly to the delivery system.

2 This could be sort of an Elliot
3 Fisher version of an HMO¹⁰ where you go to a
4 hospital system, and the money goes straight
5 from the payer, say Medicare, to the hospital
6 system, and everything that's underneath it.

7 In a fee-for-service world, the
8 money goes straight from the payer, say a
9 Medicare, to a medical group. Sometimes an
10 individual provider, if it's a solo
11 practitioner.

12 So you can skip steps. Different
13 arrangements work differently.

14 Next slide. In the incentives, and
15 I think this is important, the incentives can
16 vary by step. So you can have a population-
17 based payment model going from Medicare to say
18 an insurance carrier, or a convener ACO.

19 That could be population-based.
20 Those organizations can in turn, pay the
21 delivery system in a fee-for-service way.

22 And there's a whole bazillion
23 different ways that fee-for-service can play
24 out. It can be using a fee-for-service fee
25 schedule; you can get payments by RVUs¹¹; a

10 Health maintenance organization

11 Relative value units

1 bunch of other things.

2 The money can flow through a medical
3 group. They can be given a budget with a
4 bonus, for example, which could have some fee-
5 for-service components to it.

6 They could be bonused for quality.
7 They could be bonused for generating RVUs.
8 They can be bonused for a whole series of
9 things.

10 And then, of course, the incentives
11 can be paid differently to the provider. And
12 again, they can be paid a salary. Of course,
13 they could also be paid a salary with a bonus,
14 or some version of fee-for-service.

15 So, it would take me way more time
16 than I have, and way more creativity than I
17 have, to be able to sketch out all of the
18 different versions of compensation that occur
19 at these different steps in the system.

20 But it's important to understand
21 that what you think might be going on at the
22 source of funds level, may be very different
23 than what happens as you move through the
24 system.

25 And, for example, if the health care
26 system is getting paid fee-for-service, when
27 they decide how they're going to compensate say

1 individual medical groups within there, they're
2 much more likely to bonus things that are
3 consistent with the way they are paid.

4 So, in any case, hopefully that will
5 lay out some thoughts for questions, but let's
6 go to the next slide.

7 So, Michael again alluded to the
8 non-financial incentives that can vary
9 dramatically by step. In the fee-for-service
10 system, typically we think that's where we use
11 a lot of patient cost sharing. Of course, you
12 get a patient cost sharing at MA¹². You have a
13 patient cost sharing in ACOs.

14 But in fee-for-service, that's
15 really the main way in which you control
16 utilization. And, a lot of the fee-for-service
17 incentives, say in Medicare, can be undone by
18 supplemental coverage.

19 So, you can put in place incentives,
20 and it can be undone because people buy
21 supplemental coverage.

22 By the way, I'm not going to talk a
23 lot about prescription drugs, but this happens
24 all the time in prescription drugs.

25 You put in sort of formulary

12 Medicare Advantage

1 restrictions, the drug companies put in place
2 different co-pay assistance programs.

3 Then the employers put in place
4 various co-pay accumulator programs to kind of
5 try and undo that.

6 There's a constant back and forth in
7 fee-for-service about how to both incent
8 patients to use less, and then to dampen those
9 incentives.

10 In ACOs, there's a ton of managerial
11 incentives. Education, information, financial
12 bonuses, administrative hurdles, investments,
13 and care infrastructure.

14 MA can use many of those same tools.
15 They also can use network design. Computer
16 ACOs can also do things with network design.
17 Prior auth, benefit design.

18 And, the MA plans themselves can put
19 in place Alternative Payment Models, as it
20 moves down to the delivery system.

21 So you can have Medicare paying a
22 Medicare Advantage Plan, a population-based
23 payment model.

24 The Medicare Advantage Plan can take
25 that population-based model, change it however
26 they want, and transfer those incentives to the
27 delivery system as context, as they see fit in

1 the context.

2 Next slide.

3 So, there's a lot of attention, and
4 there's been a lot of discussion around the
5 cash flow. Who gets the money directly from
6 say the organization, the payer at the top of
7 the step.

8 So, let me make a general point,
9 that the incentives refer to how profits are
10 affected by utilization.

11 So basically, if I do an extra MRI,
12 do I make more money or less money? They are
13 typically holistic. And, what I mean by that
14 is it doesn't matter what the incentives are on
15 a particular day.

16 What matters is when you look back,
17 say over a course of time, how much money do
18 you have?

19 So, for example, in a simple
20 setting, fee-for-service with a year-end
21 reconciliation will have incentives similar to
22 capitation.

23 So actually, I should say an ACO
24 paying fee-for-service during the year with a
25 year-end reconciliation, will have incentives
26 similar to capitation when you pay the money up
27 front, depending on the design, how fee-for-

1 service profits and penalties are offset.

2 So for example, if you are in an ACO
3 that has symmetric, strong symmetric two-sided
4 risk, and you're paid fee-for-service over the
5 course of the year, but there's reconciliation
6 at the end, the organization that does the MRI
7 will lose any fee-for-service profits induced
8 by the fee-for-service payment during the
9 course of the year, by a penalty at the end of
10 the year.

11 And again, the details of the model
12 matter, but basically don't get distracted by
13 the fee-for-service incentives that were
14 happening during the year.

15 What matters is when you think back
16 at the end of the year, what penalty are you
17 going to pay, or what bonus are you going to
18 lose or get, is what matters.

19 So I think what has to happen in
20 these ACO models, is you need the cash flows on
21 a daily basis to just facilitate operation.

22 It voids the need for the ACOs,
23 that complex contracting across a whole bunch
24 of different, unaffiliated providers.

25 You can simply pay a fee-for-service
26 and assign the patients, align the patients,
27 attribute the patients, whichever word you

1 prefer, to the ACO.

2 And that ACO doesn't necessarily
3 have to contract for all the other
4 organizations; they just become responsible in
5 varying ways.

6 They have fewer tools in my opinion,
7 than an MA plan, but their incentives are the
8 same and depending on how they do that
9 contracting, the fact that fee-for-service was
10 going on underneath, is much less relevant.

11 So I think the concern that many
12 people have that everything is built on a fee-
13 for-service chassis, is really a bit of a red
14 herring.

15 I think you have to think through in
16 each model, what the incentives are to the
17 organization. It's sort of at the end of
18 whatever performance period you're concerned
19 about.

20 Hopefully that was clear. If not,
21 we'll have some time to chat about it.

22 Next slide.

23 So, the other thing that I think is
24 important to understand here is, that all of
25 these organizations, what matters, there's a
26 relationship between sort of the higher levels
27 of the steps, and the lower level of the step.

1 And, that relationship can be one
2 that I would characterize as policing or
3 partnering.

4 So, MA plans control the
5 beneficiaries. You sign up with an MA plan,
6 you're an MA plan enrollee. And, so when the
7 MA plans build their networks, they have some
8 leverage over providers.

9 If the providers don't sign up or
10 agree to various utilization of new procedures
11 or whatever it is, the MA plans can cut the
12 providers out of the network. And, that
13 leverage enables them to use some of the tools
14 from the previous slide.

15 ACOs, they're either providers so
16 the money goes directly to the hospital, or
17 they have to recruit providers like in the case
18 of a convener ACO.

19 So, if you're a convener ACO, you
20 don't own the patients. You need to recruit
21 the providers in order to get your patients.
22 And, that gives the providers more leverage
23 over the convening ACO.

24 So their ability to do things that
25 the providers might not like, is much more
26 limited in the ACO world.

27 In both cases, the MA plans or the

1 ACOs, convening ACOs, they can partner more or
2 less with the underlying organizations that are
3 delivering care, but the leverage matters, and
4 it differs a little bit in the model.

5 And, that's much less related to the
6 cash flow issues in my opinion, and much more
7 related to who controls the patient, and what
8 control over those patients gives the
9 organization.

10 So, the cash flow from payer to
11 provider to convener, or from payer to convener
12 to provider, is really not central to the
13 incentives, in my view.

14 I'm not going to argue it doesn't
15 matter, but I just don't think it's central.

16 So if you wanted to pay the
17 providers directly and have them hire a
18 convener, an organization like say Halliday,
19 which is now an ACO, to help provide
20 information support and manage their patients,
21 that's fine. The money goes to the provider,
22 and the provider pays Halliday.

23 Or you could set up a contract where
24 the money goes to Halliday, and they just agree
25 to pay the provider.

26 In either case, the provider
27 controls the patients and therefore, Halliday

1 has to come to the table recognizing that.

2 So, that's sort of my summary of
3 this, and the theme of all of this is, I would
4 spend less time focused on the cash flow
5 issues, and more time focused on what the
6 overall incentives are, and who has leverage in
7 the varying bargaining relationships that occur
8 across the different steps in my chart.

9 So, next slide and I think I'm
10 finishing up.

11 (Pause.)

12 Do we have another slide?

13 There we go. I was finishing up.

14 So, thank you. As always, it's good
15 to hear Mark and Michael talk. And, we look
16 forward to your questions.

17 CHAIR CASALE: Great. Thanks, Mike.

18 So thank you all for very thoughtful
19 presentations.

20 So we have some questions we would
21 like all three of you to speak to, and then
22 hopefully we'll have time, the Committee
23 members can then ask some additional questions.

24 So, first question is, what do you
25 think the vision should be for structuring the
26 payment methodology of future population-based
27 total cost of care models?

1 Now some of this you addressed in
2 your presentations, but any specific comments
3 would be helpful.

4 So, I'll start with Mark.

5 DR. MILLER: I mean I think I did
6 talk about this and, in my layout.

7 The one other thing I would add to
8 that, which I don't know if there's been a lot,
9 either in my comments or, oh, actually, I want
10 to say something else.

11 I appreciate the fact that Mike
12 McWilliams said, you know, I agree with Mark,
13 but I also want to point out here, my views of
14 all of this have been shaped by the two Mikes.

15 So it's, I think the causation is
16 reversed here, just so everybody follows here.

17 So, my principles, you know I think
18 I addressed some of what you're asking here.
19 One area that I didn't speak to, and I'm not
20 sure there was a lot of, you know, discussion
21 around it is, how the beneficiary is involved.

22 And, I think the, and this is kind
23 of off on a different track, so I'll be very
24 short and move on to, you can move on to other
25 people.

26 I think beneficiaries should select
27 either a primary care physician, or a physician

1 who is their primary contact. You know, if you
2 have a heart condition, it might be a
3 cardiologist.

4 And, that that should be a point
5 where the beneficiary is engaged in, you know,
6 the process of care.

7 And, that that allows the primary
8 care physician, or primary contact, to engage
9 in a greater level of steering.

10 And, that's one thing I'm not sure
11 anybody spoke to, including myself, and it's a
12 view that I have.

13 But with that, I'll stop and let you
14 go on.

15 CHAIR CASALE: Thanks, Mark.

16 Michael McWilliams, again, you
17 certainly have touched on some of this in your
18 presentation, but any further thoughts around
19 structuring payment methodology for total cost
20 of care models?

21 DR. McWILLIAMS: Sure, thanks, Paul.

22 So, I first of all, I'll just pick
23 up on that thread that Mark just laid down, and
24 because I agree, and it was sort of one of the
25 bullets in my very last slide.

26 I think we need to be thinking about
27 how to cut beneficiaries in on the savings more

1 explicitly. There's a mechanism for doing that
2 in MA, but not as much in the ACO models.

3 And, that seems to be feasible,
4 although it's complicated but perhaps some at
5 least premium buy-downs, you know, having a cut
6 of the savings go to that, so that
7 beneficiaries actually are drawn to more
8 efficient providers, and actually can tangibly
9 feel the benefits of, of a new payment system.

10 And, then sort of stepping back, I
11 think you know, these models are focused on the
12 traditional Medicare programs.

13 There is this sort of meta-question
14 about where the, you know thinking in long-term
15 vision for these models, we need a long-term
16 vision for the Medicare program.

17 Medicare Advantage is expanding
18 rapidly. Traditional Medicare is shrinking
19 rapidly.

20 So I think we do need to think about
21 how we're going to structure the Medicare
22 program writ large, if we're going to be
23 thinking about the long-run vision for APMs¹³
24 and ACOs.

25 Assuming that we continue to have a

13 Alternative Payment Models

1 viable, traditional Medicare program, I think
2 there is emerging consensus that an ACO-like
3 payment system as a foundation makes sense with
4 then some bundles, or episodes underneath it.

5 To some extent, I think both Mark
6 and I touched on how that foundation should be
7 sort of multi-track to accommodate more
8 providers.

9 I think even in steady state, we
10 want to make sure that entry is pretty easy,
11 and there's sort of low risk for innovation.

12 And then finally, we probably need
13 to be thinking more about participation
14 incentives. So far, we have focused on
15 carrots. There are really very few sticks.

16 There is sort of slow growth in
17 scheduled fee increases, which makes fee-for-
18 service less appealing.

19 But other than that, not a whole lot
20 of reason for many providers to join other than
21 being able to gain from efficiency, which
22 hopefully will emerge as we redesign
23 benchmarks.

24 But one thing that does play into
25 participation incentives that I wanted to
26 mention, is that we're probably not going to
27 get very far if we keep taking every new

1 service and attaching a code to it, and putting
2 it into the fee schedule.

3 Because a major advantage of these
4 new payment models is to give providers the
5 flexibility to innovate in care delivery, and
6 do things off the fee schedule, and offer that
7 to beneficiaries. And, to do so without
8 revenue losses.

9 And, so if we keep putting it in the
10 fee schedules, then we just keep allowing fee-
11 for-service to support that care, and also risk
12 running up spending.

13 CHAIR CASALE: Great, thanks,
14 Michael.

15 Mike?

16 DR. CHERNEW: Yes, see that's such a
17 huge question, I think our paper is probably 25
18 pages and reads like 100, the Brookings one.

19 I will say I'm speaking in my
20 capacity as a professor, but I would refer
21 people to the MedPAC chapter where some
22 versions of this are outlined. Particularly
23 the foundational ACO model.

24 Let me say a few quick things in
25 response to your question. The first thing,

1 and there's a JAMA¹⁴ Health Forum piece I think
2 it was, where I outlined this view.

3 I think we need to move away from a
4 test and diffuse mentality where we're
5 constantly creating models, evaluating models,
6 relaunching models, creating other models,
7 without the acknowledgment that they all can
8 conflict with each other.

9 So one test of a model that works,
10 might not work if you launch it in the context
11 of a whole bunch of other models.

12 So in there I said it's fine to let
13 1,000 flowers bloom; don't plant them all in
14 the same hole.

15 So I think we need to move away from
16 that type of thinking, towards a foundational-
17 type model.

18 You've got three people here that
19 basically agree that a population-based model
20 foundation works, with episodes added on top of
21 that in varying ways. So, I won't go, delve
22 into that.

23 The only other thing I'll emphasize,
24 because Michael's little graphics went by so
25 quickly, that was like in my mind, we should

1 just spend time on this issue of administrative
2 benchmarks.

3 But I think it's important to
4 understand that the delivery system, in my
5 opinion, needs some sense of direction.

6 And, for my taste, and I understand
7 this is just me, some sense of budget and
8 responsibility for managing economic and
9 clinical outcomes.

10 And, administrative benchmarks do
11 that in a way that doesn't involve ratcheting
12 the money away if they're successful, and give
13 them a target in advance.

14 So, unlike a lot of these
15 retrospective models where you wait until after
16 the performance period, and then someone tells
17 you what your benchmarks were, an
18 administrative benchmark says to the
19 organization, you get three percent more each
20 year.

21 There's a ton of implementation
22 issues, so I think there's a lot more work that
23 needs to be done here.

24 So I don't mean to discuss it so
25 glibly, but I think in my mind, we would move
26 towards a more budgeted system, and
27 administrative benchmarks are a way of doing

1 that. And, hopefully we can talk more about
2 that.

3 The other, the last thing I'll say
4 in this sphere, and I won't call this my
5 vision, I'll call it my concern, is we cannot
6 have an APM landscape if we have 80 percent of
7 people in Medicare Advantage.

8 So, I don't consider Medicare
9 Advantage policy central to how we design APMs
10 in a technical sense, but it might be the most
11 important thing to the future of Alternative
12 Payment Models.

13 So, if you ask me one thing I could
14 do to support alternatives, actually I would
15 say two things because I'm not good at stopping
16 at one, two things.

17 Thing number one is I would reform,
18 that's code for cut, how we pay Medicare
19 Advantage Plans; and two, I would build better
20 Alternative Payment Models along the way as we
21 have been discussing.

22 But don't think that you can build
23 the perfect Alternative Payment Models if MA is
24 so much more lucrative than in fee-for-service.
25 It will swallow whatever you can do on the
26 Alternative Payment Model side.

27 CHAIR CASALE: Great, thanks, Mike.

1 DR. CHERNEW: That might not be part
2 of your purview.

3 CHAIR CASALE: Yes, thank you.

4 Before we move to the next question,
5 I just want to get a sense of how many
6 Committee members have questions. If they
7 could just turn their placard, just so I manage
8 the time okay for the moment.

9 Okay.

10 So, just moving again to the next
11 question and again, a lot of this has been
12 addressed in your presentations, but really
13 looking for additional thoughts that you may
14 have.

15 In thinking about the kinds of
16 payment model design features and financial
17 incentives that are most important, so what do
18 you think are the most important features, and
19 then can you point to any evidence regarding
20 the effectiveness of these approaches?

21 So, starting with Michael
22 McWilliams.

23 DR. McWILLIAMS: Sure, so I think my
24 number one on this list would be reform of the
25 way that benchmarks are set, as we've all been
26 alluding to.

27 And, wish I could have gone through

1 those slides in a little bit more detail, but
2 the sort of bottom line there as Mike was just
3 describing, is that if we eliminate these,
4 these ratchet effects, the incentives get much,
5 much stronger to save and therefore, much, much
6 stronger to participate.

7 And, it gives everyone a chance to
8 prosper by providing more efficient care. And,
9 gives everyone a chance to do better than they
10 would in fee-for-service.

11 And, that's just not the case under
12 benchmarking policy to date. So, that would be
13 my number one.

14 I also think that we shouldn't be so
15 afraid to increase savings rates.

16 You know, I think the pushback
17 against that is that Medicare doesn't get a cut
18 of the savings, but if we successfully move to
19 a new payment system with an external,
20 externally set benchmarks, then the program has
21 an opportunity to set spending growth according
22 to a rate that we desire.

23 And, that may be in the long run how
24 Medicare can control spending, as opposed to
25 partial savings along the way.

26 So I'll stop there because I think
27 I, we haven't talked about episodes, and

1 there's a lot of thorny issues that arise with
2 how to integrate them, that speak to sort of
3 features of models, I suppose.

4 But I'll stop there.

5 CHAIR CASALE: Thanks, Michael.

6 Mike?

7 DR. CHERNEW: Yes, so my number one
8 is also benchmarks. My number two is risk
9 adjustment.

10 None of this works if you can't, and
11 there's a lot of issues with risk adjustment
12 and coding but I have to tell you, I think the
13 status quo does much better in the ACO program,
14 not the MA program, but in the ACO program.

15 I think the status quo does much
16 better on risk adjustment than it does on
17 benchmark setting. But risk adjustment would
18 be number two.

19 Number three is attribution. Mark
20 mentioned how people pick primary care
21 providers. I think there's, we need to, one of
22 the big challenges for this whole system of
23 Alternative Payment Models, is unlike the
24 Medicare Advantage program where you know who
25 is enrolled because they have enrolled, is APMS
26 don't.

27 Different people have different

1 views about how problematic those things are.
2 But those are the sort of the three most
3 important parameters of the design.

4 I will say overarching beyond all
5 that, is some vision for how they're all going
6 to fit together.

7 So, the right way to think through
8 this, or at least the way I think through it, I
9 won't call it the right way, the way I think
10 through this, is there's certain care that we
11 want not delivered. Mark mentioned low-value
12 care.

13 We want high-value delivered, low-
14 value care not delivered, just to simplify.
15 And, the question is when the low-value care is
16 eliminated, who gets to keep the savings? And,
17 the system of APMs that you set up determine
18 it.

19 So, if you set up a broad
20 population-based ACO and you avoid a
21 unnecessary admission to a SNF¹⁵, or an
22 unnecessary MRI, those savings, the bonus
23 typically goes to the organization that employs
24 that primary care doctor.

25 If you set up an episode-based

15 Skilled nursing facility

1 payment model where the, that MRI or SNF
2 admission is part of the episode, the savings
3 go to whoever you've assigned the episode to.

4 And, you want to make sure that when
5 you set these up, that you give the savings to
6 the organizations that are most likely to get
7 the, to realize the savings.

8 But in doing so, you have to make
9 sure that you don't siphon off all of the low-
10 hanging fruit, that makes no one want to take
11 on the broad population-based risk.

12 And, that's the core tension in how
13 these are designed, and I think we're going to
14 need some work to figure out how that plays
15 out, and how you add those episodes in.

16 The last piece I'll say, and I make
17 it last not because it's not as important. It
18 might be in some ways, most important, it just
19 scares me the most, is whether the
20 participation is voluntary or mandatory.

21 If you're in a voluntary model, the
22 model design gets very constrained by getting
23 people to participate.

24 And, a mandatory model, and I know
25 that I'm saying mandatory -- a heavily incented
26 model, you have much more flexibility in how
27 you set up these models.

1 And, so the problem with that, of
2 course, is not all providers can succeed if
3 they're mandated in. I don't see a lot of
4 mandatory models, broad mandatory models, in
5 our future.

6 But how we think through, that ends
7 up, I think, being important for how this whole
8 ecosystem of models will work together.

9 CHAIR CASALE: Great, thanks,
10 thanks.

11 And, Mark?

12 DR. MILLER: Yes, of course
13 everything got said in Mike's part, but I'll,
14 so I'll just quickly hit a couple of points.

15 I completely agree on the
16 benchmarks, and I think having them set, and if
17 you can make sure that the programs' portions
18 of the savings are set and then grant, you
19 know, if people are accepting risks, they
20 should be granted much greater flexibility
21 underneath that.

22 I understand the notion that a fee-
23 for-service system, with a reconciliation at
24 the end, can perform very much like, you know,
25 a capitated system.

26 But I also think that there should
27 be some certainty and cash flow during the

1 course of the year so that you know where you
2 stand. I think the surprise at the end of the
3 year is very tough for people to deal with.

4 Other people have said this but I'll
5 just restate it. We're all talking about these
6 APMs and ACOs, and all the rest of it, but you
7 have to go after fee-for-service and manage
8 care around it. Otherwise, you just get
9 arbitraging between different systems.

10 And then, finally, I thought the
11 innovative thing I was going to say was to
12 speak to the mandatory nature of models. I do
13 think we should move more towards mandatory
14 models, but of course Mike scooped me on that.

15 So, only thing left to add.

16 CHAIR CASALE: Thanks, Mark. So,
17 one of the themes throughout our series of
18 meetings this year, we've been grappling with
19 the fact that providers are in different stages
20 of readiness to move toward value-based care.

21 So in your view, what are the most
22 important interim steps for increasing provider
23 participation in value-based care models,
24 helping providers assume greater levels of
25 financial risk, and encouraging investments in
26 care delivery transformation?

27 Mike Chernew, I'll start with you.

1 DR. CHERNEW: I'm glad that's the
2 one I get to go first on.

3 Certainty about what the models are
4 going to be like. I think it is really
5 impossible to get providers to commit to doing
6 all of this for a, you know, two- or three-year
7 model where you're going to be told a benchmark
8 after the end. And, you don't know how the
9 next model is going to be layered on.

10 I just think if you could just tell
11 providers, in my opinion, where things are
12 going, I think they can begin to change their
13 business models and manage around that.

14 Now, of course MA becomes confusing.
15 They don't know how many patients will be in
16 these models, so there's a lot of confusion.

17 But basically big picture, some
18 certainty about where the system's going to
19 look like, and what payment models are going to
20 look like going forward, I think is by far the
21 most important thing.

22 Within that, that certainty should
23 be certainty, for example, there's no ratchet.
24 If you tell a provider, come along and really
25 try and become more efficient but by the way,
26 in three years we're going to ratchet, we base
27 you down so you're back at square one in three

1 years, that's not a very appealing process.

2 And, so I just don't think we should
3 be afraid of providers prospering in these
4 models.

5 If the providers can prosper in
6 these models, but we can have top-line spending
7 growth going at four percent and not five
8 percent, or three percent and not five percent,
9 you pick your number.

10 If we can get top-line spending
11 growth at a sustainable rate, and providers can
12 prosper underneath that by becoming more
13 efficient, I think that's a win-win for
14 everybody.

15 And, I think there's too much
16 concern about as soon as providers seem to be
17 doing well, we're going to take it all away
18 because the program needs that money.

19 I think the basic game here is
20 providers need to profit from improving
21 efficiency, and at least in the Medicare
22 program, that will help sustain them through a
23 future of very flat fee increases.

24 CHAIR CASALE: Great, thanks, Mike.

25 Mark?

26 DR. MILLER: I'm going to let this
27 one go by. I think a lot of what I have said

1 has been said, so I'll let this go to Mike.

2 CHAIR CASALE: Okay. And, then
3 Michael?

4 DR. McWILLIAMS: Yes, I don't have
5 much to add either. Completely agree with Mike
6 that any interim step needs to be explicitly
7 linked to where we're going in the long term,
8 in order for it to be an effective interim
9 step.

10 And, will say though, that there
11 have been some interim steps recently taken,
12 that I mentioned in the ACO REACH model, and
13 the proposed rule within the Shared Savings
14 Program.

15 Those include setting benchmarks
16 higher for providers disproportionately serving
17 underserved populations that not only helps
18 address a resource disparity, but creates an
19 incentive to attract those populations with
20 enhanced care.

21 There is the, in the Shared savings
22 Program proposed rule, beginning a movement
23 towards an external benchmark update called the
24 Accountable Care Respective Trend, that's
25 proposed to be blended in the bench marking.

26 Other measures to sort of limit the
27 ratcheting effects, and sort of slow

1 convergence of benchmarks to make sure the
2 program remains attractive to providers with
3 high spending. They're the ones that have the
4 most savings potential.

5 So all those steps I think are
6 important ones. And again, coming back to
7 benchmarks, as long as they create
8 opportunities as Mike said to prosper from
9 providing more efficient care, under spending
10 growth that we can live with, then that should
11 draw more providers into the program, and
12 create an incentive for investments from other
13 sources, as well.

14 And, then of course there's still a
15 lot of work to do. The primary care
16 capitation, risk adjustment, mitigating coding
17 incentives, figuring out how to cut
18 beneficiaries into the savings.

19 And, then I think the last thing we
20 haven't touched on is multi-payer alignment,
21 which is very hard.

22 But I do think that we underestimate
23 the importance of getting this right in
24 Medicare. If we can get it right in Medicare,
25 then we increase our chances of getting it
26 right in Medicaid programs, increase our
27 chances of leveraging federal dollars, which

1 amount to over half of the insured in this
2 country.

3 To get federally covered or
4 subsidized insurers onboard with the same sound
5 design, and then I think it's much easier to
6 hit a tipping point with the commercial
7 insurers.

8 CHAIR CASALE: Great, thanks,
9 Michael.

10 So the final question for the three
11 of you before we open it up to the Committee
12 members.

13 Just simply, are there any
14 additional insights you'd like to share, about
15 developing effective payment methodologies for
16 population-based models?

17 Mark, I'll start with you.

18 DR. MILLER: Sorry, no, I'm going
19 to, I'm just going to stand.

20 CHAIR CASALE: Okay, Michael
21 McWilliams?

22 DR. McWILLIAMS: Yes, I'll hold, as
23 well.

24 CHAIR CASALE: Okay, and Mike?

25 DR. CHERNEW: So now it's all on me.

26 CHAIR CASALE: Yes.

27 DR. CHERNEW: So I'll be quick.

1 I've heard a lot debate lately about
2 things like Medicare Advantage for all. So
3 there is a lot of value in my mind, that you
4 can get from Medicare Advantage plans.

5 But if we're going to think about
6 that, we need to really think about the design
7 of Medicare Advantage because it was never
8 designed to be as big as it is now.

9 And, so I don't know if you consider
10 Medicare Advantage an Alternative Payment
11 Model, but in some of the prep calls, it seemed
12 like it might be.

13 And, if that's true, we really need
14 to think about what we want through a Medicare
15 Advantage type system, and how we want to
16 leverage any efficiencies that the plans can
17 gain.

18 Because I mentioned they do have the
19 ability to gain some efficiencies and improve
20 value. It's just we don't have a system that's
21 well designed to pay them. And, rely on the
22 fee-for-service benchmarks.

23 CHAIR CASALE: Great, thanks, Mike.

24 So we do have some time, so I'm
25 going to turn to our PTAC members for
26 questions.

27 So, Bruce?

1 MR. STEINWALD: Thanks. Hi, guys,
2 thank you very much. That's good stuff.

3 Each of you had some interesting
4 things to say about fee-for-service. Mark
5 Miller said one of the principles is make fee-
6 for-service less profitable.

7 Mike Chernew said that concern with
8 the fee-for-service chassis is a bit of a red
9 herring.

10 And, I think Mike McWilliams said if
11 we continue to rely on fee schedules for
12 payment to providers, we're not going to get
13 very far. If I got that right.

14 So, my question is, what do you
15 think is the role of fee-for-service? Should
16 we discourage providers from continue to use it
17 even if they're not, even if they're in
18 Medicare Advantage plans, for example?

19 Can we do away with it? Should we
20 try to do away with it? What do you think?

21 DR. CHERNEW: If I could just say
22 briefly, I believe we're going to need a fee-
23 for-service system. It sets the scoring for my
24 colleague, actually Michael's colleague as
25 well, Bruce Landon wrote something, is if you
26 avoid an MRI, how much do you save?

27 Fee-for-service set the scoring

1 there. So I believe we need, but as Mark said,
2 we need to continue to reform aspects of fee-
3 for-service.

4 I don't think we can get rid of it.
5 I would devote probably mildly less attention
6 to some of the underlying details. There's
7 certain things site neutral I think we need to
8 fix.

9 So, I think we need to pay attention
10 to fee-for-service because the underlying
11 scoring system, but I don't think it should be,
12 I don't think we should discourage it from
13 existing.

14 I think we're going to need it in an
15 APM world. I think if an organization wants to
16 use it in varying levels of the steps, I think
17 that's fine.

18 I think if we can get the top line
19 right, we should let the part below that work
20 out as it can.

21 And in Medicare, we should continue
22 to try and reform it if -- you all know Bob
23 Berenson, I think he used to be on PTAC, I'm
24 not sure.

25 You should have him come talk about
26 how to reform fee-for-service. But I do think
27 it needs to exist.

1 DR. MILLER: I would agree with that
2 set of comments. I think fee-for-service
3 should be uncomfortable.

4 I also thought Michael's point, or
5 Mike Chernew's point, sorry, point was is that
6 if you're paying on fee-for-service but you
7 have an incentive structure that sits over it,
8 you don't have to worry as much. And, I
9 subscribe to that.

10 But I do think the fee-for-service
11 system should exist. I think it should be less
12 profitable than moving to a better managed
13 system.

14 And, I also think that there are
15 distortions in the underlying fee-for-service
16 structure in Medicare that should be corrected,
17 you know, between what we pay for primary care,
18 or cognitive specialties versus procedural
19 specialties.

20 And, then as I said, I kind of think
21 the way we, not kind of, the way we pay primary
22 care on a, you know visit-by-visit basis, is
23 not the way to approach that.

24 So no, I would not eliminate it.
25 And, I think it is the reference point as Mike
26 Chernew said. But would not eliminate it, just
27 make it uncomfortable.

1 DR. McWILLIAMS: Yes, I would agree
2 with all those comments as well.

3 And, I think it's good to
4 distinguish sort of fee-for-service writ large
5 as a payment system, and fee-for-service for
6 keeping track and for paying sort of below a
7 level of a risk-bearing organization, whether
8 it's a plan or a provider organization.

9 And, I think this goes to sort of
10 Mike's description of all the different levels
11 in the system, and what I touched on with
12 group- versus individual-level incentives.

13 In many cases, it may make a lot of
14 sense to, for internal compensation, to pay on
15 a fee-for-service basis for certain services.

16 And, also it may make sense at least
17 in some markets, for there to be risk-bearing
18 organizations responsible for the total cost of
19 care.

20 But the way they transmit those
21 incentives, are to the rest of the market, is
22 by demanding efficiency.

23 And, from specialists or hospitals,
24 downstream providers, who may be paid on, you
25 know, on a fee-for-service basis.

26 But if there's, if the market is
27 competitive and they're not, there's enough

1 ACOs that pay, you know a new payment system
2 broadens, then there will be sufficient demand
3 for efficiency, such that even fee-for-service
4 pay providers have an incentive to be more
5 efficient.

6 CHAIR CASALE: Thanks, Michael.

7 Larry?

8 DR. KOSINSKI: Well, actually Bruce
9 asked the question that I was going to ask, but
10 on the basis of the answers that we just heard,
11 I'd like to force our three speakers into a
12 little bit more granularity.

13 There are specialties, the one that
14 I was raised in, gastroenterology, where 70
15 percent of the revenue of a GI¹⁶ practice comes
16 from one procedure that's performed for, on an
17 elective basis.

18 And yet, where we need their
19 performance and disease management for complex
20 diseases, they are markedly undercompensated.

21 So, tell us, how do we get to where
22 you want to get to, using a fee-for-service
23 backbone? How do we make it unappealing?

24 What would be the steps?

25 CHAIR CASALE: Mark, I'm going to

1 have you start since you mentioned about fee-
2 for-service, making it uncomfortable.

3 So, thoughts about?

4 DR. MILLER: Yes, and I'm pretty
5 sure the Mikes are going to be able to do a
6 better job here.

7 But the point that I think, you
8 know, the Mikes and myself have been saying is
9 that there were terms used that you want to
10 allow for innovation inside, you know, a, let's
11 call it an accountable care model.

12 So while revenue may flow to the
13 model, through the fee-for-service, you know,
14 payment structure, it doesn't have to be in the
15 end, after you reallocate based on performance,
16 it doesn't have to all be paid exactly the way
17 it would have been paid under fee-for-service.

18 This is what I meant by flexibility,
19 particularly as the organization begins to
20 accept risk, it should be allowed flexibility
21 in order to provide incentives to individual
22 providers who are in the system.

23 And, so I would see the answer to
24 your question being that the compensation for
25 that kind of consultation, would be adjusted in
26 a way that would be attractive and supportive
27 to that particular provider.

1 CHAIR CASALE: Michael McWilliams?

2 DR. McWILLIAMS: Right, no, I think
3 this is really sort of, it's a good question
4 and sort of digging into all the various ways
5 that the incentives can be, or should be,
6 transmitted.

7 You know, I tend to think of this
8 sort of two models in mind. One, an
9 organization model that employs the
10 gastroenterologist, in which case you're
11 talking about internal compensation.

12 The ownership model while, you know,
13 it hasn't been shown to necessarily improve
14 quality, it does simplify some things by having
15 employment relationships in place. And, there
16 can be sort of direct managerial control of
17 practice.

18 We have historically not really done
19 a good job in the medical profession of
20 developing management techniques to manage
21 physicians to generate what we care about,
22 which is better patient care and patient
23 experiences.

24 To me, that is sort of the major
25 challenge ahead of us for, for quality.

26 But certainly one can imagine
27 salarizing a specialist from an internal

1 compensation standpoint, and then using various
2 management strategies to, non-financial
3 incentives, different practice environments, et
4 cetera, to encourage the physician to practice
5 as is in the best interest of, of society.

6 Or at least for patients. And, you
7 know, with the risk-bearing organizations more
8 efficiently.

9 It gets a little trickier when that
10 specialist is not under an employment
11 relationship, and this is sort of within a sort
12 of affiliated network, or even just an
13 unaffiliated referral.

14 Clearly there are opportunities for
15 subcontracting, that can look like a fee-for-
16 service but with an agreement that hey, we want
17 to refer to a group that doesn't scope
18 everyone.

19 And, for that, we'll pay you an
20 additional care management fee, as well, so
21 that you have the additional costs of better
22 communication covered.

23 It could be a population-based
24 payment sort of subcontract where it's just a
25 fixed payment for the organization's, or
26 practice's population.

27 And, that's basically sort of

1 carving out the GI services for that population
2 in a sub-contract.

3 There have been various
4 conversations about whether, what's the extent
5 to which a payer like Medicare should step in
6 and write that sub-contract as an episode.

7 But I generally, and then you could
8 have a model as I said before, where the fee-
9 for-service model works okay because there's
10 just a competitive enough market that ACOs are
11 going to refer to the more efficient, higher-
12 quality gastroenterologist.

13 And, you know, to some extent, the
14 savings do need to come from somewhere, and we
15 probably, and we know we provide too much care.

16 It's certainly not in primary care,
17 so there will be reduced income in certain
18 specialties.

19 So I'll stop there, but I think it's
20 sort of there's no one right answer, but the
21 key is having that foundation, that population-
22 based payment model foundation in place to then
23 allow that sort of flexibility for the
24 incentives to flow, both through financial and
25 non-financial means.

26 CHAIR CASALE: Thanks, Michael.

27 Mike?

1 DR. CHERNEW: Yes, so to the extent
2 that your question applies that Medicare or
3 others, should do a better job on setting the
4 relative fees across the thousands of fees that
5 exist, I agree.

6 And, again, that's probably a Bob
7 Berenson comment and maybe evolve into a
8 discussion of the ruck, which I'd rather not
9 have.

10 It certainly evolves into a
11 discussion of site neutral payment, and a bunch
12 of other things like that.

13 And, we have an existing process for
14 setting fees. It's unbelievably cumbersome in
15 a variety of ways, and we tend to want to add
16 more codes.

17 And, we get challenged by all this
18 new virtual care about how we're going to set
19 up the fees.

20 That process should continue. The
21 stakes of getting all of that right, or the
22 harm of getting all of that wrong, in my view,
23 is dampened when varying levels of payment or
24 organization in the steps that I gave, can
25 transform that.

26 So, if we can hold the Medicare
27 Advantage plan to making sure that they've

1 recruited enough gastroenterologists, and that
2 they're providing the services that are needed
3 in high-value, and not the services that are
4 not needed in low-value, the actual flow to the
5 gastroenterologists or their practice, is less
6 so.

7 And, certainly you don't want to be
8 in a situation where you tell the provider
9 organization that doing something's very
10 profitable, and then you utilization review
11 them away from actually doing it.

12 So, you don't want to step on the
13 gas and the brake at the same time, but in the
14 grand...so we should devote our time to getting
15 those relevant fees right.

16 I just think in an existing fee-for-
17 service system, we will never manage that right
18 as technology changes, and a whole bunch of
19 other things change.

20 So as long as you have some
21 overarching, and I agree with Mark's
22 characterization of what I said, as long as you
23 have some overarching system that can manage
24 care, change the referrals, change
25 compensation, maybe an employment relationship,
26 maybe in a bonus relationship, maybe in a
27 quality payment system relationship.

1 I won't presume to know, you just
2 have to worry less about the fact that
3 inevitably, you're going to get these payment
4 rates wrong, and you're not going to be able to
5 risk-adjust them in things, and they're going
6 to bump into each other.

7 So, I think we have to keep trying
8 and just accept that we're only going to get so
9 far in getting it right.

10 CHAIR CASALE: Thanks, Mike.
11 Appreciate all those comments and appreciate
12 the reference to Bob Berenson, who I think
13 Bruce and I can remember probably at the first
14 meeting, he made that comment.

15 You know we're going to start
16 looking at models, but you know, we can do a
17 lot with the fee schedule to align incentives.

18 So, Chinni, did you have a question?

19 DR. PULLURU: I did. Going back to,
20 I love the slide Mike Chernew has with
21 incentives that can vary by step, because I
22 think it really illustrates that flow of funds
23 that's so fundamental to the system.

24 But one of the things that we're
25 seeing is, you know, with the advent of ACOs,
26 all of a sudden hospital groups started
27 employing a lot of primary care physicians,

1 right?

2 Shifted the demographics of
3 employment. Medicare Advantage gave rise to
4 payviders, and all of a sudden payers started
5 having huge offsprings of primary care provider
6 groups.

7 All of that lent itself to not
8 necessarily having some of the flourishing of
9 primary care and providers that I think Mike,
10 you, you're advocating for.

11 And, so how would you think about,
12 you know as adoption of Medicare Advantage
13 grows, having certain, engendering a certain
14 system that can provide for independence of
15 attribution, but also function within the
16 Medicare Advantage system?

17 DR. CHERNEW: As you probably know,
18 I'd love to answer, in this case, I don't
19 understand the question.

20 DR. PULLURU: Well, here providers,
21 payers are often controlling Medicare Advantage
22 attribution, right? They get enrollees, and
23 then it's attributed to payer groups.

24 But if you think about with the
25 advent of payviders, a lot of times that is
26 consolidated in certain geographies. And,
27 there isn't the choice.

1 And, then physicians, primary care
2 physicians, oftentimes have to join entities
3 that then can get this patient attribution in
4 order to participate in a capitated plan.

5 How would you change that
6 attribution model in order to encourage
7 independence?

8 DR. CHERNEW: I might be more
9 ambivalent on independence than you are. I am
10 supportive of independence.

11 I think if you look at the work that
12 say, we've done, Michael and I have done,
13 others have done, the independence of the
14 physicians, the primary care physicians from
15 the hospital helps you, my joke -- I wish I
16 could see you all, I can't tell if my jokes are
17 bad. It's hard to keep people out of the
18 hospital if you're a hospital.

19 So I think there's some merit, and
20 there's a lot of concern a consolidation on the
21 commercial prices side, which seems a little
22 bit out of scope for this conversation.

23 But I think the short answer to your
24 question is, we, and Mark said this, we need to
25 reform primary care payments for a bunch of
26 reasons.

27 But the one that motivates me, quite

1 honestly, is we have no idea how to pay for all
2 this virtual care. We have no idea how to pay
3 for all these e-messages, and portal messages.

4 I was talking to a large group of
5 primary care physician groups, so a bunch of
6 America's Physician Groups, I think is what
7 they're called, earlier last week.

8 And, you know, you could debate two
9 or three percent updates or what's going on in
10 macro, and macro is a whole separate issue.

11 But the real problem is the burden
12 on primary care practitioners to practice
13 independently, and all the various things they
14 have to do, makes it really hard to be an
15 independent primary care provider.

16 I don't think that's a fee schedule
17 issue, honestly. I think that's an
18 administrative burden issue of all the things
19 that are going on with primary care, and all
20 the various things we make them do.

21 It wouldn't bother me if they were
22 in bigger systems, honestly, if I could control
23 the prices of these big systems.

24 I think there's going to be a lot of
25 support for that integration. It's just you
26 need to cap the proper amount of money because
27 if you don't and they're owned by hospitals,

1 they'll save less money if they're independent
2 than they can do through the referrals.

3 So, I don't know, we're getting
4 close to, I don't know the time here, how we
5 should do that is really challenging.

6 But I do think we have to rethink
7 the unit of service of what primary care means.
8 Because fee-for-service does a horrible job of
9 creating the incentives for the unit of service
10 that primary care practitioners provide.

11 And, so that requires, Mark said
12 this, reforming the way primary care is paid,
13 independent of what overarching system you lay
14 on top, which you've been talking about today.

15 CHAIR CASALE: Great. Other
16 comments, either Michael or Mark?

17 DR. McWILLIAMS: I think may
18 understand where, where, maybe I'll try to
19 rephrase this.

20 I think that maybe the concern is
21 that primary care providers may be shifting to
22 working with payviders that exclusively take
23 care of Medicare Advantage enrollees, which may
24 be fostering consolidation.

25 So, insofar as that's the concern, I
26 think that this sort of like notion of MA
27 poaching doctors, poaching patients, has

1 certainly been expressed.

2 I'm not, I haven't seen really
3 rigorous evidence on the extent to which this
4 has happened, but I will say that just taking a
5 step back and sort of echoing some of the
6 things, some of the comments that we made
7 earlier, there is sort of a two-prong, two
8 prongs of the consideration.

9 Or one is sort MA payments. We're
10 subsidizing MA. So clearly to the extent that
11 this is happening because a PCP can get paid 20
12 percent more if they go work for an MA
13 payvider, they're going to do that.

14 And, on the one hand, that's good
15 that MA is funneling more resources down to
16 primary care. But it's not entirely clear from
17 a programmatic standpoint, that we want to be
18 subsidizing MA to the extent that we are.

19 And, then similarly, this is sort of
20 motivation for addressing the primary care
21 spending within the ACO models, our total cost
22 of care models.

23 We have an opportunity, it's far
24 simpler to do that if we capitate, or provide a
25 global payment for primary care within an ACO
26 model, that basically then allows us to set,
27 you know, benchmarks or advance payments for

1 primary care, that are more easily dialed up.

2 And, so that can help sort of
3 balance out primary care reimbursement. And,
4 then across the board, I think there is
5 consensus that we probably want to increase
6 spending on primary care.

7 But again, it's that imbalance
8 between sort of how we're paying and then how
9 we pay in traditional Medicare, that may be
10 leading to any sort of trend that you may have
11 been referring to.

12 DR. MILLER: And, that's the only
13 thing I'll add is, you know, early, and I think
14 everybody said this in one form or another, and
15 I said you have to pay attention to fee-for-
16 service and managed care, and how it bumps into
17 these particular models.

18 On the fee-for-service side, I would
19 go to a PMPM¹⁷ type of arrangement for primary
20 care.

21 And, then just what Michael said on
22 MA. If you overpay and you subsidize MA, then
23 they're going to be poaching, and you're going
24 to get these kinds of, or these kinds of
25 impacts on the system.

17 Per member per month

1 CHAIR CASALE: Thank you. Just one
2 last question, Jennifer?

3 DR. WILER: Thanks to our three
4 speakers for a wonderful conversation.

5 Each of you has commented that
6 voluntary participation in these models is
7 problematic.

8 So I want to give you an opportunity
9 to decide if your recommendation around ideal
10 features for a model are either mandatory, or
11 heavily incented, or does it not matter?

12 CHAIR CASALE: Mike Chernew, I'll
13 let you start.

14 DR. CHERNEW: I started too. In our
15 white paper, we basically had this feature
16 varying by track.

17 So the gist of it is for large
18 organizations, I think they should be heavily
19 incented, and they should be heavily incented
20 to incorporate two-sided risk in, sort of
21 heavily incented in very strong models.

22 For small, independent physician
23 groups, I actually think if you get rid of the
24 track and do a bunch of other things, you could
25 be fine with what I'll call MSSP¹⁸ classic.

18 Medicare Shared Savings Program

1 I'll stop there. If it's unclear,
2 Mike McWilliams will clarify.

3 CHAIR CASALE: All right, Michael,
4 I'll let you go next.

5 DR. McWILLIAMS: Yes, I think that's
6 right. I think first of all, you know, and
7 sometimes we sort of dichotomize this
8 distinction between voluntary and mandatory
9 when really, it's just a spectrum of
10 participation incentives in any sort of
11 quote/unquote, mandatory model.

12 It's never really mandatory, there's
13 just sort of whatever penalties or costs of not
14 participating. It may be so extreme as to not
15 get paid.

16 So, I think we should be thinking
17 about it as a spectrum, and as Mike just said,
18 and this is sort of the main point we make in
19 our white paper, where on the spectrum is
20 needed to get different types of providers in,
21 differs.

22 And, so we should be thinking, we
23 should have that in mind when we devise
24 complimentary payment policies that make these
25 models more or less attractive.

26 CHAIR CASALE: Mark, you get the
27 last word.

1 DR. MILLER: Okay.

2 I agree. I tend towards heavily
3 incented, and even moving into mandatory. And,
4 by heavily incented, for example, again both on
5 the fee-for-service side as a push, and as on
6 the alternative model side as a pull.

7 And, I also think and we're way,
8 there's way too little time to discuss this.
9 There are circumstances we should consider for
10 mandatory, because something Mike McWilliams
11 said way early on in the conversation, this is
12 getting harder and harder to study effects.

13 And, to the extent that you can have
14 some mandatory elements to this, in order to
15 get the research results you're looking for, I
16 would push in that direction.

17 But we're way over time, and I blame
18 both the Mikes for that.

19 CHAIR CASALE: Well, with that, I'd
20 like to thank all of you for joining us this
21 morning. You helped us cover a lot of ground
22 during the session. You're certainly welcome
23 to stay and listen as our meeting continues,
24 but at this time we have a break until 11:25
25 Eastern time.

26 So, please join us then. We have a
27 great lineup of guests for our second listening

1 session of the day. Thanks again.

2 (Whereupon, the above-entitled
3 matter went off the record at 11:16 a.m. and
4 resumed at 11:26 a.m.)

5 * **Listening Session 2: Payment Model**
6 **Features Contributing to Successful**
7 **PB-TCOC Models**

8 VICE CHAIR HARDIN: Welcome back.
9 I'm Lauran Hardin, Vice Chair of PTAC. I'm
10 pleased to welcome three experts for our second
11 listening session. We've invited them to
12 present on payment model features that
13 contribute to successful population-based
14 models. You can find their full biographies on
15 the ASPE PTAC website, and their slides will be
16 available online later.

17 Presenting first, we have Kristen
18 Krzyzewski, who is the Chief Strategy and
19 Program Development Officer at LTC ACO. Please
20 begin, Kristen.

21 MS. KRZYZEWSKI: Thank you. And
22 thank you for inviting me to participate in the
23 session today. I am looking forward to
24 discussing our population that we serve as an
25 ACO and that is the long-term care beneficiary
26 population of Medicare beneficiaries residing
27 in nursing facilities.

1 So next slide, please. So we offer
2 a unique perspective, I think, to the Committee
3 in that we are an enhanced track MSSP ACO, and
4 we are the first ACO to serve this particular
5 subset of the population that resides in long-
6 term care facilities.

7 We started in 2016 under Track 1.
8 And in our second agreement period that began
9 midyear 2019, we migrated to the enhanced
10 track. And we originally started, we were part
11 of the Genesis nursing facility chain. And we
12 originally started with the Genesis physicians
13 and nurse practitioners serving the
14 beneficiaries that resided in the Genesis
15 facilities.

16 In 2019, we began to expand outside
17 of Genesis, recognizing that there was a lot of
18 provider interest in this community to
19 participate in value-based care and that we had
20 some unique experience that we could bring to
21 the table, and so we began to expand. And now
22 in '22, we are serving approximately 20,000
23 beneficiaries that reside in 39 states with
24 over 1,800 participating providers. So that's
25 about 600 participating physicians and 1,200

1 participating nurse practitioners and PAs¹⁹.

2 And so I just wanted to highlight
3 how we are unique in many ways. And that is,
4 again, with a relatively small population
5 participating in the program, we have a very
6 large benchmark per beneficiary. You can see
7 here over time from 2019 through the latest
8 settled period through 2021, our benchmark has
9 been \$30,000 or over per beneficiary per year.
10 And that compares to the traditional ACO, the
11 average ACO serving the Medicare population,
12 which has a benchmark of around \$11,000,
13 \$11,500. So we're significant serving a
14 higher-risk, higher-needs population.

15 And you can see the savings that
16 we've earned. COVID aside, because COVID
17 certainly hit our population in a unique way,
18 and we were very challenged during 2020. But
19 setting that aside, we've earned the Medicare
20 program in gross savings per beneficiary the
21 highest of any ACO in the program in 2019 and
22 in 2021. And I say that in 2021, noting that
23 we still have some impact from the COVID PHE²⁰
24 and the pandemic.

25 So along the way, we've improved the

19 Physician assistants

20 Public health emergency

1 quality. And we're sharing in '21 at the
2 highest sharing rate, quality adjusted sharing
3 rate, of 75 percent.

4 So next slide, please. Thank you.
5 So with all that said, we serve a really unique
6 population within the program, not within long-
7 term care but within the ACO program. Ninety-
8 six percent of our folks are indeed
9 institutionalized. So a couple folks fall out
10 along the way. They may transition back to
11 home, but the bulk of our population resides in
12 a long-term care facility.

13 Eighty-eight percent of folks are
14 dual eligible. And you can see the comparison
15 here as we go to all MSSP ACOs. And this comes
16 directly from our files from CMS, how we
17 compare. We have a very elderly population
18 with nearly 40 percent of our population age 85
19 and over.

20 We serve a more diverse population
21 than traditional ACOs. And we use a lot of
22 primary care. The model for this population
23 really is primary care driven. Clearly, they
24 have a lot of comorbid conditions. And you can
25 see the incident rate of conditions compared to
26 other ACOs, but the bulk of that is coordinated
27 in the facility through the use of primary care

1 physicians and nurse practitioners and PAs.

2 There is a high utilization rate of
3 hospice as you would expect. And we have a
4 higher rate of death for this population that,
5 you know, a significant portion is at the end
6 of life. And we're helping manage quality and
7 cost of care typically in a beneficiary's final
8 years of life.

9 And just to note again, COVID, as
10 you might expect, 46 percent of our population
11 in 2020 had a diagnosis of COVID compared to
12 four percent in the overall ACO population.
13 But a smaller portion of our beneficiaries
14 actually had what CMS classified as a COVID
15 episode, in that -- CMS to exclude those costs
16 from population, you had to have an inpatient
17 hospital stay.

18 And a lot of our folks, because the
19 PHE waived the three-day hospital stay, went
20 straight to a post-acute or a SNF bed within
21 the facility. So we had a lower rate of
22 excluded costs that were truly COVID.

23 So as you can say, we serve a unique
24 population. It's well-defined. And you'll
25 hear through my message today consistency in
26 saying that this unique population warrants a
27 population-specific approach.

1 So next slide. Thanks. So first of
2 all, there is a large market, talking about a
3 specific population while there are certainly a
4 lot of Medicare lives still in the fee-for-
5 service program. To say about 800,000 is a
6 significant population maybe seems strange.
7 But given that this is a high-cost population
8 with high risk, we think it's a unique, worthy
9 population, subset of the population, to focus
10 on, with lots of low-hanging opportunities to
11 improve quality and the cost of care.

12 And the population is really
13 underserved from a Medicare Advantage
14 perspective. Just over 100,000 lives are in
15 Medicare Advantage ISNPs²¹. And so this
16 population really still resides in original
17 Medicare.

18 And, you know, I have shown -- sort
19 of our slice, we're serving about 20,000 there.
20 Since there have been other programs, high-
21 needs ACOs that serve this population, and
22 other MSSP ACOs have come in to try to serve
23 this population as well, so there is a small
24 slice participating in value-based care. But
25 the vast majority are still in what I'll call

21 Institutional Special Needs Plans

1 original fee-for-service, unmanaged sort of
2 from the perspective that we're talking about
3 today.

4 So this all compares to, you know,
5 the average Medicare population where there is
6 almost 50 percent in MA and a higher rate of
7 uptake in value-based care programs. This
8 population is underserved.

9 And this population, you know, folks
10 do ask us, well, gee, aren't we trying to move
11 away from institutionalizing beneficiaries and
12 keeping them at home? And, yes, we applaud
13 that and Medicaid incentives, and managed
14 MLTSS²² is doing a lot to keep people in the
15 home.

16 The population, as we know, is
17 aging. And there will continue to be a need
18 for folks moving to long-term care. And as the
19 population ages, the population that does
20 reside in facilities will get older over time
21 and so it will become higher-risk. So, again, a
22 greater need for improved coordination of care.

23 Next slide, please. Thank you. So
24 things that we think about, and we've thought
25 and we've sort of lived through. In trying to

22 Managed Long Term Services and Supports

1 make our population work within this program,
2 you know, it has been a challenge because this
3 program wasn't necessarily designed for
4 providers serving folks in the setting.

5 But some of our biggest challenges,
6 we've worked through them. We've worked
7 through a lot of the challenges in the program
8 to make it successful. But we have
9 recommendations on how we can do better and get
10 more providers participating. Because at the
11 end of the day, these providers want to
12 participate in value-based care. But it really
13 has not been designed with their specific
14 population in mind or their specific needs.

15 So one of the things that is often a
16 hindrance, one of the biggest things is just
17 the TIN²³ exclusivity. I know this is not a new
18 issue. But having a whole practice of being
19 required or a TIN, billing TIN, to participate
20 in the program, well, they may serve a mixed
21 population. That creates confusion for trying
22 to manage and isolate this true subset of the
23 population, true long-term care.

24 And most of these, the providers
25 serving folks in this setting, also serve

23 Tax identification number

1 individuals residing in assisted living
2 facilities, potentially in the community. And
3 so it's a mix. It's an array of risk profiles
4 and potentially benchmarks.

5 So we're trying to navigate that.
6 And I know ACO REACH has something to allow
7 participation at the MPI²⁴ level. We think
8 there is opportunity to further isolate within
9 an MPI or a TIN a true population that is long-
10 term care, and it's easy to do. CMS does that
11 for us with that long-term institutionalized
12 factor. So it's doable. We just need a way to
13 attribute just that subset of the population
14 and not penalize the providers who serve other
15 populations in their practice.

16 Attribution is tricky for this
17 population. A lot of folks are served through
18 nurse practitioners and PAs. And we have found
19 interestingly enough that requiring a
20 physician, one physician visit from a
21 participating provider can slow attribution by
22 the true primary care providers.

23 And so, again, ACO REACH has allowed
24 flexibilities in attribution. And it's
25 something, again, in not requiring a physician

24 Medicare Provider Inventory

1 visit but just looking at the plurality of
2 care, there are ways to reward providers who
3 are delivering care to this population that are
4 unique among other ACO populations.

5 Minimum participation levels are a
6 challenge here. Thinking about this as really
7 a building by building, maybe 120 beds in a
8 building, not all are long-term care beds to
9 meet 5,000 minimum threshold requirements in
10 MSSP is a challenge. And I think that has been
11 one of the primary reasons folks have not been
12 able to participate in the program today. They
13 have interest but haven't been able to.

14 So moving on. There is a lot here.
15 So we can maybe circle in the discussion and
16 questions. But benchmark development, this is
17 a real concern for this population. As we
18 think about moving towards administrative
19 benchmarks in the future, which we support, we
20 want to caution folks as programs are designed,
21 and I actually just brought this up at NAACOS²⁵
22 to CMS last week, that the program is really
23 designed to think about inefficient versus
24 efficient participants in the program.

25 But folks and ACOs and providers

25 National Association of ACOs

1 that serve a really complex high-cost
2 population will often be deemed inefficient and
3 higher-cost relative to regional performance,
4 risk-adjusted regional performance.

5 And so if we can't get the risk
6 adjustment to actually accurately capture the
7 risk of the population, then we are going to
8 have problems under an administratively set
9 benchmark. And so I urge CMS, the Committee
10 here, to think about wanting to encourage ACOs
11 and providers serving higher complex
12 populations that they need to think almost as a
13 third -- there is a third rail here and a third
14 bucket. You've got inefficient, efficient, and
15 then you have ACOs serving complex populations.
16 There almost needs to be a third bucket.

17 Quality measures certainly weren't
18 designed for our population. And we've had to
19 work within that. Costs, the PHE, certainly,
20 you know, we saw how the methodologies sort of
21 penalized our population compared to others.

22 Telehealth, we want to be able to continue
23 to use that because there are many attractive
24 opportunities of coordinating care and
25 improving care and then just trying to increase
26 opportunities to data share.

27 So going on to the next slide, and

1 I'll wrap things up, and we can move it. But
2 the key drivers for participation, as I said,
3 there is a lot of interest. We see interested
4 parties. They are concerned about risk of
5 participating. So we participate as enhanced
6 track. We don't pass that risk down to
7 providers. And we think that has helped
8 providers in their willingness to join the
9 program and come in and migrate and improve
10 performance over time.

11 But then I also cannot understate
12 the importance of the five percent macro bonus,
13 and our concern that that going away is really
14 going to discourage providers from
15 participating. So there are certainly
16 obstacles. I think I've covered some of those.

17 And the last slide here, again, just
18 reiterating that these providers want to
19 participate in the program. There is a big
20 opportunity to get folks, you know, migrated
21 from original Medicare to value-based care,
22 original Medicare, and so how do we do it? And
23 I urge the Committee to think about how we can
24 go back to CMS to encourage faster action and
25 uptake among the providers serving this
26 specific population. So thank you.

27 VICE CHAIR HARDIN: Thank you so

1 much, Kristen. We're saving all comments and
2 questions from the Committee until the end of
3 all presentations.

4 Next we have Jeff Micklos, the
5 Executive Director of the Health Care
6 Transformation Task Force. Please go ahead.

7 MR. MICKLOS: Thank you so much, and
8 I appreciate the invitation to be with you
9 today. The Task Force is a longtime observer
10 and supporter of the PTAC. And I just want to
11 say we really appreciate kind of how you're
12 going about your work these days. It's really
13 helpful to the field to have this august body
14 weigh in with recommendations. So I appreciate
15 being here today.

16 Next slide, please. So the Task
17 Force is in its eighth year. It's an industry
18 consortium comprised of providers, payers,
19 purchasers, and patients, all committed to
20 accelerating the pace of change to value-based
21 transformation.

22 We support our members across all
23 their lines of business in different
24 populations that they serve. And so the
25 overview slides that I will give you today are
26 kind of at that higher level, reflecting a
27 variety of perspectives within our membership.

1 Next slide. Next slide, please.
2 Thank you. To give you a sense of our progress
3 over those eight years, we had set ourselves a
4 goal of having 75 percent of our payer and
5 provider business in value-based payment
6 arrangements by 2020.

7 We made great progress along that
8 goal. We now have extended that goal so it
9 will be 2025. I'll talk a little bit about
10 some of the kind of limitations of that numeric
11 goal. But it's still aspirational, and it
12 really applies for all populations that are
13 members of SERFF²⁶.

14 Next slide. And this will be in
15 your materials, but just to give you a sense of
16 kind of who is within our membership. We have
17 large national payer and health systems. We
18 have smaller -- we have single state Blues
19 plans. We have other transformation support
20 companies. We have a wide variety of
21 perspectives within our membership.

22 Next slide. So it's always
23 important for us when we talk about kind of
24 designing a total cost of care payment model,
25 it's to step back before you get into the

1 specifics of a payment model and make sure that
2 you have a foundation in place that can be
3 successful.

4 So certainly a cultural commitment
5 and serious government buy-in remain critical
6 first steps. The Task Force has kind of
7 prepared some practical resource tools for its
8 members that are also available on our website
9 around conducting a readiness assessment and
10 doing some internal benchmarking. It is
11 important that organizations know their own
12 capabilities and limitations before choosing a
13 particular payment model.

14 And then what APM opportunities are
15 available to sustain change, and how do they
16 align to the populations you are seeking to
17 serve?

18 So clearly when you have a Medicare
19 payment model from either MSSP or the
20 Innovation Center, the parameters are pretty
21 set, whereas there is a lot more flexibility in
22 commercial models, Medicare Advantage
23 arrangements, and Medicaid Managed Care to have
24 those private parties to collaborate and
25 partner in the best way.

26 And so we also think that we need to
27 conduct a partnership evaluation. In addition

1 to evaluating yourself and your readiness, it's
2 also important to look at the strengths and
3 weaknesses of a potential partner and whether
4 they are ready for now and capable over time.

5 And I say that in the context of our
6 75 by 2025 goal in that we had a number of
7 members who really sought to sign up
8 arrangements that would meet that standard but
9 then found that some of the providers weren't
10 necessarily ready to go in that direction as
11 quickly.

12 And so it's really important that
13 you make sure you evaluate that. It's
14 important that our relationships are developed,
15 and they can move along this continuum and be
16 productive and not get into situations where
17 you have to unwind arrangements.

18 When we talk about choosing the
19 accountable care payment model, we really talk
20 about that in a variety of ways. We have
21 members that are all across the continuum.
22 Some are at the early stages. Some have been
23 doing this for a long time. We look at them as
24 really on-ramps and low-risk models, whether
25 that's one-sided risk on total cost of care or
26 at-risk care management payments.

27 We see a lot more in the moderate

1 risk category right now with two-sided risk on
2 total cost of care, capitation on a limited
3 cost of care, or even capitation on limited
4 cost of care with one-sided risk on total cost
5 of care. So we're seeing that more in the
6 commercial space and involving the Medicare
7 Advantage area as well, and then we have full
8 risk models where we are talking about
9 capitation and with two-sided risk or global
10 budgets.

11 Certainly, there is an ongoing
12 interest in all of those. And there's
13 certainly a feeling within our membership that
14 would be great to have some more full-risk
15 options available in the Medicare program
16 currently.

17 Next slide. So for on-ramps and
18 transformation supports, as everyone knows,
19 addressing the investment risk and the business
20 risk and financing of the start-up costs of
21 infrastructure needs to overcome any barriers
22 to entry. I think NAACOS has reported that,
23 you know, the costs for setting up an ACO are
24 \$1 million plus to begin operations.

25 We're really excited about the ACO
26 investment program that's been proposed in MSSP
27 for 2023. The idea of being able to provide

1 up-front payments to help new providers come on
2 board is really important to widen the on-ramp
3 to have new providers come in.

4 I also think the way that proposal
5 is designed is really effective in that there
6 is an expectation that the investment dollars
7 will be paid back. But however, if the entity
8 would not realize shared savings by the end of
9 the fifth year, those funds can be kind of held
10 harmless against returning those funds, which
11 creates stickiness in the program, allowing for
12 providers to really have the full experience of
13 a contract term, since we know that it takes
14 several years really to kind of settle in and
15 get to a place where you are operating in a
16 successful way.

17 And, of course, we continue to see
18 at-risk care management payments that also help
19 with provider capacity building. It frees up
20 the provider community to be able to serve
21 individual patients as needed, as opposed to
22 relying on revenue focusing on fee-for-service.

23 And then when we see in the private
24 kind of partnership space in the commercial and
25 some of the innovation that's happening in
26 managed care, public program managed care, we
27 see design of capital allocations and resource

1 contributions that are impacted by the form of
2 the arrangement.

3 So it could be a direct contracting
4 arrangement between a purchaser member and a
5 provider. It could be a joint venture between
6 payers and providers or even a clinically
7 integrated network. And so, again, a lot of
8 variability. Understanding kind of what you're
9 trying to achieve and what your partners are
10 able to achieve in the near term is critically
11 important at the beginning stages.

12 Next slide. So for ongoing
13 participation and protections and our
14 incentives, they need to be properly calibrated
15 financial incentives and rewards. And they
16 need to be revisited and grow over time. It's
17 very important for arrangements to be revisited
18 periodically and adjusted as appropriate. I
19 think as we've kind of seen our life cycle go,
20 there is a lot more discussion about what are
21 those kind of checkpoints, as it were, over the
22 term of a contract and the importance of trust
23 between partners and arrangements to be able to
24 address things as needed as time goes on.

25 We want to ensure the proper flow-
26 through of incentive payments to individual
27 providers. There has been concern, of course,

1 that it's more at the accountable entity level
2 and that individual providers are not
3 necessarily seeing the full benefit of what
4 their work is and therefore not maximizing
5 their move to value.

6 I'm sure it's been discussed today
7 already. Eliminating the ratcheting effect of
8 current benchmark policies is really important
9 to driving sustained provider participation,
10 especially in a Medicare portfolio that
11 primarily relies, if not almost exclusively
12 relies, on voluntary arrangements.

13 So creating more reliable and
14 predictable benchmarks is critical. And we
15 think also that heading toward administrative
16 benchmarks in Medicare is a good idea.

17 And then progression to
18 incentivizing advanced risk arrangement
19 adoption. So we've had a lot of interesting
20 conversations over the past few years inside
21 the Task Force about the right way to push
22 providers along the risk continuum. Some felt
23 that the pathway was a little fast, but now are
24 concerned that maybe the proposed changes to
25 the MSSP room won't move folks forward.

26 I think it's critical for any payer,
27 public or private, to recognize that they

1 should have a variety of opportunities that
2 meet the providers where they are and what they
3 are able to accomplish. And I think some of
4 our more advanced providers would say the same
5 thing about their payer partners.

6 And then progression to
7 incentivizing advanced risk adoption, you know,
8 may employ some additional business tools that
9 are critical to kind of supporting here,
10 whether it's implementing reinsurance or stop-
11 loss protection against outside, downside risk.

12 I think in the Medicare models, one
13 major concern has been the retroactive
14 benchmark adjustments. Those have really
15 obviously soured some participants, and most
16 recently we've seen kind of a departure of a
17 large number of organizations because of a
18 recent retroactive benchmarking change in the
19 Bundled Payment for Care Initiatives Advanced
20 program.

21 Next slide. So engaging specialists
22 in accountable care arrangements, I know we'll
23 get into this in more detail in the discussion,
24 but this continues to be a challenge for many
25 performance-based providers.

26 There is a number of reasons for
27 that, but there is also one of the incentives

1 related to the advanced APM bonus that we
2 believe is critical to continue the move toward
3 value, and we definitely support legislation to
4 do that this year. It would be great if we
5 could achieve that objective.

6 But also by the way they calculate
7 these scores, there may be a disincentive to
8 really engage with a specialist because it may
9 affect an organization's ability to recognize
10 an advanced APM bonus payment. So that concern
11 is something that future policymaking should
12 address.

13 And then I think we're concerned
14 about the future of the CMMI clinical episode
15 models. We think more models addressing
16 specialist engagement strategies are desirable
17 across all model types.

18 I know Liz Fowler, CMMI Director Liz
19 Fowler, made a comment last week at the NAACOS
20 meeting that we will have more guidance and
21 thinking from CMMI this fall on that topic. I
22 will say also inside the Task Force, we are
23 seeing more activity in the commercial space in
24 trying to find out these effective arrangements
25 to engage specialists, which can take many
26 different forms.

27 Next slide. The Task Force has

1 spent time really thinking about value-based
2 model overlap and alignment generally. And
3 because APMs are becoming ubiquitous, it's
4 making it difficult to kind of manage patient
5 attribution and measure model impacts and
6 appropriately credit providers with cost and
7 quality improvements.

8 So as we look at these things, we
9 really think that they need to work together
10 and we need to find a path forward and not have
11 a one size fits all.

12 So we think precedence
13 determinations are important to drive desirable
14 outcomes. That's more prevalent kind of in the
15 public programs than in the commercial sector.
16 We are a supporter of testing nesting of
17 clinical episode models in ACOs. We'd love
18 CMMI to do more in this area.

19 And then also we recommend kind of
20 CMS pursue a hierarchical model alignment
21 strategy that sets a consistent and predictable
22 beneficiary attribution policy that shows
23 preference to higher risk arrangements.
24 Certainly, those total cost of care models
25 should be recognized for the overall benefit
26 that they are providing. And there are a
27 number of directions we can talk about later

1 about what policy could look like in that area.

2 Next slide. And I think what's
3 really critical inside the CMMI strategy
4 refresh is the multi-payer alignment prong of
5 what they're looking to achieve.

6 We all know that there needs to be
7 greater consistency across models to increase
8 adoption. Quality measurement is the one that
9 gets a lot of conversation. However, there can
10 be alignment. It can come in a bunch of
11 different forms as long as we are trying to
12 move away from an industry built on fee-for-
13 service competition.

14 It does require a shared vision for
15 how we move forward in regard to multi-payer
16 alignment. But APM alignment does not mean a
17 lack of competitive differentiation either.
18 There are definitely things our members talk
19 about that are competitive elements to their
20 value-based care strategies. But there is also
21 increasingly a recognition of areas where
22 competition shouldn't rule, and that both
23 payers and providers would be better served by
24 trying to align key methodologies that include
25 risk adjustment and patient attribution
26 methodologies.

27 Next slide. So with that, I look

1 forward to the conversation. And I'll turn it
2 back to our moderator.

3 VICE CHAIR HARDIN: Thank you so
4 much, Jeff. Next we have Clare Wirth, the
5 Director of Value-Based Care Research at the
6 Advisory Board. Please begin.

7 MS. WIRTH: All right. Thank you.
8 Good morning, everyone, and thank you for
9 having me. If we can flip to the next slide,
10 it should just be a title slide.

11 For those of you who are less
12 familiar with the Advisory Board, we are a
13 health care research firm based out of
14 Washington, D.C., that has been around for
15 about 40 years now. And I'm just delighted to
16 share some of our latest research with all of
17 you.

18 This year my team has been focused
19 on commercial risk so in the next ten minutes
20 or so, we are going to lift off and move from
21 our Medicare focus and into commercial, how it
22 has evolved, its future, and some key
23 differences in terms of the care model and
24 population health management approach from
25 Medicare.

26 So I want to stay on this slide for
27 just a moment and get to the punch line first.

1 Commercial risk in many ways will decide the
2 fate of value-based care. And our contention
3 at Advisory Board, and I'm sure many of you
4 all, is that this movement towards value must
5 keep going. So I know a lot of folks are
6 skeptical given the pace of change that we've
7 had to date. This does beg the question of
8 commercial risk.

9 Medicare has had clear progression
10 and a clear path towards value. And for
11 commercial, I think, it's not a matter of if or
12 when, but it's really a matter of how. And we
13 see two main possible scenarios playing out for
14 the future in commercial risk.

15 The first one is an industry-wide
16 reimbursement standard in which we see both
17 Medicare and commercial plans really aligning.
18 So we would seize the commercial landscape,
19 follow Medicare's lead in this way, especially
20 Medicare Advantage, with that population-level
21 type of payment structure and continuing along
22 that sort of glide to risk.

23 The alternative scenario, the
24 scenario below that, that uses a completely
25 different game plan from Medicare. So really
26 we see a split in which the commercial sector
27 would anchor the payment approaches around

1 bundles, around episodes, focused on really
2 consumer steerage.

3 And so what this means long-term is
4 that we would need all industry players to
5 operate in a hybrid world with split
6 incentives, much like what we have today but in
7 a more total cost of care ambition. Now there
8 are two key themes that I want to get out here.

9 First is that each of these has
10 trade-offs in terms of what each player can
11 gain, how hard it is to accomplish, and where
12 we net out as a whole in terms of an industry.
13 And it is a question of which path we do
14 achieve more savings, more efficiencies, either
15 by mirroring the public approach or really
16 tailoring the model to commercial needs.

17 And, of course, there are various
18 pain points that would be different in terms of
19 the roadblocks and giving up certain revenue
20 streams.

21 The trade-off is one key theme.

22 The other key theme I want you to
23 hear is agency. So in commercial, payers,
24 providers, other support participants, they are
25 the ones really designing these types of models
26 for themselves, which is why, if we can go to
27 the next slide here, that is why we have not

1 seen one clear roadmap in commercial.

2 And we've mostly seen various
3 experimentation. There has been a bunch of
4 fits and starts in commercial risk. Some are
5 still going. Some have failed and disbanded.
6 So I have a few examples here.

7 So, for example, Boeing and
8 Providence, that fell apart. The finances
9 didn't quite work there. Haven, we certainly
10 saw some big splashy headlines but ultimately
11 not necessarily the right timing, incentives,
12 market power, or true collaboration.

13 Some that are continuing to go.
14 Cigna still has a big emphasis on commercial,
15 as well as at the state level Blue Cross/Blue
16 Shield North Carolina, that is a really great
17 example of a statewide effort to keep things
18 moving.

19 Some of you all may look at this and
20 think, well, we've had a lot of experimentation
21 on the Medicare side, too, and that's, of
22 course, right. As you all know, CMS has been
23 experimenting and it's changing course,
24 redefining, ditching models, encouraging the
25 growth of the ones that have worked.

26 But generally, there is a roadmap to
27 follow to inch us toward population-based risk

1 and that's something that's continuously
2 pushing in that direction. In Medicare, we
3 don't have that same consistency because
4 there's not that central governing body.

5 And so these models -- the models
6 that have continued what we've seen of
7 organizations that have been successful in the
8 commercial risk space, they have a heavy
9 emphasis on that up-front investment that's
10 necessary and have focused and are really keen
11 on what their partner's needs are and actually
12 compromising with one another. And those that
13 have failed really have not had that same
14 emphasis.

15 Another key difference in the
16 commercial space is, of course, the role of
17 employers here. Employers have to agree to
18 these trade-offs as well in terms of what
19 sacrifices they are willing to make, especially
20 ones that their employees will tolerate when it
21 comes to certain steerage, and we've seen focus
22 on the Centers of Excellence but of course not
23 much further.

24 If we can move to the next slide
25 here, the role of employers is not the only key
26 difference in the commercial risk landscape.
27 In fact, the day-to-day clinical model can be

1 quite different from what we've worked in the
2 senior population.

3 So, for example, in commercial, we
4 do tend to have younger, healthier patients.
5 So a lot of what you need to do in commercial
6 risk is keep people, prevent people, from
7 developing those conditions in the first place,
8 making sure they don't overuse care when they
9 need it and, of course, there is the focus on
10 primary care utilization and condition
11 management. Of course, in Medicare, there is a
12 far greater emphasis on multiple chronic
13 condition managing across multiple different
14 specialists in addition to primary care.

15 In commercial, it is, of course,
16 about whenever a patient does have a need,
17 making sure you're getting them to the most
18 cost-effective treatment options, providers,
19 and site of care as quickly as possible.

20 And lastly, of course, we have the
21 engagement of consumers. The commercial
22 population certainly prefers lower cost as a
23 big emphasis and preferred the convenience as
24 well.

25 I'm going to move to the next slide.
26 So after all of that and talking about the key
27 differences of the population health approach,

1 it may sound like the industry should take a
2 fundamentally different direction when it comes
3 to commercial payments compared to Medicare.
4 And it does beg the question of whether this
5 commercial risk path is really all that viable.

6 But I want to remember here that we
7 have two potential options, each with different
8 trade-offs. So we have one where payers,
9 providers, all the players involved here,
10 compete to find these high-spend target areas
11 and address partnerships on those. So, for
12 example, identifying three to five core bundles
13 in these high-cost areas, unique to commercial.
14 So, for example, labor and delivery, and drive
15 a majority of savings there.

16 And the flip side, of course, is
17 that we can't have so many different bundles
18 that providers are managing -- a bunch of
19 different pieces here, and they're undermining
20 their greater work rather than taking a
21 holistic picture.

22 That said, though, it could really
23 be narrowed and focus on the commercial
24 patient's clinical needs and savings
25 opportunities.

26 The other scenario here, diving a
27 little bit deeper, moving towards what Medicare

1 is already doing, following a similar model, by
2 definition is going to be more feasible for
3 providers in terms of a day-to-day
4 administrative basis.

5 But we're hearing more and more
6 frequently that there is the complex quality
7 metrics. I know that Jeff mentioned that
8 before, that there is a lot of emphasis on how
9 do we create some consistent quality metrics,
10 but there is also some common processes that we
11 could have included here with payers.

12 Ultimately, the industry does have
13 to decide between having everyone follow a
14 similar path as Medicare, which would be easier
15 for providers, likely harder for employers to
16 justify or pursue more narrowly scoped risk
17 options in commercial. It is not necessarily
18 clear which one that has got the savings and
19 improvement for the broader industry in terms
20 of what we can get behind.

21 I want to move to my next and final
22 slide here. So I wanted to make you all aware
23 that my team has done a lot of work here on
24 this, and it's at advisory.com/vbc. The vast
25 majority of what we publish this year is
26 publicly available. So please feel free to
27 dive into some of those resources.

1 That said, I do want to end on this
2 message. I don't think there is any world in
3 which there is no commercial risk whatsoever.
4 But, of course, either path does come with
5 challenges.

6 When I speak with plans, providers,
7 like scientists, executives, all across the
8 industry, one thing has become really clear,
9 which is the risk -- excuse me, the journey to
10 risk is as much of an adaptive challenge as it
11 is a technical one.

12 And so some of the most progressive
13 leaders in value-based care, certainly cited
14 that they have fears. There are huge
15 organizational cultural changes that have to be
16 made in order to make progress. And so that
17 tells me that this is very much of a choice
18 that leaders can make and shape.

19 And so now is the time for
20 providers, payers, and others to really dictate
21 what that future is going to look like. And,
22 of course, in terms of Medicare, but especially
23 in commercial, it's a place where they have
24 more agency. It's a place for them to play and
25 have further control over what it is. And so
26 ultimately the path that these leaders will
27 take will decide whether the industry unites

1 around one industry-wide standard or remains
2 split. Thank you.

3 VICE CHAIR HARDIN: Thank you so
4 much, Clare. We want to thank each of you for
5 sharing your very interesting and unique
6 experiences.

7 We have some questions for all three
8 of you to speak to. And then time permitting,
9 Committee members will be able to ask
10 questions, too.

11 So first of all, the first question
12 I would like to ask is what specific kinds of
13 payment model design features and financial
14 incentives are most important for developing
15 successful, total cost of care models? What
16 does the evidence tell us about the
17 effectiveness of these approaches? Jeff, would
18 you start?

19 MR. MICKLOS: Sure, I'd be happy to.
20 So I think we think of questions like this
21 thematically to say what attracts, retains, and
22 moves individuals to greater accountability?

23 And I think first and foremost, an
24 appropriate investment in primary care has to
25 be at the center of this. We certainly have
26 advocated for an additional risk track in the
27 Medicare Shared Savings Program for Medicare

1 populations, which could include a primary care
2 capitation component on that.

3 We really think that the primary
4 care models that have been tested at the CMS
5 Innovation Center have been really kind of a
6 mixed bag. But getting primary care, right, is
7 critically important.

8 And then I think the on-ramps are
9 really important as well. We want to make sure
10 that organizations that can take on risk have
11 access to those type of models. You know, but
12 I definitely think that Clare makes some really
13 important points about the viability in the
14 commercial sector.

15 But I think on-ramps is really
16 important. As I indicated in my opening
17 remarks, I think the new proposal in the
18 Medicare Shared Savings Program is a good idea
19 in that way.

20 I think transparency and clarity of
21 the model design and goals up front is really
22 important. We need to be able to kind of have,
23 you know, when people will be paid, how they
24 will be evaluated on their performance clearly,
25 and having access to appropriate data to trust
26 to verify the numbers. Data and access to
27 appropriate data continues to be a main kind of

1 complaint within our membership.

2 And then I will come back at least
3 in the Medicare context and make a plea for
4 some sort of mitigation strategy with regard to
5 these retroactive benchmark adjustments.

6 You know, we view our relationship,
7 our members' relationship, with CMS as a
8 partnership. And we know CMS works hard to get
9 the benchmarks right. But when they do need to
10 correct them, there is significant financial
11 consequences.

12 And as partners to get them in the
13 program, we do think there should be some level
14 of mitigation strategy to recognize kind of
15 what could be a very material impact on
16 providers, and we do believe that the agency
17 has some authority to be able to mitigate that
18 impact. So we would ask them to kind of think
19 about that.

20 And then I think access to data to
21 support the care delivery and being able to
22 communicate effectively to the patients about
23 what they are achieving is important. It may
24 not go to a financial methodology or incentive,
25 but there are appropriate programs out there
26 that are holding specific providers accountable
27 for how they are communicating with patients

1 and consumers. And that has been critically
2 important so the consumers understand what's
3 going on for them in the total cost of care
4 arrangement and also to counter any concern
5 that the use of the word value is actually a
6 limitation and not a positive.

7 VICE CHAIR HARDIN: Thank you.
8 Clare, how about from your perspective?

9 MS. WIRTH: Jeff hit on a bunch of
10 things that came to mind for me as well. The
11 one thing that I will go back to that he
12 mentioned in his talk but didn't necessarily
13 circle back there is the role of specialists in
14 value-based care, so I certainly agree that
15 primary care needs to become the anchoring
16 model with anything in terms of population
17 health management and the ease of what we can
18 do and not just relying on the PCP, but the
19 entire care team in that work, right? Making
20 sure that APPs²⁷ are deployed as autonomously as
21 possible by the state in which they operate in,
22 having nurse care managers either circling
23 around or virtually working with patients,
24 ideally in person, and integrating behavioral
25 health into primary care and pharmacists as

27 Alternative Payment Plans

1 well. A huge benefit there.

2 In addition to that, having
3 specialists supporting primary care providers
4 and managing these more complex patients, how
5 do we create greater opportunities for
6 collaboration? How do we make sure that
7 specialists are sort of reverse referring
8 patients back to primary care once they are
9 well managed in specialty care? How do we make
10 sure that they are available for one-off
11 questions to make sure patients are getting the
12 right treatment and manage well in primary
13 care?

14 So that was the other thing that
15 came to mind. And, of course, we've hit it a
16 few times, but, how can we look for areas of
17 consistent metrics across the areas and even
18 thinking about what kind of consistency we can
19 drive across these very different patient
20 populations? What could we possibly keep
21 consistent across commercial and Medicare?

22 VICE CHAIR HARDIN: Thank you,
23 Clare. And Kristen, how about from your
24 perspective?

25 MS. KRZYZEWSKI: Sure. Thank you.
26 Yeah, so I have some very tactical
27 recommendations. Just because of the way we're

1 living it, we're trying to get these providers
2 from year to year to participate in this
3 program, and what do we really worry about?
4 What do our providers really worry about?

5 Well, number one is the benchmark.
6 And there is no special message there, right?
7 Everybody is worried about the benchmark. And
8 the benchmark has to be sufficient or these
9 providers are going to be scared and will stick
10 to fee-for-service.

11 So we were very encouraged. And I
12 like to think of it as CMS wrote a love letter
13 to us with this physician fee schedule draft
14 that came out, the proposed rule, especially to
15 ACOs that are serving complex populations.

16 I mean, all ACOs, there are good
17 things in there for all ACOs, but those of us
18 who are serving complex populations were very
19 happy to see the prior savings adjustment.
20 Again, all ACOs would be happy about that. But
21 we have a huge -- we're staring down the barrel
22 of a huge ratchet at the end of our agreement
23 period going into '24 based on the savings that
24 I showed in my presentation.

25 If left as it currently is, we would
26 substantially reduce our benchmark and a lot of
27 the incentives to participate among our

1 providers would be eliminated off the bat. So
2 by offering a prior savings adjustment, we
3 applaud that. That's wonderful.

4 The unfortunate thing is, well, you
5 need to think about complex populations when
6 you design that adjustment because right now
7 it's capped at five percent of the national
8 fee-for-service expenditures, adjusted for each
9 enrollment type.

10 Well, that's not risk-adjusted. So
11 that cap is nearly meaningless to an ACO that
12 serves -- our providers that serve a high-cost
13 population. So we, of course, put these things
14 in our comments.

15 So we applaud CMS, but we want them
16 to take everything a step further and think
17 through the impact on folks and ACOs and
18 providers serving the highest-complex, highest-
19 cost populations out there.

20 And, you know, we were certainly
21 happy -- one way that they did it -- we think
22 they did it really well was the negative
23 regional adjustment cap that they are
24 minimizing that. And then they are providing
25 an offset to ACOs that serve a population that
26 is highly complex or high-risk.

27 So that is one great way to say,

1 okay, we understand there is an interplay
2 between efficiency and inefficient relative to
3 regional performance. But you've got to factor
4 in the risk of the population. And it may not
5 be fully captured at the highest risk levels
6 under the risk-adjustment methodology.

7 So, again, great things are
8 happening. But take it a step further. The
9 message is to always think through what are the
10 incentives to ACOs that may be considered
11 higher-cost than their regions but just due to
12 the sheer population they are serving?

13 And one other thing that is
14 critically important to growth in this program,
15 is that five percent bonus on Part B billings
16 and that incentive that will go away at the end
17 of this performance year. That's payable in
18 '24. We think that's a -- that really offsets
19 the goals of trying to recruit providers into
20 the program by letting that expire.

21 And we know that's not in CMS'
22 hands. It requires Congressional activity and
23 action, but we certainly are fully behind that
24 being extended and creating an incentive.

25 And likewise, I know the last panel
26 listening session talked about sort of
27 penalties for folks who want to stay in fee-

1 for-service only and not participate in -- you
2 know, and that may be one way again, if there
3 are greater disparities between, if you
4 participate in greater incentive and upside in
5 folks participating in value-based care and
6 APMs versus staying in fee-for-service, that
7 your opportunities, financial opportunities,
8 are going to weaken over time. Widening that
9 disparity is also important to drive
10 performance and participation in these
11 programs. Thank you.

12 VICE CHAIR HARDIN: Thank you,
13 Kristen. That's a perfect transition to our
14 next question, which you started to address
15 already, which is what payment methodology
16 features are most important for managing the
17 interrelationship between primary care and
18 specialty care when designing population-based
19 models?

20 If you can highlight any that are
21 particularly important for high-cost, acutely
22 ill patients that would be helpful. Kristen,
23 if you would go first.

24 MS. KRZYZEWSKI: Yeah, sure. So I
25 probably will be short in this area and let the
26 others, Clare and Jeff, speak to this because
27 our population, again, is really, the bulk of

1 the care delivery is through primary care in
2 this setting.

3 And they live in a long-term care
4 facility, it's nurse practitioners and the
5 physicians that are seeing them and certainly
6 then the staff of the facility that are there
7 day-to-day. Of course, there is some
8 coordination with specialists, but primary care
9 is what we have to invest and invest more
10 resources in in this setting.

11 And so I may not be fully answering
12 your question, but for this population, we
13 really want to see - have the leverage to offer
14 a capitation to our participating primary care
15 providers that recognizes the outside role they
16 play for this population in coordinating care.

17 So with that, I'll turn it back to
18 you.

19 VICE CHAIR HARDIN: Thank you,
20 Kristen. Jeff, how about from your
21 perspective?

22 MR. MICKLOS: Well, I mean, I think
23 Kristen continues to emphasize the importance
24 of the advanced APM bonus payments. And the
25 Task Force completely agrees.

26 I think that the financial incentive
27 and the added payment to create that alignment

1 is critically important. And so something that
2 needs to happen because if it doesn't get
3 extended by Congress, we're going to be in a
4 situation where it's going to be better for
5 many providers to be back in MIPS²⁸. And that's
6 definitely moving backwards. And so that's an
7 important point.

8 I think what we hear from
9 accountable entity levels is their ability to
10 engage their network providers really hinges
11 upon them being able to reward them for their
12 behavior.

13 And so more timely reconciliations
14 of shared savings payments and things of that
15 nature that can go to the entity level that can
16 be distributed to individual providers more
17 timely. A two-year lag period is a major
18 challenge, especially for new providers that
19 really you're trying to entice.

20 I think we had one remark recently
21 about, you know, looking at clinical episode
22 models, that it is hard to maybe engage a
23 specialist in that way when they need to wait
24 for that shared savings when they could really
25 realize those funds just by doing a few

28 Merit-based Incentive Payment System

1 additional procedures.

2 So the more timely reconciliation
3 around these payments, I think, is critically
4 important.

5 Again, we did mention at the outset
6 that the way that people think about engaging
7 specialists probably also depends on who is
8 leading the total cost of care model.

9 So we definitely hear within the
10 Task Force membership that our health system-
11 led ACOs, you know, have, you know, an easier
12 way to think about how they manage both the
13 clinical episode model and an ACO model and
14 have very specific thoughts about how they
15 could integrate that. And I'm sure that is
16 true of multispecialty physician practices,
17 too.

18 But as Kristen just indicated, you
19 know, for many ACOs who really have been
20 focused on that primary care piece, the
21 strategies really continue to be challenging.
22 And I think we probably need to see some
23 innovation kind of beyond the Medicare space
24 right now to understand that. And I do think
25 that there is more discussion going on for
26 other populations on that.

27 VICE CHAIR HARDIN: Thank you, Jeff.

1 Clare, how about from your perspective?

2 MS. WIRTH: From my perspective,
3 when we did research on this last fall and we
4 interviewed provider organizations, hospitals,
5 hospices, health systems, and medical groups,
6 they were pretty unclear with how they should
7 be thinking about where to engage specialists
8 in value-based care.

9 A lot of them had focused on primary
10 care and hadn't yet gotten to the specialist
11 area. And when we did that research, we really
12 identified three main places to engage
13 specialists.

14 So the first was how do we think
15 about reducing low-value referrals? So
16 creating some kind of referral consideration to
17 keep more patients in primary care and/or
18 thinking about how to maximize primary care
19 access and capacity. So that was the first
20 area.

21 The second was e-consult. This is
22 an area folks had a lot of interest in. I know
23 there is some reimbursement in this area, but
24 perhaps an opportunity for more to provide that
25 incentive so that specialists will answer the
26 phone for PCPs and get that guidance back to
27 them as quickly as possible in terms of next

1 steps for that patient.

2 And then the third area was
3 referring patients back to primary care. So
4 once they are well managed in specialty care,
5 we see patients in that specialist's office for
6 far beyond that and making sure specialists are
7 able, they have the guidelines in place and the
8 training to communicate to patients referring
9 back to primary care.

10 So I know that middle one, the e-
11 consults are an area for specific payment model
12 changes. But those are the three opportunity
13 areas that we gleaned from our research last
14 year.

15 VICE CHAIR HARDIN: Very helpful.
16 Thank you. Committee members, if you have a
17 question, would you mind tipping your name tag?
18 I want to get an idea of how many people may
19 have questions. I think I'm going to go to
20 those next. Angelo, would you like to go
21 first?

22 DR. SINOPOLI: Yes. Thank you. So
23 my first question is for Kristen. And first I
24 want to applaud you for addressing the long-
25 term care population. It sounds like you've
26 got a great model in place.

27 I was just curious though, looking

1 at some of your early slides, you mentioned
2 that you had 20,000 beneficiaries in 39 states.
3 And when I do the math, that turns out to be
4 about 500 patients per state and 11 patients
5 per provider. So I'm just curious how you're
6 engaging your providers, keeping them
7 interested and activated since it is small
8 populations.

9 MS. KRZYZEWSKI: Yeah, no, you're
10 right. We are not even an inch deep really in
11 this opportunity. There is so much more that
12 can be done and so much more engagement to be
13 had.

14 But first of all, this is a big
15 transition for this population, right? This
16 population, in a way, we're at the beginning
17 days of value-based care for the providers
18 serving this population. It might as well be
19 2013 or 2012 and not 2022.

20 So it's really going slow. It's
21 talking about clearly the financial incentives,
22 the portion of shared savings. Rewarding them
23 really for the first time in what they are
24 doing for this population because they
25 oftentimes have just been the overlooked
26 providers in this community.

27 So we are saying we see you. You

1 know, unlike maybe the ISNP that goes about
2 working with the population that requires
3 facility contracting, this is saying we need
4 you, the primary care physician or a nurse
5 practitioner in this setting, we see you. We
6 are going to reward you for the role you play
7 at long last.

8 And so it's communicating what
9 value-based care, you know, 101 is all about,
10 trying to find these providers in this setting,
11 getting their attention and then also that five
12 percent bonus. We cannot overstate the
13 importance of that. That really is attractive.
14 Because these providers don't just serve this
15 population, they serve others. And if they can
16 earn the five percent bonus through this
17 vehicle, then that can be applied across the
18 other populations they are serving.

19 So that has been a big reason that
20 we have been able to garner their interest and
21 participation in the program. Now once they
22 are engaged, it is about sending them really on
23 that pathway towards -- away from fee-for-
24 service and the critical, again, basics,
25 sharing the data.

26 They have never had any of this
27 data. It is a big investment, getting them up

1 to speed, engaging with them on a monthly basis
2 just so they understand the true performance of
3 their population. So it's sort of ACO 101.

4 We, as I said, are back to 2012
5 days. But arming these providers with the
6 information has been the key to change, as well
7 as then continuing to support them with best
8 practices and really engaging and sharing those
9 best practices because we do have some big
10 groups in that so they aren't, you know,
11 equally disbursed.

12 We have small groups. We have big groups.

13 And trying to share those best
14 practices from organization to organization and
15 how we impact on medication management, the
16 drive to de-prescribe for this population is
17 very important so we're making inroads there,
18 as well as the use of palliative care and
19 advanced care planning.

20 So not rocket science, but it really
21 is the blocking and tackling and giving these
22 providers a voice and a view into the role and
23 the important role that they do play.

24 DR. SINOPOLI: Thank you.

25 MS. KRZYZEWSKI: Sure.

26 VICE CHAIR HARDIN: Kristen, you
27 really started to tap into another one of our

1 key questions, which I'd like to turn to Jeff
2 and Clare. So when you think about different
3 providers' different levels of readiness to
4 move towards value-based payment, what do you
5 think are the most important strategies for
6 increasing provider participation?

7 How can we prepare providers to
8 assume greater levels of financial risk and
9 encourage investments in care delivery
10 transformation? Clare, I'm going to turn that
11 to you.

12 MS. WIRTH: The softball question.
13 So this reminds me of some comments that I
14 heard from Liz Fowler last fall that I think
15 are really true, which is how do we recreate
16 the sense of inevitability around the future of
17 value-based care that has quite frankly been
18 lost in the last five, six years, I want to
19 say. When the ACA²⁹ came out, I do feel like
20 there was this incredible focus and fire
21 underneath executives across the country that,
22 oh, if we don't do this, what is going to
23 happen to us? And that sense of inevitability
24 has really been lost.

25 So I think the clearest messages

29 Affordable Care Act

1 that can be sent around this is going to happen
2 in the near-term, and we really are going to
3 achieve, is going to be valuable.

4 The other thing is, of course,
5 getting hospitals more onboard in some form or
6 fashion. We talked a bit about penalties
7 around their reimbursement. When I speak with
8 independent medical groups, I think that they
9 are pretty much understanding the future is
10 value. Of course, they don't have to worry
11 about the hospital revenue and losing that and
12 demanding their own, excuse me, destroying
13 their own demand in that regard. And so I
14 think that would be the area that I would focus
15 on.

16 VICE CHAIR HARDIN: And, Jeff, how
17 about you?

18 MR. MICKLOS: Well, I just want to
19 echo, first, Clare's point that, you know, the
20 imperative for change has lessened. It
21 certainly has. And I think it was starting to
22 happen but probably exacerbated by the COVID
23 experience.

24 I think it is interesting as we've
25 gone over the last 18 months and had periodic
26 conversations with our board about the impact
27 of COVID, it actually shows that it should be -

1 - it actually should be a driver between more
2 resilient opportunities when you are sharing
3 risks between payers and providers.

4 You know, the providers didn't have
5 the cash flow concerns that some that were not
6 in those arrangements did. So they felt like
7 they were on much, you know, greater footing.
8 Of course, some of the payers within our
9 membership who didn't have those type of
10 advanced risk arrangements helped the providers
11 out in other ways, but realized that was a
12 stopgap measure and probably not a way to think
13 about long-term sustainability and resilience.
14 And so that's a theme that kind of continues to
15 percolate here.

16 And then I think a new theme that
17 people are grappling with, and it's kind of
18 related, we have the inflation issue and the
19 impact on business currently. That's clearly a
20 clear and present danger.

21 But that is exacerbated by workforce
22 shortages. And so there is that positive view
23 about value that if you work smarter and more
24 efficiently but through team-based care, you
25 can address some of those workforce shortage
26 issues, which are likely to grow and not kind
27 of decrease over time.

1 I think it's also showing the
2 changes of site of service, whether it's, you
3 know, increased use of telehealth, some real
4 hospital at home models that are very
5 interested out there. So it is kind of the
6 macro environment, I think, that's affecting
7 that.

8 But I think it comes down to
9 engagement of individual providers. You know,
10 the ability for those who are new to it to kind
11 of get that up-front per member per month care
12 management fee gives them flexibility to think
13 about practicing differently. So that changes
14 their mindset a bit.

15 And I also think that, you know,
16 good old peer-to-peer transparent, you know,
17 evaluation across the team always seems to be a
18 great driver. If you're not performing well
19 versus your peer group, that always seems to be
20 a good incentive to move in a positive
21 direction.

22 And so I think some of those kind of
23 still operational techniques in the beginning
24 are important. But we do have to continue to
25 reemphasize why this should still be the right
26 direction for the system even if the moral
27 imperative is not burning as bright in C-suites

1 these days.

2 VICE CHAIR HARDIN: Thank you.

3 MS. WIRTH: If I may, Jeff made me
4 think of something. Jeff, I completely agree
5 with everything you just said. One thing that
6 I found interesting was after the pandemic,
7 right after, even during, I heard from so many
8 provider organizations, well, this is why we
9 need to move to value. We have no fee-for-
10 service reimbursement coming through the doors,
11 and yet we're still getting our risk-based
12 payment. And that has very much lessened over
13 time.

14 In fact, I think that the lesson a
15 lot of provider organizations took was the
16 benefit of a hybrid model so that you have war
17 time and peace time types of incentives so the
18 value-based care reimbursement certainly helps
19 during war time types of eras, but not to get
20 rid of fee-for-service entirely so we can't
21 rely on just that alone to be the propeller to
22 value.

23 VICE CHAIR HARDIN: Kristen, did you
24 want to add anything in addition?

25 MS. KRZYZEWSKI: Always, any
26 opportunity. So, you know, as Clare and Jeff
27 said, I mean, it's incentives, right? The

1 incentives, it's got to be more attractive
2 appearing than fee-for-service, right? We've
3 got to continue to move in the right direction
4 to make sure that the incentives are sending
5 folks and causing them to align with these
6 value-based programs versus going back to fee-
7 for-service and looking in MIPS, heaven forbid.
8 Sorry. Let's not go back to MIPS, right? They
9 like participating in APM and being excluded
10 from MIPS, so incentives number one.

11 But, again, so much of what we have
12 to say, and I think speaking for any ACO, any
13 provider group serving complex populations, is
14 CMS and CMMI needs to think about how the
15 program that they're designing and the methods
16 that they choose to deploy impact the ACOs
17 serving complex populations.

18 You want more of these populations
19 in the program. You want 100 percent of lives.
20 Well, here are -- there are groups of lives
21 that represent a disproportionate amount of the
22 costs and expenditures.

23 And so let's make sure that
24 everything we do, we think it through. Because
25 the numbers, the numbers game are in for the
26 traditional population, right? And so programs
27 and policies are designed thinking with that in

1 mind and inadvertently could potentially hurt
2 the groups that serve these highest-cost
3 populations.

4 So it's in many different ways that
5 we see sort of the nuances that get applied
6 that hurt our types of providers and ACOs. And
7 so, you know, we need to eliminate those.

8 And, again, I think CMS recognizes
9 that, and they are trying to do things and
10 offer programs that reward providers serving
11 this. But let's just make sure we think
12 through those incentives and the impacts.

13 And one last thing that I will speak
14 to is just going back to sort of confusion.
15 There is confusion among programs, high-needs
16 populations, DCEs³⁰ and TIN overlap. And even
17 just going through our last application cycle,
18 I know there was feedback coming back through
19 NAACOS, that trying to add new ACO participants
20 through the MSSP program, we were getting hit
21 with TIN overlaps, even if it was an MPI, and
22 they participated long ago. There were
23 unintended impacts, which are slowing the
24 growth potentially in the MSSP program.

25 So providers are confused certainly

30 Direct Contracting Entities

1 in the space we see as they reach their -- they
2 have outreach. There is prospective alignment
3 only in DCE. There is retrospective in MSSP.
4 It creates confusion. And while we applaud
5 what -- there are positive things from ACO
6 REACH. And we think 100 percent upside track
7 and primary care capitation are really
8 important to incorporate into MSSP.

9 We certainly like the idea of
10 building on the chassis of MSSP and avoiding
11 disruption and confusion among providers
12 because that will slow the participation
13 potentially down the road.

14 VICE CHAIR HARDIN: Wonderful.

15 MR. MICKLOS: If I may just add one
16 more comment that I forgot to make. I think
17 it's critically important for the PTAC. I'm
18 sure many of them are aware of it.

19 I think the challenge in the
20 Medicare space right now, or one of the
21 challenges in the Medicare space, is how
22 effective the Innovation Center can really be
23 right now. You have a situation where as a
24 business proposition, people are somewhat
25 reticent to invest in those models if there is
26 not going to necessarily be a favorable
27 evaluation and an opportunity to scale that

1 model broadly.

2 So too many folks have invested
3 money in models that have, you know, basically
4 either ended after a time certain or have been
5 continued in kind of a successor model that
6 really doesn't have long-term success either.

7 And, you know, the one thing we
8 talked about as a Task Force is in some ways
9 the APMs are becoming a victim of their own
10 success because they are ubiquitous now in a
11 variety of different contexts, and it's really
12 hard to find a comparison group.

13 And so I don't think that the chance
14 of scaling a model out of CMS is getting any
15 easier. If anything, it's getting harder. And
16 so it's really important, at least in the
17 Medicare context, that we think about MSSP as
18 the platform for innovation on top of which we
19 can layer the innovations that kind of come
20 through the center. Because I do think
21 fundamentally the construct that is in place
22 with the Innovation Center is becoming more
23 challenging for them every day.

24 VICE CHAIR HARDIN: That's a really
25 interesting point. Lee, I'm going to turn it
26 to you.

27 DR. MILLS: Great point, Jeff. And

1 that's actually kind of a nice segue. This
2 question goes to Clare, but I would like the
3 other two commenters' thoughts on it.

4 And I really appreciated your first
5 slide, Clare, in focusing on risk. And I think
6 I agree with you that probably after, you know,
7 the ubiquitous pilots and all the many flavors
8 through CMMI, it's what the commercial
9 marketplace does with risk and value-based care
10 that's going to decide the tipping point.

11 But I was a little bit struck and
12 alarmed essentially by your described split
13 between it's either going to be an industry-
14 wide approach in risk methodology, or it's
15 going to split, and commercial and public
16 payers are going to go different ways in how to
17 handle this risk.

18 You know, your last sentence, all
19 industry players operate in a hybrid world with
20 split incentives and processes to me seems like
21 either the road to complete failure or complete
22 fragmentation of the provider and hospital
23 landscape into each -- everybody picks what
24 they want to be experts in, and we have total
25 fragmentation, right, which doesn't seem like a
26 way forward for the country.

27 So I guess my two questions are,

1 first, what sort of time scale do you see that
2 playing out over until we get to a tipping
3 point where the path is decided, and/or what do
4 you see as the key couple of influences that
5 will help tip us to one side or the other in
6 deciding what that path is going to be?

7 MS. WIRTH: Great questions, and
8 thank you for summarizing that so well. I have
9 quite a few thoughts. So your first question
10 was around -- sorry. Can you say your first
11 question again? I'm thinking of your second
12 one there.

13 DR. MILLS: What is the time scale
14 you see that playing out over?

15 MS. WIRTH: Yeah. So when we -- we
16 had a whole bunch of interviews around this.
17 One person said that the future of commercial
18 risk is like playing the stock market or
19 betting on the stock market and the future of
20 that. I think it is highly variable and
21 unpredictable. And in fact, when we've spoken
22 with organizations, there doesn't seem to be
23 any one clear direction of what they're trying
24 to do.

25 So I could see a horizon of five to
26 10 years, and it's primarily driven from the
27 employer market. So to get a little bit into

1 your next question of the key influences,
2 something that is interesting is that employers
3 are really frustrated right now.

4 When we interview employers, they
5 are mad at the current state and how much they
6 are spending on health care. That said, given
7 the great resignation and all the forces that
8 they are experiencing, their own type of
9 workforce crisis, they are not really willing
10 to take any big risks right now when it comes
11 to their health care benefits and making any
12 key changes.

13 And so I think what's causing the
14 short-term, and why I don't think we'll see a
15 ton of change in the next couple of years is
16 the employer market being reticent to make any
17 big changes to retain folks and attract folks.
18 They certainly don't want health care to be the
19 reason why folks won't choose to stay with them
20 or choose them as an employer. So I think the
21 employer market is going to be a big driving
22 force.

23 I think the other area that is
24 interesting is the national health plans. When
25 I talked to some of the national health plans,
26 Cigna is very motivated when it comes to
27 commercial risk. United Health Group has said

1 that value-based care is one of their top five
2 priorities right now.

3 And so it will be interesting to see
4 how much they can influence given their
5 national scope, that said, of course in most
6 markets, right, like, they are not making as
7 big of an impact. So I think the health plan
8 side is where we are seeing more pushes when it
9 comes to commercial and less so on the provider
10 side, the exceptions being the more progressive
11 independent medical groups that are ready for
12 this, and they want the consistency across
13 their different patient sectors. Did I answer
14 that fully, Lee?

15 VICE CHAIR HARDIN: And Walter?

16 DR. LIN: So I have a question for
17 Kristen. And first, I just want to say
18 congratulations on LTC ACO achieving the top
19 per beneficiary savings in MSSP for two out of
20 the last three years. That's really fantastic.

21 You know, you might know that we've
22 been taking a journey along the population-
23 based total cost of care models throughout this
24 -- different aspects of these models throughout
25 this year. And our prior public session back
26 in June was around model considerations for
27 care delivery around these total cost of care

1 models.

2 And I'm just wondering what your
3 providers did that really helped LTC ACO
4 achieve its per beneficiary savings. What kind
5 of influences did your organization have, and
6 what were the actions that really led to these
7 savings?

8 And before you answer, I should just
9 from a full disclosure standpoint say that I am
10 especially interested in this answer because
11 our practice is signed up to join LTC ACO
12 starting January 1 of next year.

13 MS. KRZYZEWSKI: Wonderful. Glad to
14 hear it. Welcome aboard. We'll begin
15 onboarding momentarily. So, yeah, we, again,
16 can't overstate the importance of the data
17 sharing and meeting with providers.

18 First of all, what's been
19 challenging is, before you even get to the cost
20 of care and impacting the cost of care, is
21 attribution. And attribution shouldn't be as
22 challenging as it is. But we spend an
23 inordinate amount of time with our providers.
24 They know who the long-term care population is,
25 right? They are in beds. We know who they
26 are.

27 But getting the physician visit, and

1 if it's a nurse practitioner group that is
2 delivering the primary care, getting them, you
3 know, somehow working around this physician
4 visit requirement. So we have a lot of
5 activity. An inordinate amount of our value-
6 based care resources are focused on how do we
7 just actually work within the system to make
8 sure that our primary care providers are
9 recognized for the role that they have. So we
10 spend a lot of time on that.

11 And so in that, there is a lot of
12 encouragement of go see your patient, make sure
13 you see your patient often. Make sure that
14 care is being delivered, that annual wellness
15 visit is being conducted, that the advanced
16 care planning is happening.

17 So it's encouraging all the things,
18 again, not rocket science. But just making
19 sure -- we look at the data that the preventive
20 care measures that we are measured by and we
21 know are important, that that's happening,
22 showing the provider in the group over the
23 course of the year how they're progressing in
24 all of these areas, not just from a cost
25 perspective, attribution perspective, but then
26 a quality of care perspective.

27 And so with all that said, that's a

1 lot of onboarding. I would say the first year
2 of performance is really just orienting our
3 providers on this whole. And then it's where
4 do we go from here?

5 Once we understand the practice
6 patterns and where folks are outliers from
7 others, it's really digging down and focusing
8 on, again, the use of palliative care, using
9 the hospice care appropriately because for this
10 population, we oftentimes see folks that are on
11 hospice care for two or more years, longer than
12 what the benefit was intended for.

13 And so it's using palliative care.
14 It's having those discussions and supporting so
15 we have resources. We're not trying to sell
16 ACO on this call. But supporting our providers
17 with those palliative care.

18 If they don't have the time, a lot
19 of providers will say, I don't have the time to
20 have those advanced care planning discussions.
21 I know they're important, but I just don't have
22 the time. And so supplementing resources and
23 subsidizing resources for our providers so that
24 they can get that work done if it's
25 supplementing and they're open to it, with
26 additional providers to go in and have some of
27 those discussions that they are otherwise not

1 having.

2 But then, again, there is drive to
3 de-prescribe, that we're working on medication
4 management. So it's really at the end of the
5 day trying to help prevent avoidable
6 hospitalizations.

7 I mean, there is so many low-hanging
8 fruit as you know in this population, if we
9 just pay attention and reward our providers for
10 paying attention to the total cost of care and
11 being available through telehealth,
12 supplementing with telehealth, so that around
13 the clock, there is someone to call and someone
14 available to make decisions about what is in
15 the best interest of the beneficiary, and it is
16 not necessarily oftentimes going to the
17 hospital and going to the emergency room and
18 going through that before they come back to the
19 facility.

20 So, I will say it again. It's not
21 rocket science, but it really is in execution,
22 right? And, as you know, on the front line
23 delivering care to this population, it's the
24 day-to-day and being with the patient at the
25 right time. And we are just trying to arm our
26 providers with -- the intent of the program,
27 the information to make better clinical

1 decisions for their patients.

2 VICE CHAIR HARDIN: And Angelo?

3 DR. SINOPOLI: Thank you. I know
4 we're short on time. So this is a question
5 based on my previous experiences, and it's
6 aimed mainly at Clare and Jeff, I guess.

7 So in my experience managing
8 Medicare patients, most of the benefit in
9 value-based areas are due to utilization. It's
10 managing and identifying those patients with
11 chronic diseases, preventing progression,
12 keeping them out of the ER³¹, keeping
13 readmissions low, keeping them out of the long-
14 term care facilities, and shortening their
15 stays in long-term care, et cetera, and that's
16 the day-to-day approach to those patients.

17 For the commercial population, we
18 saw just the opposite. And so although there
19 are some employers whose employees may tend to
20 reflect the Medicare population a little bit,
21 most of the employers that we dealt with and
22 the commercial products we dealt with are 80 to
23 90 percent focused on price, site of service,
24 and hard UM³² around procedures.

25 And so my question is, does the

31 Emergency room

32 Utilization management

1 commercial market care model really reflect
2 that it's needed in the Medicare market? And
3 is there really under this probably 80/20 rule
4 here, where 20 percent of what we do for
5 Medicare applies to the commercial and vice
6 versa?

7 Those are really, in my experience,
8 two very different models, two different
9 approaches to negotiations at the table, two
10 different kinds of negotiations. So I'm
11 interested in your views about the expectations
12 that those move along the path of value-based
13 care hand-in-hand are really realistic.

14 MS. WIRTH: I'm happy to go first if
15 you'd like.

16 MR. MICKLOS: Sure.

17 MS. WIRTH: So, Angelo, I think this
18 is going to be the critical question that we
19 need to answer when it comes to the future of
20 value-based care. And my thought is that it is
21 going to happen differently in different
22 markets depending on the balance of populations
23 and the level of partnership between plans and
24 providers.

25 So a crucial element of making this
26 work is going to be having plans and providers
27 partner around what type of compromises they

1 can make in different patient populations.

2 That is also why what I presented,
3 those two different scenarios, really are the
4 futures that we expect could unravel in these
5 different markets and why in the commercial
6 space we thought about, there could be three to
7 five core bundles that you focus on that would
8 achieve some of those big cost reduction areas
9 that you're talking about.

10 And so there would still be a focus
11 on population health access for everybody,
12 excuse me, primary access for everybody. But
13 you would have things focused on certain
14 therapeutic procedures for commercial,
15 certainly something around chemotherapy is a
16 huge cost driver in that patient population, so
17 intentional efforts around there.

18 And then labor and delivery was
19 another big cost area that we saw as an
20 opportunity. And so could you have a world
21 where you are focusing very specifically for
22 commercial and still getting some of the
23 broader benefits enough for everybody?

24 And so you have some of the Medicare
25 model where you're not discriminating against
26 commercial, who are certainly benefitting from
27 some of that additional preventive care. But

1 you have intentional focus areas just like you
2 would for Medicare.

3 So, I mean, we're always going to --
4 in population health management, we know one
5 size doesn't fit all. And so to some degree in
6 either direction, there is going to be some
7 tailoring. But I think the balance is going to
8 be challenging.

9 Angelo, I don't think there is an
10 answer to your question besides that we're
11 going to have to figure it out as we go.
12 Because in my opinion, the real tension that
13 we're going to feel in value-based care is
14 across the next five to 10 years.

15 MR. MICKLOS: So, Dr. Sinopoli, I
16 agree with what Clare said. And I accept your
17 premise. I agree with your premise to the
18 question.

19 I think what we are talking about
20 are those areas where we think there is the
21 greatest kind of overlap and impact. So
22 primary care behavioral health integration,
23 really important for all populations,
24 especially coming out of the pandemic
25 experience. And so there is an area that I
26 think people are increasingly talking about.

27 I think, you know, in my view having

1 been in this role for seven plus years, I think
2 we're seeing greater payer readiness on the
3 commercial side. And so there is also -- you
4 know, and one thing that we promoted on the
5 Task Force is that Medicare Advantage provides
6 a very flexible platform to be able to kind of
7 advance value-based care, too.

8 And what we're hearing increasingly
9 from the payers is as they get into MA and
10 maybe they get into Medicaid Managed Care and
11 they're obvious doing commercial, they're
12 having, you know, very important conversations
13 about what are those areas where you could have
14 the most impact?

15 But, you know, as an overall
16 proposition, no. The populations are
17 different, and they create different areas. I
18 also think it's going to be very interesting to
19 see where the commercial payers draw the line
20 on telehealth, access to telehealth, post-
21 public health emergency. You know, Medicare
22 will boomerang back to a very antiquated
23 statute, which is going to be problematic for a
24 lot of people. But there are very serious
25 ongoing conversations about telehealth and
26 changing sites of service even more so than I
27 think probably prior to that.

1 So those are some areas where I know
2 there is at least thought that there could be
3 approaches that would apply across populations.

4 DR. SINOPOLI: Thank you.

5 VICE CHAIR HARDIN: Kristen, Clare,
6 and Jeff, thank you so much for a very rich
7 discussion. We're going to be breaking now for
8 lunch until 1:30 p.m. Eastern, but we want to
9 invite you to join us for the rest of the day
10 virtually.

11 We really appreciate your time and
12 perspectives. It was a very interesting
13 dialogue. And we look forward to seeing
14 everyone at 1:30 p.m. Eastern. Thank you.

15 (Whereupon, the above-entitled
16 matter went off the record at 12:45 p.m. and
17 resumed at 1:30 p.m.)

18 * **Panel Discussion on Operational**
19 **Considerations and Financial**
20 **Incentives Related to Successful**
21 **Implementing of PB-TCOC Models**

22 CHAIR CASALE: So, I'm excited to
23 kick off our afternoon panel. At this time,
24 I'll ask our panelists to go ahead and turn on
25 the video if you haven't already.

26 We've invited a variety of esteemed
27 experts from across the country who represent

1 many points of view.

2 We wanted to discuss payment
3 considerations and financial incentives related
4 to population-based total cost of care models,
5 including how to improve the coordination
6 between primary care and specialty care.

7 PTAC members, you'll have an
8 opportunity to ask our guests follow-up
9 questions as we go. The full biographies of
10 our panelists can be found on the ASPE PTAC
11 website along with other materials for today's
12 meeting.

13 I'll briefly introduce our guests
14 and their current organizations. First, we
15 have Dr. Alice Chen, who is associate professor
16 of public policy at the University of Southern
17 California.

18 Maryellen Guinan is a policy manager
19 joining us from America's Essential Hospitals.
20 Next we have Kathleen Holt, who is the
21 Associate Director at the Center for Medicare
22 Advocacy. Greg Poulson joins us from
23 Intermountain Healthcare, where he is the
24 Senior Vice President of Policy.

25 And lastly, we have Katie
26 Wunderlich, the Executive Director of the
27 Maryland Health Services Cost Review

1 Commission. Let's get started.

2 For our first question, in your
3 experience, what works best to incentivize the
4 kinds of care delivery transformation that
5 impact outcomes, quality, and cost such as
6 proactive team-based patient-centered care?

7 Can you describe existing models
8 that work well? Maryellen, I'm going to start
9 with you.

10 MS. GUINAN: Sure, thank you to the
11 PTAC for including us in today's important
12 discussion. For those of you who are not as
13 familiar with us, America's Essential
14 Hospitals, we are an association and champion
15 for safety-net hospitals dedicated to equitable
16 high-quality care for all.

17 And that includes those who face
18 social and financial barriers to care.

19 Just to give a context for my
20 comments, essential hospitals and our members
21 really shoulder a disproportionate share of the
22 nation's uncompensated care, so keeping that in
23 mind with three-quarters of our patients being
24 uninsured or covered by Medicaid or Medicare.

25 And certainly, our members and
26 hospitals largely understand and acknowledge, I
27 think, the potential benefits of value-based

1 care in terms of improved health and reducing
2 the effects and incidents of chronic disease,
3 that's something certainly important for the
4 populations served by Essential Hospitals.

5 And of course, lowering overall cost
6 to the health care system.

7 I think it was touched upon earlier
8 today, as well as that we saw additionally that
9 organizations who are participating in value-
10 based payment models also benefitted from the
11 flexibility of those models to adapt care
12 models to their patients' needs and
13 circumstances during the COVID-19 pandemic.

14 And so given the benefits of value-based care
15 to patients, providers, payers, and really
16 society as a whole, it's really critical, and
17 that's why I'm glad we're having the
18 conversation, to have a broad array of
19 stakeholders participate in value-based payment
20 reforms, particularly those who may not have
21 been participating as robustly in the past.
22 That is, providers that serve low-income,
23 medically complex, marginalized, and
24 underrepresented communities.

25 So, just in terms of your question,
26 I think there are a few areas in terms of just
27 improving the fact that care is very fragmented

1 right now under fee-for-service in terms of
2 paying services piecemeal.

3 So, I would say there's a clear
4 benefit from having a multidisciplinary care
5 team, and the note there I would say is the
6 importance of within that team, there's
7 embedded not only the clinical components but
8 also social workers, community health workers,
9 and others in that care team, so that we really
10 are driving at value from a perspective of not
11 only efficiencies, but also equity.

12 I think there's also a need
13 obviously to identify avoidable spending in
14 terms of the specific types of services that
15 could be reduced, but obviously without harm to
16 the patient.

17 I think the issue and complexity
18 here is in terms of identifying which types of
19 services and the amounts of spending that
20 should be avoided.

21 Inevitably, this will differ in
22 terms of different patients, different
23 conditions, and different providers.

24 And it's also something that
25 undoubtedly will change over time as we have
26 new technologies that come into place and
27 whatnot. So, just something to keep in mind

1 there.

2 And then I'll just finally say I
3 think funding and adequate funding is
4 particularly important in terms of
5 incentivizing certain providers and really
6 driving at value.

7 I know we'll probably get into the
8 specifics of design of models and perhaps up-
9 front funding, but right now I'm more talking
10 in terms of adequate funding for high-value
11 services that have the potential to reduce
12 avoidable spending.

13 For example, non-medical services
14 like transportation to and from outpatient
15 sites for follow-up care, or the screening for
16 social determinants of health and subsequent
17 referral process that's often resource-
18 intensive and undertaken a lot of times by
19 those community health workers that are part of
20 the care team. But the reimbursement
21 structures right now are not really adequate or
22 there at all for those components of the care
23 team.

24 And so certainly, providing that
25 adequate funding for those services would be
26 critical in terms of incentivizing these
27 models.

1 I'll stop there and turn it over to
2 the other members.

3 CHAIR CASALE: Thanks, Maryellen.
4 Kathleen?

5 MS. HOLT: Thank you, and thank you
6 for including me today. I am Kathleen Holt. I
7 am an attorney and Associate Director at the
8 Center for Medicare Advocacy.

9 We are a national nonprofit law firm
10 dedicated to helping people get access to
11 Medicare benefits and to maintaining the
12 Medicare program.

13 I would suggest that a provider-
14 supported wellness journey from birth to death
15 could help maintain health, as well as grow
16 trust relationships with practitioners, provide
17 a baseline for continuous health care
18 oversight, and presumably avoid more costly
19 health care interventions later.

20 But without an aging wellness bridge
21 between childhood pediatric checkups and age
22 65, to which many people don't have access or
23 don't feel the need to access health care, many
24 patients now arrive at Medicare age viewing
25 health care providers as harbingers of aging
26 diagnoses doom.

27 If patients haven't had continuous

1 meaningful experiences with the health care
2 system throughout their lives instead of
3 deferring necessary health care services,
4 costly health care must then be addressed by
5 Medicare coverage.

6 Individuals may have also developed
7 an experiential and cultural distance from many
8 years without relating to health care
9 providers. To address a lack of
10 treatment and trust disparities, new models
11 should be flexible enough to bring more
12 Medicare-covered health care to where and with
13 whom patients' lives are centered, with the
14 exception of, of course, for necessary critical
15 care or required higher-technology
16 interventions.

17 Patient-centered care involving
18 skilled practitioners and trained aides should
19 also include, with the patient's consent,
20 broader-based trusted members of a patient's
21 own community, including counselors, social
22 workers, faith leaders, advocates, family, and
23 friends.

24 Whether a patient lives alone, with
25 a family, or in community with others, health
26 care providers, including primary care
27 practitioners and specialists, may develop care

1 plans with the patient, but achieving
2 consistent longer-term care plan success with
3 quality results will require coordination with
4 providers, and this broader-based community
5 health care implementation team who will assist
6 in and hold each other accountable for
7 attaining quality health care.

8 CHAIR CASALE: Thank you, Kathleen.
9 Katie?

10 MS. WUNDERLICH: Good afternoon,
11 everyone, and thank you very much for having me
12 here today and participating on this roundtable
13 discussion about value-based care arrangements
14 and how we can continue to further their
15 application.

16 My name again is Katie Wunderlich.
17 I'm the Executive Director of the Maryland
18 Health Services Cost Review Commission. And I
19 think part of what I'm bringing today to this
20 panel discussion is from a regulator's point of
21 view.

22 So, just as way of background, the
23 Health Services Cost Review Commission is a
24 regulatory agency that sets primarily hospital
25 rates but is also tasked with helping to
26 develop and shape health care reform, both
27 delivery reform and payment reform in the State

1 of Maryland.

2 And in the State of Maryland under
3 our total cost of care model, we're tasked at a
4 very global level looking at population-based
5 budgets and population-based ways to address
6 chronic conditions and utilization.

7 Our physicians, though, are on a
8 fee-for-service structure, and so we have to
9 develop voluntary programs that can bring in
10 the physicians into value-based care
11 arrangements.

12 It's really important and imperative
13 and because our physicians can't engage on the
14 national programs that we put together, what is
15 meaningful and useful for physicians,
16 specialists in Maryland.

17 We have one particular bundled
18 payment program that really is structured for
19 Maryland specialists.

20 In addition to selecting episodes
21 for those bundled payments, providers are also
22 asked to name what kinds of interventions they
23 will deploy to reduce cost in those.

24 And of course, those are
25 interventions that not only control the cost
26 but also improve the quality of care delivered,
27 the quality of outcomes, health outcomes, and

1 patient outcomes.

2 And so they can be around clinical
3 care redesign and quality improvement,
4 including medication reconciliation,
5 standardized evidence-based protocols that are
6 implemented for discharge planning and follow-
7 up care, elimination of duplicative potentially
8 avoidable complications, or low-value services.

9 Our providers also look at
10 interventions around beneficiary and caregiver
11 engagement because we know it is so important
12 to engage patients and their families as we are
13 looking to address value and improve health
14 outcomes.

15 For instance, through patient
16 education and shared decision-making, pre-
17 admission, and post-discharge, implementing
18 health literacy practices for patients and
19 their family.

20 Another broad category is care
21 coordination and care transition; a few
22 panelists have touched on the importance of
23 having interdisciplinary team meetings that
24 address a patient's needs, progress, and
25 situation; assigning a care manager; and
26 enhancing the coordination of care as that
27 patient goes across care settings, and then of

1 course, selecting the most cost-efficient and
2 highest quality of care to deliver care for
3 those patients.

4 And so from a regulator's point of
5 view, we really do try to structure those
6 programs so that physicians and specialists can
7 enroll and engage in it to provide the right
8 kind of infrastructure, data infrastructure,
9 that they can use to support the goals of that
10 value-based care arrangement.

11 And then also to the extent
12 possible, align multi-payers, and so we have a
13 Medicare program, we want to as best as
14 possible align with other insurance programs
15 that other insurers have so that it can
16 maximize the physicians' efforts across their
17 entire patient panel as opposed to just their
18 Medicare patients.

19 Because we are of course looking at
20 trying to improve health across the board. So,
21 those are just a couple thoughts I had in terms
22 of data, interventions, multi-payer alignment.

23 CHAIR CASALE: Thank you, Katie.
24 Alice?

25 DR. CHEN: Hi, I'm Alice Chen. As
26 you guys have heard, I am an associate
27 professor at the University of Southern

1 California, and it's really a pleasure to be
2 part of this panel, so thank you for having me.

3 I'm going to address this question
4 from an academic perspective, and I think it's
5 important to take stock of what we know that
6 has worked.

7 And I'm going to focus first on the
8 largest advanced payment models that we have,
9 which are Accountable Care Organizations.

10 Research has shown that the Medicare
11 Shared Savings Program ACOs have generated on
12 average gross savings of about two to three
13 percent. And the savings rates are higher
14 among physician-led ACOs than other ACO
15 constructs.

16 Physician-led ACOs have savings of
17 about three to five percent per year. And we
18 have also seen savings among programs at just
19 Blue Cross Blue Shield's commercial ACOs,
20 generating savings rates of about 3.4 percent.

21 So, it's pretty clear that there are
22 savings that occur from these ACO constructs.
23 As you've heard today already, these savings
24 have been low, especially when you take into
25 account the bonuses that are paid out of these
26 models.

27 But even looking at the net savings,

1 having accounted for those bonuses, some of the
2 early ACO models and other models have
3 continued to generate cost savings.

4 The other important component here
5 is quality of care, of course, and it appears
6 that quality of care has not changed for the
7 most part, neither gotten better nor gotten
8 worse.

9 There's a few pieces of evidence out
10 there showing there's some metrics of patient
11 experience that might have improved, but it is
12 an area that we'd hope to see bigger changes in
13 terms of quality.

14 There are two other models I want to
15 mention in addition to these ACO models, and
16 the first is the episode-based payments, as
17 Katie touched on. In Maryland, they're bundled
18 payments.

19 The Medicare Comprehensive Joint
20 Replacement Program is arguably the most
21 successful bundled payment experiment in
22 Medicare, generating on average three percent
23 savings.

24 My own research shows that providers
25 participating in these Medicare Comprehensive
26 Joint Replacement Programs have changed their
27 behavior also for not just their traditional

1 Medicare beneficiaries but also their Medicare
2 Advantage beneficiaries and their commercially
3 insured beneficiaries.

4 So, there's spill-overs that are
5 created within the Medicare programs that can
6 be realized to generate even larger savings.
7 And in the commercial space, there has also
8 been significant experiment with episode-based
9 payments.

10 One study shows a 10 percent
11 increase in savings across a couple different
12 areas of care. While the efficacy of episode-
13 based payments are really limited to certain
14 disease areas, I think they can co-exist with a
15 broader population-based ACO-type model.

16 And the last point I just want to
17 touch on somewhat quickly is just capitation.
18 We know that the literature tells us that
19 Medicare Advantage saves on average 10 percent
20 in cost relative to traditional Medicare.

21 Capitation obviously has no
22 incentives for improvements in quality but
23 again, capitated payments can be incorporated
24 into something like an ACO model.

25 To summarize, I think the research
26 that we have or the academic research shows
27 that we need to continue moving towards a

1 multi-track population payment-based model,
2 where providers are delegated financial risk.

3 And by putting risk and
4 accountability to the providers, you're leaving
5 accountability to people who are best
6 positioned to judge what is high-value, what is
7 low-value, and to be able to configure the
8 delivery system to support higher-value care.

9 CHAIR CASALE: Thank you, Alice.
10 Greg?

11 MR. POULSEN: Thanks for the
12 opportunity to be with you all. As mentioned,
13 I'm from Intermountain Healthcare. We're a
14 fairly large, integrated health system I think
15 mostly in the mountain West.

16 The thing that I guess I should
17 mention is that we're about half prepaid at
18 this point for the care that we provide, so we
19 live in both of those worlds. I can tell you
20 which one we'd rather live in, absolutely, it's
21 the prepaid.

22 And we view pre-payment or
23 capitation, if you will, as freedom. It's not
24 risk, it's an opportunity to provide better
25 care for people that we're able to serve.

26 So, with that in mind, I think to
27 the question at hand, group pre-payment is we

1 think by far the most effective and has the
2 greatest dramatic ability to improve both
3 quality and cost.

4 Alice mentioned that the results so
5 far are limited at least in what we're seeing
6 in the current programs. We'd wholeheartedly
7 agree with that, but we think that part of that
8 is ultimately, the incentives need to reach
9 provider organizations.

10 Many times it gets stuck today in
11 payer organizations. Medicare Advantage, for
12 example, the vast majority of Medicare, when it
13 reaches the provider organizations, is fee-for-
14 service.

15 It is not a population incentive,
16 that hangs up, if you will, at the carrier
17 level, the payer level. So, when it does reach
18 the provider organizations, we think there's an
19 opportunity for huge improvements.

20 And although there isn't a direct
21 incentive for quality improvement, we think
22 that the indirect incentive to keep people
23 healthier, which is dramatically less expensive
24 to care for, is profound.

25 Historically, exceptional groups
26 have demonstrated that capitated payment can
27 lead to huge improvements, both in cost and

1 quality. Unfortunately, those really, really
2 successful, or at least some of those really,
3 really successful organizations became part of
4 larger organizations and both the systems and
5 the culture that made them possible-I'm
6 thinking of places like Healthcare Partners,
7 Care More, Well Med-really a lot of the magic
8 that was there was dissipated, and I think
9 that's unfortunate.

10 Because I think if we're willing to
11 go back and look at history, we can find
12 examples where real dramatic improvements were
13 made.

14 I think in this case and I think
15 there are going to be questions later on that
16 focus on this more directly, but thinking of
17 primary care as an entity is frequently a
18 mistake for the simple reason that care today
19 effectively provided is clearly a team sport.

20 We see dramatically different
21 outcomes associated with care when whole teams
22 are involved. All of the folks who spoke prior
23 to me mentioned the importance of engaging in
24 the multidisciplinary approach to care
25 management and care practice.

26 And also, the fact that in many,
27 many instances today, it's becoming ambiguous

1 where one specialty ends and another begins,
2 and technology is making those lines blurrier
3 and blurrier through telehealth and through
4 other capabilities that we'll have.

5 So, I think that my key point,
6 providing accountability requires both culture
7 and systems, and it requires organization to
8 make that happen.

9 And one of the things that I think
10 we're going to see is necessary is increased
11 organization overtime, and we'll come back to
12 that later. So, thanks for the opportunity to
13 be with you all.

14 CHAIR CASALE: Thank you. Before we
15 move to the next question, I just want to open
16 it up to the Committee if you have specific
17 questions related to this topic. Larry?

18 DR. KOSINSKI: I have one question
19 for Alice. You made a statement that episode-
20 based programs can coexist inside ACOs. Give
21 me some granularity on that.

22 DR. CHEN: Thanks, Larry, for that
23 question. It is a challenging question, I will
24 say, and I think people are struggling with
25 exactly how they coexist. But I think there
26 are certain things that need to be identified.

27 When do episode-based payments work,

1 when do they not? Clearly, they work for
2 certain things but not all things.

3 And then I think one wants to think
4 about whether or not providers in an ACO have
5 incentives or continued incentives to refer
6 patients to episode-based providers if there
7 are two different tracks of payments, one for
8 the episode and one for the ACO.

9 As we currently have it, ACOs who
10 are also providing episode-based payments will
11 get their episode-based payment counted into
12 their ACO spending, and episode-based providers
13 will also benefit from that payment savings
14 that they might reach from the bundled
15 incentives they have.

16 That's one broad picture of how they
17 might be able to coexist. I think there's
18 certain things one needs to pay attention to.
19 ACOs should be accountable for managing
20 patients with multiple chronic conditions.

21 And it's a challenging population to
22 take care of.

23 You don't want the episode-based
24 payments to focus specifically on chronic
25 conditions, maybe one or two, that would then
26 take away incentives to coordinate across
27 multiple chronic conditions.

1 So, that's all to say there is a way
2 in which carve-outs can be made for episode-
3 based payments, but there needs to be more
4 thought in thinking about exactly which
5 episode-based payments to include and how one
6 would incorporate the payments across both
7 kinds of schemes.

8 DR. KOSINSKI: One follow-up on
9 that. Instead of carving out, how about
10 nesting them in?

11 DR. CHEN: Absolutely, I'm also glad
12 that you mentioned that. Nesting them in is
13 also one definite incentive here.

14 I think the one thing I would
15 mention here is you want to make sure that ACOs
16 have an incentive to select or contract with
17 more efficient providers.

18 And the contracts within ACOs
19 themselves guide or incentivize ACOs to
20 naturally do that already.

21 So, nesting the episode-based
22 payments into the ACO-based payments fits well
23 within the guidelines of making sure ACOs
24 continue to seek out more efficient providers.

25 CHAIR CASALE: Jennifer?

26 DR. WILER: Thanks to each of our
27 panelists for being here today.

1 My question is for Katie. Katie,
2 you're leading essentially on behalf of the
3 nation one of the largest pilots around total
4 cost of care and have done so for a long period
5 of time.

6 I'm curious if you could talk a
7 little bit about unintended consequences of
8 this approach, and what you all have seen, one,
9 in terms of what those unintended consequences
10 are, and then two, how to mitigate that.

11 MS. WUNDERLICH: Thank you for that
12 question, and we have been under our global
13 budget model that we've had in place since
14 2014, and in some parts of our state since 2010
15 have put hospitals under global budgets.

16 So, providing those financial
17 incentives to reduce utilization. We do look
18 for unintended consequences. One of the first
19 and foremost ways that we try to make sure that
20 we root out negative unintended consequences is
21 through our quality programs.

22 And so we embed all quality payer
23 programs around readmissions, complications,
24 and patient satisfaction, QBR³³. And so that's
25 one of the ways in addition to the financial

33 Quality-Based Reimbursement

1 incentives of finding the most cost-efficient
2 setting to provide care.

3 That does not mean that it is
4 withholding care or restricting care to poor
5 patient outcomes.

6 So, that's the first and foremost
7 way we look at and protect the patients and the
8 population against negative unintended
9 consequences, is to make sure we have rigorous
10 all-payer quality pay-for-performance programs.

11 And the second way, the other part
12 of the unintended consequences I think is to
13 the extent that an organization, a health
14 system, is able to better manage chronic
15 conditions to reduce the need for high-cost
16 acute care services by putting things upstream.

17 Those are all very good measures,
18 but to the extent that a hospital is guaranteed
19 a population-based budget and population-based
20 revenue without having to deliver those
21 services in the inpatient side, they can accrue
22 retained savings, so to speak, or additional
23 health care dollars.

24 And what we're going through right
25 now is making sure those health care dollars
26 that are accrued because of lower utilization
27 are deployed in the most effective way to

1 continue to support patient access, to continue
2 to address chronic conditions and improve
3 population health so that we not only improve
4 the health of the population, but we continue
5 to drive down the cost for the entire delivery
6 system.

7 And so we've been at this for a
8 while, since 2014, but really not that long
9 when you think about it.

10 So, we are still understanding where
11 the pitfalls are, understanding how we can make
12 sure that health care resources and health care
13 dollars that are provided on a population-based
14 reimbursement system are not only driving down
15 utilization and down some of those cost
16 measures, but are also making sure to maintain
17 or improve quality, both the quality of
18 services and health outcomes for Marylanders.

19 CHAIR CASALE: Chinni?

20 DR. PULLURU: This is for Gregory.
21 You had mentioned that about half of what you
22 guys do now is pre-payment and spoke about a
23 group pre-payment that then translates to
24 getting down to the provider level.

25 And you had advocated for a higher
26 provider level.

27 Can you speak to how you, one, make

1 that transition, but also when you look at the
2 payment methodology out there, it's
3 retrospective, often a long time after the
4 initial investment is required, or the provider
5 behavior need to be incented.

6 So, how did you manage that? And
7 then if you had to speak to policy to govern
8 that, how would you craft policy to govern that
9 payment methodology?

10 MR. POULSEN: Thanks, that's a great
11 question. I should be very, very clear, what I
12 think is essential is that the incentive to the
13 provider organization is there. In fact,
14 reaching to the individual providers is maybe
15 not the same thing.

16 In some organizations they attempt
17 to do that, in others they do not.

18 Irrespective of that, I think the
19 key is to have the culture of the organization
20 transformed so that it focuses on keeping
21 people as healthy as possible for the lowest as
22 possible cost.

23 Organizations are good at that,
24 they're good at many things. And what they
25 focus on, what they talk about, the key
26 performance indicators that they track, the
27 goals they set, the year-end discussion of

1 performance, all of those things are incredibly
2 relevant.

3 So, contrast two organizations, one
4 of which is prepaid, when all of those KPIs³⁴
5 are around, how healthy are we keeping people?

6 We're looking at their whole lives
7 as opposed to their specific episodes that are
8 associated with it, and we're looking at the
9 costs associated with that.

10 In a fee-for-service world, those
11 kinds of discussions don't tend to have a
12 natural occurrence. Instead, what's talked
13 about is are revenues up, how many surgeries
14 were we able to do, how many people did we see
15 in our emergency room?

16 And those are all positive things
17 when they occur. In an organization that is
18 focused on pre-payment, it's how many did we
19 avoid? How many surgeries were we able to
20 prevent?

21 How many ER visits were we able to
22 avoid because people were able to be seen in
23 primary care settings or on telehealth, or
24 they're maintaining their medications because
25 of appropriate care management so they never

34 Key performance indicators

1 had a crisis.

2 It's not really, in my view,
3 essential, and in fact, in many cases it's not
4 even useful to have the providers individually
5 incentivized financially, but rather, that the
6 organization and its culture becomes
7 coordinated around that.

8 And I think as we look at the
9 organizations that have been most focused on
10 this in the past and in the present, whether
11 it's Kaiser or Geisinger or Intermountain, by
12 and large, we don't have incentives that reach
13 the individual, at least not in a very, very
14 direct way.

15 And there are some examples from the
16 late 1980s, early 1990s where those incentives
17 became perverse. And so we discourage the idea
18 of an individual physician, for example, being
19 incentivized in a way that might encourage them
20 to withhold care.

21 Rather, we think that's the role of
22 the organization. So, hopefully that was
23 helpful. Did I cover your question
24 appropriately?

25 DR. PULLURU: You did.

26 CHAIR CASALE: Lauran?

27 VICE CHAIR HARDIN: This is a

1 question for the group overall and definitely
2 to Greg and Katie as well. As you see the
3 Administration's focus on equity and social
4 determinants of health, and nationally as we're
5 starting to understand the importance of
6 community-based organization relationships and
7 other networks to actually achieve the outcomes
8 with the clients we're serving, how do you see
9 payment shifting?

10 Right now we're looking at
11 incentives going to provider organizations or
12 providers, but what do you see coming as the
13 importance of those equity-focused social
14 determinant of health organizations emerge as
15 key partners in achieving the outcomes?

16 MS. WUNDERLICH: I can take a stab
17 at that. In Maryland and under our structure,
18 a lot of the care and the outreach happens from
19 hospitals.

20 When we put forward initiatives to
21 focus on behavioral health or diabetes or other
22 chronic conditions facing Marylanders that have
23 been long-standing health disparities, we've
24 been trying to work at this for the last 30
25 years, some of these maternal child health
26 disparities, diabetes, others.

27 But as we're looking at how are we

1 effectively communicating and connecting with
2 the community so that at the on the ground
3 level, we can improve health and improve those
4 disparities.

5 In Maryland, a lot of that goes
6 through the hospitals, and so we're trying to
7 make sure that as a global budget payment goes
8 to a hospital and as we have special funds
9 available for hospitals for chronic disease
10 management, that there's a requirement and
11 expectation that they will meaningfully partner
12 with their community-based organizations.

13 During COVID-19, we had a community
14 vaccination program that we were able to free
15 up global budget dollars to do community-based
16 vaccination work.

17 And it really required hospitals to
18 work with their faith-based organizations, with
19 their community centers, with primary care and
20 FQHCs³⁵ to reach patients on the ground.

21 And that really is the way that I
22 think we can on a long-lasting basis affect
23 chronic disease management in connecting with
24 patients on a granular and on-the-street level.

25 MR. POULSEN: If I could jump in and

35 Federally Qualified Health Centers

1 just add to that, I agree with everything Katie
2 said and what she talked about is at a state
3 level, what can be done.

4 Individual organizations, if given
5 the correct incentives, which I think
6 prepayment is, have a remarkable opportunity
7 and commitment. And I think they've got a
8 really, really good track record of focusing on
9 people where they live.

10 The challenges that are faced by
11 individuals vary, they vary both across
12 demographic types and within demographic types.
13 And the key is to identify what is most
14 relevant to help each individual live the
15 healthiest life that she or he can and bring
16 those resources to bear.

17 And it turns out that's good not
18 only for individuals in maximizing the health,
19 it's also very, very good from a financial
20 perspective because you mitigate all kinds of
21 down-wind clinical problems that cost a lot of
22 money.

23 And so whether it's going into, in
24 the case of my own organization, a huge focus
25 on for instance prenatal care, which is going
26 to vary hugely depending on the type of
27 population.

1 We have immigrant populations and
2 refugee populations who have very, very
3 different expectations for what constitutes
4 good prenatal care, and being able to meet them
5 where they live and be able to provide the
6 services that will maximize the likelihood that
7 they'll have a healthy infant is enormously
8 beneficial to them, to their baby, and from a
9 financial perspective.

10 This is one of those wonderful, rare
11 examples, and it's not just that one, it covers
12 people with diabetes, it covers people with
13 asthma, it covers people in unsafe living
14 conditions.

15 It's seniors with homes that pose
16 risks for falls and other things, all of those
17 things, the mitigation tends to both help the
18 people and be less expensive.

19 So, that's why I am so convinced
20 that we are going down a path towards
21 prepayment that will yield results in equity,
22 as well as in cost and quality savings for the
23 population at large.

24 MS. GUINAN: If I may, can I just
25 jump in on the equity side? Because I do
26 appreciate you raising that and I appreciate
27 also the mention earlier today on the vision

1 and culture, strongly emphasizing equity and
2 eradicating disparities.

3 I think in terms of the
4 responsibility, the community partners really
5 are key and whether that's a shared
6 accountability that's built into a model is
7 something that I think merits further
8 discussion.

9 But I agree with Katie that right
10 now it's really the hospitals that are serving
11 the role as convener and the ones that are
12 quite honestly with recent policies that have
13 been finalized are on the hook for screening
14 and the referral from a reporting standpoint on
15 at least the inpatient measures.

16 And so the fact that those are
17 already in place at the hospital level, we'd
18 certainly want any future models to align with
19 the responsibilities that hospitals already
20 will have in terms of screening for social
21 determinants and connecting to community-based
22 organizations and referral sources.

23 The shared accountability may come
24 into play perhaps in terms of data, in terms of
25 how to share data more seamlessly between
26 medical and non-medical providers is an area
27 that's been somewhat sticky so far.

1 And certainly, having a better
2 feedback loop between the medical and non-
3 medical would help in terms of tracking
4 outcomes and as part of a value-based model.

5 And I think that's something to be
6 considered.

7 DR. CHEN: Just to quickly add to
8 what my panelists have also already said, I
9 think the way we are currently doing it, or at
10 least the ACO REACH model is doing it, is to
11 allow for higher spending for certain
12 populations.

13 And the one thing that is unclear is
14 how much additional dollars need to be
15 allocated to addressing health equity concerns.
16 And I think this is an area of experimentation
17 that is needed in trying to figure out what
18 that appropriate level is.

19 CHAIR CASALE: One question for
20 Katie. You mentioned you are doing some
21 bundles in the Maryland program, I think you
22 said. I'm just curious, are they generally
23 around procedures, clinical conditions?

24 I just wondered what your experience
25 has been in Maryland around the bundles?

26 MS. WUNDERLICH: Thank you for that.
27 We just started in 2022, calendar year 2022, so

1 we were working to put together what bundle
2 that would be. We have some constraints
3 because of our model.

4 Our physicians aren't able to
5 participate in the national models. Our
6 waivers around accountability and value-based
7 payment are through the hospitals.

8 We were trying to craft a physician-
9 owned, a physician-directed model program that
10 we could fit under our own.

11 So, it took us a while to figure it
12 out, but we did. We started in 2022 with three
13 specialty areas, gastroenterology and general
14 surgery, orthopedics and neurosurgery, and
15 cardiology.

16 And so we used the Prometheus
17 episode approach, and we have episodes within
18 those specialty areas. We hope to add
19 additional areas in the future, but for this
20 year those are the three big ones.

21 CHAIR CASALE: Thank you. Moving to
22 the next question, what do you see as the best
23 options for structuring the payment methodology
24 for population-based models?

25 You've addressed some of this in
26 some of your answers, but if you could expand
27 on that? And also, what are some strategies and

1 interim steps that can help providers
2 successfully transition to increase financial
3 risk?

4 Alice, I'm going to start with you.

5 DR. CHEN: I think there are several
6 steps that need to be taken here to restructure
7 payment methodology that encourages both
8 initial participation and sustained
9 participation.

10 To address I think the first issue
11 of how can we help providers take on increased
12 risk, a qualitative study from the RAND
13 Organization and the American Medical
14 Association found that it's particularly
15 challenging for smaller practices to take on
16 the infrastructure investments that are needed
17 to succeed in these advanced payment models.

18 And so I think something that needs
19 to be done is to have a track that allows for
20 smaller organizations to take on low-risk
21 options that encourage participations.

22 Now, should they want to progress
23 towards larger level of population-based risk
24 covering total cost of care in the future, they
25 can, but this low-risk option should be made
26 available for them to participate.

27 I think the other really important

1 point here is about benchmarks and how we're
2 benchmarking providers and their ability to
3 save money. There needs to be some on-ramp for
4 new providers to be willing to join.

5 And I think setting benchmarks based
6 on historical fee-for-service spending as
7 customarily done is a really good helpful
8 starting point. The question is how do you
9 then take into account incentives to then
10 encourage savings?

11 And something that needs to be done
12 with caution is squeezing budgets over time
13 should be done gradually rather than abruptly.

14 And I have some research with Michael
15 McWilliams that shows that when you change the
16 benchmarks in a large way, and you reduce those
17 benchmarks making it more difficult for, say,
18 Accountable Care Organizations to spend below
19 benchmark, it leads to really large drop-out
20 from the program.

21 And unsurprisingly, the people who
22 are dropping out or the organizations that are
23 dropping out are the ones who are unable to
24 achieve savings in the prior years.

25 And these are the high spenders that
26 you particularly want to be participating in
27 the program. So, I think care needs to be done

1 when trying to incentivize reductions in
2 spending when think about that benchmark.

3 And the last point I would say here
4 is just about how benchmark levels should be
5 updated. Currently, what's happening is
6 benchmarks are being updated based on
7 historical spending.

8 This kind of re-basing based on
9 previous years' performance will penalize
10 providers who have achieved savings in the
11 previous years.

12 In other words, the providers who
13 reduce spending will end up with lower budgets
14 in the next year, and that's a perverse
15 incentive.

16 So, I think to summarize, we want to
17 encourage providers who are high spenders to
18 reduce their spending, yes. But their
19 benchmarks cannot be lowered so severely that
20 they find it unappealing to participate to
21 start with.

22 And to increase participation, set
23 benchmarks initially based on fee-for-service
24 spending and then update them based on some
25 administrative growth factors.

26 And this is something that
27 Maryland's done, which maybe Katie can talk

1 more about. But Maryland's global budget
2 revenue model sets this budget spending growth
3 rate at the outset of the program at 3.58
4 percent.

5 So, we have precedents for this kind
6 of model.

7 CHAIR CASALE: Katie, actually,
8 you're next.

9 MS. WUNDERLICH: I do want to
10 piggyback on something that Alice did mention
11 because it's one of the things that we've had
12 experience within terms of the larger
13 organizations were able to absorb risk and take
14 on risk in a way that smaller providers.

15 And if we're talking about
16 physicians and physician practices, smaller
17 practices are not able to.

18 So, in order to take on that risk, a
19 provider needs to make sure they know how to
20 use and analyze the patient data they have.

21 How can they make sure that they're
22 using it, that they understand it, to the
23 extent that larger organizations have that
24 infrastructure and have more of that ability to
25 risk stratify to add options.

26 It's easier to start with the larger
27 organizations and more difficult for the

1 smaller providers.

2 And we've certainly seen that, we
3 have a primary care program that provides non-
4 claims-based payments to primary care providers
5 for advanced primary care.

6 But for the small primary care
7 providers, we also partner them with care
8 transformation organizations to help provide
9 that infrastructure that they'll need to better
10 take care of and manage their patients under a
11 total cost of care model, global budget model.

12 So, that's what I would say, I think
13 the options could be more aggressive for larger
14 organizations but perhaps a little more
15 cautious with smaller provider groups.

16 And then using data, making sure
17 that providers in the program know how to use
18 the data they have to best manage their patient
19 population.

20 CHAIR CASALE: Greg?

21 MR. POULSEN: I'll try and be really
22 brief. Again, I think that terminology is
23 interesting here.

24 We've spent decades talking about
25 prepayment as being risk and anybody who has
26 lived through the last three years as a
27 provider recognizes fee-for-service is risk

1 too.

2 The number of hospitals that have
3 been dramatically impacted as their volumes
4 went way down and then way up and then way down
5 again, the impact of that is dramatic, and the
6 associated costs are dramatic.

7 And so to imply that that's not a
8 high-risk environment, whether you're a
9 physician or a hospital or a nursing home, is a
10 misstatement.

11 The flip side, of course, is to say
12 that if you have pre-payment, you have an
13 opportunity, you have freedom to treat people
14 more effectively and in ways that you may not
15 have otherwise, I think is really, really
16 important to insert into the discussion.

17 In our communities, we've had broad
18 rural prepayment in a few areas and the whole
19 community with the exception of some payers.
20 But we got a lot of payers to work together on
21 that, and we saw whole communities really
22 effectively making themselves healthier at
23 lower cost.

24 And that was, again, a triple-aim
25 kind of a win, which I think is really
26 remarkable and would never have been possible
27 in a fee-for-service world.

1 The other thing that I think is
2 really relevant is if you look at the
3 regulations, a dramatic percentage of the
4 regulations that hospitals and physicians have
5 to deal with and are burdensome to them,
6 tremendously burdensome in many cases, are
7 related to fee-for-service payment.

8 On the one hand, all of the details
9 of the whole billing and collection process is
10 unbelievably complex and expensive to the point
11 where the billing office is associated with
12 providers consumes a shockingly high percentage
13 of their total resources.

14 We all know that.

15 But the other one is to simply look
16 at all of the challenges that are faced in
17 complying with things like fraud and abuse and
18 stark regulations which, oh, by the way, are
19 simply there to prevent providers from being
20 seduced by the incentive that we gave them in
21 the first place when we paid them fee-for-
22 service.

23 So, taking those kinds of things and
24 streamlining them has the potential to have
25 huge benefits.

26 And today organizations and
27 individual physicians who have tried and been

1 deeply embedded in prepayment find it to be
2 dramatically more attractive than the old
3 system, if you will.

4 And yet, as a nation and as
5 policymakers, and we're all guilty, I certainly
6 am, we still refer to the one as being a risk
7 situation and the other one not.

8 And I think that mischaracterizes
9 the situation and language matters. So, let me
10 stop there.

11 CHAIR CASALE: Maryellen?

12 MS. GUINAN: Thanks for the
13 question, and I think this question
14 specifically around getting more providers to
15 take on more risk is one that we know, at least
16 in our own discussions with the CMS Innovation
17 Center, is top of mind in terms of the
18 Innovation Center actually looking at how to
19 define the safety net being a subset of the
20 providers that are not yet participating as
21 fully as they should.

22 And as Alice alluded to, these are
23 providers that often, these high-cost folks, we
24 want in value-based care because of the
25 populations they treat really can benefit the
26 most from care coordination.

27 So, number one, in terms of

1 incentivizing participation from a broad number
2 of providers but also looking particularly at
3 perhaps safety net providers in particular,
4 where today we don't have a codified definition
5 of what we call an essential hospital in terms
6 of policymaking or for public health purposes.

7 So, I think we would advocate for
8 that type of definition as a way to target
9 model development, design, and evaluation,
10 implementation as well, and also to just target
11 resources and make sure that we're aligning all
12 these incentives with the providers that are
13 providing care.

14 And I can go into that in more
15 detail in terms of discussion.

16 I would also say in terms of the
17 fairness of metrics as being a component that
18 would be attractive to providers, particularly
19 talking about essential hospitals and the
20 safety net.

21 Currently, a lot of metrics that are
22 used or most of the metrics that are used do
23 not include risk adjustment for social risk.

24 We have some models in terms of the
25 readmission program looking at dual eligibility
26 and peer grouping, but we really haven't seen
27 that in terms of measure-specific adjustments

1 accounting for those social risk factors.

2 And yet we know that the lack of
3 risk adjustment for those social determinants
4 or social drivers really has an impact on
5 readmission rates, viability to, for example,
6 get follow-up care or have transportation to
7 visits, food and security, and the list goes
8 on.

9 So, definitely wanting to enhance
10 the social risk adjustment side of these
11 models. And then I would also say, as I
12 alluded to earlier, the up-front funding, I
13 think we're very much supportive, and we're
14 pleased to see that CMS is proposing the
15 advanced payments in terms of the Shared
16 Savings Program.

17 The caveat, I think I would say
18 there, and this may go against the panel a
19 little bit, is that I don't believe we want any
20 distinctions between what CMS has defined as
21 low-revenue versus high-revenue ACOs.

22 That can get into a two-player
23 system in terms of pitting the provider-led
24 ACOs against the hospital-led, which are often
25 those high-revenue folks.

26 And so I think providing that up-
27 front funding to all providers, but again in

1 particular, the safety net is something that
2 could help incentivize more providers to join
3 in on value-based care.

4 And then finally, I'll just say
5 having a guide path to risk is always
6 appreciated, and we also saw this in terms of
7 recent proposals in the Shared Savings Program.

8 And I think again just having that
9 opportunity for the most number of providers
10 and not limited to just small providers, but
11 also those that we know many of our members are
12 on slim to negative margins and don't have
13 those resources.

14 And so allowing them to stay in the
15 one-sided risk for a little bit longer and gain
16 that experience is also critical. Thanks.

17 CHAIR CASALE: Kathleen?

18 MS. HOLT: I think I can best
19 contribute to this part of our conversation by
20 offering a cautionary tale about providers and
21 financial risk as it relates to patient access
22 to practitioners.

23 With limited exceptions for
24 emergency services, Medicare providers are
25 typically not required to serve patients.

26 In response to current Medicare
27 payment programs, more and more providers are

1 declining to serve high-resource-need patients
2 because of negative financial impact.

3 Alternatively, if providers do serve
4 high-resource-need patients, those patients may
5 not be given all the health care services they
6 need. So, how do we know about these access
7 problems?

8 We hear about them from providers
9 and patients, and you may ask, where's the data
10 to support access problems? Unfortunately, no
11 data is collected to measure care that is not
12 provided, including in the current value-based
13 payment programs.

14 It's necessarily more costly to
15 serve a high-resource-need patients.

16 As consideration is given to new
17 payment models, I would ask that models
18 properly account for patients who would
19 otherwise be left out of care because access to
20 health care is a growing problem.

21 A standardized model or models may
22 be needed to accommodate the tens of millions
23 of patients who make up the vast majority of
24 Medicare data aggregators, but consider would
25 one model allow equal access to health care for
26 all patients, especially patients who are
27 considered high-resource outliers?

1 Or is there no one size fits all
2 model?

3 In various model option
4 deliberations, please consider the patients who
5 are outliers, who are the most vulnerable,
6 highest-resource-need human beings living with
7 conditions such as paralysis, Parkinson's,
8 multiple sclerosis, ALS, post-stroke, or any
9 number of other longer-term and chronic
10 conditions, be able to access necessary
11 services through the model.

12 Ultimately, if every Medicare
13 patient's equal access to health care services
14 as every other Medicare patient, you will have
15 been successful in choosing the correct balance
16 of financial incentives to influence and incent
17 a provider's risk tolerance with a commitment
18 to serve all patients and achieve appropriate
19 reimbursement.

20 Thank you.

21 CHAIR CASALE: Before we move to the
22 next question, I just wanted to turn to the
23 Committee members. Any questions from the
24 Committee to our panelists on this specific
25 question?

26 Hearing none, next question is a
27 theme that has emerged throughout this year, is

1 aligning primary care and specialty care. What
2 are the best financial incentives to encourage
3 better coordination and alignment between
4 primary care and specialty care?

5 We'd like to understand how best to
6 engage specialists. Gregory, I'll start with
7 you.

8 MR. POULSEN: I'd like to piggyback
9 my answer little bit on that last question
10 because I think that as we contemplate in a
11 fee-for-service world the most vulnerable and
12 in many instances the most challenging patients
13 to see, what's the downside to an organization
14 if they don't provide that care?

15 They lose a little bit of fee-for-
16 service, and oh, by the way, the patient shows
17 up and pays them big fee-for-service when they
18 have a catastrophe that ends up in the
19 emergency room and then the ICU³⁶.

20 On the other hand, in a prepaid
21 world, you've got tremendous incentives to
22 focus on the needs of that person before they
23 become a catastrophe.

24 I would argue that the most
25 effective way to ensure the most vulnerable

36 Intensive care unit

1 receive care, the most needy receive care, is
2 through an appropriate pre-payment mechanism.

3 Which leads us then to the issues of
4 how do we coordinate primary care and secondary
5 care? And I think there are probably three
6 main models that are being contemplated.

7 One of them is the old gatekeeper
8 model. I would argue that one is remarkably
9 unattractive because it irritates primary care
10 docs, it irritates secondary care docs, and
11 most of all, it irritates beneficiaries.

12 It doesn't work for anybody. So, if
13 I could, I'd sweep that one off the table right
14 away.

15 The second one is the idea of using
16 a combination, we talked about this back with
17 the first question, of bundled payment working
18 in secondary care and overall prepayment and
19 primary care.

20 At that point, the primary care
21 clinician or primary care team, which I hope is
22 the case, would look at when an appropriate
23 time is to go and bring in a specialist who
24 then has a holistic bundle to try and provide
25 the services effectively and return them to
26 their state of health and well-being in primary
27 care.

1 Of course, you've all mentioned, all
2 of my colleagues have mentioned, the huge
3 challenge that we have in defining when a
4 bundle begins and ends. It's incredibly
5 complicated.

6 There are a few things that are
7 fairly straightforward. Think of a hip
8 replacement or something like that as being
9 relatively easy to put into a bundle. The
10 trick is knowing if the bundle itself is
11 appropriate.

12 As I think it was Alice who
13 mentioned, relatively modest improvements in
14 the cost associated with a bundled payment,
15 we've seen something that works far more
16 effectively is where the bundle is for the
17 disease rather than the treatment because in
18 many instances, we've all seen the examples
19 where back surgery was found not to be the
20 appropriate intervention.

21 And avoiding that not only reduced
22 the cost, but it also reduced the likelihood of
23 a bad outcome associated with that invasive
24 procedure. So, trying to define what a bundle
25 is, when it's appropriate, those are the huge
26 challenges.

27 Creating integrated teams, you're

1 not going to be surprised based on everything
2 that I've said that integrated teams we think
3 is the far more effective way to do it, where
4 you've got specialists working with primary
5 care physicians to know when an appropriate
6 treatment is required, when it can be avoided
7 by early intervention, and when we can take
8 care of them effectively with the after-care so
9 that no reoccurrence is likely to happen.

10 And I think this ends up being
11 really important. We've certainly seen it in
12 our organization, when the specialists and the
13 primary cares physicians work together as a
14 team, the outcomes are dramatically better.

15 We start to see a reduction in the
16 number of times when specialist care in the
17 traditional sense is incurred because the
18 specialist actually participates early.

19 Mental health integration may be the
20 most frequently discussed example, where having
21 mental health specialists help primary care
22 physicians to make a more effective diagnosis,
23 and in many cases provide direct treatment
24 instantaneously as opposed to try and bring
25 them to a mental health professional who, oh,
26 by the way, is in short supply and, yes, we can
27 get you in next February.

1 So, there's a whole series of we
2 think highly beneficial mechanicals that occur
3 when primary care and secondary care work very,
4 very much hand in glove.

5 And that's hard to do in a fee-for-
6 service world, very, very easy to do in a
7 prepaid world.

8 CHAIR CASALE: Go ahead, Angelo.

9 DR. SINOPOLI: This question is for
10 Greg. How many independent physicians are in
11 your broader network, and how do you engage
12 those primary care specialists to participate
13 in the models you're describing?

14 MR. POULSEN: It's a great question.
15 Many people ask us how are you different from,
16 say, a Kaiser Permanente?

17 And we are just about 50 percent of
18 our clinicians, both primary and secondary
19 care, are employed, and about 50 percent are
20 not employed by us and are affiliated.

21 And what we have essentially done is
22 to say we'd love to have you, the employment
23 decision that you make is based on the way that
24 you want to manage your finances and run your
25 office.

26 That's great, we're delighted either
27 way. Some people love to be an entrepreneur,

1 some people hate the idea, and great, make that
2 decision. But what is not negotiable is
3 whether you're going to be a team player.

4 And by that we mean you need to
5 engage in the rules of when you work with your
6 colleagues, whether they're another independent
7 physician or one of our employed physicians,
8 you will work with the tools that are
9 maximizing value to your patients.

10 So, for instance, you will share
11 data with all of your physician colleagues that
12 care for that patient as they will with you.
13 And so there are a series of things that don't
14 require employment in order to be engaged as a
15 team member.

16 So, we expect as part of the deal if
17 you want to provide care with our team and to
18 our beneficiaries that you will be a team
19 member.

20 It doesn't require employment, but
21 it absolutely requires coordination, it
22 requires collegiality, it absolutely requires
23 sharing of information and applying best
24 practices when they're known.

25 CHAIR CASALE: Maryellen, I'll turn
26 to you next.

27 MS. GUINAN: Sure, and I agree

1 wholeheartedly with Greg in terms of
2 integration being key.

3 I think specialists are obviously
4 key partners in terms of delivering value-based
5 care but really need to have the proper staff
6 integration, as well as training in terms of
7 actually increasing efficiency and lowering
8 cost. Along with that, I think a lot of
9 success in terms of that integration relies,
10 and Greg noted this as well, in terms of
11 effective communication, having an integrated
12 medical record, as well as having a single
13 shared treatment plan in terms of having
14 everyone on the same page.

15 Also, speaking of data, specifically
16 transparently sharing data, I think that's also
17 key in terms of the specialist side.

18 Without data, I think specialists
19 often have no idea where or how their care
20 actually stacks up and if there are potentially
21 efficiencies that can be incorporated into
22 their outcomes or their care plans to provide
23 better outcomes at lower costs.

24 And so sharing that data with
25 specialists I think is a way to attract them to
26 this type of integration and have them have a
27 little buy-in in terms of their role.

1 I think an example, and I think Greg
2 alluded to this as well, in terms of mental
3 health and behavioral health is a prime example
4 in terms of where integration has worked really
5 well.

6 And that's because as many of our
7 hospitals deal with patients that suffer from
8 behavioral health issues, they often find that
9 patients are seeking treatment and episodic
10 care from the ED³⁷, which contributes to rising
11 health care costs, readmission rates, and
12 overall just fragmented care.

13 And so we've seen our members
14 integrate behavioral health with primary care
15 as a solution to disparities in behavioral
16 health treatment while also addressing the
17 interconnectedness that we know is between
18 physical and behavioral health.

19 We also have heard from folks about
20 the use of e-consults as an effective mechanism
21 between primary care and specialty, and I
22 believe that was raised earlier today so I
23 won't go into that in too much detail.

24 But I definitely support that in
25 terms of having timely and efficient care and

37 Emergency department

1 having that loop between primary care and
2 specialty care.

3 I'll also just note in terms of some
4 of the specialties that have thrived, obviously
5 orthopedics comes to mind, probably because of
6 the Comprehensive Joint Replacement Model that
7 exists.

8 So, definitely noteworthy in terms
9 of their expanding participation into bundle
10 payment arrangements. However, a lot of the
11 specialty value-based care programs are really
12 focused on, again, those episodes of care, like
13 a hip and knee surgery.

14 So, I think if we're looking for
15 that population-based model, we need to get the
16 other specialties involved, whether that's
17 directly or if it's that the primary care still
18 serves as the quarterback.

19 But it's improving the integration,
20 and that's an area that should be examined.

21 CHAIR CASALE: Alice?

22 DR. CHEN: I think I agree with a
23 lot of what's been said.

24 What's interesting to me is, as Greg
25 mentioned, it's like a culture of collegiality,
26 and I think short of having people buy into
27 that culture, which I agree is very important,

1 there is also just this reality that as the
2 fee-for-service payment model diverges in its
3 financial incentives from advanced payment
4 models, specialists will naturally also be
5 inclined to participate and to buy into that
6 type of culture.

7 Something to note is that CMS
8 projections suggest that the fee-for-service
9 payments for Medicare are going to rise at a
10 rate that's approximately 0.7 percent below the
11 rate of inflation through 2030.

12 So, the margins for fee-for-service
13 are starting to fall in terms of real dollar
14 values, and I think this is where specialists
15 can realize that making more money by being an
16 efficient provider within an advanced payment
17 model like an ACO can be better and more
18 lucrative than being a non-ACO provider just
19 accepting fee-for-service.

20 And the last thing I would mention
21 here is, as many of my fellow panelists have
22 already talked about, management teams or care
23 teams. What I want to add here is just this
24 piece of a management team.

25 I think the management team should
26 reflect the views of both primary care
27 physicians and specialists. Physician

1 leadership is likely to have a very important
2 implication for the evolution of strategic
3 design.

4 And survey data has shown that
5 specialists are less likely to perceive that
6 joining an advanced payment model has changed
7 how they practice medicine, has affected their
8 compensation.

9 There are some qualitative studies
10 out there showing that surgery was not part of
11 an ACO strategic vision, at least in the early
12 days. So, I think including specialists in
13 this discussion of strategic vision and
14 leadership will also be serving an important
15 component here.

16 CHAIR CASALE: Thank you. Kathleen?

17 MS. HOLT: I'm going to pick up on
18 what everyone else has already talked about
19 from a patient perspective.

20 Joint coordination should occur
21 between primary care, specialty care, as well
22 as patients to initiate, adjust, and
23 successfully make progress to efficiently and
24 effectively achieve patients' stated outcome
25 goals.

26 How do we do this? Some patients
27 will have realistic goals to achieve a higher

1 level of function.

2 Some will have goals to return to
3 previous level of function, some will seek to
4 maintain their current function, while others
5 will strive to slow the loss of function due to
6 a necessarily deteriorating condition.

7 So, while practitioner skills and
8 case management processes may not differ from
9 one patient to the next, providers' joint
10 approach to each patient's health care should
11 respect and adapt to each patient's individual
12 treatment goals, collectively agreeing on and
13 creating a strategy to measure goal progress as
14 a joint health care team will necessarily
15 better coordinate and align primary care,
16 specialty care, and the patient.

17 By managing cases this way,
18 financial incentives for practitioners may, for
19 example, include shared payment tied to each
20 provider's percentage of total time dedicated
21 to a patient with additional joint incentive
22 provider payment for working together to
23 successfully achieve patients' goals.

24 CHAIR CASALE: Thank you. I'm going
25 to open it up to the Committee for questions.
26 I'm happy to start off.

27 Greg, you've referenced a few times

1 the integrated care teams, and I just wondered
2 if you could describe those in terms of who is
3 on those teams, and do they vary based on the
4 clinical conditions of the patients?

5 And then finally, in terms of
6 accountability for quality and cost within this
7 integrated team structure, who is accountable
8 ultimately for those measures?

9 MR. POULSEN: Great questions.

10 The integrated care teams are very
11 much fluid, and they tend to be built around
12 either a specific patient need that happens
13 when patients have dramatic needs, when
14 somebody develops cancer and there's a fairly
15 significant kind of need that's going to be
16 multidisciplinary.

17 It also tends to be built around
18 general needs.

19 A number of folks mentioned mental
20 health integration. We started to do that about
21 25 years ago and that was built around the
22 obvious need that primary care physicians had
23 to understand more effectively the reasons that
24 some people were acquiring care more frequently
25 than others when they appeared to have a very
26 small underlying condition.

27 And it became more apparent that

1 there was a behavioral health component to that
2 and so being able to identify, treat, and know
3 when appropriate referral was necessary was
4 part of the deal.

5 And so that was a broad need that
6 was apparent, and so the organization undertook
7 that with everybody's enthusiastic engagement
8 because the need was so obvious.

9 The ones where the need may not be
10 as obvious until somebody brings it up, and
11 this is a real example in joint replacement,
12 where a number of the surgeons said we spend an
13 awful lot of time talking to people and
14 discouraging them from getting --

15 They don't come in saying I've got
16 knee pain, they come in saying I need my knee
17 replaced because my next-door neighbor did.

18 And so coming up with an integrated
19 approach that helped to get somebody who was
20 significantly less expensive than an orthopedic
21 surgeon to have the discussion with folks and
22 say let's talk about what your knee pain is and
23 what the appropriate steps are to try and get
24 an improvement there.

25 And interestingly enough, pushed by
26 the surgeons who in a fee-for-service world
27 would have said keep your hands off my

1 potential patient.

2 And so that one was one that came up
3 and is now loved by the surgeons who spend less
4 of their time in office doing things that they
5 don't think is the highest and best use of
6 their training.

7 And you asked where's the
8 accountability? For us, the accountability
9 tends to be at the organizational level.

10 Through KPIs and other things, we
11 track that as best we can, and I will tell you
12 absolutely our metrics are imperfect but
13 they're better than what we've had in the past,
14 and they're hopefully getting better every year
15 so that people can look at that and say, are we
16 doing everything that's beneficial to people,
17 are we avoiding doing things that are
18 unnecessary, and are we keeping people happy
19 and keeping them as healthy in their own minds
20 as they expect to be?

21 I really, really loved what Kathy
22 talked about. People's expectations of what
23 their health should be is going to vary from
24 person to person.

25 Being able to meet those
26 expectations and help them on their journey we
27 think is really important.

1 So, that's one of the important
2 things we track and are in our KPIs that are
3 shared with everybody.

4 CHAIR CASALE: My other question is
5 really for all the panelists.

6 Several of you have talked about
7 data in various contexts, including engaging
8 specialists, and I'm just curious, as a
9 cardiologist, I speak to a lot of
10 cardiologists, and they complain the data they
11 get is not timely, it's not actionable.

12 And I'm curious how you've been able
13 to address some of those challenges around
14 getting data either to the specialists or just
15 in general to the providers.

16 MR. POULSEN: I apologize, I
17 shouldn't jump right back in after answering
18 the last question but just let me say again,
19 provider organizations are in a dramatically
20 better position than insurance organizations to
21 do that.

22 If you did a cardiology procedure
23 yesterday, we know about it today, and we can
24 coordinate and report on that. The insurer
25 will find it out after a bill has come and they
26 have adjudicated it and they've put it into
27 their database.

1 And with luck, 30, 60, 90, or more
2 days from now, you may get information back
3 that said, huh, we're kind of surprised you did
4 this procedure, how come you did it?

5 MS. WUNDERLICH: If I can jump in
6 also on that question, I think understanding
7 data around your patients is really important
8 to making sure you're successful as a provider
9 in reducing unnecessary costs and improving
10 quality and outcomes.

11 In Maryland, like many other states,
12 we have a health information exchange, a common
13 HIE³⁸ platform that all of our hospitals are
14 connected to, and we've also done a big push to
15 get ambulatory care providers also connected.

16 So, that will provide real-time
17 alerts for when a patient who is attributed to
18 you, you have a clinical relationship with,
19 you'll get an alert if they go to the emergency
20 department, if they have an admission to the
21 hospital, if they have a procedure.

22 And so that real-time data allows
23 multiple providers across the spectrum to
24 connect and see what their patient is doing in
25 different areas.

38 Health information exchange

1 It also has an option for care
2 management and care alerts so the providers can
3 put in -- if there is a point of contact for a
4 care manager for a particular patient, that
5 person's contact information can be included so
6 that if they go to the emergency department in
7 the CRIS³⁹ HIE record, you'll see what that
8 patient's care management team looks like, if
9 there's a care alert, et cetera.

10 So, I think having data that
11 multiple providers can access and learn from
12 for their particular patients is extremely
13 important in terms of coordinating across
14 providers.

15 And then also on the HIE there's
16 also a prescription drug recordkeeping also so
17 physicians can know the prescriptions that are
18 prescribed to that patient.

19 MS. GUINAN: And Paul, I'll just
20 echo and sympathize with you, the lack of data
21 is not there on the (audio interference) super
22 helpful in terms of workflow and shared care
23 plan. There's that other side of the claims-
24 based data that we know from providers there's
25 a data lag.

39 Critical Research Information System

1 Especially quality metrics can be
2 two or three years, the data lag that we're
3 looking at. So, it's not a great real-time
4 perspective in terms of those metrics.

5 And so that's certainly a challenge
6 in wanting to get more prospective and real-
7 time data to providers is key.

8 The other thing I just wanted to
9 mention in terms of the accountability side of
10 your question, speaking to hospitals, there is
11 this notion of, again, that e-consult model,
12 wanting to get the specialists involved.

13 But there's also a voicing of being
14 housed in the primary care is a positive thing
15 in terms of continuity of care for patients and
16 keeping them connected to a system and a
17 provider.

18 And so wanting to have the
19 specialists come in but also leaving it in the
20 provider side. And quite honestly, that also
21 probably helps on the social determinant side
22 of things because I think we know primary care,
23 they're not so far along, but they're I believe
24 a little further along than specialists in
25 terms of developing the infrastructure to
26 address both the clinical and social needs of
27 patients.

1 So, something to consider on the
2 accountability side.

3 CHAIR CASALE: Larry?

4 DR. KOSINSKI: Great session, I'm
5 learning a lot from all of you. My question is
6 going to go out to whoever feels comfortable
7 addressing it.

8 We've heard a lot from each of you
9 about the Comprehensive Joint Replacement
10 Model, bundled payment for procedure-type
11 services. What type of team-based
12 reimbursement models have you developed for
13 chronic disease management, patients with
14 either single or multiple chronic diseases?

15 How do you distribute payments and
16 incentivize across the primary specialty
17 interface there?

18 MR. POULSEN: I'll jump into the
19 silence by saying I don't think it works.

20 I think in fact, as Michael Porter
21 and Bob Caplan wrote a Harvard Business Review
22 article a long time ago, a decade ago, and a
23 colleague and I wrote a counterpoint was how to
24 pay for health care.

25 And it was about bundled payments.
26 Ours was called the case for capitation; you
27 can guess where it came from. And our point

1 was for all of those things, the bundle that
2 you're looking at is care for person over a
3 period of time.

4 And the longest period of time you
5 can define is effective because by definition,
6 these diseases are not going away and if not
7 cared for, they're going to get worse.

8 If cared for effectively, they may
9 not, they may actually improve.

10 So, in our view, my view certainly,
11 that's the key there, to say that's not a
12 bundle, that's the whole-person care.

13 And oh, by the way, the deviations
14 they have in their care pathway, they may end
15 up developing some other issue that's not
16 specifically related to their congestive heart
17 failure or their fill in the blank.

18 But it's going to be dramatically
19 impacted by that and to care for them as though
20 they were a bunch of individual diagnoses is
21 not going to be effective, it's not going to be
22 healthy, and it's not going to be satisfying.

23 So, we need to look at that person
24 from a whole perspective, which is why I think
25 we have to pay them from a whole perspective.

26 CHAIR CASALE: Any other comments?
27 If not, Bruce?

1 MR. STEINWALD: Is there time?

2 CHAIR CASALE: Yes, there's always
3 time for your questions.

4 MR. STEINWALD: Earlier today in
5 another panel, we had a robust discussion of
6 the role of fee-for-service and value-based
7 care going forward.

8 Paul, I'll start with you because I
9 think at one point you said if the organization
10 has the proper incentives, you don't think they
11 necessarily have to devolve down to the
12 individual practitioner.

13 And at the time you said that, I
14 wondered if that meant you were indifferent
15 about whether that practitioner was paid fee-
16 for-service or salary or through some other
17 methodology.

18 So, my question for all of you is do
19 you think going forward we should be trying to
20 phase out fee-for-service compensation, or is
21 there an ongoing or at least necessary role for
22 fee-for-service under value-based payment
23 systems?

24 CHAIR CASALE: Greg, I'll let you
25 start and then I saw Alice leaning in.

26 MR. POULSEN: I'll try and be quick
27 because I know we're getting short on time.

1 CHAIR CASALE: That's okay, we can
2 go over a few minutes.

3 MR. POULSEN: My prejudice is that
4 anytime we're unsure whether the procedure may
5 end up becoming unnecessary but done for
6 financial reasons, fee-for-service is perverse.
7 And most of the time in today's world,
8 unfortunately, I believe that to be the case.

9 So, we're moving in our organization
10 wherever we possibly can. This is one
11 advantage to having employed physicians, is we
12 can move to salaries. We haven't figured out
13 how to do a salary for people who don't work
14 for our organization directly.

15 We think that tends to be a more
16 effective way. The however is with appropriate
17 metrics, KPIs, and other things that are
18 shared, you can overcome perverse payment
19 mechanisms.

20 I just hate the fact, though, that
21 we have to overcome something perverse. The
22 payment mechanism ought to reinforce doing the
23 right thing, not pushing you in the wrong
24 direction.

25 So, in my view I'd love to see fee-
26 for-service history.

27 DR. CHEN: I probably have a more

1 mixed or nuanced perspective on this. I think
2 it's not controversial to say that fee-for-
3 service is inefficient and creates perverse
4 incentives, as Greg has pointed out and others
5 on the panel as well.

6 We've seen other countries do this,
7 where there's fee-for-service with global caps
8 on what one can spend. That limits some of the
9 incentives of fee-for-service, of I'm just
10 going to bill and spend.

11 And there are mechanisms that one
12 can design that we I think are in the process
13 of doing in terms of changing the fee-for-
14 service rates into something that looks more
15 capitated, or some combination of capitated
16 with fee-for-service, which can be changed with
17 things like bonus payments or penalties.

18 It shifts the incentives that are
19 inherently there with a fee-for-service, of
20 let's just bill and spend.

21 And so in that sense, I think one
22 could devise a system that reduces the inherent
23 inefficiencies with fee-for-service without
24 completely abolishing it.

25 And it does have I think the benefit
26 of just knowing how much you actually are
27 saving and spending when you still have some

1 sort of fee-for-service benchmark.

2 But I absolutely agree, like it
3 doesn't make sense to continue adding in more
4 fees and services for new things, including
5 things like telehealth and other new
6 technologies.

7 CHAIR CASALE: Thank you so much.

8 On behalf of the Committee and our
9 audience, I want to thank all of our panelists
10 for their insights today. We're very grateful
11 that you've been generous in sharing your
12 expertise.

13 At this time, we have a break until
14 3:15 p.m. Eastern Time. We will reflect on the
15 day and discuss some potential comments for the
16 report to the Secretary.

17 Thank you very much.

18 (Whereupon, the above-entitled
19 matter went off the record at 3:00 p.m. and
20 resumed at 3:15 p.m.)

21 *** Committee Discussion**

22 Welcome back. As you know, PTAC will
23 be issuing a report to the Secretary of HHS
24 that will summarize our key findings from all
25 three of our public meetings on population-
26 based total cost of care.

27 First, we have some time for some

1 general discussion to reflect on what we've
2 learned throughout the day from the various
3 presentations and the Q&A sessions, even though
4 we have more presenters tomorrow.

5 So, for Committee members, you do
6 have a document on potential topics for
7 deliberation tucked into the pocket of your
8 binder to help guide the conversation.

9 Before we get to that, after our
10 general discussion about what we learned today,
11 we will focus on potential comments for the
12 report to the Secretary.

13 So, a little bit later the staff
14 will walk us through slides summarizing those
15 potential comments. But first, let me just
16 open it up to the Committee members for any
17 particular reactions to the day.

18 DR. KOSINSKI: I'll open it up.

19 With rare exception and using only
20 scientific reasons to maintain it, I think most
21 of the experts we listened to today would like
22 to see fee-for-service either drastically
23 changed or eliminated completely.

24 And as you and I were just
25 discussing, we've even seen the other extreme
26 was that all physicians should be salaried. One
27 of the main takeaways here is that fee-for-

1 service needs drastic repair.

2 And this albatross that we have
3 called the RUC⁴⁰ has just created an abomination
4 of a system that is doing nothing to help us
5 get fee-for-service under any control.

6 CHAIR CASALE: Thanks for those
7 comments, Larry.

8 MR. STEINWALD: I'll add to that.
9 The irony to me, and I forget who to attribute
10 this to, this might have been Bob Berenson,
11 who said we need to fix fee-for-service before
12 we abolish it.

13 And part of the reason for that came
14 out in some of these discussions, it's
15 scorekeeping, it's not like we think it's a
16 good way to pay people, but it's not a bad way
17 to keep score.

18 But then you have to fix it to keep
19 the score right too. So, I give up.

20 DR. KOSINSKI: The best line was
21 from Mark, fee-for-service needs to be less
22 appealing.

23 DR. PULLURU: Uncomfortable.

24 DR. KOSINSKI: Uncomfortable, that
25 was it. Yes.

1 DR. PULLURU: It's a good line.

2 And one of the things that surprised
3 me about what was a theme I heard from multiple
4 people is incent the organization not the
5 provider, but then the other side, I found that
6 in conflict with the theory that the provider
7 should flourish.

8 And I see how this plays out a lot
9 of times in hospital-based ACOs or payvider
10 organization where when there's a profit, it
11 doesn't go to the provider, and it's under the
12 auspice of developing infrastructure, but that
13 the provider is not flourishing.

14 So, it seemed like there was some
15 conflict in thought there.

16 DR. FELDSTEIN: Paul, I don't know
17 if you can see my hand raised here.

18 CHAIR CASALE: Sorry, Jay, thank
19 you, go ahead.

20 DR. FELDSTEIN: One, I totally agree
21 with what Chinni just said. When it goes to
22 the organization, the provider suffers, they
23 don't reap the benefit of their behavior or
24 their changes necessarily, whether it's in
25 future compensation or whatever.

26 The other thing which was abundantly
27 clear is no one's figured out how to handle the

1 specialists in the capitated system. And
2 everybody was great on theory today, but when
3 Larry pressed for specifics, we didn't really
4 hear any.

5 And I think the third thing is
6 people have been trying to figure out how to
7 properly compensate primary care for 40 years.
8 And we're still not there.

9 There needs to be the mindset of
10 it's an investment and where the capital for
11 that is going to come from, whether we're going
12 to rob Peter to pay Paul in the overall dollars
13 within the system remains to be seen, but it's
14 got to be addressed.

15 CHAIR CASALE: Thanks, Jay.

16 I would think just to your comments,
17 what we heard from Intermountain around who
18 should be accountable and metrics and things,
19 and his suggestion was that it's not just a
20 team effort but with advancements in
21 technology, et cetera, it is not clearly going
22 to be a primary care doctor or specialist who
23 is going to be primarily accountable.

24 It needs to be this blended.

25 And again, I think he was moving
26 towards with that, that the incentive really
27 isn't primary care specialists but that it gets

1 back to this around most of the payment would
2 be salary based with some piece that
3 potentially could be bonus as opposed to
4 incentivizing for a specific behavior, whether
5 it's for specialists in particular.

6 You had your hand up, right? Who
7 was next? Jennifer was next? I'm sorry.

8 DR. WILER: I heard a couple of
9 interesting things today. The first is
10 creating this sense of inevitability that there
11 will be a shift, where there was this sense of
12 both urgency and inevitability before.

13 And I thought it was interesting to
14 hear about the market forces which are probably
15 obvious, but to state them explicitly in the
16 employer market, around maybe the lack of
17 interest from an employer perspective because
18 they are currently risk-adverse to making
19 benefit changes.

20 I thought that was a really
21 important and interesting call-out.

22 We talk a lot about nested care
23 models but much to the conversation we were
24 just having, we don't talk a lot about nested
25 incentives and around a deliberate strategy for
26 engagement in each of those tiers that we saw
27 in one of our first presentations.

1 And then I feel like we didn't
2 really hear an answer but what was described
3 was a continuum around moving away from current
4 state, from everything to making participation
5 in these programs mandatory or at least highly
6 incented.

7 And so trying to figure out what
8 this strategy is around incenting at every
9 layer of care delivery. But that at least many
10 of the folks that we heard from today agree
11 multi-payer strategy is critical to success.

12 CHAIR CASALE: I appreciate those
13 comments.

14 DR. MILLS: I appreciate it, next
15 time I'll get my thoughts in order.

16 I agree with all those comments but
17 back to Larry's point, I thought it was
18 significant that we didn't hear an answer to
19 what's the magic solution to a value-based or
20 total cost of care model in paying both
21 specialists and primary care.

22 There may be other deep thinkers but
23 if the group we had together today essentially
24 said in their silence there is no magic path,
25 it's total population-based, cost of care,
26 capitation.

27 Whether that's the primary care

1 doctor or cardiologist or heart issue, there is
2 an owner that gathers a team of professionals
3 and that's who owns the risk and
4 responsibility.

5 And there might be as an aside some
6 episode-defined bundles that could work and
7 make sense. That's the answer I think to our
8 question, in one sense.

9 So, the second observation that I'm
10 still struck by is this concept that what
11 happens in the commercial employer purchased
12 risk area is going to be the tipping point for
13 what happens in the future of health care in
14 the country.

15 And it's really, really scary to
16 feel like how risk is handled in the Medicare
17 population versus the commercial population
18 could go two dramatically different directions.

19 Because I would submit to you that
20 most providers, either physician practice or
21 hospital, cannot operate two different economic
22 models with different incentives. It can't be
23 done effectively.

24 So, it's either going to be we've
25 got to thread the needle and find a risk model
26 and schema that can meet the different needs of
27 those two populations, which I think could be

1 done, or we're heading towards just a
2 fragmentation into disruptive, niche market
3 provider organizations that fit only one need
4 and pretty much ignore or abandon the other
5 needs.

6 I think we have a pretty stark
7 future. One of those two futures will come to
8 pass, and my instinct is a five-to-10-year
9 timeframe is probably accurate.

10 CHAIR CASALE: Angelo?

11 DR. SINOPOLI: I agree with
12 everything that Lee just said too, particularly
13 about the commercial payers.

14 The other thing that I kept hearing
15 and I've heard all through the day today is
16 stuff that we already know but just made it
17 even more abundantly clear is the dichotomy
18 between an organization like Intermountain.

19 Because the reason they can get
20 engagement of a specialist even though they're
21 independent is because they own 50 percent, the
22 majority, of the pre-payment contracts in that
23 market.

24 So, for the specialists to survive,
25 they've got to be a team player. That's very
26 different than in the rural South, in
27 Mississippi and in places where that doesn't

1 exist.

2 So, it's easy if I own all the
3 contracts in that market to get the specialists
4 to collaborate.

5 We've got to figure out for the rest
6 of the country beyond those top 12
7 organizations that do that how do we engage
8 specialists there, even the primary care
9 doctors in those markets who don't even have
10 ACOs in those markets to help pull them
11 together.

12 They don't have the data, they don't
13 have the resources, they don't have those
14 teams, nobody is providing that for them. How
15 do we incentivize that?

16 Because that's 80 percent of the
17 population across the country. It's not the
18 Intermountain, it's not the Geisingers, et
19 cetera. So, I'm still at a loss for how to
20 make that happen.

21 CHAIR CASALE: I think Josh was next
22 and then Bruce.

23 MR. STEINWALD: I'll go because I'm
24 one off from the previous comment.

25 I admit to having a bit of a bias
26 against high-end consulting groups and their
27 analysis of health care and a lot of them have

1 health care practices, as you know.

2 That remark about commercial risk,
3 it doesn't sit right with me. I'd like a lot
4 more evidence of that to believe that's really
5 an important factor. I don't know how it would
6 matter to what we do here anyway.

7 I'm not sure I believe it, put it
8 that way.

9 DR. SINOPOLI: When you say that,
10 are you saying you don't believe it is what's
11 going to direct how we're going to move into
12 value-based care?

13 MR. STEINWALD: If I understand what
14 she was saying, that's the main factor that's
15 going to be the tipping point of how we proceed
16 down the path of health reform or anything
17 else.

18 DR. SINOPOLI: I would agree with
19 you. I don't agree that's the tipping point
20 because it is such a different model, just from
21 my own personal experience, all of these
22 contracts are all about three things.

23 They're about price, it's all price-
24 sensitive, it's all about site of care because
25 of the hospital-based billing procedures, and

1 it's all about hard UM.⁴¹

2 Those are the three things that
3 every employer hits on because their
4 populations, typically 80 percent of them are
5 not chronic care management, Medicare-like
6 patients.

7 They're young healthy people with
8 gyms at their workplace, and the ones that we
9 evaluated, their biggest spend over the course
10 of the year was delivering babies, and we
11 couldn't do anything to intervene with that.

12 There wasn't much we could do other
13 than work on price, educate them, et cetera.
14 And there are some employers that look a little
15 bit more like Medicare but it's not Medicare.

16 And you can spread those teams
17 across, it's just the effectiveness of the ROI⁴²
18 on those patient populations is so small
19 compared to a Medicare population where you're
20 hitting huge chunks of ROI for those teams.

21 It just doesn't make financial sense
22 for a managed care organization to manage them
23 exactly the same way. It's going to be about
24 price, site of care, and UM for procedures,
25 that's basically what it is.

41 Utilization Management

42 Return on investment

1 CHAIR CASALE: Josh, you put your
2 card down, did you want to make a comment?

3 DR. LIAO: I agree with that and I'm
4 glad Bruce went first, thank you. Shifting
5 from that a little bit, I've written all of
6 this in pencil so to speak, awaiting tomorrow's
7 comments, but I had one overarching comment and
8 three smaller takeaways.

9 The first from the first listening
10 session was this idea of we're focused on
11 payment models, and I think that's appropriate.

12 But what I took away from that was
13 also step back and see the bigger picture of if
14 you don't consider MA an APM, then a reform or
15 a change there must be done in the pure fee
16 schedule.

17 And without those changes, whatever
18 we do within APM so to speak may be limited.
19 That's something I'll take with me from today.

20 The other three things I heard
21 clearly, Chinni mentioned providers prospering,
22 and I heard this theme of there needs to be an
23 incentive to be in these models.

24 Some of the SMEs talked about the
25 five percent APM bonus. We heard this morning
26 about externally-set benchmarks which are meant
27 to create more incentive to be in I think Mike

1 McWilliams called it the wedge.

2 But in any case, I think the
3 incentive is there. How we do that I think is
4 very important. The APM bonus is useful. I
5 think as we all know, it's a rate increase
6 which is anchored in the fee-for-service
7 approach, not necessarily a value-based
8 approach.

9 So, how we go forward in creating
10 that incentive I think is key. That was the
11 first. The second is I heard the desire across
12 SMEs around simplicity, so a small number of
13 tracks, culling down the number of models.

14 And yet, the tension, there was also
15 this idea that you can't call providers
16 efficient or inefficient, some would take care
17 of complex patients may be inefficient but that
18 may be appropriately so.

19 And I started thinking about the
20 organizations that were represented today and
21 how likely in different parts of their care
22 they would be more or less efficient.

23 And so in the pursuit of simplicity,
24 I think we can't have it both ways, there's
25 maybe a trade-off there.

26 And then the last thing is going
27 back to earlier comments, almost everyone said

1 episodes, maybe with one clear exception, most
2 people said episodes.

3 They came right up to it, and they
4 said some episodes, some type of interaction,
5 and they left it there.

6 Again, let's see what we learn
7 tomorrow but I do think what I took away from
8 that is whether it's three or five or in the
9 commercial or in Maryland or from our higher-
10 level policy from this morning, it's there.

11 So, I tend to agree with Lee, it's
12 there but really taking the next step in a very
13 practical way, I'm channeling my inner Larry
14 here, I think is really critical for us.

15 Not that it's not important to hear
16 that, but I heard that repeated enough, though
17 nobody stressed it, and I would love for us to
18 take the next step in figuring out what does it
19 look like?

20 CHAIR CASALE: Jay, your hand is up?

21 DR. FELDSTEIN: I put it down.

22 CHAIR CASALE: OK. Chinni?

23 DR. PULLURU: A couple of things I
24 didn't hear.

25 One was the waste, everyone talked
26 about health care and specialty primary care,
27 capitated. No one talked about how much money

1 the health care dollars spend on stuff like
2 RCM⁴³ collection, on things like eligibility.

3 So, if you look at a dollar slide, I
4 remember in the statistics it was \$0.10 went to
5 the doctor, provider, workforce.

6 What always confounds me about these
7 conversations is that you can have the same
8 amount of money go to the providers if you just
9 looked at simplifying models and taking out
10 some of the other crap or waste.

11 The other thing that I didn't hear
12 is speaking that most of America lives in,
13 geographically anyway, rural areas where there
14 is no primary care physician. So, speaking to
15 what Angelo said, what do you do with health
16 care?

17 How do you capitate to a primary
18 care physician when there is none? Because a
19 lot of places, the company I work for, we're in
20 a lot of places where the pharmacist is the
21 only health care entity in town.

22 Forget specialists, they actually
23 don't have primary care docs. So, then how do
24 you solve for that problem? It felt a lot like
25 we were solving for areas that are familiar to

43 Revenue cycle management

1 all of us, suburban America, but most of
2 America isn't there.

3 CHAIR CASALE: Thanks, Chinni.
4 Angelo?

5 DR. SINOPOLI: The last comment I
6 wanted to make was I also heard some comments
7 during the discussion today regarding if you
8 create the appropriate payment model, then
9 things will align themselves and follow.

10 And then I heard other comments
11 there that that wasn't true. I probably lean
12 on the side of that's not necessarily true.

13 I think the payment models give you
14 the ability and I heard the word freedom, you
15 kept using the word freedom, to create the kind
16 of care models you need and gives you the
17 freedom to pay for them the way you need to pay
18 for them.

19 I think that's a strong takeaway
20 from today, that really the key to success is
21 the team-based care and the care model. And
22 then we need the freedom from the payment model
23 to allow us to accomplish those things within
24 the care model.

25 CHAIR CASALE: Thanks, Angelo.
26 Jennifer?

27 DR. WILER: What I like about

1 discussions like today is it shows the
2 practical polarity of how challenging this is.

3 And what I mean is we had academics
4 and policy experts, much to Chinni's point,
5 that talked about the challenges regarding
6 benchmarking and risk adjustment and
7 attribution, all of which are totally
8 appropriate.

9 And then we had someone only in the
10 long-term care space talking about basic
11 blocking and tackling and how hard that was,
12 and how there's been nearly a decade's worth of
13 work.

14 And they are just at the base of
15 sharing data and how challenging that is.

16 So, I just wanted to acknowledge
17 that again, I hope we continue to not only
18 surface what might be an approach from a policy
19 perspective but also how we might be able to
20 help from a practical perspective, recognizing
21 these many issues that we've covered over these
22 educational sessions are not just about
23 suburban America where there's a high rate of
24 commercial insurance that may impact the local
25 Medicare population.

26 CHAIR CASALE: Josh?

27 DR. LIAO: Just a quick comment.

1 I want to circle back on what Angelo
2 said. I tend to lean on that side as well.

3 Incentives are really about goals and
4 internal and external goals, and so the
5 implicit idea here is that the goal would be to
6 create revenue in such a way to forward the
7 organizational mission.

8 That's an important one of course,
9 but I think it's fair to say as clinicians
10 around the table that clinical teams are driven
11 by many other things besides that, being a good
12 citizen and team member of the group, guarantor
13 of societal resources and advocate for your
14 patients, a practice of evidence-based
15 medicine, feeling a sense of mastery and
16 autonomy in the job.

17 I don't think those things are
18 directly designable per se in a payment model,
19 but I think we should acknowledge that those
20 non-financial incentives can be subsumed if the
21 payment models aren't set up the right way, and
22 not assume that most people walk around as
23 economists thinking about their marginal
24 utility all the time.

25 CHAIR CASALE: You're speaking
26 Bruce's language there, margin and utility.

27 Just a few additional comments. I

1 was thinking about the conversations, and I was
2 thinking about the comments around CJR⁴⁴. Alice
3 particularly said it's probably the most
4 successful program.

5 There's a lot of reasons for that.

6 And then there was another comment about
7 the incentives really should be more at the
8 system level and not at the provider level, but
9 I have to tell you, having implemented the CJR,
10 the incentive to the provider was major
11 engagement in moving that to be successful.

12 So, it's not clear to me. That one
13 is easier to put an incentive to a provider,
14 it's clear they did the surgery, other things
15 are obviously not as clean.

16 But it was a clear example of how a
17 financial incentive, which of course is coupled
18 with it turns out to be better care for the
19 patient in terms of coordinating care, keeping
20 them out of subacute rehab, and sending them
21 home, all those things that also align.

22 At any rate, in terms of how do you
23 engage specialists and then where the incentive
24 lies, I think we still have a lot of room to
25 understand that.

44 Comprehensive Care for Joint Replacement

1 And then I know we talk about this
2 at every meeting and brought it up a little bit
3 in some of the questions around data.
4 Intermountain again is more in the model that
5 may be they can have data that they can provide
6 more real-time just because of their system.

7 But that's not most places and most
8 places, if they're in a program, they are
9 relying on claims data, which again has a huge
10 lag.

11 And their current priority I don't
12 think really has an investment in the EHR⁴⁵ data
13 in a way to get that to the providers
14 currently.

15 So, that timely data piece, which we
16 hear over and over again, is still a major
17 challenge to sort through.

18 DR. PULLURU: I'm surprised that
19 turnaround of data is not a core MA competency
20 for payers when they bid for MA plans. Because
21 most MA private payers, their data turnaround
22 time is actually worse than CMS.

23 CHAIR CASALE: Yes, that's true.
24 We're approaching time for...any other
25 comments? This has all been really helpful.

45 Electronic health record

1 Walter? We haven't heard from Walter.

2 DR. LIN: I've just been soaking it
3 in and a lot of the comments I wanted to make
4 were made. Just a word of hope, we heard from
5 LTC ACO, and one of the things I really
6 appreciated about their presentation was they
7 actually went through the numbers.

8 I keep on saying I want to see some
9 numbers, I want to see some numbers, and they
10 actually showed us the numbers, saving between
11 \$3,500 and \$5,500 per beneficiary off of a
12 \$30,000 baseline.

13 So, do the math, 12 to 16 percent
14 savings. And I think that just shows what can
15 be achieved. Granted, it's a very specialized
16 population but what can be achieved with the
17 value-based journey that we're on.

18 * **Review of Draft Comments for the**
19 **Report to the Secretary: Part 1**

20 CHAIR CASALE: We're just about at
21 the time that I'm going to Audrey McDowell from
22 the PTAC Staff to walk us through slides on
23 potential comments for the Committee's report
24 to the Secretary based on this year's work.

25 Committee members, you have a copy
26 of these potential comments in the left pocket
27 of your binder. As Audrey goes through the

1 slides, you can flip your name card up if you
2 have comments.

3 Audrey, I'm going to turn to you.

4 MS. McDOWELL: Thanks, Paul, and
5 actually, the slides are in a tab in your
6 binder, it's the second to last tab.

7 As you know, this is the third in a
8 series of three public meetings that PTAC has
9 held related to development and implementation
10 of population-based total cost of care models.

11 PTAC will be developing a report to
12 the Secretary that summarizes what the
13 Committee has learned during these three
14 meetings, and we'll be including specific
15 comments and recommendations to the Secretary
16 as part of that RTS where appropriate.

17 In addition to thinking about what
18 you have learned today, we also want to have a
19 structured discussion over the next two days
20 about potential comments that you might want to
21 include in the RTS based on what you've heard
22 across all three meetings.

23 And so to facilitate this
24 discussion, we'll be walking through some
25 potential comments related to a list of topics
26 that loosely generally follows the organization
27 of the PCDT's overview slides.

1 As we know, the topics in the
2 overview slides were not meant to be
3 exhaustive, so there could be additional topics
4 that you might want to add.

5 And these potential comments are not
6 intended to be exhaustive. They're just
7 designed to elicit your feedback so the staff
8 will have a sense of what we want to do in
9 terms of your comments for the report to the
10 Secretary.

11 Having said that, Amy, if you can
12 pull up the slides that would be helpful.

13 Again, if you look at Slide 3,
14 you'll see that we have an outline of topics
15 that more or less follows what we discussed
16 with the PCDT, desired vision and culture,
17 definitions, desired care delivery features,
18 enablers to support the desired care delivery
19 features, designed payment features, enablers
20 to support the payment features, model design
21 considerations, and desired performance
22 measurement features.

23 This is also potentially a structure
24 for the report to the Secretary but again, we
25 look forward to any comments and suggestions
26 that you have related to the topic themselves,
27 as well as the organization of those topics.

1 So, if you could, Amy, pull up Slide
2 5, that would be great. We want to just review
3 the list of the desired vision and culture
4 points that the PCDT had identified, and I'm
5 not going to read each of these items.

6 What we're going to do is give you a
7 chance to look at what's on the slide and see
8 if there's anything that you would add. You
9 already heard from the PCDT about desired
10 vision and culture.

11 We want to see if based on anything
12 you heard today or any additional thoughts
13 based on what you've heard previously, is there
14 anything else that you would add to the desired
15 vision and culture for value-based
16 transformation?

17 CHAIR CASALE: Jennifer?

18 DR. WILER: Can you just clarify for
19 us, I assume all the comments we just made will
20 be translated?

21 MS. McDOWELL: Correct, we will be
22 translating those, exactly. That's part of the
23 challenge. These slides don't take into account
24 what we are learning over the next few days.

25 Hearing none, I assume we can move
26 forward.

27 CHAIR CASALE: Hold on one second.

1 DR. MILLS: I see these were lifted
2 off the PCDT slides which I like. Number 7
3 though strikes me. As worded, it doesn't
4 really describe a vision and culture statement,
5 it's more of a tactical operational statement.

6 We might think about rewording that
7 differently or striking it from the list either
8 way.

9 MR. STEINWALD: Parsimony, somebody
10 used that word earlier, and it's one I hadn't
11 seen in a while. It's a desirable feature of
12 almost anything, so I think striking it might
13 be a good idea.

14 DR. SINOPOLI: And I don't know if
15 this belongs in vision or not, but for me it
16 certainly does.

17 For us to be able to restratify and
18 base our care on data-driven processes, that
19 really should be driving a lot of our decision-
20 making, and maybe that's not in vision and
21 culture, but to me it's certainly culture and
22 data-driven decisions as opposed to anecdotal
23 decisions.

24 DR. MILLS: Angelo, one way to work
25 that it may reflect some of the conversation
26 prior to here which was moving actionable
27 timely data to the health data utility concept,

1 that's a vision and cultural statement to work
2 towards.

3 DR. FELDSTEIN: Angelo, you could
4 use that as number one culture accountability
5 for clinical, quality, equity, and collective
6 outcomes based on actionable data.

7 DR. SINOPOLI: I could add it to
8 number one.

9 MS. McDOWELL: Any other thoughts on
10 this slide? We'll be going back and working
11 further with the PCDT after this meeting to
12 further refine the comments and then coming
13 back to the Committee to make sure we've
14 captured what you said.

15 If you can move to Slide 7, again,
16 this is from the PCDT presentation. We just
17 want to confirm if you have anything else that
18 you would like to add? This is Subtopic 2A for
19 anyone that's looking through the document.

20 Anything you'd like to add to
21 services included in total cost of care? This
22 is related to core benefits, supplemental
23 benefits, pharmacy benefits.

24 And again, this is at a high level.
25 The actual report to the Secretary will have
26 more detail, but trying to capture what kinds
27 of statements you might want to make to the

1 Secretary.

2 CHAIR CASALE: Jennifer?

3 DR. WILER: I'm not sure if this is
4 the right place to capture it, but there was
5 conversation today in our previous sessions
6 around capital costs.

7 Actionable data is when we focused
8 on a lot, in our care coordination sessions, we
9 also talked about infrastructure costs, and we
10 heard a little bit about it on our long-term
11 care example today from an ACO perspective.

12 So, if it's appropriate to add that
13 as a call-out.

14 MS. McDOWELL: Anything else?

15 DR. LIN: The first bullet point
16 about defining TCOC as including Medicare Part
17 A and Part B expenditures, does that conflict
18 with our working definition of TCOC models,
19 which assumes accountability for quality and
20 TCOC for all covered health care costs?

21 So, in other words, Part D
22 expenditures? We had touched upon this in our
23 admin session earlier this morning, but there
24 are some discussions on PBMs⁴⁶ and drug costs
25 and device costs.

46 Pharmacy benefits managers

1 MS. McDOWELL: I think the reason
2 why it's written that way, and I think this is
3 part of what you guys had said back in March,
4 but obviously we've evolved since March, was
5 that TCOC is currently defined in Medicare APMs
6 as including the Part A and Part B.

7 But obviously we've heard discussion
8 about the importance of the Part D expenses.
9 So, I guess you guys need to figure out what
10 you would want to recommend to the Secretary
11 regarding that.

12 But then there's also been
13 discussion that there are complexities in
14 adding additional services to TCOC.

15 DR. KOSINSKI: I had the same
16 thoughts as Walter when I read it at first, but
17 your last major bullet does address that.
18 That's why I felt like it was at least
19 represented on the slide.

20 DR. LIAO: I think another potential
21 way to address Walter's point is in the third
22 bullet, in the long-term, the end of it says a
23 definition of TCOC should be allowed to differ.

24 I think what we're hearing here is
25 they can differ even now, so it may be helpful
26 to pull that concept up and move that into a
27 nearer-term issue but leave it the way Walter

1 talks about in the last bullet.

2 DR. MILLS: I know we've had a
3 conversation back and forth on this, but I
4 would encourage to leave it out, leave the
5 bullet point about testing the impact, so
6 considering models where it could be included.

7 The reality is the vast majority of
8 Part D costs are not in the control of the
9 physician team, no matter how well they
10 coordinate or care-manage a patient.

11 It's contract prices, and Medicare
12 is negotiating those, and there are just way
13 more influences that exceed any physician's
14 ability or influence.

15 MS. McDOWELL: Any other thoughts?
16 Let's move to the next slide, Subtopic 2B.
17 Again, this was an attempt to list some things
18 we had heard about, financial and non-financial
19 incentives.

20 We've just heard you guys talk a
21 little bit earlier about some of the non-
22 financial incentives. But if there's specific
23 things you want to add now, you can let us
24 know.

25 DR. SINOPOLI: It's kind of covered,
26 Audrey, but on the next slide where it talks
27 about encouraging the high-touch team-based

1 models, some of where I'm questioning is does
2 there need to be a bullet around somehow
3 financially incentivizing that to happen?

4 Because we say it should happen, but
5 it's implied I guess that financially we need
6 to support that. It would be clearer to put it
7 in this slide.

8 DR. LIAO: I agree with Angelo's
9 comments and on Slide 8, at least from my
10 opinion, I don't know that you can design
11 morale and autonomy in, but I think you could
12 envision payment models that could counteract
13 those.

14 So, maybe just a few words either
15 accounting for that in payment model design
16 might be useful.

17 DR. MILLS: Still on Slide 8,
18 Subtopic 2B, I think the second bullet point is
19 interesting, and I agree that it's there. The
20 glide path, all the speakers spoke to the glide
21 path is a value-based model.

22 It starts with no downside and
23 limited upside. We didn't hear anybody say
24 that glide path should be fee-for-service with
25 a pay-for-performance bonus or should be a
26 shared savings model. You never heard those
27 words uttered today.

1 And so the glide path is you are in
2 value-based payment with everybody else, it's
3 just you start with more up, less down, and
4 gradually shift over time.

5 MR. STEINWALD: Should we make fee-
6 for-service uncomfortable?

7 I think the sense of that is --
8 maybe this is obvious, but one of the reasons
9 we're doing it is to encourage them to go into
10 value-based payment models, make it
11 uncomfortable to stay where they are.

12 So, I think somewhere that concept
13 should be represented.

14 MS. McDOWELL: Anything else?

15 We can go to Slide 10, which is
16 Subtopic 3A and again, this is just going one
17 by one through the items that the PCDT had
18 identified as desired care delivery features in
19 identifying some potential comments that you
20 may want to make, but feel free to refine or
21 take things out, make revisions.

22 Let's move on to Slide 11, balanced
23 use of and coordination between primary care
24 and specialty care. I anticipate that's one
25 where you are likely to have more to say both
26 today, as well as tomorrow because we'll be
27 hearing more about that.

1 DR. LIAO: This is a minor comment,
2 but just in the first bullet related to PCPs
3 playing a major role in reducing cost, I might
4 just consider removing or addressing that.

5 The reasons for that include I think
6 what Jay and others have described as an
7 investment of primary care and not tying that
8 too much to cost reduction.

9 Michael talked about how there are
10 cost offsets for preventative care, but it
11 ought to be something we should do. So, just
12 be wary of that as we word it.

13 CHAIR CASALE: I have the same
14 sentiment. I feel like we should remove that
15 part of that sentence.

16 DR. KOSINSKI: Bullet number 4 is
17 more of a tactic.

18 MS. McDOWELL: Do you want to delete
19 it?

20 DR. MILLS: It does speak to the
21 balanced use of -- so you're right, it's a way
22 to be tracking and judging your balance.

23 DR. KOSINSKI: It's a tactic,
24 though.

25 DR. MILLS: To Larry's point, it is
26 a tactic.

27 DR. WILER: I like the idea of

1 keeping in the sentiment that we heard at our
2 last session around models that were highly
3 effective in terms of outcomes, cost reduction,
4 and quality that described high utilization
5 from an engagement perspective and touches.

6 So, I totally agree with you around
7 the tactic is monitoring the data with some,
8 how this principle of actually, there's more
9 work being done by different members of the
10 care team that can be highly effective and
11 reduce costs.

12 DR. KOSINSKI: Yes, the bullet
13 doesn't tell us what to do with the data, it
14 just says to monitor it.

15 CHAIR CASALE: Right, but I think
16 Jennifer is suggesting to call out the piece
17 about the multiple encounters and the value of
18 the high-touches.

19 DR. KOSINSKI: But it should lead to
20 an action and not just monitoring it?

21 CHAIR CASALE: Eliminating the
22 monitoring data, as you said, but keeping the
23 part about the value of the multiple touches is
24 an effective way of coordinating care.

25 DR. LIAO: To the extent that
26 reflects coordination, there may be a way to
27 incorporate that into the bullet below related

1 to coordination and alignment between primary
2 care and specialty care providers.

3 DR. PULLURU: Yes, I was thinking
4 combining that with the bullet point below and
5 just putting improving coordination and
6 alignment, including high-touch care when
7 necessary between primary care and specialty.

8 DR. SINOPOLI: My only concern about
9 combining those two is that refocuses on the
10 doctor-to-doctor touches when I think we really
11 need to be moving to non-physician touches.

12 How do we highlight both of those
13 ideas?

14 DR. WILER: I was thinking the same
15 thing but maybe by calling it care team as
16 opposed to provider, which I think we're not
17 saying explicitly but we should.

18 DR. PULLURU: Or you can keep it
19 separate and take away the data and talk about
20 encourage care-team-based care or high-touch
21 care as appropriate.

22 MS. McDOWELL: Anything else on that
23 slide?

24 DR. MILLS: The last bullet still
25 strikes me off tone, incentivize specialists'
26 participation and engagement with, it just
27 really sounds like you're throwing money at the

1 specialist to get them to take the primary care
2 doctor's phone call.

3 So, somehow we're talking about
4 including, we're baking into the model
5 specialist coordination involvement.

6 The concept is sound, the word
7 incentivize I think especially is a fee-for-
8 service sounding term, so we want to just
9 reword that a little bit.

10 MR. STEINWALD: Or eliminate it
11 because you've already got specialist and
12 primary care physician coordination and
13 consultation already in two bullets.

14 MS. McDOWELL: Anything else on this
15 slide? Let's move to Slide 12.

16 DR. WILER: I guess what I'm
17 thinking on this one, and we heard this again
18 from our long-term care presenter today, but we
19 heard it in the past and maybe it's because I'm
20 in the quality and safety space, but an adverse
21 health outcome is unexpected or unanticipated,
22 where as we age, there will be a progression of
23 disease that we cannot prevent but try to
24 mitigate.

25 What we're trying to capture is that
26 these complex patients require a special focus,
27 special care team, special resources that may

1 be different from other patient populations but
2 not necessarily mitigating adverse health
3 outcomes.

4 It doesn't, I don't think, fully
5 describe what we're trying to focus on.

6 MR. STEINWALD: Just as a point of
7 order, I don't know that you can say rising
8 risk in the first bullet and then have quote
9 marks around it in the last bullet.

10 Couldn't you just make it a little
11 simpler, use risk stratification to identify
12 needs, coordinate care, and manage transitions?
13 I don't know why you need to say high-risk,
14 low-risk, rising risk.

15 Because it's a continuum, it's not
16 three different unique things.

17 DR. MILLS: I was going to make the
18 same point to strike that with high risk, low
19 risk, rising risk, make it read right because
20 you use risk stratification for all kinds of
21 reasons in the population health model and
22 those three categories often --

23 MR. STEINWALD: On the third bullet
24 point, balanced focus on reducing costs on
25 high-risk patients and increasing investment in
26 primary care, I think that is all true.

27 The phrase for lower-risk patients,

1 the investment in primary care isn't focused on
2 lower-risk patients, it's just investment in
3 primary care to achieve short- and longer-term
4 reduction.

5 So, I would just strike that phrase
6 for lower-risk patients.

7 DR. LIAO: I was going to say just
8 quickly I think the title has complex needs in
9 it, and we don't really call that out in the
10 bullets below, so maybe some way of working
11 that in.

12 Also, I think saying risk but not
13 saying risk of what, like costly care or bad
14 outcomes, I think we can append that somehow
15 throughout the slide would be good.

16 DR. LIN: In terms of the targeted
17 population-based interventions for population
18 with complex needs, LTC today did say there was
19 a big focus on using palliative care, advanced
20 care discussions, even hospice in this
21 population.

22 I'm not sure if you wanted to call
23 this out here, but I think there is a big trend
24 with that right now.

25 DR. SINOPOLI: Maybe part of what
26 this slide was trying to get to was at least in
27 the data that we looked at over the years,

1 there's high-risk complex patients that have
2 intense care management around them actually
3 have fewer gaps in care than that 70 percent of
4 the patients that are out there that aren't
5 being managed because nobody is managing them.

6 So, ignoring that 70 percent of the
7 population is probably not a wise thing to do.
8 So, somehow in here identifying that there
9 needs to be some type of gap closure data
10 process that identifies those patients and gets
11 those gaps closed I think is probably what this
12 is trying to get to.

13 So, somehow leaving that in there I
14 think would be good.

15 MS. McDOWELL: Anything else? Moving
16 onto Slide 13.

17 DR. LIAO: Just minor, but I think
18 in the second bullet when we're talking about
19 high-risk patients, at least my interpretation
20 is high-risk of having care affected by the
21 social drivers of health, which is distinct
22 from the prior slide.

23 So, I would just try to make that
24 clear. I also think in the third bullet we say
25 in the near term which makes me want to lead in
26 the longer term.

27 So, I think we actually get at that

1 in the latter half of that bullet, that may be
2 useful to add.

3 DR. SINOPOLI: And we may not be
4 mature enough yet to incorporate this, but
5 typically when we're talking about social needs
6 and social determinants of health, we're
7 talking about identifying those and referring
8 those.

9 We rarely talk about expecting some
10 outcome or holding somebody accountable for
11 that. And so there's this missing piece around
12 the communities there that somehow we need to
13 begin to incorporate into our models and
14 thinking.

15 DR. PULLURU: One of the things that
16 came up earlier today was incentivizing
17 partnership with community organizations.

18 Do we want to craft some language
19 around tying reimbursement, for example an ACO
20 REACH where it's tied to that, tying
21 reimbursement towards actually having those
22 community partnerships?

23 DR. SINOPOLI: I like that.

24 VICE CHAIR HARDIN: We did hear
25 really clearly here, as well as previously,
26 about the real issue of navigating to nowhere.

27 The stuff beyond incentivizing

1 screening or incentivizing partnerships is how
2 are we actually investing in building this
3 system of response? And how is that system
4 sharing in the accountability or rewards for
5 total cost of care?

6 CHAIR CASALE: I guess I'm struggling
7 a little with the first one where it says the
8 primary care is making referrals in a way that
9 minimizes provider burden.

10 That is important, but I think
11 making referrals that are effective and
12 minimize provider burden, I think there needs
13 to be something else there about the referrals
14 and the process being effective for the
15 patient.

16 And then adding the minimizing
17 burden. DR. SINOPOLI: Yes, that could
18 actually be two different bullets because I can
19 tell you that referring to the community-based
20 organization is extremely administratively
21 burdensome and problematic.

22 And so incentivizing the process to
23 streamline, that would be good.

24 DR. MILLS: I was going to point out
25 that adding the phrase making referrals in that
26 first bullet, that's a tactic, that's one way
27 to meet social needs. It's not all about

1 referrals. Really great care teams have the
2 people in the team that can meet some of those
3 needs, so I might just strike that clause, the
4 rest of it works.

5 MS. McDOWELL: Anything else?

6 DR. MILLS: I really do appreciate
7 the third bullet in trying to come up with a
8 defined social needs screening instrument.

9 There's just not a PHQ⁴⁷ of social
10 needs yet, and I don't think most operators
11 care which one they need to use, they just say
12 four organizations make them use four different
13 ones.

14 MS. McDOWELL: We are almost at 4:15
15 p.m. Do you want to do another slide?

16 CHAIR CASALE: Do we have time
17 tomorrow?

18 MS. McDOWELL: Yes, we have time
19 tomorrow.

20

21 *** Closing Remarks**

22 CHAIR CASALE: I think the consensus
23 is to defer the rest until tomorrow. So, with
24 that, I want to thank everyone for
25 participating today, our expert presenters, my

1 PTAC colleagues, and those listening in.

2 There's more to cover on payment
3 considerations and financial incentives for
4 total cost of care models. We'll be back
5 tomorrow morning at 8:45 a.m. Eastern.

6 * **Adjourn**

7 We'll feature two listening
8 sessions, as well as time for public comments.
9 We hope you will join us then. Thank you, this
10 meeting is adjourned for the day.

11 (Whereupon, the above-entitled
12 matter went off the record at 4:12 p.m.)

C E R T I F I C A T E

This is to certify that the foregoing transcript

In the matter of: Meeting

Before: PTAC

Date: 09-19-22

Place: Washington, DC

was duly recorded and accurately transcribed under my direction; further, that said transcript is a true and accurate record of the proceedings.



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